

THE DALLAS POST

SportsWeek

Section 2

District 2 Track and Field Championships

Salavantis sweeps throwing events

MOSCOW — Dallas senior thrower Steve Salavantis pulled off a rare sweep of the throws by winning the shot put (49 feet, 8 inches), discus (154-2) and javelin (182-3).

The triple victory helped the small-Class 3A Mountaineers to a fifth-place team finish at the District 2 Class 3A Track and Field Championships at North Pocono High School on May 14.

Salavantis qualified for the PIAA Championships on May 23-24 at Shippensburg University.

Salavantis, who was hampered last year by an injured elbow, set a school record with a personal best throw in the discus. He won the javelin by 14 feet. He heaved his winning throw in the shot put on his second attempt and hung on to win by a little more than a foot over Delaware Valley's Bill Hayden.

"I don't know off the top of my head but I'm pretty sure there's only one other guy who's done that (in history)," said Dallas coach Matt Samuel. "To win two throws is a lot but to have the strength and ability to win all three is unbelievable."

Salavantis's approach did not include reviewing the history books. Healthy, he just wanted to get to Shippensburg.

"My main goal this year was to get to states," Salavantis said. "I had a plan on how to come in. My arm was feeling good and I just wanted to get a few off for the team."

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FOR THE DALLAS POST/MADALYN RUGGIERO

Steve Salavantis wound up for the discus throw at the District 2 Class 3A championships, where he won all three throwing events.



FOR THE DALLAS POST/FRED ADAMS

Lake-Lehman's Nate Carsman won the pole vault at the District 2 Class 2A championships with a jump of 12'6".

Cup will be awarded to Lake-Lehman May 30

The inaugural Back Mountain Cup will be presented to Lake-Lehman High School at a cookout/celebration Friday, May 30. The event will be held at Pavilion 2 at Frances Slocum State Park in Kingston Township.



The event is open to the all members of both school families, and to anyone who would like to share in honoring the dedication of high school student-athletes and the people who support them.

Lake-Lehman won the school-year-long competition over Dallas by winning 13 of the 23 regular-season matchups between the schools' varsity teams in all sports. Pre-season and playoff results did not enter into the results. The Black Knights nearly swept the fall schedule, winning seven times before Dallas claimed the Old Shoe football game. Then the Mountaineers won all four basketball games (boys and girls, twice each) in the winter to make a race of it. Dallas continued to edge closer in the spring, getting the standings to 9-8 with three wins on April 14. But the Lehman track and girls soccer teams put an end to the Mountaineers' hopes later that month.

The Back Mountain Cup is sponsored by The Dallas Post. It was conceived to raise awareness of the value of all high school athletics and is not meant to compete with the Old Shoe trophy or other individual awards.

Dr. Gary Nothstein made a hole-in-one May 18 at Applewood Golf Course, Harding. He used a 7 iron on the par 3 second hole, which was playing at 148 yards. The ace was witnessed by his sons, Jared and Greg.

Notthstein records ace

SPORTS ROUNDUP

BOYS TENNIS

Sem loses in state semis

SOUTH WILLIAMSPORT — Wyoming Seminary was leading 2-1 and had won the first set of the No. 2 singles and No. 2 doubles matches in the finals of the PIAA Team Tennis Championships May 17. But the Blue Knights could not polish off District 7 champion Quaker Valley, which handed the District 2 champions a heartbreaking 3-2 defeat in the Class 2A semifinals at West Branch Tennis Club.

Sem got a quick win from their No. 1 doubles team, followed with a win at No. 3 singles by Eric Feinstein, who won by injury default over Mike Burger. Burger sprained his ankle.

Quaker Valley's John Houghton, the two-time defending state runner-up in singles, then disposed of Seminary's Tye Morris 6-1, 6-2 at No. 1 singles. At No. 2 singles, the Blue Knights' Jordan Koslosky won the first set over Rich Houghton 7-5, but stumbled in the next two sets 6-2, 6-3.

Meanwhile, at No. 2 doubles, Seminary's Noah Blum and P.J. Marranca won the first set 6-3 against Paul Piccolo and A.J. Baumwell. After the Blue Knight duo lost the second set 6-4, Blum and Marranca jumped out to a 4-1 lead in the third, but lost five consecutive points to lose the match.

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FOR THE DALLAS POST/FRED ADAMS

Mike Race raced to first base, beating the throw in last week's playoff game against GAR.

Dallas wins first round game

By DAVE KONOPKI Special to The Dallas Post

WILKES-BARRE — Dallas pitcher Ryan Gryskevicz threw 120 pitches en route to tossing a three-hitter as Dallas posted a 4-2 win against GAR in the opening round of the District 2 Class 2A playoffs.

"It wasn't one of my better outings, but we got the win and that's the most important thing," said Gryskevicz, who struck out 10 and walked five. "We had a mediocre regular season, but we came together to play as a team today. The playoffs are a new season."

