

How to get your listings published

Calendar items are published free of charge. Generally, items will appear the two weeks prior to an event. The best way to submit material is by e-mail, to: thepost@leader.net. You also may send it to The Post, 15 N. Main St., Wilkes-Barre PA 18711, or drop it in the box at Uni-Mart, Rt. 309, Dallas. Deadline is Monday at 3 p.m.

THIS WEEK

S	M	T	W	T	F	S	S
23	24	25	26	27	28	29	30

COMMUNITY

May 27-29 - BAKED GOODS DROPOFF of donations for the stand at the Sweet Valley Memorial Day Fair. Drop off at Sweet Valley Fire Hall, Main Rd. Info, 477-5323.

May 28 - CHICKEN BBQ, 4:30 to 6:30 p.m., Noxen United Methodist Church. Serving 4:30-6:30 p.m. Cost is \$6.50. All meals served as take-outs, seating available.

May 29 - FLEA MARKET AND CRAFT SALE, 9 a.m.-3 p.m., Kunkle community hall. Refreshments. Indoor spaces \$15, outdoor \$10. Reservations, info, 675-5801.

HEALTH

May 26 - INTRODUCTION TO ZEN MEDITATION, 7:30-9 p.m., Mercy Center, Dallas. Pre-registration required; call 675-1872 for information and to register.

MUSIC

May 23 - GOSPEL CONCERT, 4 p.m., Center Moreland United Methodist Church. The Mt. Zion Baptist Church Choir of Wilkes-Barre under the direction of Rev. Michael E. Brewster. Open to the public. Free-will offering.

May 23 - WEEKEND OF PIANO TRIOS, Wyoming Seminary music faculty and students, 8 p.m. Great Hall of Wyoming Seminary, 228 Wyoming Avenue, Kingston. Free and open to the public. Info, 270-2190.

May 25 - DRUMMING WORKSHOP with Maxwell Kofi Donkor, master drummer, 7-9: p.m., Dietrich Theater, Tunkhannock. Each participant will have a drum and Maxwell will lead the group in an interactive experience where African rhythms are incorporated into fantastical group songs. \$30 fee includes use of a drum. Call 996-1500 for reservations.

May 28 - FAREWELL RECITAL, Wyoming Seminary student musicians, 4 p.m. Great Hall of Wyoming Seminary, 228 Wyoming Ave., Kingston. Free, open to the public. Info, 270-2190.

OUTDOORS

May 27 - INTRODUCTION TO BIRDING, 6 p.m. Meet at Wild Birds Unlimited, Dallas Shopping Center. Led by Dr. Jerry Skinner, biology professor at Keystone College and Naturalist at Woodbourne Forest and Wildlife Preserve. Free.

May 29 - TREES FOR TOTS, 2 p.m., stories, craft and songs for ages 3-5. Frances Slocum State Park campground amphitheater. Info, 696-9105.

May 29 - OWL PELLET INVESTIGATION, 4 p.m., learn about birds of prey. Frances Slocum State Park campground amphitheater. Info, 696-9105.

May 29 - NATIVE AMERICAN LIFE ALONG THE SUSQUEHANNA, 8 p.m., slide presentation by Steve Runkle of the Susquehanna River Basin Commission. Frances Slocum State Park campground amphitheater. Info, 696-9105.

May 30 - NATURE WALK, 2 p.m., leisurely hike. Frances Slocum State Park. Meet at Pavilion 3. Info, 696-9105.

May 30 - LET'S TALK TURKEY, 7 p.m., presentation by Tony Hudak, wild turkey expert. Frances Slocum State Park campground amphitheater. Info, 696-9105.

