

THE DALLAS POST

SportsWeek

Section 2

SPORTS ROUNDUP

WRESTLING

Lipski gains 200th career coaching win

WILKES-BARRE — Lake-Lehman used five consecutive pins late in the match to defeat Coughlin 51-20 in Wyoming Valley Conference wrestling and give coach Phil Lipski his 200th career victory Saturday night.

John Shutz (125), Ryan Post (130), Matt Dragon (135), Derrick White (140) and Jeremy Shutz (145) all recorded pins as the Black Knights erased a 17-15 deficit. Dragon's pin in 26 seconds was the quickest of the night.

Winning by decision were John Houssock (119), Matt Stewart (160) and Willie Webber (171).

Lake-Lehman 57, Pittston Area 18

YATESVILLE — Jerry Mikielski (103), John Houssock (119), Jon Shutz (125) and Matt Dragon (135) recorded falls to pace the Black Knights.

Lake-Lehman 64, Dallas 5

DALLAS — Lake-Lehman used pins by Jon Shutz (125), Bryan Lazur (189) and Scott Arnold (275) and five forfeits to rout rival Dallas. Perry Coolbaugh (152) and Brandon Short (215) had the only Dallas wins.

BOYS BASKETBALL

Pocono Mountain 62, Dallas 58

DALLAS — Paul McCue led Dallas with 21 points, but the Mountaineers couldn't hold onto a four-point halftime lead. Mike English drained three 3-point shots and McCue hit one. Robbie Myers added 11 points.

Northwest 70, Lake-Lehman 49

SHICKSHINNY — Northwest placed five players in double figures as the Rangers rolled over the Black Knights.

Jared Sadowski paced Lake-Lehman with a game-high 14 points. Chris Coombs chipped in with 11 and Dustin Kapson had 7 points.

GIRLS BASKETBALL

Dallas 61, Bishop Hannan 53

DALLAS — Shannon Thomas scored 19 points and Rosalyn Wentko added 14 to lead the Mountaineers past the Lancers.

Dallas held a 32-20 halftime lead and was never seriously threatened in the second half. Jackie Hardwick had 10 points and Corey Patton hit for nine.

Lake-Lehman 55, Tamaqua 47

LEHMAN TWP. — Casey Horvath scored a game-high 17 points to lead Lake-Lehman past Tamaqua. Jackie Paul added 11 for the Black Knights and Johanna Trippler added 10.

Meyers 65, Lake-Lehman 41

See ROUNDUP, pg 13

GOH boys results

The GOH J.V. Boys team lost to Sacred heart of Wilkes-Barre 47-26. Scoring for the Gators was led by T. Horn, N. Latosek, and P. DeRojas. Peter Humenski led the team with 7 rebounds.

The GOH Varsity team beat Sacred Heart 52-23. The Gators were led by K. Hizney, 16 pts., and strong performance by Chris DeRojas and Brendon Delaney.

Pee Wee A squad wins

Adam Karwaski scored a goal and Graham Speace had an assist as the Pocono Pirates Pee Wee A team shut out the King's 8-0 at the Power Play rink in Exton.

Bantams trounce Royals

The Pocono Pirates Bantam A ice hockey team overwhelmed the Wintersport Royals 7-1 Sunday at the Ice Box in Pittston, with Drew Slocum recording 15 saves in goal.

White is Ivy League all-academic

Maureen White of Harveys Lake, a sophomore on the Columbia University field hockey team, was recently named to the Ivy League all-academic team. White is a graduate of Lake-Lehman High School and the daughter of Joe and Anne White. She was on the dean's list at Columbia her first two semesters there with a 3.54 grade-point average. She was honorable mention on the all-Ivy League team for field hockey.



Beth Wilcox let out a victory cheer.



Steve Walosh swam the 200 individual medley.



Sarah Stredney finished third in the 50 freestyle.

Dallas swim coach happy in new home

By SCOTT VINNACOMBE II
Post Correspondent

DALLAS — In his ninth year as head coach of the Dallas swimming team, Matthew Stretanski has something to be extremely excited about.

For years his swimmers have done all of their work elsewhere. College Misericordia was the team's practice facility for swimming, diving was practiced at other schools, and the Mountaineers' home meets were held at schools outside the Back Mountain. Those rough times are no more. This year for the first time, he and his squad have a pool to call their own.

"It's a beautiful facility," says Stretanski. The coach is excited about the new pool, which is located in the Dallas Middle School, mostly because his team

See SWIMMING, pg 13

Everyone scores in Slocum victory

A well-balanced offense was the key to Slocum Insurance getting a 29-25 win over Pace Physical Therapy. All seven players scored,

DYB 7-8 GIRLS

with Ally Evans as high scorer with 10 points. Alicia Evans added 5 points, while Megan Youells and Ashley Myers had 4 apiece.

