



Dallas Middle School students participate in science olympiad

Fifteen seventh and eighth grade gifted science students from the Dallas Middle School participated in the Science Olympiad held at Penn State, Wilkes-Barre campus. Eight hundred students from 33 Northeastern Pennsylvania schools participated. The Olympiad is made up of 23 events ranging from astronomy to zoology. The Dallas students medaled in three categories: Megan Vodzak, Lenore Kaplan and Adam Snider took first place in experimental design; Megan Vodzak and Lenore Kaplan placed second in the astronomy event; Sara Swepston and Melissa Evans took second place in the write it-do it event. The team is coached by Mr. Daniel Flynn and Ms. Christie Potera of the science department. Seated from left: Megan Vodzak, Melissa Evans, Adam Snider, Sara Swepston and Lenore Kaplan. Second row: Nick Oschman, Samantha O'Brien, Jake Kovalchik, Laura Morgan, Katelyn Fritzges and Hillary Smith. Third row: Mr. Daniel Flynn, coach; Matt Ivory, Chris Baia-monte, Cassie Snider, Michelle Luksh and Ms. Christie Potera, coach.

Spring Concert Chorus at Dallas High

Dallas Senior High School chorus will be presenting their Spring Chorus concert on Thursday, May 3 in the high school auditorium at 7 p.m.

SCHOOL MENUS

The following school lunch menus are for Apr.26-May 2. All lunches include milk.

DALLAS SCHOOLS

Dallas Elementary
THURSDAY: Nachos w/beef, cheese & toppings, chicken nuggets w/dinner roll, crispy fries, plump raisins.
FRIDAY: Grilled cheese sandwich, chicken nuggets w/roll, tomato soup, buttered peas, orange smiles.
MONDAY: BBQ rib sandwich, cheeseburger, baked beans, cinnamon applesauce.
TUESDAY: Open-face hot turkey sandwich, cheeseburger, mashed potatoes, w/gravy, juicy apricots.
WEDNESDAY: Pizza Party !! Plain or pepperoni pizza, cheeseburger, fresh tossed salad, fruited gelatin, pizza glasses (w/lunch purchase).

Middle School
THURSDAY: Mexican bar. Hot dog on bun, tator tots, plump raisins.
FRIDAY: Grilled cheese sandwich, tomato soup, buttered peas, orange smiles.
MONDAY: BBQ rib sandwich, baked beans, cinnamon applesauce.
TUESDAY: Open-faced hot turkey sandwich w/gravy, mashed potatoes, juicy apricots.
WEDNESDAY: Pizza bar. Tuna pita, w/lettuce & tomato, crispy green beans, fruited gelatin parfait.

High School
 Soup of the week: Tomato
THURSDAY: Mexican Fiesta bar.
FRIDAY: Grilled cheese sandwich, cup of soup, fruit crisp.
 Soup of the week: New england clam chowder

MONDAY: BBQ rib sandwich, baked beans, cinnamon applesauce.
TUESDAY: Open-faced hot turkey sandwich w/gravy, mashed potatoes, ice cream cup.
WEDNESDAY: California cheeseburger, crispy green beans, jello parfait.
WEST SIDE TECH:
 Breakfast
THURSDAY: French toast sticks/syrup or cereal/juice/fruit/pastry.
FRIDAY: Chocolate chip cookies/cereal/juice/fruit.
MONDAY: Pot tarts/cereal/juice/fruit.

Lunch
THURSDAY: Pasta/meat sauce/tossed salad/dressing roll/apple/yellow cake/chocolate icing.
FRIDAY: Pizza/fresh veggies/dip/assorted fresh fruit.
MONDAY: Chicken patty on soft bun/lettuce/tomato/macaroni salad/chilled fruit.

GATE OF HEAVEN
 Alternative: Pizza, salad, deli ham & cheese sandwich.
THURSDAY: Baked chicken, mashed potatoes, gravy, corn, cake.
FRIDAY: Stuffed pizza stix, salad, pudding cup.
 Alternative: Pizza, salad, stromboli, w/sauce.
MONDAY: Chicken fries, carrot & celery stix w/dip, tator tots, cookie.
TUESDAY: Hot dog, french fries, carrot & celery stix w/dip, pudding cup.
WEDNESDAY: Turkey, mashed potatoes w/gravy, green beans, fruit roll up. Popcorn 50¢.

Shiskowski wins scholarship

Bands from the eastern coast concluded the fall marching season at the Atlantic Coast Championship, held at the Lackawanna County Stadium. One senior member from each of the four recognized groups was awarded a \$500 scholarship from the Tournament of Bands and the National Judges Association. Natalie Shiskowski, a six year member of the Lake-Lehman High School Band, captured the honor in Group II. Natalie was the first student from Lake-Lehman to ever receive this scholarship.



the field with her fellow band officers for her final award ceremony, her name was announced as the recipient among seven finalists. Natalie said, "Band has taught me dedication, devotion, and the true meaning of competition. Competition is not only against other bands or people, but against yourself, in an attempt to be the best you can possibly be."

Natalie is the treasurer of the band and has been a section leader of the clarinets for two years. She plays clarinet during marching season and is the principal oboist during concert season. She plans to pursue a career in computer engineering upon graduation. Natalie resides in Lehman Township with her parents and her brother.

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Sem hosts college night, May 2

Wyoming Seminary college Preparatory School will host a multi-faceted college night on its Kingston campus Wed., May 2. Designed as a public service to benefit high school sophomores, juniors and their parents, all three parts of this event are free and open to the public. "Preparing for the College Admission Process," seminar will be held at 6:30 p.m. The college fair will take place from 7 to 9 p.m. in the main gym of the Carpenter Athletic Center on Maple Avenue. Representatives from more than 70 colleges and universities will be available to answer questions, hand out literature and provide information about their schools. Temple and Worcester Polytechnic Instituted, among others. At 7:30 and 8:30 p.m. Sem will host a seminar for financial aid options. For more information, call 270-2106.

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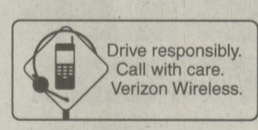
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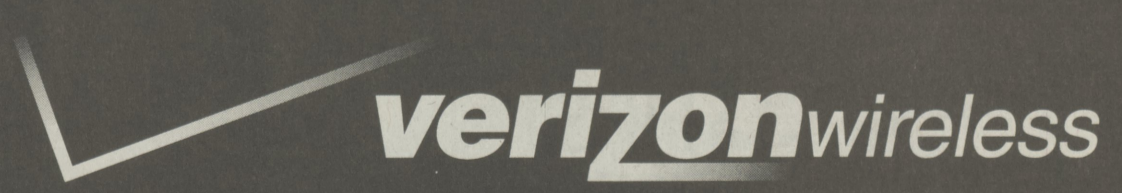
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