

### 3 sports

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her schedule. She competed in the 100 and 200 meter runs during the late morning and early afternoon at College Misericordia. She finished fifth in the 200 and 10th in a strong 100 field.

After track, she headed down to the Luzerne County Sports Complex in Forty Fort, where the Pocono youth female soccer team opened play late Friday afternoon. That competition concuded Sunday, with Pocono taking home the bronze medal by beating Nit-

tany 3-1.

Also on that team were Tara Dombzalski, Shavertown, and Sammi Elston, Kelci Gibbons, Michelle Gibbons and Tara Puffenberger of Dallas.

"I've been playing since I was about 6," Selenski said of soccer. "I've improved a lot in that, too."

So what's next?

Well, it won't be long until fall sports begin, which will keep her on the run.

"I love to play sports. People say I have a lot of talent."



POST PHOTO/JIM PHILLIPS

Mark Belenski, right, chatted with his brother-in-law Paul Darling after the race. Belenski finished 71st overall.

### Triathlon

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prize money, but that's just a small part of it," Triathlon Association president Jim Harris said.

He believes the Wilkes-Barre Triathlon's unique and rigorous course is what attracts competitors from across Pennsylvania and from other states.

"A lot of courses are city courses, and this is a real beautiful country course," Harris said.

The course tests competitors with plenty of hills, including a two-mile ascent during the running stage and a three-mile climb during the biking stage.

"The bike course has got some pretty good hills to it, and it's not so much that they're steep, it's that they're long," Harris said.

Aside from Polliard-McGurk and Robbins, other Back Mountain competitors to finish in the top 100 included William Fisk, Sweet Valley, (35th); Jarrod Baranowski, Shavertown, (52nd); Jerry Levandoski, Dallas, (69th); Mark Belenski, Dallas, (71st); Charles Eckman, Dallas, (90th); Dave Callahan, Harveys Lake, (93rd); and Joseph Boyd, Shavertown, (94th).

### Local triathlon finishers

Back Mountain competitors and their finishing times in Sunday's Wilkes-Barre Triathlon.

Men			
Finish	Name	Age	Time
35	William Fisk	46	2:30:18
52	Jarrod Baranowski	27	2:34:50
69	Jerry Levandoski	43	2:38:22
71	Mark Belenski	41	2:38:56
90	Charles Eckman	45	2:41:52
93	Dave Callahan	31	2:42:49
94	Joseph Boyd	39	2:42:27
96	Sean Robbins	33	2:44:22
106	Skip Sensbach	35	2:46:23
112	Len Romanowski	46	2:47:37
134	John Anglovich	43	2:52:54
137	Wayne Devine	47	2:54:31
172	Rick Morgan	36	3:03:19
190	Joe Litchman	46	3:07:49
191	William Zarola	39	3:08:16
204	Edward Onzik	47	3:12:32

Women			
Finish	Name	Age	Time
205	Mark O'Brian	18	3:13:03
209	Steven Thompson	43	3:14:15
222	Michael Willauer	47	3:20:31
222	John Rothschild	60	3:20:53
231	Joseph O'Donnell	63	3:25:51
234	Robert Murphy II	18	3:39:33
237	James Harkins	19	3:30:30
238	Robert Murphy Jr.	48	3:31:28
239	Tom Berezich	61	3:31:49
241	Tyler Droppers	18	3:32:39
246	Daniel Austin	52	3:36:04
259	Greg O'Brien	46	3:44:04
268	David Smith	46	4:25:20

### Newberry Ladies to play at Applewood

The Applewood golf course, Harding, will host the Newberry Country Club Ladies Golf League at its monthly outing on Thursday, August 14. Players are requested to meet at 9 a.m. to receive their pairings with a shotgun start scheduled for 9:30 a.m. Play will be captain and crew. Luncheon and the awarding of prizes will follow play at the home of Flo DePolo, Falls. To register call Diana Dreher or Micky Aicher before August 11.

### Motorworld gives hole-in-one awards for Geisinger Wyoming Valley tournament

Motorworld will once again sponsor the hole-in-one awards for the 2003 Geisinger Wyoming Valley Medical Center (GWV) Golf Tournament. The captain and crew tournament will be held Monday, August 18, with a shotgun start at 12:30 p.m. at Wyoming Valley Country Club in Hanover Township.

For more information on the golf tournament, call Geisinger Wyoming Valley at 826-7717.

