

MEMORIAL DAY OBSERVANCES

67th annual Memorial Day Parade and Service

DALLAS — The 67th annual Memorial Day Parade and Service conducted by Daddow-Isaacs American Legion Post 672 will begin Monday at 9 a.m. from the Legion home on Memorial Highway. When the marchers reach the Dallas Honor Roll, Commander William Kupstas will open the service. Guest speaker will be Sen. Charles D. Lemmond Jr. After the service, which will include musical selections by the Dallas High School band, the parade will proceed to Woodlawn Cemetery. After a service there, the event will conclude with a Memorial Day Tribute at Chapel Lawn Cemetery in Dallas Township. The honorary parade marshal is Thomas Reese.

Memorial program at Kocher Cemetery

RUGGLES — The annual Memorial Day program presented by the Kocher Cemetery Association will begin at 10:30 a.m. The speaker will be A. Sheldon Glahn, a veteran of World War II. A memorial wreath will be presented. In the event of rain, the program will be held inside the chapel.

Post drop box, e-mail

The building that housed The Post until October has been sold, and the drop off box there has been closed. A box at the Uni-Mart in Dallas, across from the Dallas Shopping Center, remains open. News items, photos and other correspondence can be deposited there at any time. Please do not place cash or checks in the box.

The deadline for submissions left in the box is Tuesdays at 5 p.m. The best way to send items to The Post is by e-mail, to: [thepost@leader.net](mailto:thepost@leader.net)

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Alzheimer's

(continued from page 1)

gether as a family. Our son says he sees another side of Dad he never saw before." Daily has learned to deal with the seizures and mini-strokes that still plague her husband. "He had one three weeks ago. He totally went into a coma, I just held him and smoothed his hands until he was normal again. It's all a learning experience. I didn't know they should be lying down flat," Daily notes.

The worst problem is the resistance that Alzheimer's patients can have against their own families and caregivers. Says Daily, "This is very disturbing — this is hell. They don't like you for what you are doing. He has said to me, 'I hate you. You are too controlling.' But how can I care for him if I don't have control?"

A good sense of humor, however pathetic, helps a lot. "I told him to lift his leg. He said, 'What leg? Where is it? On top of the bureau?' Some days I just crack up, you have to laugh to keep going," chuckles Daily. But the day-to-day stress can be overwhelming.

Alzheimer's families need to share experiences, learn, and get moral support and that's why Daily is starting a support group in the Back Mountain for Alzheimer's patients and their families.

"Most retired or older people do not like or want to drive at night and the caregivers are there during the day. So, I thought that rather than drive down to Kingston or Wilkes-Barre we could start a support group here," says Daily.

The group will meet at the

*Even though it breaks my heart to see him this way I feel it's important to spend time with him every day Touching his hand, giving him a hug or a kiss Wishing for an occasional glimpse of the "Pa" I miss.*

— By Jamie Ford, for her grandfather, from the Alzheimer's Association website

Meadows Nursing Center in Dallas. Their first meeting will be Thursday, June 3 at 11 a.m.

There are so few books on the subject she has noticed. There are so many aspects to learn about. She suggests families seek professional legal advice on how to realign their financial assets. There are always new medicines and therapies to consider. She feels a support group will help decrease the sense of isolation a family member can suffer and increase their feelings of self-worth. And extra caregivers are a must, she insists.

The Dailys' comfortable suburban existence has been turned upside down by an illness that will affect 3 per cent of the 65- to 74-year-old population, and half of people over 85, according to the Alzheimer's Association.

Daily has bravely, undauntedly, and with great humor and love, accommodated her husband's Alzheimer's disease.

About 80 per cent of Alzheimer's patients are cared for in their homes by family members according to the national association.

Estelle Killian, regional director of the Northeast area for the Alzheimer's Association, compares Luzerne and Lack-

awanna counties to Dade County, Florida statistically, in that, the populations are older. "There will be a greater chance of people developing Alzheimer's as the population ages."

The Alzheimer's Association will be at the first Back Mountain Support Group meeting and will provide team leadership training and speakers for common issues. Says Killian, "We are very concerned with the caregiver and caregiver burnout; this is a big issue."

