

Reading program participants recognized

The students at the Lake-Lehman Middle Level Education Building who participated in the summer reading program were recognized for their achievements. The reading program is sponsored by the elementary schools PTAs and the seventh grade language arts department.

Student who met the requirements was given a certificate, ribbon, and a movie pass, first row, from left: Eric Stankiewicz, Danielle Ide, Megan Oliver, Lauren Cornell, Kristen Dalkewicz, Kendra Balmer, and Justin Amy. Second row: Aime Sgarlet, Arienne Salla, Brooke Shoemaker, Candice Gordon, Kelcey Cole, Alyson Paulauskas, Jaime Lipski, Emily Deubler, and Marissa Harrison. Absent from photo: Elise Benoit and Cami Kytte.



SCHOOL MENUS

The following school lunch menus are for October 4-10. All lunches include milk.

DALLAS ELEMENTARY

THURSDAY: Cheese ravioli w/tomato sauce & fresh dinner roll, chicken patty on bun, crispy green beans, mandarin oranges.

FRIDAY: Cheese pizza, sloppy joe on bun, au gratin potatoes, pineapple tidbits.

MONDAY: No school!!

TUESDAY: Soft shell beef tacos, hot dog on bun, golden corn, apple slices w/cream.

WEDNESDAY: New item! Corn dog on a stick, fresh baked pizza, stir-fry vegetables, sliced pears.

MIDDLE SCHOOL

THURSDAY: Cheese ravioli w/tomato sauce, dinner roll, green beans, mandarin oranges.

FRIDAY: Pizza bar, Sloppy joe on bun, au gratin potatoes, pineapple tidbits.

MONDAY: Teacher In-Service Day. No school!!

TUESDAY: Mexican bar. Golden corn, apple slices w/cream.

WEDNESDAY: New item. Corn dog on a stick, stir-fry vegetable, sliced pears.

HIGH SCHOOL

Soup of the week: Beef noodle
THURSDAY: Pasta bar, grilled cheese sandwich, chicken salad pita.

FRIDAY: Pizza bar, chicken cordon bleu sandwich, fresh veggie bagel w/cheese.

Soup of the week: Cream of broccoli

MONDAY: No school!!

TUESDAY: Buffalo wing sand-

wich.

WEDNESDAY: Oriental bar, bbq rib sandwich, turkey & cheese on wheat w/lettuce, tomato.

GATE OF HEAVEN

Alternative: Tuna w/bun, lettuce, pizza, salad.

THURSDAY: Spaghetti w/meat sauce, bread stix, salad, cake.

FRIDAY: No school!!

Alternative: Cheese steak hoagie, pizza, salad.

MONDAY: No school!!

TUESDAY: Chicken nuggets, tator tots, corn, fruit.

WEDNESDAY: Spaghetti w/meat sauce, salad, bread & butter, cookie, popcorn 50¢.

WEST SIDE TECH

Breakfast

THURSDAY: French toast sticks, syrup or cereal, juice, pastry.

FRIDAY: Oatmeal cookies, cereal, juice, fruit, pastry.

MONDAY: No school!!

TUESDAY: Waffles, syrup or cereal, juice, fruit, pastry.

WEDNESDAY: Sausage, cheese or cereal, juice, fruit, pastry.

Lunch

THURSDAY: Pasta/meat sauce, grated cheese, roll, tossed salad, dressing, brownie.

FRIDAY: Pizza, fresh veggies, dip, fruit.

MONDAY: In Service.

TUESDAY: Chicken nuggets, dipping sauce, mashed potatoes, gravy, roll, chilled fruit.

WEDNESDAY: Italian meat balls, sauce, hard roll, pasta salad, apple strawberry short cake.



At the check presentation, from left, first row: Zachary Taylor, and Kaleb Taylor. Second row: Mr. Phil Lipski, High school mentor; Jim Belles; Claire A. Ritenour, community mentor; and Jeff Taylor.

Lake Lehman seniors raise funds for cystic fibrosis

As part of a senior project, Jim Belles and Jeff Taylor teamed up to raise over \$1,000 for the Cystic Fibrosis Foundation. The students presented a check to Ms. Ritenour, the Director of Special Events for the Cystic Fibrosis Foundation.

These students organized a benefit softball game during the summer to raise funds. The staff of WNEP-TV and the Lake-Lehman faculty donated their time to play in the game.

The students also solicited local businesses for donations to sell raffle tickets. Jim and Jeff would like to send a sincere thank you to all of the businesses who made dona-

tions for their senior project.

They would also like to send a sincere thank you to the staff of WNEP-TV and the Lake-Lehman faculty for donating their time to play in the benefit softball game and to Back Mountain Baseball President Jack Snyder for the use of their facilities. This senior project was special to these seniors because the cause really hit home. "Jim and I decided to do this project because we have a direct involvement with Cystic Fibrosis" said Jeff Taylor. Zachary and Kaleb Taylor have been dealing with this disorder their whole life.