After GAR tied the game at 2-2 in the home third, the Mountaineers scored what proved to be the game-winning run on a two-out triple by freshman Mike Race in the fourth. The hit scored Mike Fehlinger, who had reached on his second single of the game.

Dallas added an insurance run in the fifth inning when pinch-runner Ryan Marascio stole sec-

ond base and advanced to third on a passed ball. After Ryan Bolton walked to put runners at first and third, the Mountaineers attempted a double steal. GAR shortstop Mark Wojtowicz cut off the throw to second by catcher Geoffrey Hodle and fired the ball to home plate. With Marascio bearing down on Hodle, the ball tipped off the catcher's glove and went to the backstop, allowing Marascio to score.

The Grenadiers had an opportunity to score in the second, loading the bases with two outs and Wojtowicz working a 3-0 count against Gryskevicz. But the Dallas pitcher threw a pair of strikes before retiring the GAR leadoff hitter on a ground out.

"Both pitchers fell behind in the count, but were extremely tough," said Dallas coach Ken Kashatus. "Ryan did a great job for us. He made some very big pitches in key spots. This is a good win for us. It's good to get that first (playoff) win under your belt."

Girls Soccer

Favored Black Knights sent packing in OT

Staff report

DALLAS — Top-seeded Lake-Lehman was upset by Coughlin in a District 2 Girls Soccer semifinal on May 19.

Coughlin's Laura Lisofsky scored on a direct kick with two seconds left in overtime to lift fifth-seeded Coughlin to a 2-1 victory at Mangelsdorf Field on the campus of College Misericordia.

It was Lehman's first loss of the season, as the Wyoming Valley Conference Division 1 champion Black Knights (14-1-1) saw their season come to a shocking close.

"This is a disappointing moment," said Lehman co-coach Dave Elston. "But we had a great season. This is the way it is (in districts). Every team is good now."

Lehman took a 1-0 lead when Stephanie Frank sent a brilliant looping, hooking shot into the top-right of the goal from 23 yards away on a direct kick in the 19th minute.

After the break, Coughlin wasted little time evening things up. Sarah Bronack sent the ball in from the left wing and Lisofsky attempted to head it, but didn't get all of the ball. Amid a wild scramble in front of the net, Brit-

tany Gregor poked it in to tie the game at 1.

Lake-Lehman goalie Melissa Strunk made six saves.

Lake-Lehman advanced to the semis with a 5-1 runaway victory over Bishop O'Reilly last week.

Tracy Ragukas scored two goals to lead Lake-Lehman in that game.

Ragukas's first tally, assisted by Stephanie Frank, gave the Black Knights a 1-0 lead in the 21st minute. She added another goal in the 69th minute for the game's final tally.

Caroline Motyka and Casey Horvath also added unassisted goals for Lehman.

Mountaineers give Comets a fight, but lose

Staff report

WRIGHT TWP. — Dallas outshot the unbeaten Crestwood girls soccer team by more than a three-to-one margin during the second half of their May 15 quarterfinal game, but came up a goal short of advancing in the District 2 playoffs.

The Comets managed to hold on for a 2-1 victory — thanks, in part, to help from the Mountaineers (7-7-1).

With Crestwood leading by one in the 61st minute, a Dallas defender accidentally put the ball in her team's net, giving the Lady Comets what would eventually become the game-winning goal.

Despite the own-goal, which

was credited to Crestwood's Sara Dewey, Dallas did not go away quietly. The Mountaineers surged in the game's final 20 minutes, scoring once and nearly cashing in on several other opportunities that would have evened the margin.

The Mountaineers outshot the Comets 17-6 in the second half. But Dallas could only put the ball in the net once. It came in the 62nd minute when Caitlin Dukas headed in a corner, with Celia Pambianco assisting.

That goal ignited a furious comeback attempt by the Mountaineers that featured two breakaway scoring chances by Dukas and five yellow cards being issued against Dallas.

The first yellow came on Dukas's second breakaway opportunity, when she was upended outside of the box by the charging Crestwood goalkeeper, Amie Survilla. Officials issued Mountaineer coach Chris Scharff a yellow card for dissent after the play.

Approximately two minutes later, another yellow card was issued, this time to Dukas for unsportsmanlike conduct.

While play was stopped to announce the penalty, Scharff and co-coach Chris Chapple each received a yellow — Scharff's for dissent and Chapple's for unsportsmanlike conduct. Moments after that, before play even restarted, Scharff was ejected.

Chicken barbeque to benefit Dallas football

Dallas Gridiron Club is holding a chicken barbeque on May 24 at the Dallas High School. Dinners will be available between 1 and 5 p.m. Adult tickets are \$7.50 each and a child's portion is \$5.50. Proceeds will defray the cost of the Dallas Football Team's participation in the Wild World of Sports' "Kick off Classic" football game with a Florida High School football team in Orlando, Florida this August. For more information, Call Attorney Glenn Yanik at 675-8286 or Alan Pugh at 675-3181.