

# Sports Week

## Ragukas named first team All-American

Staff report

Lake-Lehman junior midfielder Traci Ragukas was named a first team All-American by the National Field Hockey Coaches Association.

Four other Valley Conference players were named to the first team.

Overall, 32 players were named to the All-American teams, 16 on the first team and 16 on the second team.



Traci Ragukas

The All-American teams are selected through a two-step process.

To be nominated, a player's coach had to belong to the NFHCA. The nominations were given to one of six regional selection committees. Players from Pennsylvania were in the Mideast Region.

Six regional teams were named on Tuesday, with a total of 89 players named to the elite squads. The five WVC standouts were among 16 players named to the Mideast Regional team.

All-regional team selections become eligible to be picked All-American. A committee of the six regional chairpersons, plus a national chairperson, picked 16 players to the first team and 16 more to the second team. The Mideast Regional chair was Midd-West High School head field hockey coach Matt Soto. There were no WVC representatives on any of the committees.

"Five out of 16 from the same league" as first team All-Americans, Ragukas said, "is pretty great. That shows how much skill our conference has."

Ragukas is the third Lake-Lehman player to be named All-American, and the first to earn first-team honors. Sara Kasper (1997) and Janelle Perlis (1998, 1999) were second-team picks. Ragukas had 16 goals and 17 assists for the Black Knights this season.

"I don't even know what to say," Ragukas said. "I'm speechless. It's such a great honor."

## DALLAS YOUTH BASKETBALL

### Berley leads balanced Bishop offense to win

D.J. Berley led Bishop Photo over Fieldhouse, 57-56, with 16 points, followed by Jonathan Orlando with 14 points, Lee Culver 10 points, Chris Dailey with 8 points.

**DYB** Tony Bevevino chipped in 5 points and Ryan Williams added 4 for the winners.

Josh Backes led the Fieldhouse with 38 points followed by Hunter Englehart with 6 points and Preston Halavage with 5 points. Matt Shaver chipped in 4 points and Alex Slocum added a 3 pointer.

**D.J. Charlie Hayes 56, Pompey Dodge 52**

Ryan Urzen led the D.J.'s with 25 points, Steve Meskers followed with 22 points. Joe Osick chipped in 5 points and Mike Mazur added 4 for the winners.

Tommy Youells led Pompey with 27 points, followed by Kevin Pierce with 9 points and Joe Murray with 8. Russell Jenkins and Cody Plesnar added 2 points apiece.

**Bishop Photo 64, Januzzi's Pizza 30**

D.J. Berley led Bishop Photo with 14 points, followed by Jonathan Orlando with 13 points, Lee Culver with 10 points, Chris Dailey with 8 points, Tony Bevevino with 7 points. Ryan Williams scored 6 points, while Ed Stredney chipped in 4 and Griffin Adams added 2 for the winners.

Scott Daube led Januzzi's with 8 points, followed by Nick Lombard and Derek Martin with 7 points apiece. Ryan McAndrew had 6 points and Devon O'Brien added 2.

**Pompey Dodge 55, Januzzi's Pizza 42**

Tommy Youells led Pompey with 22 points, Mike Diaco and Kevin Pierce

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## 104 wins and counting

Lake-Lehman's Jeremy Schutz joins an elite fraternity, and is on pace to set a school record for pins.

By CHRIS BELL  
Post Correspondent

The 100th career victory for is usually a memorable one for high school wrestlers, but Lake-Lehman senior Jeremy Schutz really hit the century mark in style.

Schutz, who owns a career record of 104-18, earned his 100th career win with a 25 second pin over Lampeter-Strasburg's Adam Reichenbach at the Upper Dauphin Duals, December 5.

Schutz scored a quick takedown and

locked up a cradle to record the fall. "It happened pretty fast," said Schutz. "I don't remember how I got the takedown, but I know I used a cradle for the pin."

Schutz, who competes at 140 pounds for the Black Knights, was glad to get the milestone behind him. "Getting 100 wins was a goal of mine for my high school career," he explained. "It was pretty exciting and I was nervous leading up to the match."

With one goal down, Schutz can concentrate on the rest of his senior season and achieving the more important aim of qualifying for the PIAA state championships in Hershey.

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POST PHOTO/RON BARTIZEK

Jeremy Schutz worked on Jake Burgess of Tunkhannock during the Dec. 15 meet. Schutz claimed his 101st victory with a technical fall.



