

Roundup

(continued from page 9)

Dallas 11, Wyoming Area 1

Ryan Love scored four times to lead Dallas to a win over slumping Wyoming Area. Love set the pace of the game by scoring in the third minute off a pass from Ricky Branco. Branco added a hat trick of his own in the game, while compiling a season-high five assists. Paul Shiber scored twice. John Isaac had a goal and an assist from the midfield position.

BOYS CROSS COUNTRY

Lake-Lehman 21, G.A.R. 40

The Grenadiers managed to capture the top finish on Lehman's course, but the Black Knights stormed to finishing in eight of the next nine places to earn the win against G.A.R. last Wednesday and clinch the Wyoming Valley Conference Division 2 championship. Junior David Walters had the best time for Lake-Lehman, finishing in second place with a time of 17:02. Kelby Morgan finished third and Ryan Post fourth in both finishing with a time of under 18 minutes. T.J. Dougherty finished fifth. After a Grenadier placed sixth, Martin Schmitt, Chuck Kopetchne, Brian McMahon, and Mark Kapral grabbed the final four positions.

Hanover Area 23, Dallas 32

The Mountaineers saw a visiting Hawkeye set the new course record in falling to Hanover Area in cross country action last week. Peter Miller again finished first for Dallas, third overall, with a time of 18:22. The teams each had five of the top ten finishes, but Hanover was able to cross the line first and earn the team victory. Floyd Mattie of Dallas with fifth overall, while Jerry Appel, Jim Appel, and Mike Hiscox finished sixth, eighth, and tenth respectively to earn Dallas credit.

GIRLS CROSS COUNTRY

Hanover Area 23, Dallas 32

Similarly to the boys' result, the two schools split the ten positions, but Hanover Area still managed to earn the victory. Whitney Adams set the new course record for the girls with a time of 20:42. Her overall first place finish was not enough, as the Hawkeyes captured the following four positions. Jamie Bozentka was second for Dallas at number six overall.



Kern, Lucarino excel at ProShot

Danielle Kern won the Knockout Competition and Kieran Lucarino won the Rack Shooting Competition, at a recent ProShot Basketball Camp for girls.

ProShot Basketball Camp is located in the Pocono Mountains and the camp director is John Szela, a graduate of Dallas High School. ProShot accommodates resident and commuter campers and is for both boys and girls.

Pictured from left, first row: Danielle Kern, Kieran Lucarino. Second row: Danielle Fresock, Jeff Hartley (counselors).

Maria Bednash followed in seventh and Jill Youngblood eighth. Hanover got the nine position before Mountaineer Maureen McGuire took tenth.

GIRLS VOLLEYBALL

Dallas 2, O'Reilly 0

Kristin Vodzak recorded 10 points, five kills, four blocks, two aces and a dig in a 15-6, 15-4 sweep. April Piazza had three aces and Samantha Oschman had six points.

Lake-Lehman 2, Dallas 0

The Black Knights continued their streak against the Mountaineers in girls volleyball with a 15-6, 15-10 home victory on Wednesday last week. Kari Maskalis had 14 digs, three blocks, three kills, and two points in the match. Fellow Knight Sara Davis also had 14 digs, while adding six points including three aces. Christine Hudak had perhaps the best afternoon for Lake-Lehman, finishing with 18 digs and 12 points on serve, four of which were aces. For Dallas, Kristen Vodzak had five blocks, four kills,

and four digs. Nancy Levinson also had four digs.

Wyoming Area 2, Dallas 0

The Wyoming Area Warriors were a little too much for the Lady Mounts to handle as Dallas fell in two games by scores of 15-8 and 16-14. Amber Koes helped the Mountaineers earn some service points, finishing with four points on four aces. April Piazza also had four points and contributed four digs. Kristen Vodzak had six kills and a pair of aces, while junior Nancy Levinson had four points, four assists, and three kills.

GIRLS TENNIS

Dallas 5, Crestwood 2

The tandem of Erin Cooper and Jen Toth provided a total of three victories to lead Dallas to a win over Crestwood. Cooper won at #3 singles 6-2, 6-3 while Toth was victorious at #4 6-0, 6-2. The two

then combined to earn a 6-4, 6-1 victory in doubles in the second match. Freshman Brooke Blase won at #2 singles by a 6-0, 6-2 margin to give Dallas a 3-1 lead heading into doubles. The teams of Cooper/Toth and Joey Kupstas/Liz Samanas won to give the Mountaineers two additional points.