"Maryann Daily has been a catalyst," says Marilyn Gregorski, Director of Volunteer Services at the Meadows Center, "an absolutely active person who has a need to share and was looking for a place to meet — and there is a need."

Residents at the Meadows and their family members can participate as well as the public. "The Meadows Center is pleased to provide the space, to have the Alzheimer's Support Group meet here. It is our way to give back to this generous community," says Gregorski.

Persons interested in joining the group are encouraged to call the Meadows Nursing Center at 675-8600, ext.195 or the Alzheimer's Association at 823-9915.



FOR THE POST/M.B. GILLIGAN

Maryann Gelso awarded Michael Swartwood a \$1000 Scholarship in memory of her late husband, Atty. Charles Gelso.

Awards

(continued from page 1)

husband, Atty. Charles Gelso to Michael Swartwood, a former student. The U.S. Marine Corps presented awards for Scholar Athletes to Meredith Lacey and Jeff Pace. Several students were awarded book

scholarships sponsored by local organizations.

The first annual Casey Zelenki Memorial Award and Scholarship, sponsored by the Pace Family of Dallas, was presented to Jason Senese. A plaque, bearing the picture of the late Casey Zelenki, will be displayed at the high school.

SENIOR MENUS

Senior Citizens Centers sponsored by the Area Agency on aging for Luzerne and Wyoming Counties offers hot noon meals Monday through Friday to people 60 years of age or older. Following is the menu for the week of May 31 to June 4. All meals include margarine, milk and coffee. The Senior Center is at 22 Rice St., Dallas. MONDAY: Closed.

TUESDAY: 1/4 pound hot dog, hash brown potatoes, baked beans, mixed fruit. WEDNESDAY: Swiss steak, parsley carrots, vanilla pudding. THURSDAY: Italian hoagie, carrot sticks, chicken vegetable soup, melon, ice cream sandwich. FRIDAY: Crab cake, oven brown potatoes, Roman vegetable medley, fruited yogurt.

CROSSWORD ANSWERS

HAT HIC SUMAC CASTLES  
ASA UNO EPOCHS PRIEST  
DEL MGR MARCELMARCEAU  
JACOBEBAN OTTER SNUB  
RUM ISIS DEBT  
MARGARETMEAD DORSAL  
NOR RECAP DOS SIEVES  
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PRATED AUNTIE ATE SEX  
SENIORA DAIYAN NEW TAIT

Puzzles appear on page 8

Rational Numbers answers

9	2	4	3
2	1	5	9
2	4	6	0
4	3	2	7
6	6	0	1
8	1	5	4
3	6	8	1

King Crossword Answers

CRIB	SAP	IMAM
HIDE	HIE	RAJA
ALEC	AMERICAN	
REMARK	ROSARY	
LEEJ	DER	
PARMESAN	SOFA	
EWI	FUMED	NAG
REVS	PECORINO	
ELI	SKYE	
APIARY	LAUREL	
VELVEETA	SODA	
ISLE	LAC	EVER
DOER	POE	DENS

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NEWS

Coverage Area: The Post covers the "Back Mountain" area of Luzerne County, including the Dallas and Lake-Lehman school districts, and southern Wyoming County. We try to get to as many events as possible, but staff and space limitations make it impossible to cover everything. If you have news about your family, town or organization, please send it to us and we'll try to get it in. Photographs are welcome. You may send items to the address above, or drop them off at the Uni-Mart in Dallas near the intersection of Routes 309 and 415. E-mail is the best and most timely method for submissions. Send items (digital photos, too) to: [thepost@leader.net](mailto:thepost@leader.net)

Deadlines: noon, Wednesday prior to publication.

Corrections, clarifications: The Post will correct errors of fact or clarify any misunderstandings created by a story. Call 675-5211.

Have a story idea? Please call, we'd like to hear about it.

Letters: The Post prints letters of local interest. Send letters to: Editor, The Post, 15 N. Main St., Wilkes-Barre PA 18711. All letters must be signed and include a phone number at which we can reach the author.

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