

Not much old, a lot new for the Black Knights

There is plenty of excitement surrounding the Lake-Lehman High School football team as the Black Knights prepare for their first season under head coach Greg Myers.

"Things are going well so far," said Myers. "The kids are excited and are adapting well to a new system."

Myers is pleased to have 37 players on the roster, especially those players who are giving football a try for the first time. "We've got some new kids and that is good for the program," said Myers. "We'll put a lot of time and effort into our special teams and those kids could really help us in that area."

Myers' expectations aren't based on winning or losing. "Our success is based on improving on a daily basis," he explained. "We can't be satisfied with one good practice or game. We need to work to get better every day. If we do that, everything else will take care of itself."

A former standout player at Crestwood, Myers is familiar with what it takes to be success-



ful in the Wyoming Valley Conference. "From what I've seen on film, nothing has changed much since I played here," he said. "You've got to be strong up front and be able to play power football."

LAKE-LEHMAN FOOTBALL

Myers believes one of his team's strengths will be at the linebacker position where six players are battling for playing

time.

Matt Kosloski, Stan Brudnicki, Scott Carter, Matt Moore, Josh Arnold and Bandon Higgins will likely rotate through the four linebacker spots.

Defensive tackles Greg Pimm

and Eric Gronski have also been impressive in the early going.

On offense, senior Ryan Arcangeli will make the transition from lineman to quarterback. "Ryan had a great spring and

See LEHMAN, pg 4

2004 FOOTBALL SCHEDULE

2004 Dallas Football

Fri. Sept. 3	Coughlin	Away
Sat. Sept. 11	GAR	Home
Fri. Sept. 17	Stroudsburg	Away
Sat. Sept. 25	ESN	Home
Fri. Oct. 1	Crestwood	Away
Sat. Oct. 9	Hanover	Home
Fri. Oct. 15	Wyoming Area	Away
Sat. Oct. 23	Nanticoke	Home
Fri. Oct. 29	Meyers	Away
Sat. Nov. 6	Lake Lehman	Home

Coach: Ted Jackson

2004 Lake-Lehman Football

Fri. Sept. 3	Hanover	Away	7:00
Fri. Sept. 10	Pocono Mt. West	Home	7:00
Fri. Sept. 17	Tunkannock	Home	7:00
Sat. Sept. 25	Bishop Hoban	Away	7:00
Sat. Oct. 2	Meyers	Away	7:00
Fri. Oct. 8	GAR	Away	7:00
Fri. Oct. 15	Crestwood	Home	7:00
Fri. Oct. 22	Coughlin	Home	7:00
Fri. Oct. 29	Nanticoke	Away	7:00
Sat. Nov. 6	Dallas	Away	2:00

Good Luck!



Memorial Highway
Dallas

Warm Up at Wendy's After The Game!

Free Small Chili
with any purchase

Wendy's
Dallas

Limit 1 coupon per customer per visit. Not valid with any other coupon or special offer.
Offer expires 11/30/04

Dining Room
Open Everyday
10 AM to 10 PM
Pick Up Window
Open Till Midnight