

Red Sox capture American League championship

The Back Mountain Major League Red Sox captured the 2004 American League season championship. The Red Sox finished their regular season with a 14-3 record. Back Mountain Baseball, Inc. provided each team member with a trophy for their accomplishment. The Red Sox team members are: Eric Baines, Tanner Baloh, Brandon Harding, Mark Malloy, Tyler Morgan, Cody Plesnar, Scott Riccetti, Matt Shaver, Dylan Thomas, Ryan Thomas and Jim Youngman.

The Red Sox are coached by Matt Shaver, Steve Plesnar, and John Riccetti.

Little League tournaments

District 16 Little League baseball

Back Mountain National will begin defense of its District 16 Little League Baseball championship when it travels to Swyersville on Sunday for a first-round game at 2 p.m.

Also Sunday at 2 p.m.: Wyoming/West Wyoming at Horlacher/Harveys Lake (Horlacher field); Forty Fort at Back Mountain American.

The double-elimination tournament will continue until either July 13 or 14.

Other tournaments:

Junior Baseball: First-round games at 10 a.m. July 3 are: Kingston at Back Mountain American; North Wilkes-Barre at Back Mountain National.

Horlacher has a bye. The tournament will continue until July 17.

Senior Baseball: The tournament starts July 11 at LCCC: Back Mountain vs. Pittston Township, 3:30 p.m.

All games will be played at LCCC, and the title game will be either July 17 or July 18.

9-10 Year-Old Softball: All games will be played at Plains Little League. The opening round is July 8, with Back Mountain playing Mountain Top at 6 p.m.

The title game is either July 20 or July 21.

Little League Softball: The tournament started Saturday with Back Mountain at North Wilkes-Barre.

The championship game will be either July 12 or 14.

Junior Softball: The four-team tournament begins July 10, with Back Mountain at Nanticoke/Newport Township at 6 p.m.

The championship game will be either July 17 or July 19.

Senior Softball: Harveys Lake plays at Northwest at 1 p.m. July 11, with the winner traveling to Mountain Top for a 6 p.m. game July 13.

The champion will be determined either July 18 or July 20.

Dallas Kiwanis tourney at Mill Race

The Dallas Kiwanis Club is holding its annual golf tournament in memory of Walter Kozemchak, July 23 at Mill Race Golf and Camping Resort. The format is captain and crew with a "shotgun" start at 1 p.m. The cost of a four-person entry is \$65 per person. Local businesses may sponsor holes and receive advertising at the hole they sponsor. For more information, call Tex Wilson (675-2526) or Lloyd Ryman (674-9758).

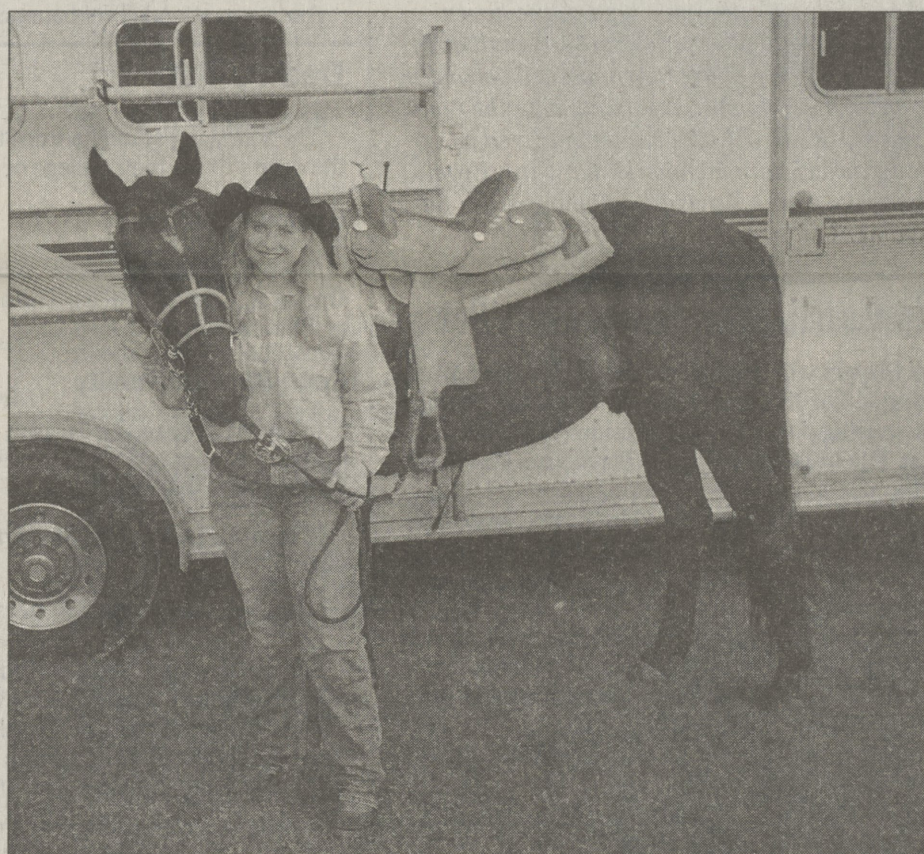


These Phillies are champions

The Phillies edged the Dodgers 3-2 last week in the National League championship game. They played the Rangers, American League champions, for the overall title Thursday night. Results from that game weren't available by the deadline for this week. Look for complete coverage next week.

