June 13, 2003

THE DALLAS POST **SportsWeek**

Section 2

Back Mountain Baseball Latosek leads Reds to drubbing of Sox

the Reds beat the Red Sox 13-2. Latosek picked up the win on the mound, striking ut seven, and added two its and scored four runs. Joe Osick had a big day with two hits and six RBI. Adam Holena also added two hits including a double for the victors. Cody Plesnar had a double for the Sox, and Brandon Harding smashed out three hits.

A's 8, Rangers 3

In a rain-shortened game, Nick Lombard pitched and hit the A's to victory. Lombard struck out seven, and added a double and a triple, and was assisted by teammate Pat Healey who banged out two hits. Matt Ruch smacked two hits for the Rangers, and Kevin Ricetti, and Zach Dirsa Rose added a double in defeat.

Orioles 3, Pirates 0

Ryan Urzen and Steve Meskers combined to blank he Pirates, striking out 11. Irzen added a double for Hunter Englehart comthe O's offense. Andrew Kaufman and Jesse Jayne pitched well for the Pirates striking out eight. Tom Horn added a double for the Bucs.

Phillies 9, Pirates 2 The trio of Baker, Naugle, and Englehart combined to shut down the Pi-

Nick Latosek starred as rates in a Phillies win. Englehart, Scott Daube, and Tyler Barrall added two hits for the Phils. Marc Noyalis and Andrew Kaufman chipped in with hits for the Pirates.

Indians 5, Tigers 3

In a thriller, Darius Fetchko stole home in the bottom of the eighth to push across the go-ahead run in an Indians win. Fetchko also banged a tworun homer in the sixth to send the game to extra innings. Scott Napkora pitched two scoreless innings in relief to get the win for the Tribe. Chris Fioti and Dave Fetchko added two hits for the victors. Matt Shaver pitched well for the Tigers, striking out seven. Bob Saba, Scott added hits for the Tigers.

Phillies 5, Cardinals 2

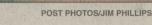
Scott Daube ripped two hits including a double to lead the Phils past the Cards. Carson Baker and bined to strike out 10 Cards, and Englehart added a double at the plate. John Prater and Casey Judge each added two hits for the Cardinals.

Giants 10, Tigers 0 Southpaw Bobby Peron

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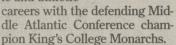


The Rangers Brad Sherman (top photo) looked to first after stepping on the bag at second Tuesday night in a game against the Red Sox. The Sox' Chris Rose was out at second.

Above left, Steven Ruch checked the sign from the third base coach. Dave Zurek (above right) fired in a fast ball.

Roper, Strenfel headed to King's

Former Lake-Lehman High School football stand-David outs Strenfel and Roper Bob will continue their academic and athletic



Bob Roper

Strenfel, a 6'2", 230-pound tight end/defensive end, was a three-year letter-winner at Lehman where he was named a Northeast Pennsylvania Football Conference all-star as a junior as well as a Wyoming Valley Conference all-star as a senior. He will major in criminal justice at King's.

"David is a big, athletic player who has the ability to play several positions depending on how he develops in the weight room," King's coach Rich Mannello said. "He runs very well for his size and can develop into a solid player at this level. With continued hard work, he become an impact player for



280-6'6", pound offensive and defensive lineman, was also three-vear letter-winner Lehman at

Dave Strenfel and was a WVC all-star choice as a senior.

An honor roll student and member of the National Honor Society, Roper was named to Who's Who Among American High School Students. He is undecided upon a major.

"Bob has outstanding size and is really beginning to commit to the weight room," Mannello noted. "With further weight training, he can become a dominant lineman in the MAC. As the offensive line coach at King's I look forward to working with Bob and helping further develop as a player.

At King's, they will join a program which captured the 2002 Middle Atlantic Conference championship and advanced to the Sweet 16 of the NCAA Division III National Playoffs.

Travel Team tryouts

Emily Foran adds new chapter to life on the links

Back Mountain Youth Soccer invites players from all age groups to try out for travel teams.

We are welcoming players from all age groups to come to our tryouts. All tryouts are located at the Dallas Track Field, Dallas. (Behind the Dallas Middle School).

Look for a complete schedule on the web at http://www.bmysa.org/

June 18 6-8 p.m.; June 21 9 a.m.-12 p.m. Email questions to eed@epix.net

Legion Baseball



The Back Mountain Hawks evened their record at 2-2 with a two-run rally in the bottom of the seventh on June 10 against Mountain Top.

The Hawks had taken the lead in the second when Matt Shiskowski led off with a single and pinch runner Matt Ide stole two bases and scored on Pat Rother's ground ball. Mountain Top got half of their six hits into the fourth inning to score a run to tie the game. Alex Pawloski's sixth inning double gave Mountaintop a one-run lead.

Ryan Gryskevicz started the Hawks winning rally by leading off the seventh with a walk, theb Adam Tkaczyk doubled to put runners on second and third. Then, on a 2-1 pitch, Brian Cornia hit a towering 380 foot shot over the left fielder to win the game for Back Mountain.

Matt Shiskowski picked up his second complete game victory of the year. He fanned six and didn't walk any batters.

