

**SENIOR MENUS**

Senior Citizens Centers sponsored by the Area Agency on Aging for Luzerne and Wyoming Counties offers hot noon meals Monday through Friday to people 60 years of age or older. Donations from participants are gratefully accepted and needed in order to expand this program. The following is the menu for the week of December 12-18. All menus include margarine, milk and coffee. The local Senior Center is located at 22 Rice St., Dallas.

**THURSDAY:** Old fashioned beef stew, butternut squash, apple crisp, dinner roll, sherbert.

**FRIDAY:** Ham steak w/pineapple sauce, whipped potatoes, vegetable medley, whole wheat bread, birthday cake.

**MONDAY:** Baked meatloaf, whipped potatoes, green beans w/diced tomatoes, grapefruit juice, dinner roll, rice pudding.

**TUESDAY:** Pierogi w/onion & butter, pickled egg, hot spiced apples, mixed vegetables, orange juice, whole wheat bread, fruited cookie.

**WEDNESDAY:** Merry Christmas special dinner-stuffed chicken breast, stuffed potatoes, glazed carrots, dinner roll, chocolate ice cream w/cookie.



**Troop 241 cleans up**

Recently Boy Scout Troop 241 of Lake-Lehman raked leaves on the grounds of the Lehman United Methodist Church as a community service.

Front row, from left: Justin Eimers, Matt Scavone, Josh Perry.

Second row: Andrew Mikielski, Gerald Mikielski, Steven Cornia, Aaron Smolow, Billy Halena, Ryan Wagner.

Third row: Leader Bill Tomayko, Tom Perry, Dave Harrison, Kevin Tomayko, Michael Farrell, Michael Caffrey, Michael Gionfriddo and Matt Poremba.

**Dallas Rotarians play Santa Claus**

Thirty children, 15 each from the Dallas and Lake-Lehman school districts, were guests of the Dallas Rotary Club for a day of fun, food, clothing, boots and toys last Saturday.

For more than two decades, the Dallas Rotary Club has raised funds at its annual golf tournament and other events to sponsor this and other charitable events. The annual children's shopping spree is a very special day for the little ones who are selected to participate by officials at their school.

Wycallis Elementary School was the gathering place to begin the day of wishes come true. Each child was paired off with a Rotarian. Conversations were had with their parents or guardians to determine the children's sizes, needs and wants. The children, with their chaperones, then proceeded to McDonald's in Shavertown for a complimentary breakfast of pancakes, sausage and milk.

The next stop was The Bon Ton in the Midway Shopping

Center. The children and their Rotarian buddies quickly scoured the racks and aisles for just the right colors and sizes of clothing. Each child was given a certain amount of money to spend and a generous discount from The Bon Ton. They shopped for more than two hours until most of the items on their lists were purchased.

Before the children left to return home, The Bon Ton had a Christmas party for the children, which included a special visit from Santa Claus. They sang Christmas songs and one of the Rotarians took their pictures with Santa. The Bon Ton also gave each child a large gift bag filled with toys, stuffed animals, candy and cookies.

At the end of the day, the Rotarians returned the children to their homes with armloads of goodies, toys, clothing and memories of a happy time.

The children's shopping spree is the highlight of the year for the members of the Dallas Rotary Club.

**Lake Township recycling Dec. 14**

Lake Townships voluntary recycling drop off center will be accepting items on the second Saturday of each month. The next opening is Dec. 14 from 10 a.m.-12 p.m. at the township building on Rt. 29. The following items may be dropped off: aluminum and bi-metal cans, clear, brown, and green glass, plastic #1 and #2 only. No motor oil containers or scrap aluminum can be accepted and no newspaper this month. Please do not drop items off before the center opens.

Send The Dallas Post to a friend. It makes a great gift. Call 675-5211 to order.

**NEWCO**  
**Heating & Air Conditioning**  
**"NOW ACCEPTING NEW CUSTOMERS"**  
 Service - Installations - Tune-ups  
 Gas - Oil - Air Conditioning  
**24 Hour Emergency Service**  
 CALL TODAY! **283-5950**  
 OR **696-3831**

**HEATING OIL AND KEROSENE**  
  
**NEWELL FUEL SERVICE**  
 Call Now Before PRICES Go Higher!  
**WHY PAY MORE?**  
**24 HOUR EMERGENCY DELIVERY**  
 Support Your Local Back Mountain Oil Co.  
**NEWELL FUEL SERVICE**  
 www.newellfuel.com **696-3838**

**SELF STORAGE**  
**RESIDENTIAL & COMMERCIAL STORAGE**  
 Fenced & Lighted For Security • Your Lock, Your Key  
 Two Convenient Locations • 7 Day Access  
 All Sizes Available • Low Monthly Rates  
 Monthly Rental & Long Term Leasing  
**Fully Paved**  
**Dallas Self Storage** **675-8833** **Fernbrook Self Storage**  
 Rt. 309, Dallas Lower Demunds Road, Dallas

**Give the gift of comfort!**  
**10% OFF** Thru 12/31/02  
 Luxury power seat lift chairs from Golden Technologies are hand crafted providing years of quality comfort.  
 Add luxury and comfort to any home!  
 • Recline with push button control  
 • Lift and stand with push button control  
 • Optional heating to relieve muscle strain  
 Choose from over 30 decorative fabrics Custom sizing for that custom fit  
**GOLDEN TECHNOLOGIES**  
**COOK'S Medical Care Company** **LARGE RETAIL SHOWROOM**  
 REAR 785 WYOMING AVE, KINGSTON, PA 18704  
 Phone (570)283-5238 • Toll Free 1-888-283-4321 • Fax (570)283-2971

**Any Day is a Good Day to Visit**

**Call today!**  
 to arrange for a campus visit or a day of classes.  
  
**WYOMING SEMINARY**  
 founded 1844  
**COLLEGE PREPARATORY SCHOOL**  
 LOWER SCHOOL FORTY FORT PRE-K (AGE 3) - GRADE 8 (570) 718-6610  
 UPPER SCHOOL KINGSTON GRADES 9-12 (570) 270-2160  
 www.wyomingseminary.org

**M&T Totally Free Checking.**

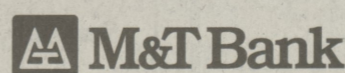
No minimum balance. And a free gift too.  
 No monthly service charge.  
 No per-check charges.  
 Hundreds of ATMs and branches.

**Sweet.**

M&T Bank is giving you a taste of something really special - M&T Totally Free Checking. You can open an M&T Totally Free Checking account with no minimum balance requirements, no monthly service charge and no per-check charges. We'll even top it off with a totally free gift. Plus, you'll get access to more than 1,000 M&T ATMs, hundreds of branches, web banking, telephone banking and an M&T Check Card. So stop in any M&T Bank branch or call 1-800-724-3222 to find out how sweet M&T Totally Free Checking really is.



Free Gift: Road Gear® Car Safety Kit



Minimum opening deposit is \$25. M&T Check Card is subject to approval. Free gift is available with new personal checking accounts only. Limit one per household. Gift quantities are limited. We may substitute a gift of equal or greater value. This is a limited time offer available at participating branches only.

© 2002 Manufacturers and Traders Trust Company

www.mandbank.com

