

Aston-Rome runs away with snowy victory at JCC

By ROBERT MINER
For The Dallas Post

WILKES-BARRE — Amy Aston-Rome claimed an easy, if chilly victory at the Jewish Community Center of Wyoming Valley's River Street 3 Mile Run/Walk on Sunday morning.

The 36-year-old from Dallas broke the tape in 17:01 and finished third overall. She outraced the second-place female finisher by 1:42.

Aston-Rome's victory was her fourth this season. In February she won the Run for the Cookies in Berwick. And before Sunday's win she had already triumphed in two races in March (Bear Creek 5K and the Winter's End Foot Race). Aston-Rome was the top area female runner last year in area races.

"I was a little frustrated today when I saw that I didn't break 17 (minutes)," Aston-Rome said. "But I'm happy with the way that I'm running so far this season. I'm actually running faster than I did last year. I did well this winter with my training, considering the weather that we had. I used the treadmill a lot. And I worked out quite a lot on the indoor track at College Misericordia."

Mark Oley, 38, Harveys Lake, finished ninth overall at 18:59 and won the male 35-39 age group.

For the record
In last week's Winter's End (4.5 mile) Foot Race, Colleen Pomfret, 39, of Dallas, took first



FOR THE DALLAS POST/FRED ADAMS

Amy Aston-Rome ran through Sunday's snow on her way to third overall and top female in Sunday's Jewish Community Center of Wyoming Valley's River Street 3 Mile Run/Walk.

place in the 30-39 female division age group bracket, in 34:33.

nary didn't lose a game in three singles match and won the other via default to clinch the victory early.

Wyoming Seminary 6, Dallas 1
DALLAS — Tye Morris won the #1 singles match as the Blue Knights overpowered the Mountaineers at Newberry Estate. Todd Kerestes and Pete Yurchison won in doubles for Dallas.

Roundup

(continued from page 9)

Dallas 2, Bishop O'Reilly 0

DALLAS — Corey Hines had eight kills and Steve Chopick and B.J. Lewis added six apiece as Dallas won 15-6, 15-2.

Chopick and Dustin Bednarz paced the serving with nine points each.

BOYS TENNIS

Wyoming Seminary 6, Lake-Lehman 1

KINGSTON — Wyoming Semi-



Indoor U-9 champs Bobcats

The Bobcats were recently named U-9 indoor girls soccer champions.

From left, first row: Brianna Morgan, Kayleigh Peterson, Korina Cisneros. Kneeling: Cheyenne Kimble, and Sara Davis. Second row: Assistant Coach Kris Peterson, Alexa Decker, Allison Banks, Kelly Monaghan, Alyssa Monaghan and Head Coach George Monaghan. Absent from photo: Jane Henry.



Bandits take U-8 championship

The Back Mountain Bandits soccer team recently captured the U-8 Penn State Tournament Championship. The Bandits were victorious after five overtimes in the Championship game with a final score of 2-1.

Shown are the Bandits team members. From left, first row: Ryan Zapoticky, Dylan Pilger, Zachary Bevan, Drew Harding, and Talia Szatkowski. Second row: Coach: Dawn Harding, Jonathan Barre, Brian Goode, Brian Stepiak, and coach: Barbara Goodie.

BOWLING RESULTS

BACK MOUNTAIN BOWL

Back Mountain Church League, Orange 32-16, Dallas 31-17, Shavertown B 25-23, Shavertown A 24-24, Maple Grove 18-30, East Dallas 17-31.

Top Scorers: John Franchella 256-268-195-719, Bob Stair 672, Jim Daubert 597, Ken Spencer 596, Bob VanGorder 595.

Back Mountain Youth League

Bantams, The Pin Crushers 36-24, Bears 34-26, Wolves 29.5-30.5, The Shark Pins 20.5-39.5.

Top Scorers: Kyle Fine 92-183, Mike Terniko 107-169, David Allen 96-165, Corey McCabe 75-149, Dakota Tunis 88-147, Scott Traver 89-143, Zachary Nase 69-135, Scott Judson 72-133, Tommy Lynch 73-123, Brendan McCabe 31-61, Chloe Renner 102-185, Kyle Ann Tunis 86-158, Ashley Jackson 78-152.

Junior/Senior, The Evil Ones 52-28, The Devils 42.5-37.5, Zippos 35.5-44.5, The Second Placers 30-50.

Top Scorers: Joe Pretko 180-515, Tim Doty 185-506, Jake Middle 163-495, Carl Bartizek 176-450, Joe DeMuro 153-429, John Parsons 151-398, Tim Allen 166-371, Mike Gross 125-366, Matt Piazza 124-357, Jonathan Kopcho 117-348, Kevin Mills 99-99, Sam Laskowski 187-541, Megan Strunk 140-414, Jenn Jones 124-357, Marina Suder 134-350.

