

## Track

(continued from page 7)

portant objective was to win the race."

Adams (2:22.47) will also compete at 800m after winning district gold in that event as well. Her younger sister, Hillary, was the runner-up and Stanish was fourth.

In addition, Giacometti qualified for states at 3200m after setting a new school record (11:00.34) while claiming the district championship. Teammate Kenslie Kerestes finished fourth at districts in 12:34.69.

"We had some outstanding performances at the district meet," said Samuel. "We tried to capitalize on our strength in the distance events. We had a



Brandon Burkhardt, Lake-Lehman, received a gold medal for his record-breaking 192-10 javelin throw.

plan and the kids stuck to it. They went out and did what we talked about."

The Mountaineers also capitalized on their experience as state cross country champions. "Our cross country success has really helped with our confidence," said Samuel. "The kids really respond in big meets. Their confidence level is much higher as a result of their experience in cross country."

With that confidence comes a bit of added pressure as well. "There's some more pressure on us. A lot of opponents are pointing to us, but our girls have handled that very well."

In addition, to their state qualifiers, the Mounts had some other outstanding performances that helped them in the team standings.

Whitney Adams, Cassie Snider, Robin Razawich and Kate Smith set a school record (4:14.00) to finish second in the 1600m relay.

Kerestes and Jones finished second and third, respectively, at 1600m while teammate Beth Moran finished fourth in the discus. "Beth Moran was probably our most pleasant surprise at the district meet," said Samuel. "She had a throw of 101 feet, which surpassed her previous best by 12 feet."

Snider also took sixth in long jump (15-0 3/4) and sixth in triple jump (32-4 1/2).

The coach is hopeful that the Mountaineers can make this Memorial Day weekend a memorable one by attaining all-state status.

"It's been awhile since we've had a state medalist. We're hoping to bring back some hardware and we think we have a chance to do that."



Handoff Jessica Jones, Dallas, takes the handoff from Jamie Stanish in the record-breaking girl's 3200 meter relay.

FOR THE POST/M.B. GILLIGAN

## Burkhardt sets meet record in javelin

Staff report

MOSCOW — Lake-Lehman junior Brandon Burkhardt won the javelin at the District 2 Class 2A Track and Field Championships with a remarkable meet-record throw and also advanced to states in the discus.

Burkhardt's best javelin throw coming into districts was 177-10. He had no explanation for his second preliminary throw that traveled 192-10.

"I don't know where that came from," said Burkhardt, who took second in the discus (159-3) and fourth in the shot put (46-6). "I was really comfortable when I was throwing."

Lake-Lehman finished ninth out of 16 teams at the championships.

Northwest Area senior twin brothers Caleb and Josh Fritz won the 1,600 and 800, respectively.

Caleb Fritz won his third consecutive title in the 1,600, finishing in 4:20.64. Josh Fritz won the 800 in 1:58.18, edging Nanticoke Area's Mike Bohan, who also qualified for states, by more than 1.5 seconds. Josh Fritz's third-place finish in the 1,600 (4:25.31) earned him a place at states, but he'll scratch in that event.

The district meet was held May 18 at North Pocono High School.

## Lake-Lehman third at districts

MOSCOW — The Lake-Lehman girls track and field squad finished fifth in the team standings among 21 schools at the girls District 2 Class 2A Track and Field Championships.

The Black Knights set a school record in the 3,200m relay, finishing third in 10:07.26.

Annie Sorchik took second place in the javelin with a personal-best throw of 120 feet.

Tina Watkins took a third-place medal in the 300m hurdles in 50.19.

Other top finishers were: Rebekah Williams, second in high jump (5-3) and fifth in long jump (15-2 1/4); Kim Chol-lak, third in high jump (5-1) and fourth in long jump (15-3 1/2); Angie Maslowski, third in discus (102-5), and Allison Boris, sixth in the 800m run in 2:30:77.

