

CALENDAR

Calendar items are published free of charge. Generally, items will appear the two weeks prior to an event. To submit material, send it to the Dallas Post P.O. Box 366, Dallas PA 18162, or bring it to our office at 45 Main Road, Dallas. Deadline is Friday at 3 p.m.

COMMUNITY

MEADOWS Nursing Center, Dallas, needs volunteers to escort and interact with residents. Examples include, reading, playing games, socializing at group parties. Any amount of volunteered time will be greatly appreciated. Please contact Betty Sorchik at 675-8600 ext.138.

MURGAS AMATEUR RADIO CLUB 21st annual Hamfest and Computerfest on Sun., July 1, at the Luzerne County Fair Grounds, Lehman. Gates open at 8 a.m. Admission is \$5, children under 16 and unlicensed spouses are free with a ticket holder. Refreshments will be available. Directions will be available on the talk-in frequencies of 146.520 and 146.610.

FWM VOL. FIRE CO. July 4 celebration Dunlap's Grove, Mehoopany. Parade at 10:30 followed by chicken bar-bq dinner. Fun, food, and games.

55TH ANNUAL BACK MOUNTAIN MEMORIAL LIBRARY AUCTION, will be held July 5 thru 8, rain or shine, at the library grounds, 96 Huntsville Rd. Dallas. This historic auction features four days of live auction bidding for new articles, antiques and collectibles, and services. There are food and amusement booths, tents, a flea market, and the annual book booth tent. Auction seating is limited, so attendees are urged to come early to get a good seat and bring your own chair. This year bidding will be available from designated parking areas. Hours are Thu, July 6, 6-11 p.m.; Fri., July 7, 6-12 p.m.; Sat., July 8, 6-12 p.m.; Sun., July 9, 6-12 p.m. Booths open each day at 4 p.m. A special children's auction will be Sat. from 1-4 p.m. Food is available. Free shuttle busing from designated parking areas. For more info, directions, or to donate 675-1182. Fri. July 6, Maria from Sesame Street will appear on stage and read in the children's room for storytime at 8 p.m.

SWEET VALLEY FIRE CO. LADIES AUX. will host a homemade ice cream social on Sat., July 7 at the Fire Hall, Main Road, Sweet Valley. Doors open at 4:30 p.m. Sandwiches, french fries, cake, beverages & ice cream are on the menu.

LCCC will hold an Open House on Wed., July 11, from 4-7 p.m., at the College's Campus Center. Information on programs of study and financial aid will be available and tours of the campus will be given. For more info call 740-0337 or (800) 377-LCCC.

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COMMUNITY

OUR LADY OF MT. CARMEL CHURCH, Route 29, Lake Silkworth, Annual Parish Festival on the church grounds Fri., Sat. and Sun. Jul. 13, 14, & 15. Fri. begins at 5 p.m. and features RSO Band. Sat. begins with an outdoor Polka Mass at 5 p.m. Sun. start at 1 p.m.

LOYALVILLE UM CHURCH chicken & biscuits dinner/bake sale, Sat., July 14, serving 4:30-6:30 p.m. Adults \$6.50; children 12 and under \$3.25. Call ahead for takeouts 477-3521. Church located half mile off 29 South Loyalville Rd. off Route 118.

TRUSTEES OF THE TRUCKSVILLE UMC take-out only chicken bar-bq, Fri., Jul. 20. Order pick-ups at the Educational Facilities, Church Road, from 4-6 p.m. Tickets may be purchased in advance by calling the church office 9 a.m.-noon, Mon. thru Fri. at 696-3897. Adult tickets \$7.

ST. MARTHA'S CHURCH, Fairmount Springs, Annual Parish Festival and dinner on the church grounds Labor Day weekend, Sept. 1-2. Sat. begins at 5 p.m., Sun. serving chicken or ham dinners beginning at noon.

LCCC seeks volunteers for 60th anniversary observation of the attack on Pearl Harbor. 'Remembering the Fallen' will be Fri., Dec. 7, beginning at 12:30 p.m., at the Educational Conference Center. The Institute of Public Affairs is seeking volunteers to participate in a memorial reading of names. For info contact Fred Walters, at 740-0424 or at fwalters@luzerne.edu.

MUSIC

PERFORMING ARTS INSTITUTE (PAI), Wyoming Seminary, will present a student recital Wed., June 27, at 8 p.m. in the Great Hall, 228 Wyoming Ave., Kingston. Admission is free and open to the public. For more info call 270-2190.

PERFORMING ARTS INSTITUTE (PAI), Wyoming Seminary, will present Wind Ensemble and Jazz Ensemble Fri., June 28, at 8 p.m. in the Buckingham Performing Arts Center, N. Sprague Ave., Kingston. Admission is free and open to the public. For more info call 270-2190.

PERFORMING ARTS INSTITUTE (PAI), Wyoming Seminary, will present the PAI Chamber Ensembles Thu., July 5, at 8 p.m. in the Buckingham Performing Arts Center, N. Sprague Ave., Kingston. Admission is free and open to the public. For more info call 270-2190.



Performing Art Institute offers summer concerts

Fans of musical theater, dance, classical and jazz music are invited to visit the Wyoming Seminary Upper School campus in Kingston often this summer, as students and teachers participating in the Performing Arts Institute (PAI). A series of free recitals, concerts and performances will be presented in June, July and Aug. John Michael Vaida, Dallas, and Dan Levin, Kingston, performing with other PAI participants in a choral concert.

