SPORTS ROUNDUP

GIRLS BASKETBALL

Dallas 55, Wyoming Area 40 Rosalyn Wentko scored 15 points to lead Dallas past Wyoming Area. Jackie Hardwick and Shannon Thomas added 13 and 12, respectively to lead the Mountaineers.

Lehman 48, Nanticoke 44

Nanticoke led by 13-7 after the first quarter, but the Black Knights took control of the game with a 16-4 run in the second quarter. Jackie Paul led Lehman with 15 points, and Lisa Wasser and Megan DeCesaris each added eight in the winning effort. ^âéÉ© Central Columbia 43, Lake-Lehman 39 Lehman led 27-24 at half and 34-28 after three quarters, but Central Columbia used a 15-5 run in the fourth to pick up the victory over the Balck Knights. Kari Maskalis and Jackie Paul added 12 and 11, respectively for Lehman.

Lehman 51, Hanover Area 42

Lake-Lehman used a 17-10 run in the third quarter to seal a victory over Hanover Area. Jackie Paul led the Black Knights with 12 points, and Kari Maskalis added nine, completing three three-point goals.

BOYS BASKETBALL

Wyoming Area 45, Lehman 33

Dustin Kapson and Joe Walko each scored eight points for Lake-Lehman in a loss to Wyoming Area. The Warriors used a 15-10 second quarter to take the lead, and never looked back in the win.

Dallas 46, Wyoming Area 37

Dallas trailed 24-22 at halftime, but used a 10-4 run in the third to pick up a victory over Wyoming Area. Dan Mulhern led Dallas with 11 points, including three treys. Chruck Suppon and Paul McCue added nine and eight points, respectively for the Mountaineers. McCue also had two threes.

Nanticoke 51, Lehman 41

Jared Sadowski poured in a game-high 17 points, but it was not enough as Nanticoke defeated the Black Knights. Dustin Kapson added nine for Lehman.

WRESTLING

Lake-Lehman 70, Southern Columbia 6

The Black Knights won 12 of 13 matches, highlighted by pins from John Houssock (112 pounds), Aaron Moyer (145), Matt Stuart (160), Bob Morris (171) and Matt Carey (HWT).

Dallas 43, Scranton Prep 30

A.J. Muston (112 pounds), Brian Parrish (135) and Todd Jones (145) each recorded pins as Dallas defeated Scranton Prep. Brian Rother (103), Perry Coolbaugh (152) and John Walter (171) each won by technical fall. Ryan Dimmick (130) picked up a major decision in the victory.

Dallas 55, Nanticoke Area 15 Highlighted by Nanticoke forfeits in each of the first seven matches, Dallas won 10 of 13 matches to defeat the Trojans. John Walter (171 pounds) recorded a pin, and Perry Coolbaugh (162) won in a major decision.

BOYS SWIMMING

Valley West 105, Dallas 78

For Dallas, Joe Stredny won the 100 Fly, Robert Murphy placed first in the 50 Free, and Arie Van Kuyk was victorious in Dallas' loss to Wyoming Valley West.

Dallas 93, Hanover Area 90

Dallas used five first-place finishes, including victories by Doug Yeager in the 200 Free and 100 Back to defeat Hanover Area.

GIRLS SWIMMING

Valley West 135, Dallas 51

Valley West won every event enroute to a victory over the Mountaineers. Jen Arthur led Dallas with second-place finish in 50 and 200 Free.

Dallas 107, Hanover Area 76

Dallas won eight of 12 events in a victory over Hanover Area. Lacey Cooper (200 IM and 100 Back), Jen Arthur (50 and 100 Free) and Annie Savage (200 and 500 Free) were each double winners for the Mountaineers.



Chuck Suppon signed his letter of intent to attend James Madison University. From left, seated: Kim Suppon, Chuck Suppon, Pam Ostroski. Standing: Chuck Suppon Sr.; Ted Jackson, Dallas football coach; Jack Wolensky, Dallas High School athletic director, Ray Ostroski.

