The Dallas Post Dallas, PA

# **College savings plan** program at DES

PTO is sponsoring an informative presentation on the 529 College Savings Plan, a tax advantaged program to help families save for a child's college education. The free half-hour program will be presented by representatives from Salomon Smith

The Dallas Elementary School Barney, Merrill Lynch, and Morgan Stanley, who will share information and answer questions.

> The program will take place Tuesday, March 12 in the Dallas Elementary School library, starting at 7 p.m.

# SCHOOL MENUS

The following school lunch menus are for March 7-13. All lunches include milk.

### **DALLAS ELEMENTARY**

THURSDAY - Breakfast for lunch. Flippin' Funnel Cakes w/Sit-up Sausage, power-up Potato Puff, Jumpstart Juice.

FRIDAY - Sauteed pierogies, w/buttered bread, celery sticks w/peanut butter, sliced pears.

MONDAY - Hot ham & cheese on bun, crispy fries, chilled peach cup.

TUESDAY - Sweet & Sour chicken over rice w/roll, stir-fry vegetables, fresh fruit.

WEDNESDAY - Crunchy beef tacos, baked pretzel rod, mexicali corn, juicy cherries.

## **MIDDLE SCHOOL**

THURSDAY - Breakfast for lunch. Flippin' Funnel Cakes w/Sit-up Sausage, Power-up Potato Puffs, Jumpstart Juice.

FRIDAY - Sauteed Pierogies, w/buttered bread, celery sticks w/peanut butter, sliced pears.

MONDAY - Hot ham & cheese on bun, crispy fries, chilled peach cup.

TUESDAY Sweet & sour chicken over fluffy rice, w/fresh dinner roll, stir-fry vegetables, fresh fruit. Fortune cookie.

WEDNESDAY - Crunchy beef tacos, baked pretzel rod, mexacali corn, juicy cherries.

## **HIGH SCHOOL**

Soup of the week: Vegetarian vegetable THURSDAY: Funnel cake

w/sausage, tator tots, juice cup. FRIDAY - Pizza bar.

Soup of the week: Tomato MONDAY - Sauteed pierogies, celery sticks w/peanut butter, vanilla pudding.

TUESDAY - Sweet & sour chicken over rice, stir-fry vegetables, fortune cookie.

WEDNESDAY - Crunchy beef tacos, tossed garden salad, soft pretzel rod.

# GATE OF HEAVEN

Alternative: Pizza, salad. M-F. Turkey sandwich w/lettuce M-Thur

THURSDAY - Turkey w/gravy, mashed potatoes, corn, cranberry sauce, cake.

FRIDAY - Grilled cheese sandwich, tomato soup, pickles, chips, fruit.

Alternative: Pizza, salad, cheese, omelette.

MONDAY - Chicken nuggets w/roll, french fries, buttered carrots, rice krispie bar.

TUESDAY -Mimmo's Pizza, salad, fruit, cake.

WEDNESDAY Spaghetti w/meat sauce, salad, bread stix, cookie.

# WEST SIDE TECH Breakfast

THURSDAY - Pancakes syrup or cereal, juice, fruit, pastry. Chocolate chip FRIDAY cookies, cereal, juice, fruit. MONDAY - Snicker doodle cookies, cereal, juice, fruit.

TUESDAY - Hot ham cheese or cereal, juice, fruit, pastry.

WEDNESDAY - Waffles, syrup or cereal, juice, fruit, pastry. Lunch

THURSDAY Chicken nuggets, roll, dipping sauce, mashed potatoes, gravy, pumpkin bar.

FRIDAY - Pizza, celery, carrot, sticks, creamy dip, fresh fruit.

MONDAY - Chicken parmesan sandwich, rice pilaf, seasoned green beans, chilled fruit. TUESDAY - Grilled cheese tomato, rice soup, crackers, chilled fruit, yellow cake, frost-

ing. WEDNESDAY - Pasta, meat sauce, cheese, roll, tossed salad, dressing, chilled fruit.

Local dancers participate in Mountain Dance Concert

Several students from the Adams, Amy Puffenberger, Kira Bravo!Dance School, Wilkes-Szulborski and Jaime Verazin. Barre, were invited to partici-Their pieces were choreographed pate in the sixth annual Mounby Trinette Singleton, tain Dance Concert held Januballet/school director and Lynne ary 27 in East Stroudsburg. It Mariani, jazz instructor at Brawas sponsored by the Pa. Dance vo. Network Inc., Elizabeth Gib-

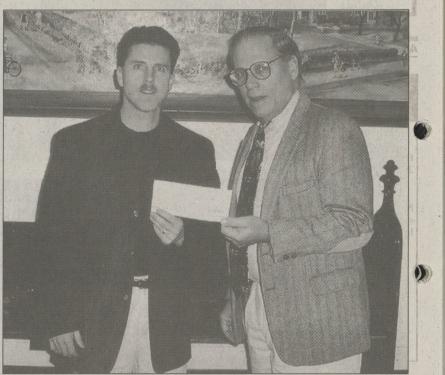
Bravo!Dance School will be holding a summer program in July and August; the PA Dance Network will offeer a summer program August 8-11 at the East Stroudsburg University. Information about either or both programs can be obtained by calling Bravo!Dance at 826-0028.

# Lake-Lehman grad spends semester in London

Courtney Bouthot of Shavertown, was one of 28 Susquehanna University juniors who participated in the seventh annual London Program of the Sigmund Weis School of Business during the 2001 fall semester.

The program is designed to provide students with an international experience to develop and expand their learning capabilities and broaden their perspectives about possible careers. While abroad, students completed three business courses: quantitative business methods and operations management, European operations and management and organizational behavior. They were also educated in British theatre, during which they attended a variety of plays. The students toured various businesses and banks in England, France and Germany. British theatre and European operations are exclusive to the London Program. Courses on British theatre and management and organizational behavior are taught by British professors.

A marketing major at Susquehanna University and 1999 graduate of Lake-Lehman High School, Bouthot is the daughter of Fernand and Judy Bouthot.



# **New Mart contributes to Sem**

Russell Newell, representative of New-Mart Newell Fuel Service Inc. in Trucksville, presented a check for \$500 to John H. Burbank, Jr., Dean of Wyoming Seminary Lower School.

The grant money came from the ExxonMobil Educational Alliance Team and will be used to support R&R days. "Respect and Responsibility" days occur three times each year at the Lower School, following a theme such as "Be True to Your School," or "Responsibility for Myself: Overcoming Weaknesses with Strengths." Each class participates in a community service project, working or raising funds for various charitable organizations. Pictured, from left are Newell and Burbank.



# Lions honor Boris as 'Student of the Quarter'

bons, PhD, and the East

Stroudsburg University Music

choreographers the opportunity

to showcase their work and

dancers the chance to see differ-

ent approaches to dance, thus

learning to accept other view-

points and methods outside

their home studios. Among Bra-

vo students attending were Back

Mountain residents Whitney

This event provides regional

Department.

The Lake Silkworth Area Lions recently honored Lindsay Boris as include field hockey and soccer.

Boris plans to attend Brown University to further her education in biology and will play field hockey. She is the daughter of Frank and Susan Boris, Shavertown.

From left: Region Chairman Kelvin Swanger, Susan Boris, Club President Bernie Kolodziej, Lindsay Boris, Director Al Radginski.

Student of the Quarter from Lake-Lehman High School. Boris was presented with a monetary gift and a certificate in recognition of outstanding school and community achievement. Boris is president of the Student Council, a member of the Key Club, SADD and Junior Leadership of Wilkes-Barre. Her sports activities



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