Pee Wees

Top Scorers: Eric Pincofski 90, Matthew Caffrey 86, Michael Peck 78, Lucas Nase 74, Kimberly Pretko 73, Cody Traver 71, Ronnie Ziomek 70, David Burgerhoff 61.

Preps, Penetrators 45-35, The Ball Bombers 43-37, Vipers 37-43, America Rules 35-45.

Top Scorers: Travis Doty 169-413, Chris Buchanan 153-407, Ed-

die Ruger 143-375, Drew Clouse 133-349, Jessie Tunis 115-310, Neil Popko 113-302, Henry Judson 117-292, Julian Rasmovicz 121-291, Mike Llewellyn 121-191, Alex Suder 98-284, Anthony LaFratte 99-268, Will Wilson 102-265, Alyx Stephens 116-309, Jessie DeMuro 100-278.

Ladies Country League, Town Cars 30-18, Corvettes 27-21, Trailblazers 26-22, Mustangs 24.5-23.5, Thunderbirds 21.5-26.5, Hot Rods 15-33.

Top Scorers: Wendy Strunk 193-183-216-592, Sharyon Ragakonis 187-173-185-545, Sara Bechetti 206-137-181-524, Suzy Thompson 153-178-181-512.

Rose Radzidski 173-151-181-505, Shirley Hoopengardner 147-193-145-485.

Native Textiles, All Hung + 1 38-10, Ball Busters 35-13, Old Timer + 4 31-17, What's That 30-18, Just Us 29.5-18.5, Strike Force 24-24, Nobodys 22.5-25.5, The Family + "T" 19-29, 4 K's and a C 16.5-31.5, Needy 16-32, The Erasers 16-32.

Top Scorers: Rob Lambert 257-702, Joe Reilly 255-650, Clem Kopko 223-648, Dave Eddy 222-647, Karl Milcavage 232-644, Annette Dunn 225-603, Elaine Coburn 203-580, Barb Kopko 212-568, Debbie Pretko 188-499, Mary Jesso 168-480.

Our Gang, Wheezers 25-15, Chubbys 24-16, Worms 22-18, Spikes 21-19, Darla 21-19, Alfalfas 20-20, Buckwheats 19.5-20.5, Butchs 18.5-21.5, Porkys 18-22, Mickeys 17.5-22.5, Spankys 17-23, Stymies 16.5-23.5.

Top Men Scorers: Kenneth Bevan 222-227-214-663, Francis Gurnari 230-215-634, Lou Hall 247-215-630, Bob Leonard 210-212-585, Bob Harris 200-576.

Top Women Scorers: Terry Novak 549, Lynn Busch 489, Donna Pincofski 478, Rita Busch 478, Tina Crispell 467.

Swimming, diving clinics at DMS

Dallas Middle School will hold competitive swimming and diving clinics, open to all Dallas Middle School students grades 6 through 8. The swimming clinic will provide competitive swimming instruction. The students will learn the four competitive strokes, starts, turns and training regimens. The diving program will focus on basic diving instruction and the safe operation of the diving area.

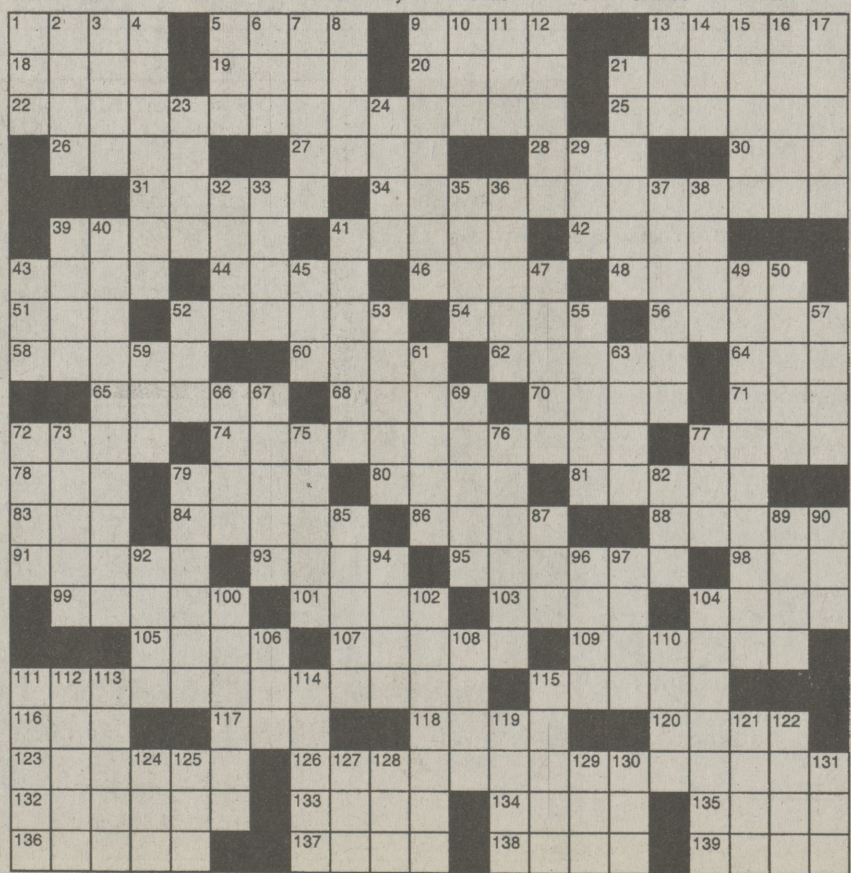
Clinics will be held Mondays, Tuesdays, and Thursdays through May 8, from 3:15 to 4:45 p.m.

