New coach hopes to put team back on winning track

Rookie head coach Frank Carrozza has already earned his first victory as the Lake-Lehman boys soccer coach.

With just 12 players on the roster to start the season, Carrozza hit the recruiting trail and convinced six former players to return to the team.

"We got some more kids to come out for the team and we're up to 18 who are working extremely hard," said Carrozza, a former all-star player at College Misericordia. "We put in something new every day and they are very receptive to learning a new style of play."

Carrozza will rely heavily on Pat McHugh, Pat McMahon and Matt Straub, the only three seniors on the roster. "McHugh will play stopper, McMahon is a forward and Straub is our sweeper," said Carrozza. "They are all playing key positions and will be counted on for leadership."

Other returnees include Dan Vnuk, who will move from de-

LAKE-LEHMAN SOCCER

fense to forward, Grant Roberts, Jake Precone, Aaron Smolow, Kevin Konicki and goalkeeper Wesley Kinter.

Newcomers include Justin Amy, Ed Delaney, Mike Dougherty, Alex Garrett, Greg Heindel, Jordan Krawitz, Bill McGovern, Ryan Ruda and Jeremy Stull.

With so few players on the roster, Carrozza is stressing versatility and a team concept. "We're trying to convince them that they need to work together and play the whole field for the whole game," said Carrozza. "Everyone trains at every position, which will allow us to be much more versatile."

Carrozza, who is assisted by Eddie Steele, hopes to use this season as a building block for the future

'We'd like to finish above .500," he said. "We want the kids to have a positive experi-



FOR THE POST/CHARLOTTE BARTIZEK

From left, first row: Gary Knauer, Jeremy Stull, Alex Garrett, Wes Kinter. Second row: Aaron Smolow, Greg Heindel, Mke Dougherty, Jake Precone, Justin Amy, Bran-

Third row: Eddie Steele, Kevin Konicki, Grant Roberts, Paul Rigez, Pat McHugh Jr, Dan Vnuk, Matt Straub, Pat McMahon, Bill McGovern, Frank Carrozza.

ence so we can increase our roster size in the future. There

is a great winning tradition at Lake-Lehman and we hope to

continue that."

— by Chris Bell

Baranowski hopes to work his magic for girls team

Coach doubles his fun.

After 29 seasons as coach of the boys volleyball team at Lake-Lehman High School, John Baranowski is in his first season as coach of the girls team.

"I've been interested in coaching the girls team for several years," said Baranowski. "This year, it finally worked out where I could do both."

Baranowski has been impressed by the turnout as well as the skill level of this year's team. "We have 27 kids on the roster and several of them have playing experience," he said. "We've got pretty good size up front and we have some very good athletes."

Among the returnees are seniors Jessica Turek and Savannah Coombs, and sophomore Marissa Harrison.

"Turek will likely play outside hitter and setter while Coombs is a hitter," said Baranowski. "Harrison earned some valuable experience as part of the Key-

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stone State Games and will play outside hitter."

Other senior hitters include Caroline Motyka, Janine Mitkus and Kristin Kern while junior Hannah Sorber will split time between hitter and setter. Megan DeCesaris, a junior, adds depth at hitter.

Junior Megan Strunk is a defensive specialist and sopho-

LAKE-LEHMAN GIRLS VOLLEYBALL

more Megan Devine is one of the team's top servers.

"We've got a good mix of returning players and newcomers," said Baranowski. "They are all working hard and are eager to learn."

Junior Sherry Horvath and

sophomore Rebekah Williams are both first year players who have impressed Baranowski with their athletic ability.

"Horvath is a basketball player and Williams is a member of the track and field team," he explained. "They are both very good athletes and are picking up the game quickly."

Baranowski's immediate

goals for the team are to improve on last year's total of three victories.

"We certainly hope to do better than last year. The kids have been very receptive to my style and we're looking forward to the challenge of the new season."

— Chris Bell

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