### Newport Township 9-10 tournament

Back Mountain American 10, Back Mountain National 7  
AUG. 2 — Adam Goeringer pitched six innings and picked up the victory as American defeated National. Goeringer, Brandon Harding, Steve Ruch and Travis Debona had four-hit games for American.

Aaron Perez and Zach Dirsra drove in one run apiece for National. The teams will meet at 12:30 p.m. today for the championship.

### Keystones

(continued from page 9)

Earlier in competition, Wentko scored nine points and Zabresky had five as Pocono beat Great Lake 79-40.

### Field hockey

### Pocono junior wins bronze medal

The Pocono junior field hockey team won the Keystone State Games bronze medal by blanking Nittany 2-0 on goals by two Back Mountain players.

Jaime Lipski of Dallas broke a scoreless tie in the second half when she converted a penalty stroke, and Abby Sordoni of Dallas added an insurance goal in the final seconds to secure the victory.

Pocono dropped an intense semifinal game, 4-3, to Lehigh Valley on Saturday morning, and with it contention for the gold or silver.

Earlier in the tournament, Sordoni scored the only goal in a 2-1 Pocono victory over Blue Mountain.

### Pocono scholastic finishes third

After dropping a disappointing and frustrating overtime decision to Lehigh Valley in the semifinals of the Keystone State Games tournament, Pocono bounced back a little more than one hour later and rallied for a 2-1 victory over Delaware Valley in the bronze medal game.

A goal by Kelley Smith of Kingston in the second half gave Pocono the win in the third-place game, which was played at the University of Scranton.

Local members of the squad were Allison Boris of Shavertown, Amanda Sagan of Dallas, Lauren Lipski of Dallas and Tamra Morris of Dallas.

### Bowling

The following local competitors won medals on Sunday in competition at Stanton Lanes in Wilkes-Barre:

- Karen Laskowski, Dallas, silver, women's 26-45 handicap.

### Karate

Here are local competitors who won medals in karate:

- Amanda Roche, Dallas, silver, women 10-12.
- Karissa Bryant, Dallas, silver and bronze, novice 13-15.

- Brittany Bradford, Shavertown, silver, novice 13-15.
- Raymond Heuer, Dallas, gold, bronze, novice 35-44.
- Derek Kopen, Shavertown, gold, advanced 10-12.
- Ryan Beberus, Dallas, gold, bronze, advanced 16-19.
- Tamara Palka, Shavertown, silver, advanced 20-34.
- Patrick O'Brien, Harveys Lake, two silver, advanced male 45-54.

### Masters Swimming

The following local swimmers won medals on Saturday at the CYC in Wilkes-Barre:

- Garry Taroli, Dallas, silver, men's 45-49 100 individual medley; bronze, 100 freestyle; gold, 50 freestyle; silver, 50 butterfly.
- Sam Piccolotti, Shavertown, gold, men's 35-39 100 breaststroke.
- Tricia Rado, Dallas, gold, women's 19-24 100 freestyle; silver, 50 backstroke; silver, 50 butterfly.
- Sam Piccolotti, Shavertown, silver, men's 35-39 50 breaststroke; silver, 50 freestyle.
- Matthew O'Donnell, Shavertown, silver, men's 19-24 50 freestyle; gold, 50 butterfly.

### Diving

The following Back Mountain divers won medals in competition at Wyoming Valley West High School.

- Erica Lisses, Shavertown, Kingston Township, gold, girls age 12-13 1 meter.
- Alaric Eby, Dallas, gold, boys 14-16 1 meter.
- Sara Skammer, Dallas, gold, girls 10-11 1 meter.

### Swimming

The following area swimmers won medals Friday and Saturday at the Wilkes-Barre CYC.

- Mark O'Brien, Shavertown, bronze, 17-18 male, 500 free.

### Cross Country

Brad Baird of Lake-Lehman was the overall winner of the 5K race at Kirby Park in a time of 16:26.

The following area runners won age group medals.

- Sierra Stark, Harveys Lake, silver, 13-15 female.
- Helene Strutko, Harveys Lake, gold, 20-24 female.
- Amy Rome, Dallas, gold, 35-39 female.

- Janis Winter, Shavertown, gold, 55-59 female.
- Jim Wozniak, Trucksville, bronze, 20-24 male.
- John Sobocinski, Dallas, silver, 35-39 male.
- Thomas Winter, Shavertown, bronze, 55-59 male.

### Bowling

The following youth bowlers won medals in the finals Saturday morning at Stanton Lanes.

- Travis Doty, Hunlock Creek, gold, 9-11 handicap.
- Samantha Laskowski, Dallas, gold, 15-18 female handicap.