Kelli Crossin was hot from the outside for Pace Physical Therapy scoring a game high 18 points, which included 2 three pointers. Lindsey Szalkowski scored 4 points while Stephanie Pace added

3 for her team.

Grasshopperlawns.com 47, Ace Moving & Storage 28

Ace Moving came out strong and had the lead after the first quarter, but Grasshopper's offense took charge in the second half to win the game. Melissa Gorski was high scorer for the winners with 33 points. Shauna Phillips had 8 while Erica Slocum, Kayla Bopp and Jackie Lowe had 2 points each.

Suzy Krogulski was high scorer for Ace with 10 points. Scoring 6 points each were Kristen O'Brien

and Kayla Caruso. Amanda Touey chipped in with 2.

Dr. Jack Ellis 46, Comets 5

Danielle Krawetz led the offense for Dr. Jack Ellis with her inside game while also adding a three pointer for a total of 21 points. Six players scored for the winners which included Paige Selenski with 10 points, Lyndsay Ellis with 8, and Megan Willis with 6.

Chelsea Martin and Krysta Kerrick each had a basket for the Comets, and Megan McDonald scored on a foul shot.

Holly Shiber named to All-American team

Wilkes University senior midfielder Holly Shiber has been named to the Mid Atlantic Region Women's All-America third team by the National Soccer Coaches Association of America.

A three-time Freedom Conference first team all-star, Shiber helped Wilkes land a berth in the Freedom Conference title game for the first time this fall. The Dallas High School graduate finished her senior season with eight goals and three assists from her midfield position.

During her four-year career with the Lady Colonels, Shiber amassed 37 goals and 23 assists. She ended her career as the second all-time leading goal scorer in school history.

Back Mountain gymnasts place at invitational

Northeast Gymnastics Academy recently held their annual Thanksgiving Invitational meet.

Brittany Niemuth, level 6, ages 11 and up, placed first on beam with a score of 9.0. She placed third All-Around with a score of 32.9. Brittany is a ninth grade student at Dallas High School.

Sara Skammer, level 6, ages 7-9, placed first on beam and floor, second on vault. She placed first All-Around with a score of 34.4. Sara is fourth grade student at Dallas Elementary School.

Kirby Szalkowski, level 6, ages 7-9, scored 32.0 All-Around. She is a third grade student at Dallas Elementary.

Roxanne Popple, level 5, ages 11 and up, placed first on beam, vault, floor, and bars. She placed first All-Around with a score of 35.2 Roxanne is a sixth grade student at Dallas Middle School.

From left, first row: Sara Skammer, Kirby Szalkowski. Second row: Brittany Niemuth, Roxanne Popple.



Sappe stars for Juniata field hockey

Juniata College goalie Melonie Sappe, a Dallas High School graduate, was selected to the Commonwealth Conference field hockey second-team all-stars. Sappe, a sophomore, allowed 1.39 goals per game and had a save percentage of .844. Her seven shutouts were a Juniata single-season record. She surrendered one goal in six other games.

Gordon edges Summit Pointe

Stephen Zubko scored 24 points and Joe Bevevino 14 as Gordon Insurance edged Summit Pointe Builders 46-43. Myer Messinger led Summit with 25 points while A.J. Pugliese added 4.

CSI 57, W-B Pallett 50

Guy Carpenter scored 21 points and Peter Filak 14 as CSI International, Inc. defeated Wilkes-Barre Pallett 57-50. David Luksh had 26 points for Pallett, while David Caruso added 7 and Mike Rutalis 4.

Renaissance Ctr. 45, Sneaker King 16

Robert Monk scored 18 points and Chris Mozelski 2 as Renaissance Center for Plastic Surgery topped Sneaker King 45-16. Jeff Kelly had 8 points for Sneaker King, followed by Tom Runsvavage with 4.

Burger King 41, Fieldhouse 30

Billy deAngelo scored 12 points and Greg Jerzak 6 as Burger King improved their record to 4-2 with a 41-30 victory over Fieldhouse. Garrett Zobel added 4 points. Michael Tonart and Adam Besecker had 5 points each for Fieldhouse.

W-B Pallett 45, Morgan Stanley 23

David Luksh scored 27 points as Wilkes-Barre Pallett defeated Morgan Stanley 45-23. David Caruso and Mike Rutalis added 2 points each. Mike Kravitsky scored 19 points for Morgan Stanley while C.J. Yavorski and Nick Barbose had 2 points each.

Snyder & Clemente 61, Quality Collision 50

Brad Fagula scored 20 points and Alex Zamojski 14 as

See 7-8 BOYS, pg 12