PSU Home horticulture certificate program offered

Penn State Wilkes-Barre in Lehman is offering a new Home Horticulture Certificate Program beginning this fall. A series of four courses will meet with the instructor Saturdays from 9 a.m. to noon.

This certificate consists of four courses providing the basic plant and soil skills required to effectively landscape the home garden. Topics include basic botany, pH, fertilization, plant

propagation, basic entomology, plant diseases and pest management. No previous experience needed. The courses include lectures, discussions, projects, and hands-on experiences.

For more info. or a brochure, call Ina K. Lubin, Continuing Education, at 675-9251 or e-mail: wbce@cde.psu.edu. Class enrollment is limited.

Rev. Gommer to speak at Huntsville UMC

On Tue., Oct. 9, at 7 p.m. the Huntsville United Methodist Women of the Huntsville United Methodist Church, Shavertown, are having the Rev. Craig Gommer as their guest speaker. The topic will be on his recent trip to Russia and the struggle of the orphans and the Russian people.

Rev. Gommer is the pastor at the Plains United Methodist Church and Bennett Derr United Methodist Church. The United Methodist Women from the Back Mountain are invited to attend. Refreshments will be served.

PSU engineering open house

Penn State Wilkes-Barre in Lehman will feature an entire day of engineering related events on Tues., Oct. 9, at the campus Bell Atlantic Center for Technology. At four different information sessions, students will learn about the various disciplines of engineering. Highlighting the

program is an afternoon visit to a local engineering firm where they can talk to engineers working in the field. Lunch will be provided.

For more info. or to make a reservation, call 675-9238 or e-mail: bjk8@psu.edu.

Volunteers orientation Oct.10-11

The Domestic Violence Service Center will conduct a volunteer orientation on Wed., Oct. 10, at 11 a.m. and also on Thurs., Oct. 11, at 6 p.m. in Wilkes-Barre. The DVSC provides 24 hour hotlines, counseling supportive services, legal advocacy and emergency shelter to victims of domestic violence and their children. Volunteers are needed to help with fundraising, clerical assistance, and house-keeping as well as to provide direct services to victims. For more info and to register, call the volunteer office at 823-6799, ext. 239.

Blessing of animals

St. Therese's Church, Shavertown, will hold its annual Blessing of Animals on the Feast of St. Francis of Assisi, Thurs., Oct. 4, at 5:30 p.m. In honor of the feast of St. Francis, families are invited to bring their pets of every species, shape, color and size to be blessed in the upper parking lot.

Post 967 dance Oct. 6

Harveys Lake American Legion Post 967 is sponsoring a dance Sat., Oct. 6, from 8:30 p.m. to 12:30 a.m. Everyone is welcome. Also, the post hall is available for rent. Contact Post Commander Larry Lucravino for details, 639-2122.

Dallas Gridiron pasta dinner

Dallas Gridiron Club annual Pasta Dinner will be held Thurs., Oct. 18, at Dallas High School cafeteria from 4 to 7 p.m. The cost per person is \$6. Take-outs will be available.

SENIOR MENUS

Senior Citizens Centers sponsored by the Area Agency on Aging for Luzerne and Wyoming Counties offers hot noon meals Monday through Friday to people 60 years of age or older. Donations from participants, are gratefully accepted and needed in order to expand this program. All menus include margarine, milk and coffee. The following is the menu for the week of October 4-10.

THURSDAY: Baked pork chop, wax beans, sweet potatoes, raisin bread, cranberry juice, orange sherbert.

FRIDAY: Egg salad with american cheese, lettuce, tomato and mayonnaise, pita bread, chicken rice soup, pickled beets, orange juice, fruited gelatin.

MONDAY: Centers closed in observance of Columbus Day.

TUESDAY: Macaroni and cheese with ham, fruit compote, broccoli, dinner roll, vanilla cookie.

WEDNESDAY: Increasing calcium in your diet special dinner. Veal parmesan, vegetable medley, rotini with marinara sauce, italian bread, orange.

Love to write?

The Dallas Post is seeking correspondents to take weekly assignments. We're looking for people who have an interest in the Back Mountain, can write clearly and meet deadlines.

Prior newspaper experience is not necessary. Will be paid on a per assignment basis. Photo skills a plus.

Ideal candidates will know their way around the Back Mountain, have general knowledge of how government works, and be curious about what people do and why they do it.

Some assignments will be evening meetings, others may be feature stories about interesting people, organizations or events.

If you think this might be a good spot for you, stop by our office and fill out an application (bring a resume if you have one), or write:

The Dallas Post

607 Main Road, Dallas PA 18612

You may also send an e-mail to: dalpost@epix.net



Hillside ice cream at Dallas Elementary School

In keeping with tradition, the Dallas Elementary PTO provided all students with a treat from Hillside Dairy on the first full day of school.

Students from Mrs. Lyons' second grade class enjoyed the treat, first row, from left: Sarah Lowery, Mariya Ackerman, Elaina Tomaselli, Amanda Kotch.

Second row: Ian Peters, Darran Atway, Jason Schelling, Jenna Lombardo.



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