REUNIONS

July 3 - KINGSTON HIGH SCHOOL CLASS OF '59, Holiday Inn/TGI Friday's, Kidder Street, Wilkes-Barre. Ice breaker at TGI Friday's July 2, at 7 p.m. Reservations due by June 1. Next planning meeting May 26, 6:30 p.m. at Norm's Pizza and Eatery, Sherman St. Wilkes-Barre. Info, reservations, 639-5051 or jshaef@epix.net

SPECIAL EVENTS

May 26 - BUSINESS FAIR AND CARD EXCHANGE, 4-7 p.m., Twin Stacks Center, Dallas. Displays, food, workshops for entrepreneurs. Info, 970-7157.



From left, first row: Erin Kelleher, Kristina Klokus. Second row: Crystal McCaffrey, Christina Galchefska, Rikki Ritts, Heather Chulick, Melissa Diltz. Third row: Michael Hiscox, Robert Phillips.

Student artists celebrate graduation

Seven Back Mountain residents will participate in their graduation art exhibit at Sue Hand's Imagery, 35 Main St., Dallas, May 29-31.

The 12th grade students include students from Dallas, Lehman and Northwest areas. Heather Chulick, Crystal McCaffrey, Robert Phillips and Rikki Ritts attend Lake-Lehman High School. Michael Hiscox and Kristina Klokus will graduate from Dallas High School. Melissa Diltz is a senior at Northwest Area High School. Three other seniors from the Wyoming Valley area who also take art lessons at Sue Hand's Imagery will join them. Each student will exhibit up to 20 pieces of artwork, a retrospective of their artistic endeavors throughout their high school years. All 10 students have received numerous art awards for their drawings and paintings in art contests and exhibits.

Eight of the 10 students are pursuing careers in the arts, including interior design, graphic design, art education, surface pattern design, animation and landscape architecture. The public is invited to view the exhibit Monday and Tuesday, May 24 and 25, 9 a.m.- 6 p.m. A meet-the-artist reception will take place Tuesday from 7-9 p.m.

For additional information, contact Heather Hand Madeira, 675-5094.

UPCOMING

COMMUNITY

June 5 - FLEA MARKET, 9 a.m.-2 p.m., Mountain Grange 567, Carverton. Food and beverages all day. For table rentals, call 477-5462.

DANCE

June 5 - CONTRA DANCE, 8 p.m., Wyoming Seminary Lower School, 1560 Wyoming Ave., Forty Fort. Caller, Ted Crane; band, Friends & Kin. Sponsored by the Chicory House. Info, 333-4007.

June 10 - BRAVO DANCE, year-end performance, 7 p.m., Darte Center, Wilkes University. Tickets \$12 at Bravo Dance or at the door.

June 12 - SQUARE DANCE, with caller Red Jones and

the Polka Dukes, 8-11 p.m., Father Nallin Hall, 99 E. Tioga St., Tunkhannock. Tickets \$10 at the door. Food and refreshments available. Proceeds benefit the Tunkhannock Public Library.

HEALTH

June 1-29 - DIABETES SELF MANAGEMENT, Tuesdays, 10 a.m.-12 noon, Fr. Streit Enrichment Ctr., Mercy Hospital, Wilkes-Barre. Physician referral required. Info, registration, 826-3532.

June 3 - ALZHEIMER'S SUPPORT GROUP, 11 a.m., Meadows Nursing Center, 55 W. Center Hill Rd., Dallas. Public welcome. Info, 822-9915 or 675-8600, ext. 195.

KIDSTUFF

June 5 - NATURE CAMP REGISTRATION, beginning at 10 a.m., Frances Slocum State Park. First come, first served. Non-refundable fee of \$20 per child, due with registration. Info, 696-9105.

June 5 - NATIONAL TRAILS DAY BIKE RIDE, meet before 9 a.m. on Carverton Rd. at Frances Slocum State Park. Ride to Susquehanna River via levee trail.

OUTDOORS

June 5 - WYOMING VALLEY RIVERFEST 2004 in Wilkes-Barre's Nesbitt Park and two canoe trips on the Susquehanna River, one in the morning and one in the afternoon. The North Branch of the Susquehanna has been named Pennsylvania's Featured River of the Year. Info, 718-6507.