The meet was held May 18 at North Pocono High School.

## Roundup

(continued from page 7)

Lake-Lehman 8, Wyoming Area 7  
8 innings

May 17 — Lake-Lehman rallied for two runs in the bottom of the seventh and another in the eighth to edge Wyoming Area.

Amanda Sagan and Jackie Hettes had two hits apiece for the Black Knights and Jocelyn Mahon and Jill Chocallo hit triples. Sagan scored on a wild pitch in the seventh inning and Chocallo scored the tying run on Sheree Horvath's sacrifice fly. Mahon scored the winning run with one out in the eighth on an error.

Horvath was the winning pitcher, going all eight innings and striking out four.

## Dallas 8, Hoban 1

May 17 — Meredith Lacey went 2-for-4 and delivered a two-run double during a five-run rally in the third inning that lifted Dallas past Bishop Hoban at Hollenback Park.

Corey Patton added a home run for the Mountaineers and Sara Swepston tossed a four-hitter, striking out six, to get the win.

## Coughlin 5, Tunkhannock 2

May 17 — Leah Wilsey went

2-for-3 for the Tigers. Courtney Novajosky took a tough loss on the mound, giving up only three hits and striking out three.

## Nanticoke 1, Dallas 0

May 13 — Jess Brenner tossed a two-hitter at the Mountaineers.

Dallas made several good plays in the field, including two by Nikki Gelso at third base.

Shannon Thomas and Lauren Collini had singles for the only Dallas hits.

## Bishop Hoban 4, Lake-Lehman 0

May 13 — Sheree Horvath pitched a good game, but the Lehman batters were no match for Hoban's Marisa Orloski, who threw a no-hitter.

## GIRLS SOCCER

## Lake-Lehman 2, Dallas 0

May 13 — Lake-Lehman handed Dallas its first loss of the season, as the Black Knights kept a hold of second place in the season finale.

Traci Ragukas scored on a penalty kick in the 22nd minute for Lehman (11-2-1) and Chriss Kazmierski added an insurance goal with 1:37 left in what turned out to be hard-

fought, physical game.

Black Knight goalkeeper Melissa Strunk recorded nine saves to post the shutout, while Dallas' Rosalyn Wentko posted eight saves in goal.

## BOYS VOLLEYBALL

## Lake-Lehman 3, Meyers 0

May 19 — Lake-Lehman clinched the WVC championship with a 25-6, 25-20, 25-10 victory over Meyers.

Cory Spencer had 14 kills and served seven aces for the Black Knights (15-0), who will be seeded either first or second in the District 2 playoffs. Lackawanna Trail (12-0) also finished undefeated in the Lackawanna League.

Kenny David had 11 points, Craig Thomas had eight kills and Dave Harrison added five kills for Lehman.

## Tunkhannock 3, O'Reilly 0

May 19 — Kenny Young had 21 kills as Tunkhannock won 25-12, 25-20, 25-22.

Eric Kytte added 21 assists for the Tigers, who finished the regular season at 9-6.

## Dallas 3, Coughlin 1

May 18 — Dallas outlasted Coughlin 25-16, 29-31, 25-20, 25-17 to improve to 6-8.

## Lake-Lehman 3, Nanticoke 0

May 17 — Lake-Lehman improved to 14-0 with a 25-21, 25-10, 25-23 victory over Nanticoke Area.

## Lake-Lehman 3, Tunkhannock 1

May 13 — Corey Spencer totaled 26 kills, 11 points and four aces as Lake-Lehman stayed undefeated at 13-0 and snapped Tunkhannock's eight-match streak.

Kenny David added seven kills and 41 assists for the Black Knights and Alan Sheridan contributed four kills and 15 points.

## Youth Run and Walk

The 2004 Youth Run and Walk, organized by the Jewish Community Center of Wyoming Valley, will be held at the JCC Day camp near Harveys Lake on Saturday, June 6.