Cost is \$30 per student. Contact Matthew Stretanski - mstretanski@dallasd.com or 674-7243.

CROSSWORD CORNER

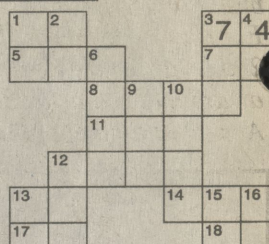
Super Crossword GREEN PIECE

- | | | | | | |
|----------------------------------|--------------------------------------|--------------------------------|--|---------------------------------|-------------------------------|
| ACROSS | 54 The — Brothers | 99 Come in 101 Job opening | 4 Supple 5 Aries | 41 Cocktail choice | 89 Seldom seen |
| 5 — on Entebbe" (77 film) | 56 Depart 103 Vegetate | 104 Impudent | 6 Fit — fiddle | 43 Actor's lunch? | 90 "The A-Team" actor |
| 9 TVs " — Bridges" | 60 He gave us a lift | 105 " — Leaf" (71 film) | 7 Like a mosquito bite | 45 Pontiac model | 92 Forest father |
| 13 Canadian peninsula | 62 Carve a canyon | 107 One of the Osmonds | 8 Actress 49 Conn | 47 Consolidate | 94 Wander |
| 18 It may be bitter | 64 Illuminated | 111 "The Green Man" author | 9 Inn-based sitcom | Party candidate | 96 Clout a cad |
| 19 — Spumante | 65 Nick of "Canary Row" | 115 "Don Giovanni" setting | 10 Bristol brew | 50 Saint Theresa's home | 97 "Eugene O'Neill" character |
| 20 Director Kazan | 68 To — (perfectly) | 116 Year, in Yucatan | 11 " — vous plait" | 100 Tell tales home | 102 Increased by 200 percent |
| 21 Chaos 22 "Green Card" actress | 70 Alum 71 Arafat's grp. | 117 Nabokov novel | 13 Silence 14 Writer Rand | 52 " — de mer" | 104 Full array |
| 25 Put the match to | 72 Gulf state 74 "Green Acres" actor | 118 Raindrop sound | 15 British school | 55 "My fault!" | 106 Tie the knot |
| 26 Big kid? | 77 Jackie of "The Tuxedo" | 120 Leaf part | 16 Pansy part | 59 Baseball's Guirby | 108 Land in the sea |
| 27 Lofty 28 Ford of football | 78 Brooks or Ott | 123 Polly-syllabic one? | 17 Correct 21 Stately dance | 61 Throne and pew | 110 Ferrer musical |
| 30 High-tailed it | 79 — dieu (kneeler) | 126 "Green Tambourine" group | 23 Raison d' — 24 Inspect too closely? | 63 See socially | 111 Done for |
| 31 One of a bunch | 80 Galaxy glitterer | 132 Dubious 133 Joyce's land | 29 Corn portion | 66 Austin of "Knits Landing" | 112 Cockamamie |
| 34 Green Bay Packers stadium | 81 Neighbor of 72 Across | 135 Den 136 Abounds (with) | 32 Bilko's employer | 67 Roman magistrate | 113 Scandilnavian |
| 39 Dieter's snack | 83 " — of You" ("84 hit) | 137 Risked a ticket | 33 Colors 35 Pianist Hess | 69 Gladden 72 Poet Khayyam | 114 Early East-wood role |
| 41 Strep of "The Hours" | 84 Annoy 86 Budge | 138 Coming up in history? | 36 Criticize 37 Went down in history? | 73 Donnybrook 75 Exploits | 115 Farm feature |
| 42 Act like a stallion | 88 Eye opener? | 139 Org. founded in 1844 | 38 "Dies —" 39 Ablative or dative | 76 It has a bit part | 119 Harbinger |
| 43 Loathe 44 Bucks beginning | 91 Shortstop Pee Wee | | 40 Green Mountain Boys leader | 77 "Fantasia" frame | 121 Put on a happy face |
| 46 Mine car 48 Coronet | 93 German river | | 82 Guy 85 Alabama city | 79 Fussess with feathers | 122 Lexicographer Partridge |
| 51 Gray matter? 52 Occult | 95 Bright inventor? | DOWN | 87 — Grande | 129 Veto | 124 41 Down ingredient |
| | 98 — es Salaam | 1 Bath, e.g. 2 Flicker feature | | 120 Cool 128 Poetic preposition | 125 Hosp. areas |
| | | 3 Actor Ray | | 129 Veto 130 Cossak a corgi | 127 Cool 131 Mexican Mrs. |