Olympian's legacy on exhibit

"The Tewksbury Legacy in Tunkhannock" exhibit opens Memorial Day weekend in the Dietrich Theater's William Norris Earnshaw Art Gallery.

During the month of June, the artwork of three of the daughters of local Olympic Champion Walter B. Tewksbury will be on display. See the original works of local school teacher Terry T. Hamilton, Pamela Emerson and Lucy Stanley. The exhibition will also include pictures and artifacts of Walter, including the Olympic torch. This exhibit will be a great way to experience part of Wyoming County's history.

The Dietrich Theater is 60 E. Tioga St., Tunkhannock. For information, call 996-1500 or visit www.dietrichtheater.com

ONGOING

COMMUNITY

FAMILIES HELPING FAMILIES, Wednesdays 6-8 p.m., St. Paul's Lutheran Church, off Rt. 118, Dallas. For families with chemical dependency, in cooperation with Clear Brook Inc.. Info, 823-1171.

EXHIBITS

Through May - PORTRAITS FROM LIFE by MaryLouise Chibirka, open when movies are scheduled. Featuring Wyoming County residents. Dietrich Theater, 60 E. Tioga St., Tunkhannock. Info, 996-1500.

Through July 6 - GEORGE L. SCHELLING — A LIFETIME OF ART, Lizza Studios, 155 Bridge St., Tunkhannock. Nationally renowned artist and illustrator George Schelling is known for his wildlife, landscape, western and seascape paintings. He also creates in digital mixed media. Gallery hours: M-F, 9 to 5; Sat. 10 - 5. Info, 836-8806.

HEALTH

BACK MT. FREE MEDICAL AND LEGAL CLINIC, every Friday, 6:30 p.m., Fr. Sarrmons Hall at St. Therese's Church, Pioneer Ave., Shavertown. Strictly confidential and non-denominational. Volunteer doctors, nurses and greeters are welcome. Call Maureen at 696-1427 with questions.



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May 24 & 26 or June 15 & 17
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\$150 plus \$20 certification fee

Windows XP
Ideal for computer novices. Provides basic understanding of computers.
July 6 & 8
Section 1: 8:30 a.m. - 12:30 p.m.
Section 2: 5:30 p.m. - 9:30 p.m.
\$128

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Word 2002
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Word Core
July 12 - 15
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Section 2: 5:30 p.m. - 9:30 p.m.
\$256

Word Expert
July 26 - 29
Section 1: 8:30 a.m. - 12:30 p.m.
Section 2: 5:30 p.m. - 9:30 p.m.
\$276

Excel 2002
Organize and analyze information using a spreadsheet.

Excel Core
July 19 - 22
Section 1: 8:30 a.m. - 12:30 p.m.
Section 2: 5:30 p.m. - 9:30 p.m.
\$256

Excel Expert
August 2 - 5
Section 1: 8:30 a.m. - 12:30 p.m.
Section 2: 5:30 p.m. - 9:30 p.m.
\$276

PowerPoint 2002
Create computer slide shows, 35 mm slides, transparencies, handouts, and speaker notes. Excellent for group presentations.
August 10 - 12
Section 1: 8:30 a.m. - 12:30 p.m.
Section 2: 5:30 p.m. - 9:30 p.m.
\$192

Outlook 2002
A powerful information manager and communication tool. Send e-mail, schedule appointments, maintain a directory of contacts, and manage tasks.
August 17 - 20
Section 1: 8:30 a.m. - 12:30 p.m.
Section 2: 5:30 p.m. - 9:30 p.m.
\$192

Access 2002
A database program which provides an efficient and accurate way to enter and maintain data and report and analyze information.
August 23 - 27
Section 1: 8:30 a.m. - 12:30 p.m.
Section 2: 5:30 p.m. - 9:30 p.m.
\$320

Starting in June
(only a few seats left)

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