College

(contined from page 11)

Simonitis will be part of a strong Panther recruiting class, which includes receivers Larry Fitzgerald of Valley Forge Military Academy, rated one of the top high school wide receivers in the country by several recruiting publications, Princell Brockenbrough, rated the top junior college recruit in the nation by JC-Football.com and a cast of linemen who all weigh 290 pounds or more, including Simonitis.

"I like the city; it is going to be a great education for me," said Simonitis, who will likely red shirt his freshman year. "The facilities are top of the line, and the football team is just top of the line, and they are just getting better as they go along.'

Other local high school students have also signed letters of intent to continue their academic and athletic careers. They include:

· Lake-Lehman soccer standout and two time All-American David Walters signed his official letter of intent to continue his



David Walters signs for Penn State. From left, seated: Ron Walters, David Walters, Debbie Walters. Standing: John Oliver, Lake-Lehman principal; Tim Norconk, Lake-Lehman assistant soccer coach; Mark Stroney, former Lake-Lehman head soccer coach; Rich Gorgone, Lake-Lehman athletic director.

University.

(Get when verbally commit to school.)

•Dallas soccer players Andrew George and Tim Faneck are headed to Cornell (no. 22 in the NCAA last season) and Bucknell, respectively. Mountaineer team-

soccer career with Penn State mates Ricky Branco, Ryan Love, Paul Shiber and Angelo Recchia are still undecided on their choices.

> •Lindsay Boris, a senior Lake-Lehman field hockey player, has been accepted early by Brown University, and is expected to sign soon.

PSU fitness center adds programs

Penn State Wilkes-Barre's Recreation & Fitness Center has released its schedule for spring, 2002. Classes in spinning, body sculpting, aerobics, racquetball, walleyball, cardio kick, step training, yoga, Pilates, and interval training are offered at various times throughout the day and evening, Monday through Saturday. Child care is available for selected sessions. One-on-one weight room introduction is available for a small fee.

The Athletic Building is open Mon.-Thurs. 8 a.m.-9 p.m; Fr. 8 a.m.-8 p.m.; Sat: 9 a.m.-5 p.m.; and Sun. noon-5 p.m.. Spinning is an indoor bike ride that is proven to achieve faster weight loss than any other indoor exercise. The first spinning session is offered at no cost. Hatha yoga, offered Tuesday evenings from 6:45-7:45, practices physical posture integrated with breathing to release tension, and promote strength and flexibility of body, mind, and emotions. New this year is a Self-Defense

Survival Techniques course. For more information, or to re-

quest a brochure, please call 675-9259.

Bullpen

(contined from page 11)

couldn't have come at a better time.

At a time when three Back Mountain players have signed Division I soccer scholarships, it should not be forgotten who got the sport deeply rooted in the area.

McCafferty not only made Dallas one of the strongest soccer programs in the WVC, he also started the area's youth leagues in 1983, which have seen the likes of former Lake-Lehman, Duke University and MLS soccer standout Brian Kelly, and most recently both Lehman's David Walters and Dallas's Andrew George come through the agegroup leagues.

Who knows where soccer would be in the Back Mountain if not for the efforts of McCafferty.

Slocum stars as Pirates split weekend games

Drew Slocum, of Shavertown had 14 saves in the Pocono Pirates' Pee Wee A ice hockey team's 10-8 victory over the Bristol Blazers Sunday at the Ice Box in Pittston.



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Slocum also had 27 saves in a 6-3 loss to the Binghamton Jr. Icemen on Saturday. Shavertown's Eric Wroblewski had an assist in that game.

Speace scored in Pirates' loss to Old York

Graham Speace of Shavertown had a goal in the Pocono Pirates Squirt B team 9-4 loss to the Old York Road Raiders on February 3.

Slocum has assist in Squirt A shutout

Alex Slocum had an assist in the Pocono Pirates' Squirt A teams 5-0 shutout of the Pennsylvania Predators at the Ice Box in Pittston.



POST PHOTO/TIMOTHY J. RAUB

1000 point scorer

Chuck Suppon held the commemorative basketball recognizing his 1000th point scored in a Dallas uniform. From left: Ray Ostrowski, Pam Ostrowski, Suppon, Kim Suppon, Chuck Suppon Sr.



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