The event is for children 14 and under and includes three categories: 2-mile for girls and boys ages 8-13, 1-mile for girls and boys ages 7-14 and 1/2 mile for girls and boys 5-10.

Entry fee is \$10 if received before the day of the event. Awards will be presented. For information call 824-4646.



## Stephanie Ashley smashes javelin record

Stephanie Ashley, Dallas Middle School seventh grader, broke the district record in the javelin throw with a 114'-6" throw at the district meet. The throwing coach for DMS is Troy Shafer. The DMS girls' team won the district title. Stephanie is an all-around athlete playing field hockey and basketball for DMS. She is a member of the Pixie Stix and Valley Styx field hockey teams, AAU Dallas Dazzle basketball team, Back Mountain and Wyoming Valley Flames softball teams, and Wyoming Valley and Back Mountain Legend soccer teams. She is an honor student and plays saxophone in the school band.

Stephanie is the daughter of Lynnette Ashley, and granddaughter of John and Lena Baur of Dallas. She has a brother, John.

## St. Therese's/Joe Brennan golf tournament

The annual St. Therese's Joe Brennan Memorial Golf outing will be held Friday, June 18 at Four Seasons Golf Course, with lunch at noon and a 1 p.m. shotgun start. Cost is \$60 per golfer. Proceeds will benefit the church's capital campaign fund.

An avid golfer, Joe Brennan was actively involved in St. Therese's parish and was one of the founders of the Shavertown church's golf tournament in 1991. Following his death in 1993, the committee renamed the event in his memory. The captain and crew format will include longest drive and closest-to-the-pin prizes and first place winners in six flights. The entry fee includes lunch, dinner and refreshments on the course.

A 2004 Nissan Sentra donated by Automobile City will be awarded to the first golfer to make a hole-in-one on hole # 10.

Hole sponsors are available for \$100, \$50 and \$25 and will be listed in the parish bulletin as well as on the tees.

To play, sponsor a hole or to be a patron, call St. Therese's Church at 696-1144.

Send your sports reports by e-mail  
thepost@leader.net

Concrete Construction  
Sidewalks • Floors • Patios  
• Driveways • Etc.  
836-5629

MOUNTAIN MULCH  
NEW LOCATION!

ON SALE NOW...

PEAT MOSS  
BUY ONE, GET ONE  
AT 50% OFF

ALWAYS AVAILABLE

ALL COLORED MULCH  
HARDWOOD MULCH  
WHITE STONE  
PLAYGROUND CHIPS

Complete Landscaping  
Walls, Mulch, Shrubs, & More!

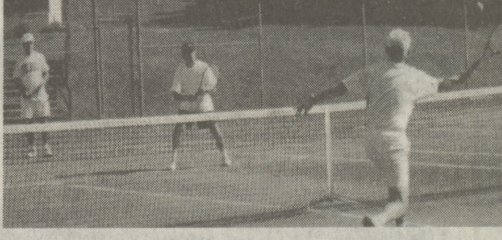
NOW IN  
EXETER!

1320 WYOMING AVE.  
Next to  
MD Sporting Goods

More Mulch, Less Money!  
602-4124

TAKE A FREE TENNIS LESSON! (NO STRINGS ATTACHED)

Valley Tennis and Swim Club



Tennis lessons for all ages  
Learn the Game! Bring a Friend!

The area's newest  
TennisWelcomeCenter offers:

10 Har-Tru Clay Courts Heated 25-yard Pool  
2 Hard Surface Courts Locker Rooms/Towel Service

Did You Know?\*

Tennis burns more calories in 1 hour (493) than:  
• weightlifting (422)  
• stationary biking (387)  
• low impact aerobics (352)  
\*Medicine in Science Study 2001

TENNISWELCOMECENTER.COM  
learn to play tennis... fast!

211 Harris Hill Road • Trucksville, PA • (570) 696-1414

www.TennisWelcomeCenter.com