Dallas 5, Tunkhannock 2

Dallas went into Tunkhannock and came out with a 5-2 victory in girls' tennis action. The Mountaineers seized total control of the match after sweeping singles play. Karla Blase, Brooke Blase, Erin Cooper, and Jen Toth all won in straight sets to make doubles play irrelevant towards the final outcome of the match. Karla Blase had the toughest match of the four, earning a hard-fought 7-5, 6-3 win at #1. Sister Brooke won 6-2, 6-0. Cooper was victorious 6-0, 6-3 and Toth 6-3, 6-3 to give Dallas the four wins at the four singles positions. The Blase sisters teamed to win at #1 doubles in three sets to earn the fifth Mountaineer point of the match.

GOLF

Dallas 175, Lake-Lehman 189

Mike Fehlinger earned medalist honors with a round of 42 at Irem last Tuesday against Back Mountain rival Lake-Lehman. Par for the nine holes is 36. Senior Kevin Piekara followed right behind with a score of 43. Dan Laurenzi was immediately behind Piekara with a 44. Pat Barnard and Jared Karalunas tied for fourth for Dallas, each with a 46. Lake-Lehman's low scorers were John Baranowski and Justin Boyer, each with a 46. Dustin Kapson shot a 48, while Liam McHugh had a 49.

Knights wrestlers place at Stroudsburg

On Sunday, Oct. 8; the Knights wrestled at Stroudsburg Tournament. Those who placed were:

- Senior High:** Aaron Kubasik, 125 lbs., 4th place; Matt Carey, Unl., 4th place
- Junior High:** Andy Josuweit, 115 lbs., 3rd place; Matt Dragon, 125 lbs., 1st place; Jeremy Schutz, 130 lbs., 2nd place; Elementary: Joe Clements, Unl., 1st place

SCHOOL MENUS

The following school lunch menus are for the week of Oct. 19-25. All lunches include milk.

DALLAS SCHOOLS

Dallas Elementary
THURSDAY - Zesty spaghetti w/ meatsauce & dinner roll, deli sub, steamed broccoli, mixed fruit

FRIDAY - Meatloaf, mashed potatoes, deli sub, green beans, oranges

MONDAY - Hamburger or cheeseburger, BBQ rib sandwich, mixed vegetables, fruit w/cream

TUESDAY - Stromboli w/sauce, BBQ rib sandwich, golden corn, sliced apples

WEDNESDAY - Tacos w/meat, cheese, lettuce & tomato, BBQ rib sandwich, steamed rice, cinnamon applesauce, Jell-O

Middle School

THURSDAY - Zesty spaghetti w/ meatsauce & garlic bread, salad w/ dressing, chilled peaches

FRIDAY - Pasta bar, meatloaf, mashed potatoes, green beans, oranges

MONDAY - Chicken parmesan sandwich, mixed vegetables, fruit w/cream

TUESDAY - Cheese steak bar, stromboli w/sauce, golden corn, sliced apples

WEDNESDAY - Tacos w/meat, cheese, lettuce & tomato, steamed rice, cinnamon applesauce, Jell-O

High School

Soup of the Week - Chicken Noodle

THURSDAY - Tacos, steamed broccoli, mixed fruit

FRIDAY - Beef stew over noodles, green beans, sherbert

Soup of the Week - Vegetable Beef

MONDAY - Meatball hoagie, mixed vegetables, fruit w/cream

TUESDAY - Stromboli w/sauce, golden corn, soft pretzel

WEDNESDAY - Chef's choice, steamed rice, Jell-O

GATE OF HEAVEN

Alternative - Cheese steak, salad, pizza

THURSDAY - Chicken fries, potato rounds, carrots w/dressing, brownies

FRIDAY - Spaghetti w/meatsauce, salad, bread stix, jello cup

Alternative - Pizza, salad, hot dogs

MONDAY - Peanut butter & jelly sandwich, chicken noodle soup, sal-tines, fruit cup

TUESDAY - Stuffed shells w/roll, salad, donut

WEDNESDAY - Chicken croquettes, mashed potatoes w/gravy, corn, cookie, Halloween ice cream .50¢

LAKE-LEHMAN SCHOOLS

Lehman-Jackson Elementary

THURSDAY - Salad bar w/roll or ham BBQ, green beans, fruit crisp

FRIDAY - Italian dunkers w/sauce or sausage sandwich, buttered corn, pineapple tidbits, sherbert

Lake-Noxen Elementary

THURSDAY - Salad bar w/roll, or grilled chicken sandwich, green beans, fruit crisp

