

# Reaching for a run

Back Mountain's Erin Belles tried to touch home plate before Exeter's Julianna Nat could tag her during a July 1 District 16 Little League softball losers bracket game at the Back Mountain Little League Field. Exeter edged the local team 12-10 to eliminate them from the playoffs.

FOR THE POST/PETE G. WILCOX



# Lake-Lehman sports physicals begin July 20

Lake-Lehman Junior-Senior High Schools' first round of physicals will be held on Tuesday, July 20, at 9 a.m. for all senior high boys participating in fall sports. The second round will be held on Thursday, July 22 at 9 a.m. for all senior high girls who plan to participate in fall sports.

At 5 p.m. on Tuesday, July 27 physicals will be given for all Junior and Senior High School boys and girls. For those unable to make any of the above physical dates, a makeup day will be Thursday, July 29 at 9 a.m. for all boys and girls in both the junior and senior high school.

All physicals will be held in the nurses suite at the Junior-Senior High School. Students must have their forms filled out and signed by a parent or guardian before their exam.

# Basketball camp at The Rock Rec Center

A basketball camp for players in fourth through sixth grade will be held at The Rock Rec Center, Carverton Road, Trucksville, August 2-6.

Individual instruction and daily scrimmages will be conducted Monday through Friday 9 a.m.-1p.m.

The cost is \$60 per child, which includes an Upward Basketball Camp t-shirt, water bottle, basketball and poster.

For more information, contact The Rock at 696-2769.

# Little League

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## DISTRICT 16 BOYS 11-YEAR-OLD ALL-STAR

### Northwest 15, BMT American 3

July 3 — Back Mountain's Steve Ruch went 2-for-2 with a homer.

## NORTHWEST 9-10 YEAR OLD TOURNAMENT

### BMT American 6, BMT National 3

Shane Dunn, struck out six and allowed only three runs in a victory over Back Mountain National. American was led by Alex Zubko, who tripled and doubled, while Jake Piskorik had two singles and Eric Zawatski had two hits. Matt Trautlein and Nate Vario each added a base hit and scored key runs for American and Chris Hodakowski played good

defense.

National was led offensively by T.J. Schultz with two doubles. Jason Shilling, William Fulton and Michael Banas each had key hits.

### BMT American 17, Newport Twp 0

American was led by the pitching of Shane Dunn and Jordan Stephens, who combined on a one-hitter and struck out nine. Offensively, Back Mountain American was led by Alex Zubko who was 3-for-4, while Stephens, Dunn and Ryan Thomas had two hits each.

### Mountain Top 13, BMT National 3

The National All-Stars opened the playoffs with a 13-3 loss to Mountain Top. Leading the offense for BMT was Brian Stepniak with two hits and Michael Banas with 2 RBI.

Drew Brandt, T.J. Schultz, Noah Kustrin and Cody Poepferling also had hits for National, while William Fulton pitched four innings of no-hit ball in relief.

## 8-9 YEAR-OLD CROSS VALLEY CHALLENGE

### Avoca-Dupont 3, BMT National 1

July 6 — Alex Barrilla had two hits for Back Mountain National.

## 9-YEAR-OLD ED-LARK TOURNAMENT

### BMT American 3, Bob Horlacher 2

Neil Shaver pitched four innings and struck out 11 batters. Shaver also had two singles and Craig Skudalski had a single for American.

## Dallas Kiwanis tournament July 23

The Dallas Kiwanis Club is holding their 18th annual Golf Tournament. The tournament, in memory of Walter Kozemchak, will be held on July 23 at Mill

Race Golf and Camping Resort. The format is captain and crew with a "shotgun" start at 1 p.m. Refreshments will be provided prior to tee off and awards will be presented at a dinner following play. The public is invited to enter teams.

The cost of a four-person entry is \$65 per person. For more information, call Tex Wilson (675-2526) or Lloyd Ryman (674-9758).