Ragukas' 1-hitter is one too many

Zach Ragukas pitched a one-hitter June 8 at home for the Back Mountain Hawks American Legion team, but was outdueled by the Thunderkats Ryan Gwynn who also threw a one-hitter. Ragukas had allowed only one base runner through the first six innings, a hit batter in the fifth. Wilkes Barre's Jon Wiencek led off the seventh with a fly ball that was dropped, Wiencek reaching second on the play. Ryan McGavin followed with a single to plate the only run of the game.

Back Mountain only advanced one runner as far as second base. With two outs in the fourth, Matt Shiskowski was hit by a pitch and Matt Kapitula singled him to second .

Gwynn retired the next batter on a ground ball and the Hawks never threatened again.

Back Mountain plays at Hazelton Satruday, then has home games Sunday, Tuesday and Thursday, at the Lake-Lehman High School field.

Send The Dallas Post to a friend. It makes a great gift. Call 675-5211 for information.

man.



Emily Foran tees off at Amherst.

AMHERST, MA — Some folks call golf a good walk spoiled. For Amherst College sophomore Emily Foran, it was more like a good book spoiled.

As a freshman at Amherst, in her first season of collegiate golf, Emily contended for a national championship, earned Honorable Mention All-America honors and helped lead her team to an unprecedented thirdplace finish at the 2002 NCAA Division III Championship Tournament. But just eight years earlier, she preferred the safety of her bedroom and the comfort of a good book.

Golf was a big part of her family life. Her father Tim, a 30-year PGA club professional and new operator of the Back Mountain Golf facility on Route 415, was a renowned teacher. He wanted her to play but often found her in a corner reading. An idea came to him.

"When I was young I didn't really like golf," says Emily. "I wasn't athletic at all. I either wanted to be like my sister and play field hockey or sit in my room and read a book. My father decided there was no way I'd be good at field hockey so he gave me books about Ben Hogan and Bobby Jones and said, 'Just read their biographies. They're interesting people.' "

The books worked. Before long Emily was giving

Blue Jays in four innings of pitching. while Billy Holena added a double. Prater

"There was definitely an adjustment, going from nine-hole after-school matches to 36-hole weekend tournaments."

> **Emily Foran** Dallas, now a student and leading golfer at Amherst College

speeches in school about Jones and his theories on the golf swing. She also began spending time at the golf course. Her father gave her an old set of steel-shaft Pings, and she tagged along when he played or practiced.

"I learned how to putt and did a little short game at first; less likely to damage myself with a golf club that way," she remembers. "I'd go out on off-peak hours and I knew some loops where you could play the fifth hole and cut over to the ninth so you didn't have to play the entire course. I'd tell him what I thought I was doing

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BMT Junior League Baseball Cardinals beat back Blue Jays' rally

The Cardinals scored twice in the bottom of the sixth inning to break an 8-8 tie and then held off a Blue Jay rally in the top of the seventh to escape with a 10-9 victory in a very exciting game. Eric Tucker led the Cardinal attack with three hits while teammates John Giampietro and Chad Gelso each contributed two singles. Jeremy Fike smashed a two-run triple for the Cardinals. Giampietro struck out one batter in three innings on the mound while Dylan Seeley fanned six

Mike Prater smacked a triple and two singles for the Blue Jays. David Hanadel contributed a double and two singles and Doug Harding combined to strike out six Cardinals.

Cardinals 11, Pirates 1

Jeremy Fike singled three times and Dylan Seeley singled twice to power the Cardinal attack in a game in which each team registered five hits. Seeley and John Giampietro combined to fan 11 Pirates. Greg Harris, Gerid Kohli and Brad Fagula combined to strike out eight Cardinals.

Cardinals 6, Rockies 0

John Giampietro and Dylan Seeley combined to strike out eight and toss a one-hitter as the Cardinals shut out the Rockies. Mark Covert and Seeley each had two hits for the Cards. Joe Bevevino and Kyle Arnaud combined to strike out five for the Rockies. Jon Janerich had the lone hit for the Rockies.

U-13 boys travel soccer tryouts

Tryouts for the Back Mountain Cyclones fall soccer season U-13 boys will be held Saturday June 21 at 10 a.m. at the Dallas track field, behind the Dallas Middle School. This fall, UK Soccer will be training the team on Saturdays from 10 to 11:30 a.m. and will attend Sunday games. For information, 675-3108 or 674-4950.

Send your sports reports by e-mail dallaspost@leader.net



The Dallas Kiwains Club will host its 24th annual All-Star Girls

Softball Game June 23 at 5:15 p.m. at the W.W. Kubis Memorial

All-Stars against The West All-Stars and will feature some of the

Little League Field on Church Street Dallas. The game pits the East

best high school seniors in the Wyoming Valley conference. Players

bers of the game committee from left, first row, seated: Shirley Moy-

from Lake-Lehman and Dallas will play on the West Squad. mem-

er, President Dallas Kiwanis, Robert Dolbear, Committee Chair-

Third row: Tex Wilson and Ted Dymond Committee members.

Second row: Ronald Viglone and George McCutcheon.

Girls All-Star softball game set