FOR THE POST/CHARLOTTE BARTIZEK

### The coming generation

Lake-Lehman Junior High player Cody Kustrin threw up an underhand layup while surrounded by Crestwood defenders in their game last week. He was the leading scorer for the Black Knights with 10 points.

## Killer Bees seek award nominees

By STEVE SEMBRAT  
For The Post

WILKES-BARRE — The Killer Bees Athletic Club is seeking nominations for its major awards that honor area amateur athletes.

The Joe Hoinski Memorial Awards for Excellence in Athletics and the Student-Athlete Awards will be handed out at the club's annual awards banquet, set for 2 p.m. on Sunday, Jan. 30, at Genetti Hotel & Convention Center in Wilkes-Barre. The public is encouraged to submit nominations for those honors.

The Hoinski Awards are named in honor of a club member who was killed in a motorcycle accident, and are given in four divisions: open male, open female, scholastic male and scholastic female.

The Student-Athlete Awards are open to seniors of Wyoming Valley Conference schools who carry an A academic average and who win a letter in a varsity sport. There are male and female divisions for the awards, which are sponsored by the Times Leader.

Nominations may be submitted in one of two ways.

They can be sent via mail to: KBAC Nominations, Box 1346, Wilkes-Barre Pa. 18703-1346.

They can be sent via e-mail to (KBACNominations@aol.com).

The deadline to submit nominations is Friday, Dec. 31.

Nominations for the Hoinski awards should include a list of an individual's accomplishments from the 2004 calendar year.

The nominations that are received will be submitted to a selection committee.

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## SPORTS ROUNDUP

### BOYS BASKETBALL

**Tunkhannock 67, Nanticoke 54**

Dec. 15 — Brendan Mulhern scored a game-high 22 points and Spencer Lunger added 17 as the Tigers broke open a tie game at the end of three quarters and rolled to victory.

**Berwick 71, Dallas 67**

Dec. 14 — Matt Wilson, Ryan Nemetz and Robby Meyers each scored 17 points for the Mountaineers, with Wilson hitting three 3-point shots and Nemetz two.

**Wyoming Area 65, Bishop O'Reilly 60**

Dec. 14 — Wyoming Area pulled off one of the biggest upsets of the boys high school basketball exhibition season, defeating the state's top team in the Class A rankings.

Josh Aciekewicz finished with a game-high 26 points and Tim Crossin had 25. Chris Kester tossed in three three-point baskets to net the Queensmen's nine other points.

**Crestwood 61, Lake-Lehman 27**

Dec. 14 — After a sluggish first quarter, Crestwood turned up the defensive intensity and dominated the offensive and defensive boards during the final three quarters en route to a 61-27 win against the host Black Knights.

Caleb Piatt scored seven points in the first quarter as Lake-Lehman grabbed an early lead. A three-point play by Piatt gave the Black Knights

an 11-10 lead after the end of one quarter. Chris Boyle also scored seven points for the Knights.

**Dallas 63, Coughlin 50**

Dec. 13 — Sophomore guard Ryan Nemetz scored a game-high 24 points, including four 3-pointers, to lead the Mountaineers.

Coughlin led 46-42 after three quarters, but Dallas outscored the Crusaders 21-4 in the fourth quarter to secure the win.

Robbie Myers added 16 points for Dallas and Brad Fagula scored seven.

**Seminary 57, Tunkhannock 47**

Dec. 13 — Craig Scanland scored seven of his 19 points in the fourth quarter as Seminary pulled away from Tunkhannock. The Blue Knights outscored the Tigers 16-9 in the fourth quarter.

Brendan Mulhern led Tunkhannock with a game-high 23 points and teammate Spencer Lunger added 14. Mulhern hit three 3-point shots.

Dylan Seeley chipped in eight points for Sem.

**Berwick 73, Lake-Lehman 46**

Dec. 11 — Caleb Piatt led the scoring for Lake-Lehman with 15 points, Chris Boyle had 11 and Alan Sheridan scored seven. Each hit a 3-pointer.

**Bishop O'Reilly 74, Seton Catholic 50**

Dec. 10 — Tim Crossin scored a game-high 27 points and the O'Reilly

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FOR THE POST/CHARLOTTE BARTIZEK

Brianna Allan drove past a Coughlin defender in the Dec. 13 game.