## Renegades win U-12 Spring Inodor title

The Back Mountain Renegades boy's soccer team won the U-12 championship in the Spring outdoor league. They outscored North Valley Power with a 8-0 win in the semi-final match. They went on to defeat the Abington Lightning, 3-2, in the finals. First row, from left: Kyle Parsons, Mitch Cohen, Josh Everett, Gary Verazin, Michael Flack, Craig Feagal, Michael Turner, Ricky Swanson. Second row: Scott Webb, Nick Strzeletz, Christopher Dailey, Martin Everhart, Jacob Reinert, Brandon D'Angelo. Third row: Coaches, Mike Parsons, Rick Swanson, Paul Reinert and Lou D'Angelo.

## Sports camps at Penn State W-B

As part of the summer youth program at Penn State Wilkes-Barre, co-ed camps in cheerleading, volleyball and golf will be available for children of various ages and skill levels.

Golf camp, for grades 4-6, will cover fundamentals of chipping and putting, swinging, grips and proper body positioning. It will be offered from July 19-26 and the student golfers will play on an area golf course on the last day of class.

From July 26-30, cheerleading, designed for children in grades 1-3, will cover the importance of stretching, choreography, safety, and team work. Coach Maria Arcangeli will teach this class for beginners interested in becoming cheerleaders.

Also from July 26-30, Bob Faux, volleyball coach, will address techniques of that game including hitting, blocking, setting, defense dives, sprawls, extensions, rolls, and team flow. Volleyball participants will be grouped by skill level.

All camps will be held at the campus in Lehman. For more information, call Lisa Lunderman, camp coordinator, at 675-9220 or visit: www.wb.psu.edu/ce

## Penn State Wilkes-Barre Alumni Golf Tournament

Penn State Wilkes-Barre's Alumni Constituent Society will host its ninth annual golf tournament on Friday, July 23, at Blue Ridge Trail Golf Club in Mountain Top. Registration begins at 11:30 a.m. with a shotgun start at 1 p.m. The tournament is open to all amateur golfers. Champion flight wins Penn State blazers with 24k gold-plated buttons. Hole-in-one prizes include a cruise or vacation trip for two. The first hole-in-one on Hole #15 wins a Chevrolet 2004 Malibu Maxx from Ken Pollock Chevrolet, Inc.

Register before June 1 for \$90/person, after June 1, the cost is \$100/person. Proceeds benefit Penn State Wilkes-Barre student programs. Call Michele Zabriski, alumni & development specialist, at 675-9202 or mtz3@psu.edu to register or for more information.

## Tennis camps at Newberry

Newberry Estate in Dallas is offering spring/summer/fall tennis clinics in a junior camp/clinic environment through Aug. 21, and adult leagues and private lessons through USPTA professional Jim Cook. For more information, write: jimharleydav1@aol.com, visit www.newberryestate.us, or call the pro shop at 675-5236 or 675-5762.



## Mark Malloy wins Walko Memorial

The Back Mountain Wrestling Club honored wrestler Mark Malloy at the annual awards banquet on April 25, presenting him with the Joe Walko Memorial Award. This award was given in the honor of the late Joe Walko, who gave his life for the oldest sport, wrestling. He coached at the Wilkes-Barre YMCA, BMWC where he helped begin the Back Mountain Wrestling Club over 20 years ago. This award was given in his honor by his wife Maryland Walko. Malloy was chosen by his coaches for his attendance, dedication and example set by him with his peers, never complaining and always demonstrating to his peers his love to wrestle. He attends Sacred Heart School, in the sixth grade and will return to the Back Mountain Wrestling Club for his final season. Congratulations, Mark, From Your coaches, peers and families.

## CROSSWORD CORNER

### Super Crossword WHIRLED TOUR

A crossword puzzle grid with numbered squares and corresponding clues for words like 'Brazil', 'Grenoble's river', 'Narcissus' nymph', etc.

### Rational Numbers by Linda Thistle

Using the clues, simple arithmetic, and a little logic, place a single digit (0 to 9) in each empty box in the diagram. To help you get started, two digits have been entered in the diagram.

A crossword puzzle grid with numbered squares and clues for words like 'One-half of 13-Down', 'Three hundred less than 15-Across', etc.

### King Crossword

A crossword puzzle grid with numbered squares and clues for words like 'Shade of blonde', 'Common Sense' man, 'Unruly bunch', etc.