The Dallas Post Dallas, PA Wednesday, August 8, 2001

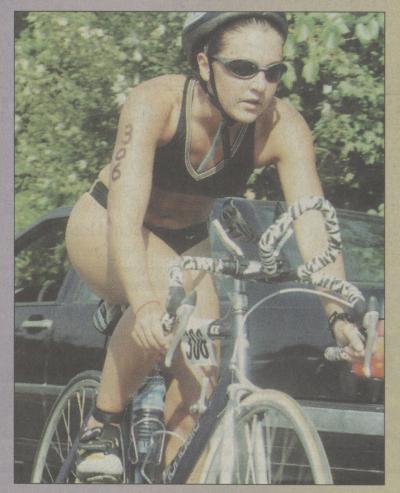
Community Photo Album' Keeping the pace

D ocal athletes joined elite racers from around the nation Sunday in the 20th annual Wilkes-Barre Triathlon. The race began as the Wyoming Valley/Back Mountain Triathlon and throughout its history has been one of the most important and enjoyable — stops on the circuit. This year's surprise overall winner was 20-year-old Greg Remaly of Bloomsburg.

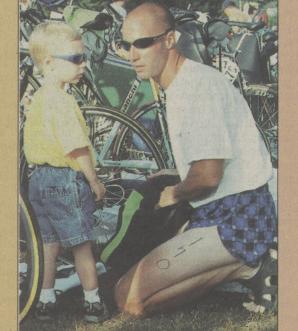
PHOTOS BY JIM PHILLIPS



Nadalie Temperine posed with her grandfather, Louis, and mother, Lisa, before the race.







Bill Sprau explained the finer points of triathlon setup to his son, Owen.





Wayne Devine, Jim Harris and Len Romanowski have been long-time competitors. Harris was race director for several years.



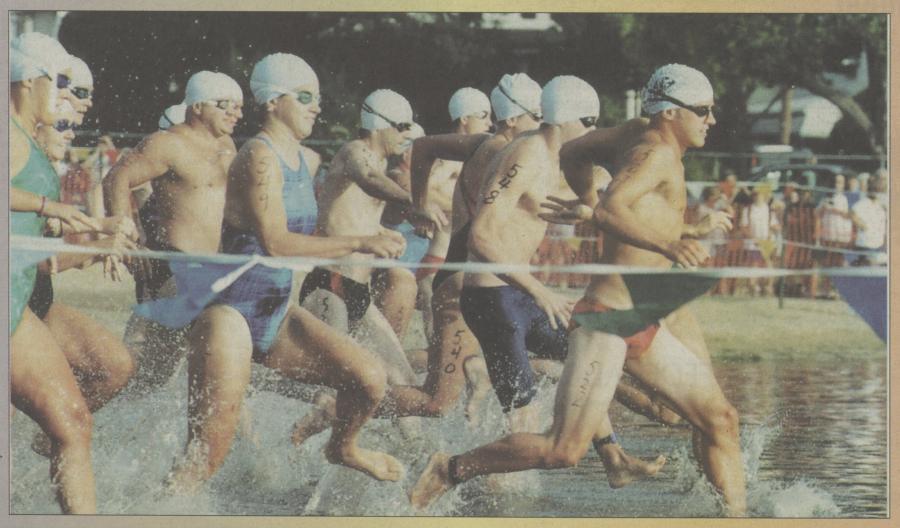
Nadalie Temperine got going in the bicycle segment.

Liz Byron stretched before jumping into Harveys Lake.



Mike Scavone, John Anglovich and Joe Litchman looking manly before the race.

Cara Devine and Robart Baur of Dallas prepared their bikes



And they're off! The first wave of competitors entered the water.