FRIDAY - Italian dunkers w/sauce or sausage sandwich, tossed salad w/dressing, pineapple tidbits

Ross Elementary

THURSDAY - Grilled chicken sandwich, green beans or salad w/roll, fruit crisp

FRIDAY - Sausage sandwich, tater tots, or Italian dunkers w/sauce, pineapple tidbits

High School

THURSDAY - Hot dog bar, fish sandwich w/tartar sauce, chicken nuggets w/sauce & roll, mixed vegetables, orange smiles

FRIDAY - Breakfast bar, meatball hoagie w/cheese, chicken nuggets w/sauce & roll, oven roasted potatoes, cinnamon applesauce

WEST SIDE TECH

Breakfast

THURSDAY - French toast sticks, syrup or cereal, juice, fruit, pastry

FRIDAY - Chocolate chip cookies, cereal, juice, fruit

MONDAY - Coffee cake, cereal, juice, fruit

TUESDAY - Waffles, syrup, or cereal, juice, fruit, pastry

WEDNESDAY - Sausage, cheese, or cereal, juice, fruit, pastry

Lunch

THURSDAY - Pierogies w/sauteed onions, roll, tossed salad w/dressing, fresh fruit, tandy cake

FRIDAY - Pizza, fresh veggies w/dip, fresh fruit

MONDAY - Cheese steak hoagie w/lettuce & tomato, macaroni salad, chilled fruit

TUESDAY - Pork BBQ w/relish on soft bun, potato puffs, applesauce, spice bars

WEDNESDAY - Tuna/turkey hoagie w/lettuce & tomato, chicken veg. soup, crackers, soft pretzel

WET BASEMENT?

LIFETIME WARRANTY FULL

B-DRY SYSTEM 824-8808

The B-DRY® SYSTEM has been proven to be SO UNIQUE & SO EFFECTIVE at eliminating basement leakage, that it has been awarded a United States Government Patent! FREE ESTIMATE.

Serving the Wyoming Valley For Over 40 Years!

VOITEN

TV & APPLIANCES

Kingston • 287-9631 Exeter • 655-8801

Be a "PENN STATER" for a day!

OPEN HOUSE

for high school juniors and seniors

Saturday, October 21

9 a.m.

PENN STATE Wilkes-Barre

Athletic & Recreation Building

- Sit in on sample college courses
- Meet Penn State faculty & counselors
- Learn about scholarships & financial aid
- Learn about our NEW 4-year programs
- Enjoy a complimentary picnic lunch
- Please RSVP by calling (570) 675-9238

INAPA AUTO PARTS

CASTROL MOTOR OIL

- SW30 • 10W30
- 10W40
- 20W50
- SAE 30

1.29 /QT.

NAPA GOLD™ OIL FILTER

BUY 2, GET 1 FREE

THROUGH MAIL-IN OFFER
 Light-duty filters only
 See store for details.

DALLAS AUTO PARTS
 668 MEMORIAL HWY., DALLAS • 675-2143

Pizza Perfect

16 Carverton Road, Trucksville

If you want perfection...
 Try our Sicilian style pizza,
 our wings & other menu items!
 Eat in or take out!

Call Ahead

696-2100

Mon.: 4:00 pm - 10:00 pm; Tues., Wed., Thurs.: 4:00 pm - 11:00 pm
 Fri.: 11:00 am - Midnight; Sat.: 12:30 pm - Midnight • Sun.: 2:00 pm - 11:00 pm

Welcome a great new Geisinger doctor to Wilkes-Barre.

When you need an ophthalmologist, you can count on Dr. Chacko or any one of our Wilkes-Barre physicians. They're all part of the Geisinger team --- dedicated to providing you with the finest medical care. Discover for yourself the difference Geisinger doctors make.

The difference is our doctors:

David A. Carl, M.D. Ophthalmology
 Joseph G. Chacko, M.D. Ophthalmology
 Ronald A. Olsen, M.D. Ophthalmology

JOSEPH G. CHACKO, M.D.
 OPHTHALMOLOGIST AND MEDICAL MISSIONARY

We accept the following health plans:
 Access Care II
 Blue Shield
 Geisinger Health Plan
 HealthAmerica
 HealthAssurance
 Medical Assistance
 Medicare
 Tricare

Geisinger
 Medical Group
 Wilkes-Barre

Discover the difference.

For an appointment, call (570) 836-7923
 1000 East Mountain Boulevard, Wilkes-Barre

For more information about Geisinger Services, call CareLink at 1-800-275-6401 or visit us on the web at www.geisinger.org.