

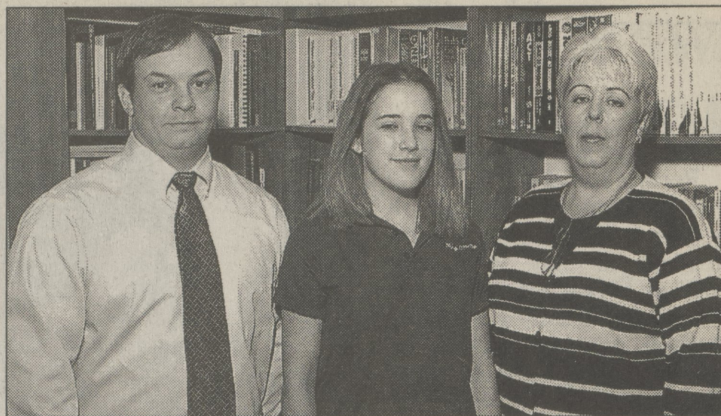
## Local students on Wilkes University deans list

Many Back Mountain students were named to Wilkes University's deans list for the Spring 2003 semester. To be named to the dean's list, students must maintain a 3.4 grade point average and carry a minimum of 12 credits.

They include: Laura Brody, Dallas; Natalee Felten, Dallas; Kevin Frank, Dallas; Bridget

Giunta, Dallas; Kimberly Hritzak, Dallas; Christopher Kane, Dallas; Scott Llewellyn, Dallas; Joshua Maye, Dallas; Megan McAndrew, Dallas; Rebecca Menges, Dallas; Max Roth, Dallas; Holly Shiber, Dallas; Vanessa Velikis, Dallas; Melissa Wilcox, Dallas; Faith Fedor, Harveys Lake; Bridgette Petro, Harveys Lake; Christiana

Reid, Harveys Lake; Samuel Saylor, Harveys Lake; Kari Hilbert, Harveys Lake; Robert Gallagher, Shavertown; Corey Pajka, Shavertown; Jennifer Parrish, Shavertown; Kristin Roberts, Shavertown; Marcus Sowcik, Shavertown; Melissa Gallup, Trucksville; Crystal Jimmie, Trucksville; Leanna Piasta, Trucksville.



### Wetzel to study at Harvard

Leslie Wetzel, a student at Bishop O'Reilly High School in Kingston, will spend part of the summer between her sophomore and junior high school years at Harvard University. Leslie has been selected to take eight units of college study in the University's Secondary School Program, beginning in late June. She will live on campus as she takes classes in the area of arts and sciences. The daughter of Mr. and Mrs. Lewis Wetzel, of Dallas, Leslie is pictured at center with Robert Musso, Director of Guidance, and Susan Dennen, Principal.



### Lake-Lehman Honor Society ceremony speakers

Lake-Lehman High School recently held the annual induction ceremony of the National Honor Society. The students were speakers for the ceremony. From left: John Yamrick, President; Tabitha Sprau; Jared Janiczek, Vice-President; Jenna Fine, Treasurer; Justin Boyer; and, Lorraine Lovechio, Secretary.

## Local students graduate from U. of Scranton

The University of Scranton conferred numerous degrees on Back Mountain residents at its recent graduation. They are: Kelly A. Bevilaqua, Dallas BS, Psychology; Timothy F. Herbert, Dallas, BS, Biology; Jonathan P. Kertesz, Shavertown, BS Elementary Education; Anthony J. Lumbis, Sweet Valley, BS, Finance; Melissa M. Stevans, Trucksville, BS, Biology; James P. Blaum, Shavertown, MS, Secondary Education; Jane E. Kilduff, Shavertown, MS, School Counseling; Lorraine A. Kuzma Johnson, Dallas, MS, Nursing; Adriana, Rondinella, Harveys Lake, MBA, Accounting.



### Spanish classes make calendars

Ms. Joan Rakowski's eighth grade Dallas Middle School Spanish students recently completed a group project. The assignment was for each group to design a 2003 calendar. The calendars were judged for creativity and structural correctness. The 12 students from days 3 and 4 class were chosen as the winners of the competition. From left: Nicole McMahon, Lauren Yurho, Kayla Bopp, Megan Youells, Stephanie Pace, Marissa Wright, Amy Vodzak, Julianne Pettit, Brittney Allan, Desiree Spears, Garritt Chrzanowski, and Mia Esopi.

## Stacey Wagner on Lafayette dean's list

Stacey Denise Wagner, Shavertown, a member of the Class of 2003 at Lafayette College, has been named to the dean's list for the spring semester. A 3.45 semester grade point average out of a possible 4.0 is required for the honor.

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## RESEARCH MATTERS

by Dr. David J. Madeira



### Chiropractic Saves Money For HMO's

When I was at the World Federation of Chiropractic 7th Biennial Congress in Orlando at the beginning of May, I came across an interesting research paper.

This 4 year study of 1.7 million patients in a California HMO was divided into 2 groups: 1 million without chiropractic coverage and 700,000 with chiropractic coverage.

The researchers discovered that chiropractic care in the managed-care setting was more cost-effective on a number of levels:

- Total health-care costs were 12% lower for Chiropractic patients.
- Low-back pain costs were 28% lower for Chiropractic patients.
- Chiropractic patients had slightly more than half the inpatient stays.
- Chiropractic patients had about 1/2 the MRIs.
- Chiropractic patients had 25% less low-back surgeries.
- Chiropractic patients had 10% less x-rays.

According to Dr. Nelson, these findings could translate into a \$47.5 million savings over four years if everyone in the HMO was provided with chiropractic coverage.

This study shows that adding a Chiropractic benefit does not add to the total amount of care (and therefore costs), but provides a lower-cost, more effective alternative for patients.

If your HMO is not including Chiropractic as a core benefit, they are wasting your money and your health.

Source: Nelson CF, Metz D, Legoretta A, LaBrot T. Effects of Inclusion of a Chiropractic Benefit on the Utilization of Health Care Resources in a Managed Health Care Plan. Presented at the World Chiropractic Federation.



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