Rational Numbers by Linda Thistle

Using the clues, simple arithmetic, and a little logic, place a single digit (0 to 9) in each empty box in the diagram. To help you get started, two digits have been entered in the diagram.



- ACROSS**
- 3-Across minus 15-Down reversed
 - Ten less than 2-Down
 - The second digit is the sum of the first and last digits
 - Digits of 13-Down reversed
 - Twenty more than 10-Down
 - The first digit is the sum of the other digits
 - Three times 5-Across
 - Same digit repeated
 - 11-Across minus 5-Across
 - 17-13-Across plus 13-Down
 - Two more than 1-Across

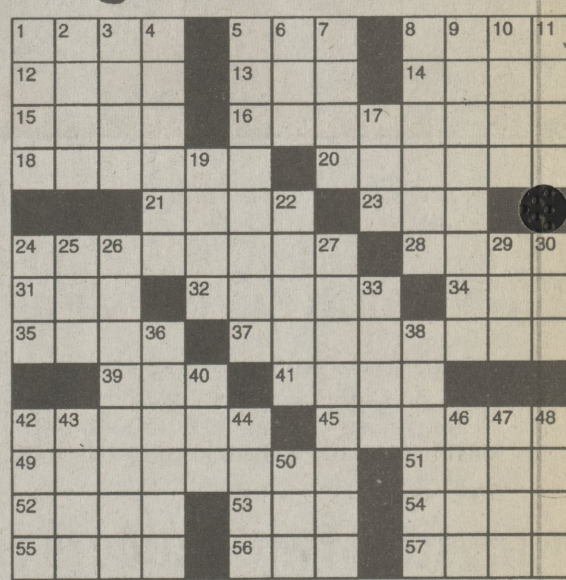
- DOWN**
- 4-Down plus 13-Down
 - Four times 7-Across
 - 14-Across plus 12-Down
 - 13-Across plus 16-Down
 - 1-Down times 16-Down
 - Four times 12-Down
 - Consecutive digits rearranged
 - 18-Across plus 1-Down
 - Consecutive digits in ascending order
 - Five less than 7-Across
 - 1-Down minus 17-Across

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King Crossword

ACROSS

- Greet the villain
- Energy
- Lean-to
- Ear-related
- Zsa Zsa's sis
- Novice
- Bruins' sch.
- It can put you out
- Diamond shapes
- South Carolina river
- Treaty
- "Holy mackerell!"
- Hector's slayer
- Created a blueprint
- Demure
- Durable material
- Retiree's acronym
- Lincoln in-law
- Lone
- Type of roast
- Depend (on)
- Kitchen fixtures
- Huey, Dewey, or Louie
- Sanitary
- Title
- Inaugurate
- Tribute in verse



- | | | |
|--------------|--------------------------|----------------------|
| 54 Without | supply | 33 Marathon |
| 55 Character | 8 Pelted | fraction |
| 56 Spitball | 9 Uncontrollable | 36 "Hair-spray" star |
| 57 Snare | outburst | |
| | 10 Great Lake | 38 Keyboard operator |
| | 11 Medicinal | quantity |
| | 12 Performance | 40 Spell-down |
| | 13 Sesson with a shrink | 17 Rundown horse |
| | 24 Desire | 19 Hairless |
| | 3 Grain repository | 22 Choir member |
| | 4 Italian seafood recipe | 25 Bill's partner |
| | 5 Cars, e.g. | 26 2/3 of water |
| | 6 Wall climber | 27 Hushed |
| | 7 Navigator | 29 Blunder |
| | | 30 Method |

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