SPECIAL EVENTS

CATHOLIC YOUTH CENTER, W-B, Summer Bash free event Fri., June 29, from 7-10 p.m., for grades ninth thru twelfth. Prizes will be given out for best tropical shirt and dance contests.

VALLEY CAT RESCUE will present a program entitled 'Cat behavior: Why does my cat do what he does?' at the SPCA followed by question and answer session, Wed., June 27 at 6:30 p.m. Free to the public.

223RD BATTLE OF WYOMING, Wed., July 4, at the Wyoming Monument, Wyoming. Band concert begins at 10 a.m. ceremonies begins at 10:30 a.m.

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OUTDOORS

HICKORY RUN Journaling to Enhance Classroom Curriculum workshop for middle-high school teachers and non-formal educators will be Fri., June 29 at Hickory Run State Park Chapel from 9:30 a.m.-7 p.m. Workshop is free.

FRANCES SLOCUM State Park Scavenger Hunt, Fri., June 29, at 7 p.m. Join the fun searching for natural items around the campground.

FRANCES SLOCUM State Park Painting for Preschoolers, Sat., June 30, at 3 p.m. for ages three to five. Youngsters are invited to make a nature painting to take home.

FRANCES SLOCUM State Park Wild Wonderful Weeds, Sat., June 30, at 6 p.m. Join naturalist for a casual walk around the campground and search out overlooked 'wonderful' weeds.

OUTDOORS

FRANCES SLOCUM State Park Native American Heritage, Sat., June 30, at 8:30 p.m. Learn about indians who lived in the area through a slide program with speaker Marshall Becker.

FOR THE LOVE OF THE GAME WEEKEND to promote Women's Professional Baseball, will be Fri., July 6 and Sat., July 7, at 5 p.m. at Lackawanna County Stadium. For tickets call 969-BALL. Box seats \$7.50, general admission \$5.

MS 150 BIKE TOUR, at Gettysburg College July 14-15. For more info call the Central PA Chapter of the National MS Society at 1-800-227-2108 or send email to info@nmss.org, or visit www.nmss.org.

ANTHRACITE SCENIC TRAILS ASSOC ongoing summer walks. Back Mountain Trail morning walks 9 a.m. Wed. and/or Fri. Ongoing summer bike rides at 7 p.m. Thu. from Java Gallery. Flexible speeds and distances. Meet at Java Gallery, Main St., Luzerne.

HEALTH

VVHCS CHILDBIRTH REFRESHER class on Wed., July 2, 7-9 p.m., in the Thomas P. Saxton Medical Pavilion auditorium, 468 Northampton St., Edwardsville. Pre-registration is required. For more info or to pre-register, call 1-800-838-WELL, option 2.

DIABETES EDUCATION SERIES, presented by Allied Services on July 3, from 1-3:30 p.m. in the Charles Luger Outpatient Center Conference Room. Moffat Dr., Morgan Hwy., Scranton. A physician's referral is required to participate. Call 348-1360 for more info.

VVHC SIBLING CLASS for children ages three to ten awaiting the arrival of a new brother or sister. Class will be Sun., July 8, 2-3 p.m. in the Nesbitt Memorial Hospital cafeteria, 562 Wyoming Ave., Kingston. Parents must accompany children at all times. For more info or to pre-register call 1-800-838-WELL, option 2.

VVHCS EARLY PREGNANCY class in the Thomas P. Saxton Medical Pavilion auditorium, 468 Northampton St., Edwardsville. Scheduled for Tue., July 10 from 7-9 p.m. Pre-registration is necessary. Cost \$20. To register or for info call 1-800-838-WELL, option 2.

BCLS INSTRUCTOR TRAINING Mercy Hospital, W-B is offering a Basic Cardiac Life Support Instructor Training Course. Classes will be Aug. 13; Aug. 16; and Aug. 20, from 6-10 p.m. For more info and/or to register, contact Mercy's Educational Services Dept. at 826-3676.

BLOOD DRIVE

RED CROSS BLOOD DRIVE needs volunteers, both professional and non-professional; call 823-7161. Back Mountain blood collection will be Thu. July 17, Irem Temple Country Club, Country Club Rd., Dallas, from 12:30-6:30 p.m.

GROUPS

CAREGIVER'S support group. There will be no support group in July. Meetings will resume in Aug.

MERCY CENTER AUXILIARY will continue to meet each Tue. thru the summer from 10 a.m.-3 p.m. at Mercy Center, Dallas.

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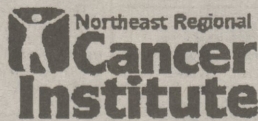
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CANCER BASICS

Q: What is the Cancer Survival Toolbox™?

A: The Cancer Survival Toolbox™ is a self learning audio cassette program developed by leading cancer organizations for cancer survivors as well as their family members. The program covers six basic skills along with three special topic cassettes helpful in meeting the challenges posed by a diagnosis of cancer. Topics addressed include communicating, making decisions, finding information, financial resources, and caring for the caregiver. Although the Toolbox was originally designed for those newly diagnosed with cancer, it can be helpful to anyone at any stage of illness.

For more information about the Cancer Survival Toolbox™ please call:

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