

THE DALLAS POST

SportsWeek

Section 2

Kickin and winning

Lake-Lehman scored a 4-1 victory over Hazleton Friday in the first soccer game of the new season. The Black Knights dominated in shots on goal, 27-10 and in corner kicks, 9-1. The next home game is Saturday, when Lehman hosts Wyoming Valley West.

In photos, from left: Craig Kasper tried to elude a trip as he raced to the goal; Nate Coleman looked like a juggler on this header; Josh Johnson kept ahead of a Cougars defender.

POST PHOTOS/JIM PHILLIPS



Dallas bounces back with big win over Tunkannock

The Mountaineers overcame the disappointment of forfeiting a victory over Valley West by crushing the Tigers 55-21. Quarterback Chuck Suppon completed 7 of 12 passes for 120 yards, while the Dallas offense rushed for 270 yards. Jeremy Harris led the way with 131 rushing yards on 18 carries. After a slow start, Dallas scored first on a Harris 1 yard run. The Tigers answered with a touchdown, but Suppon completed another Dallas touchdown with a run from 2 yards out. At the end of the first quarter, the Mountaineers led by 14-7.

Tunkannock scored again in the second quarter, but the Dallas defense blocked the extra point attempt. Ryan Gryskevich and Harris both scored on passes from Suppon giving Dallas a 28-13 halftime lead. The Mountaineers scored three touchdowns in the third: a 9 yard carry by Harris, a 1 yard run in by Suppon, and a 12 yard carry by Ryan Bolton. The third quarter ended with a score of 49-13. Tunkannock rallied for a final touchdown in the final

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Cross country coaches heap praise on competitors

By BETTY HINDS
Post Correspondent

BACK MOUNTAIN - "Cross-country is one of the most difficult and challenging sports, and the runners don't get a lot of glory. The kids who join are outstanding." With these words, Dallas Varsity Coach Reginald Thomas summed up his feelings for his cross-country team.

Lake-Lehman varsity coach Ed Radzinski also has words of praise for his team. "Our team members are super," he said. "At our workouts, which are very demanding, they give me everything they've got."

At both Lake-Lehman and Dallas, the cross-country season officially began Sept. 12. Dallas was at home against Wyoming Area while Lehman traveled to Nanticoke. Both teams will continue to compete every Wednesday through mid-October. All Wednesday meets start at 4:15 and consist of a 5 kilometer (3.1 mile) run. On Saturdays, both teams also participate in non-league Invationals.

In cross-country, the runners compete individually and as a team. The team competition requires five runners, and both schools find it difficult to field a girl's team. Radzinski explained, "There are so many sports for girls now, few girls choose cross country."



POST PHOTOS/BETTY HINDS

Dallas cross country runners, from left, front row: Maria Bednash, Jamie Stanish, Ryan Beberus, Colin Conrad, Harry Hiscox, Whitney Adams. Second row: Reginald Thomas (coach), Chris Mounce, Mike Hiscox, Peter VanLoon, Pat Haradem, Pete Miller, Michael Yenason.

Led by captains Ryan Post and Kelby Morgan, Lake-Lehman's team consists of 8 boys and 3 girls. Ryan and Kelby are both juniors who have been part of the team for the past three years. Lehman's Jr. High team is coached by John Sobocinski.

Last year the Lake-Lehman cross-country team placed first in the conference and league, and as a team they placed third

in Districts against 32 other schools. Individually, four male runners qualified for states.

Radzinski expects this year's Lehman team to do well. "They are very experienced. All the boys have run in big meets. They train hard and have confidence in themselves." He continued, "We hope to reach our top performance in districts. We want to finish first and go on to

states. We have the potential to be one of the top 10 teams in the state."

Last weekend both Lehman and Dallas participated in an invitational meet at Kirby Park. In the boys' division, Lehman runner Brad Baird placed 15th while Dallas runner Pete Miller placed 27th. Dallas runner Whitney Adams placed 11th in the female division.

Coach Thomas was pleased with Dallas's performance. "Whitney was great," he said. "She was competing against two of the best girls in the state. Whitney and Pete are both outstanding athletes and real strong points on our team."

Ten boys and three girls compete for Dallas. The team has two captains, Pete Miller and Maria Bednash. Dallas' Jr. High team is coached by Marjorie Adams.

Last year four girls from Dallas qualified for states. Whitney Adams gave the best perfor-

mance, placing 4th in Districts and first among all female participants from the Wyoming Valley.

This will be a rebuilding year for Dallas. "We have five brand new runners, and only two of our members are seniors," Thomas said.

Both Radzinski and Thomas are always looking for more team members. Radzinski said, "I'd like to increase the team by five runners each year."

Thomas agreed. "Cross-country is a great sport. I wish more kids would participate."



Lake-Lehman cross country, from left, front row: Ed Radzinski (coach), Kelby Morgan, Brad Baird, Corey Norton. Back row: Brian McMahon, Dan Evans, Ryan Post. Absent: Dave Walters and Chuck Kopetchne.

Power failure

The Dallas field hockey lost its second game of the season by a 1-0 score, in a game played Sept. 6 against Coughlin. The Lady Mountaineers were shut out in their opening game by Honesdale. But the Dallas girls bounced back to whip Meyers 3-0 and GAR 2-0 to even their season record. Tunkannock comes to visit this Friday.

In photos from the Coughlin game, from left: Shannon Thomas raced ahead of the defense; Amanda Coleman battled for control with two Coughlin players; Halli Williams kept control; Rachel Kukosky fired off a pass.

POST PHOTOS/JIM PHILLIPS