### Wrestling

The following area wrestlers won medals in the Folkstyle Tournament at Wilkes University's Marts Center.

- Shane Stark, Harveys Lake, midget 90.
- Jeremy Schutz, Shavertown, silver, cadet 140.

Winners in the takedown tournament were:

- John Hettes, Wyoming, bronze, cadet 127-134.
- Shane Stark, Harveys Lake, silver, midget 102-109.

### Tennis

These Back Mountain players won medals:

- Rory Corcoran, Dallas, silver, boys 12 singles. Corcoran also paired with Michael Kachman, Kingston, to win bronze in the boys 14 doubles.
- Derek Kopen, Shavertown, bronze, boys 12 singles.
- Ross Feinstein, Shavertown, bronze, boys 16 singles.
- Nina Shah, Shavertown, silver, girls 16 singles.
- Todd Kerestes, Dallas, bronze, Div. 2 & 3 men's singles.

### Track & Field

Back Mountain medal winners from track and field competition, held Friday-Sunday at College Misericordia.

- Thomas Winter, Shavertown, gold, men's 55-59 400.
- Russell M. Susko, Trucksville, gold, men's 50-54 800. Also gold medals, 1500, 800, 400 and 800 relays. Part of record-setting team in 400 relay.
- Russel B. Susko, Trucksville, gold, men's 19-29 5K run; bronze, men's 19-29 1500.
- Chase Susko, Trucksville, bronze, boys' 17-18 1,500. Also, fifth in 800.

- Christopher Mounce, Dallas, silver, boys' 17-18 110 hurdles; gold, 400 hurdles.
- Whitney Adams, Dallas, gold, girls' 17-18 1,500.
- Lisa Giacometti, Dallas, gold, girls' 15-16 3K.
- Robin Razawich, Dallas, silver, girls' 15-16 high jump. Also, 7th, girls' 15-16 100 meter hurdles; 6th, girls' 15-16 400.
- Kenslie Kerestes, Dallas, bronze, girls' 13-14 1,500.
- Rebekah Williams, Lehman Township, gold, girls' 13-14 high jump; 5th, girls' 13-14 long jump.
- Justin Mazer, Shavertown, bronze, boys' 13-14 1,500 run. Also, 4th, boys' 13-14 800.

Other Back Mountain competitors:

- Leah K Vnuk, Hunlock Creek, 8th, girls' 17-18 discus; 6th, girls' 17-18 shot put.
- Nicole Bender, Hunlock Creek, 6th, girls' 15-16 100 meter hurdles.
- Mariel V Adams, Dallas, 9th, girls' 13-14 1500.
- Paige A Selenski, Shavertown, 5th, girls' 13-14 200; 10th, girls' 13-14 100.
- Mariel V Adams, Dallas, 10th, girls' 13-14 200.

### Softball

The Wyoming Valley Flames won gold medals in the U12 and U14 divisions of the tournament.

Members of the U12 team included Ellen Morgan of Dallas, Rachel Miller of Wyoming, Shana Phillips of Dallas, Kathryn Pelleschi of Dallas and Stephanie Ashley of Shavertown.

Members of the U14 team included Brittney Allan of Dallas, Kasey Corbett of Dallas, Jessica Jones of Dallas and Kelsey Moody of Dallas.

### Golf

Male, Grade 12  
5th: Ryan Gower, Dallas, Wyoming Seminary 83, 83, 82 - 248

Male, Grade 11  
6th: Jared Nothstein, Dallas, Bishop Hoban HS 85, 82, 81 - 248

Male, Grades 9 and under  
6th: Greg Nothstein, Grade 8, Dallas, Gate of Heaven School 91, 93, 90 - 274

9th: Dane Hanadel, Grade 9, Dallas, Dallas SD 99, 92, 91 - 282

Female, Grades 10-12  
5th: Brittany Prater, Grade 10, Dallas, Dallas HS 106, 110, 109 - 325

## CROSSWORD CORNER

### Super Crossword

DON'T BE ALARMED

ACROSS

1	Writer
5	Taking
10	Thousand
14	—vu
18	Soap
20	Range rope
21	25 Across
25	Skater
26	Settled on
27	Pump part
28	Pressing
29	Runny-
31	Morning
32	Baltic city
34	Sault—
35	Chop
37	Part 2 of
46	Silly Soupy
48	Designer
49	Mrs. Nick
51	Parent
51	Folklore