Clockwise from left, T. J. Shultz steals third base for the Dodgers as Phillies third baseman Adam Paulaskas applies the tag; a happy group of Phillies celebrated after winning the game; umpire Mark Polin called Jeff Heath safe on this play, which gave the Phillies a 3-2 edge. Dodgers catcher Hayden Jenkins leaped to catch the throw, but the tag was too late.

FOR THE POST/
CHARLOTTE BARTIZEK



Tricia Bump and "Cash or Charged" pose by the trailer they'll take to the national rodeo.

Rodeo

(continued from page 7)

state competition earlier this month. "It came down to the last run," she said. "We were in fifth place going in, but we had a really good run and moved up in the standings."

Tricia has been riding horses most of her life thanks to her parents, Dave and Pauline. "My mom and dad gave me a pony for my third birthday and I've been hooked ever since," she explained. "I've always loved just being around horses, but now I really enjoy the competition."

She got involved in rodeo along with some family members. Her cousin, Ryan Frey of Sweet Valley, competes in bull riding and qualified for nationals a year ago.

Another cousin, Jessica Senchak of Sweet Valley, also competes in barrel racing and pole bending on the state circuit.

"We've been riding horses forever," Tricia said. "My parents heard about the junior rodeo association and it sounded interesting. Now, it's all I do besides school. I love it."

As she prepares for nationals, Tricia is setting realistic goals. "There were over 2,000 competitors at nationals last year so it will be very challenging. I'm trying to get my horse in a little better shape and we're just going to try to do our best."

Tricia and her family sleep in their trailer when they're on the road, but traveling to more than 30 events throughout the season is still costly.

If you'd like to make a donation to help defray the costs or advertise on their horse trailer, please contact the Bump family at 333-4035.

Sports camps for kids

Penn State W-B

As part of the summer youth program at Penn State Wilkes-Barre, co-ed camps in cheerleading, basketball, volleyball, and golf will be available for children of various ages and skill levels.

Basketball camp will be offered for grades 3-8 from July 12-16. Coach Joe Ryan will address beginner and advanced basketball techniques in keeping with each player's skill level including footwork, shooting, ball-handling, and passing.

Golf camp, for grades 4-6, will cover fundamentals of chipping and putting, swinging, grips and proper body positioning. It will be offered from July 19-26 and the student golfers will play on an area golf course on the last day of

class.

From July 26-30, cheerleading, designed for children in grades 1-3, will cover the importance of stretching, choreography, safety, and team work. Coach Maria Arcangeli will teach this class for beginners interested in becoming cheerleaders.

Also from July 26-30, Bob Faux, volleyball coach, will address techniques of that game including hitting, blocking, setting, defense dives, sprawls, extensions, rolls, and team flow. Volleyball participants will be grouped by skill level.

All camps will be held at the campus in Lehman. For more information, call Lisa Lunderman, camp coordinator, at 675-9220 or visit: www.wb.psu.edu/ce

College Misericordia

Basketball school for girls

College Misericordia will host its annual Basketball School for Girls this summer at the Anderson Sports-Health Center. The camp will be held July 12-16 under the direction of Misericordia women's basketball coach Christine Lardon. The camp is open to girls ages 8-15. The cost is \$115 and includes a t-shirt, basketball, lunch and access to the Anderson Center pool. For more information, call 674-6289.

Soccer camp

College Misericordia will host its annual Soccer Success Camp for Boys

and Girls, June 28-July 2. Under the direction of Misericordia men's soccer coach Chuck Edkins, the camp is open to children ages 8-14. Cost is \$115 and includes a t-shirt, soccer ball, lunch and access to the Anderson Center pool. For more information, call 674-6289.

Swim clinics

College Misericordia will host its annual School Age Swim Clinics under the direction of CM head coach Nancy Edkins. The clinics are open to boys and girls ages 5-18 and are offered in several sessions throughout the summer. For more information, contact Edkins at 674-6446.

Send your sports reports by

e-mail thepost@leader.net

- NOW OPEN -

Assisted Living
Private rooms as low as
\$65/day

CALL TODAY for
Information and a tour!

Enjoy 'Carefree Living
and New Beginnings'

The Village At
GREENBRIAR
a gated retirement community

COMING FALL, 2004 - "The Cottages" for independent living

4252 Memorial Hwy., Dallas • 675-1300

If You Want Perfection... Try Our
Sicilian Style Pizza,
Our Wings & Other Menu Items

Eat In Or Take Out!

Call Ahead **696-2100**

Pizza Perfect

16 CARVERTON RD., TRUCKSVILLE
Mon. 4-10 p.m.; Tues., Wed., Thurs. 4-11 p.m.; Fri. 11 a.m. - Midnight
Sat. 12:30 p.m. - Midnight; Sun. 2 p.m. - 11:00 p.m.

SATISFYING YOUR NEEDS

Your Car has More than 2,000 Working
Parts. We Cover Every One of Them.



To find out more about our auto insurance -
Call me... Stop by... Log on - it's your choice!

GORDON-SMITH Insurance Agency
Charles W. Gordon, Associate Agent
Lauren M. Smith, Agent
570-675-5234
smithL68@nationwide.com



Nationwide
Insurance &
Financial Services

Nationwide is On Your Side!

Nationwide Mutual Insurance Company and Affiliated Companies, Home Office: Columbus, OH 43215-2220
AS 11/00