

**How to get your listings published**

Calendar items are published free of charge. Generally, items will appear the two weeks prior to an event. The best way to submit material is by e-mail, to: [thepost@leader.net](mailto:thepost@leader.net). You also may send it to The Post, 15 N. Main St., Wilkes-Barre PA 18711, or drop it in the box at Uni-Mart, Rt. 309, Dallas. Deadline is Monday at 3 p.m.

**THIS WEEK**

S	M	T	W	T	F	S	S
21	22	23	24	25	26	27	28

**COMMUNITY**

**Dec. 21 - A CHRISTMAS CAROL**, Christian version of the Dickens classic, 6 p.m., Cross Creek Community Church, 370 Carverton Rd., Trucksville. Info, 696-0399.

**KIDSTUFF**

**Dec. 21 - SANTA'S TRIP**, through Kunkle, riding on a Kunkle fire engine. Starts at 1 p.m.

**MUSIC**

**Dec. 21 - CHRISTMAS CANTATA**, at Dallas United Methodist Church, 4 p.m. Members of Dallas United Methodist, Trinity Presbyterian and Albright United Methodist Church in Wilkes-Barre will perform "That's Christmas," written and arranged by Joe E. Parks.

Forty people will join in the singing. Direction and music provided by: Dallas UMC organist/choir director, Cathy Palfey; Albright UMC choir director, William Blannett; Trinity Presbyterian choir director, Chris Wilski.

**OUTDOORS**

**Dec. 21 - NOXEN-MONROE SPORTSMAN'S ASS'N**, monthly meeting, 2 p.m., sportsman's hall, Main St., Noxen. Info, 298-2256.

**STAGE**

**Dec. 21 - IT'S A WONDERFUL LIFE**, musical based on the Frank Capra film. Music Box Dinner Playhouse, Swoyersville. Doors open at 1:15 p.m., buffet at 1:45 p.m., curtain at 3:15. Info, reservations, 283-2195.



**Paintings on display at John Heinz**

Dallas artist Sue Hand's latest project, "The Light and Land," will be on exhibit through December 2004 at the John Heinz Institute, 150 Mundy St., Wilkes-Barre. Shown with one of the works, from left: Tom Pugh, vice president of Allied Services; State Rep. Phyllis Mundy; Sue Hand; Joe Hand; Heather Madiera and Tim Madeira, the Hands' daughter and son-in-law. For more information, call 826-3800.

**UPCOMING**

**HEALTH**

**Jan. 6-27, DIABETES SELF-MANAGEMENT PROGRAM**, four parts, Jan. 6, 12, 20, 27, 10 a.m.-noon each day. Fr. Streit Enrichment Center, Mercy Hospital, 25 Church St., Wilkes-Barre. Info, registration, 826-3532.

**KIDSTUFF**

**December 29-31 - HOLIDAY CAMP**, for ages 6 to 12, 9-10:30 a.m. Matisse collages, Rodin sculptures, O'Keefe paintings studied and used as inspiration for projects. \$15 for all three sessions.

Dietrich Theater, Tunkhannock.

**Jan. 5-Feb. 23 - PHYS ED FOR HOME SCHOOLED STUDENTS**, Mondays, K-6, 1-2 p.m.; 7-12, 2-3 p.m. Rock Recreation Center, 340 Carverton Rd., Trucksville. Info, 696-2769.

**MUSIC**

**Dec. 30 - MIKE ANTOSH AND FRIENDS REUNION CONCERT**, original acoustic music of local musicians. Surprise performers are back in town! 7 p.m. Tickets \$10. Dietrich Theater, Tunkhannock.

**ONGOING**

**COMMUNITY**

**EVENING PUBLIC SWIM**, Wednesdays and Fridays, 6:30-8:30 p.m.; Sundays 2-5 p.m. Dallas Middle School pool is open to the public for lap and recreational swimming. No one under 18 admitted without a parent or guardian. Proof of residence and a \$2 daily fee.

**EXHIBITS**

**Through Dec. 29 - MINIATURE PAINTINGS**, 20th annual exhibit of the Cider Painters of America. Artists from across the U.S. and other nations paint 3" by 5" or smaller subjects. At the Waterlily, 103 E. Overbrook Rd., Shavertown. Info, 675-7778.

**Through 2003 - REGIONAL ART EXHIBIT**, archival photographs and artifacts. Monday through Saturday, 9 a.m.-5 p.m.; Sunday, noon to 5 p.m. Pennsylvania Anthracite Heritage Museum, McDade Park, off Keyser Ave., Scranton. Info, 963-4804.

1:30 p.m., Medicine Shoppe Pharmacy, Dallas Shopping Center. Free, service provided by Personal Care Home Health Services.

**GRIEF SUPPORT GROUP** every Tuesday from 6:30 p.m. to 8 p.m. offered by the Hospice Care of the Visiting Nurses Association. Facilitated by Rev. Jeffrey Klasek, chaplain of Wyoming Valley Health Care System. Thomas P. Saxton Medical Pavilion Health Enhancement classroom, 468 Northampton St., Edwardsville. For info or to register, call 552-1391.

**CELEBRATE RECOVERY**, Bible-based addition recovery group. Every Monday 7-8:30 p.m., Christ Community Church, 100 W. Dorrance St., Kingston. Info, 283-2202.

**HISTORIC SITES**

**SWETLAND HOMESTEAD** 885 Wyoming Ave., Wyoming. Open Thurs.-Fri., 1-4 p.m.; Sat. 11 a.m.-4 p.m.; Sun. 1-4 p.m. Admission \$3; children 12 and under, \$1. Info, 823-9011.

**THE PENNSYLVANIA ANTHRACITE HERITAGE MUSEUM**, McDade park, off Keyser Ave., in Scranton. Open Mon.-Sat. from 9 a.m.-5 p.m., and Sun., noon-5 p.m. Admission is charged. Info, 963-4804.

**HEALTH**

**BLOOD PRESSURE TESTING**, first Wednesday of each month, 11:30 a.m.-12:30 p.m.

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