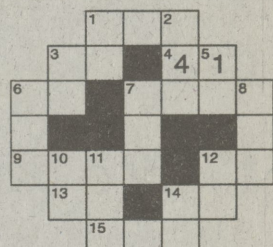
DOWN

2	AAA offering
3	—the
4	film
6	Ballroom
7	—dance
8	Fabric
9	Mil. honor
11	Casanova,
12	Tall story?
13	25 Across
15	Caviar
16	Wagner's
17	Prayer
18	Singer
19	LeMay
20	111 lows
21	Task
22	Remark by
23	Henny
24	Tucker
25	Islamic
26	Part 3 of
27	Frank or
28	Dweezil
29	Greet the
30	Runny-
31	Nadale
32	Biblical
33	Nice
34	Season
35	Sault—
36	Shepherd
37	Cropped
38	Goal
39	Pub order
40	Elbow
41	Quindlen's
42	"One—
43	"Thing"
44	Charles
45	Quantity
46	93 Trauma
47	Aftermath

### Rational Numbers

by Linda Thistle

Using the clues, simple arithmetic, and a little logic, place a single digit (0 to 9) in each empty box in the diagram. To help you get started, two digits have been entered in the diagram.



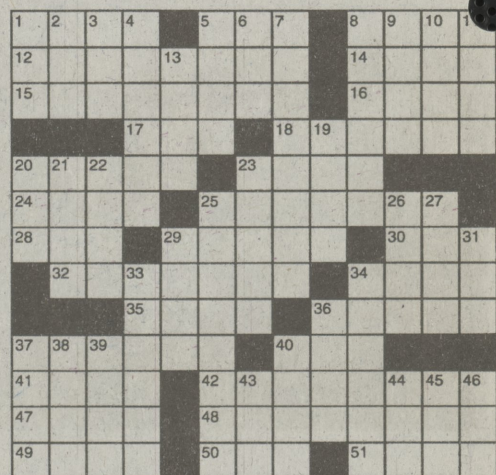
- ACROSS
- 1-Down times 10-Down
  3. One more than 3-Down
  4. One-half of 3-Across
  6. 3-Down minus 12-Across
  7. 15-Across plus 8-Down
  9. 1-Across plus 6-Down
  12. Five times 13-Across
  13. 3-Across minus 1-Down
  14. Two less than 6-Across
  15. The first digit is the sum of the other digits

- DOWN
- 4-Across plus 6-Across
  - Three times 3-Down
  3. Digits of 5-Down reversed
  5. 14-Across minus 10-Down
  6. Digits of 7-Down reversed
  7. Three times 4-Across
  8. 6-Down plus 11-Down
  10. Same digit repeated
  11. 12-Across plus 12-Down
  12. 4-Across plus 5-Down
  14. One-third of 1-Down

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### King Crossword

- ACROSS
- 1 Understands
  - 5 Astronaut
  - 8 Luminary
  - 12 GOP symbol
  - 14 Head light
  - 15 Liberia's capital
  - 16 Alliance
  - 17 Raw rocks
  - 18 Thin cotton weave
  - 20 New Orleans cuisine
  - 23 Sommelier's subject
  - 24 Last write-up
  - 25 Bernadette's village
  - 28 Calif. neighbor
  - 29 Whom to
  - 30 Society newcomer
  - 32 Beans
  - 34 Fourth dimension
  - 35 When the Frost - the Punkin
  - 36 Lustrous fabric
  - 37 Desolate
  - 40 Farm structure
  - 41 Wished undone
  - 42 Orbi or eland
  - 47 Examination format



- DOWN
- 1 Prized possession
  - 2 Xanadu
  - 3 Pin number
  - 4 Begin to grow
  - 5 Donated
  - 6 One (Pru's feature)
  - 7 Sports venues
  - 8 Disgraced
  - 9 Transport for hire
  - 10 Came down
  - 11 Optimistic
  - 13 Trumpet, e.g.
  - 19 Concerning
  - 20 Anti
  - 21 First victim
  - 22 Swing style
  - 23 Lavatory sign
  - 25 Summer-time quencer
  - 26 Tend texts
  - 27 Big rig
  - 29 Fire-cracker
  - 31 Stiller or Stein
  - 33 It will hold you in
  - 34 President who was Jefferson
  - 35 Davis father-in-law
  - 36 Goblet feature
  - 37 Family biz
  - 38 Atmosphere
  - 39 Paper unit
  - 40 Impale
  - 43 Pan point
  - 44 Inseparable
  - 45 Handheld computer
  - 46 Kreskin's claim

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