

Knights notes



Donora Hillard

Greetings. My name is Donors Hillard. I am a senior at Lake-Lehman High School who has been summoned by the literary gods to tell you what life is like from a teenage perspective. Please do not pigeonhole me; this column will not be an adolescent rant about how much I love nail polish and hate physics. In fact, you just may find that my thoughts mirror your own, regardless of where you are on the sphere. I invite you to crawl into my head, look around, and observe a life. Stay awhile.

Speaking of being pigeonholed, I have observed that it isn't very often you bear about a teenager who isn't involved in sports or drunk driving. In this hectic and often cruel world, it is refreshing to meet someone who is caring and morally grounded. That being said, I give you Dave Hage. Dave is also a senior at Lake-Lehman, and one of my good friends. He is unique because he is one of the few people, let alone teenagers, who can honestly say that Christianity is the staple of his life.

An active community volunteer since the age of 15, Dave decided to get involved because of

Breaking the student stereotype

his strong religious foundation and genuine love for other people. He is always on the go, helping out at his church (the Back Mountain Harvest Assembly), Catholic Social Services and the Luzerne County Housing Authority during the summer. In addition, he is an avid musician, playing the guitar both on his own time and in his church band. With such a busy and varied schedule, it is a wonder how Dave remains so organized and motivated. He says it's because "I just love to help people and try to help them overcome the trials and tribulations of their lives." Dave helps out specifically in this area by counseling peers, which he learned to do from his mentor, Pastor Robert Coscia. With counseling, Dave usually asks the person questions to assess the situation and see whether it falls within his realm of knowledge. If so, he will assist the person himself. But in extreme cases, such as threats of suicide, he refers the individual to a higher authority.

After high school, Dave plans to obtain a degree in social work, as well as a pastoral degree. The influence of people like him serves to make a positive and potentially groundbreaking impact on the community. He is a source of pride to my generation. As he would say, see you at the pole.



Students are reading superstars

For Wycallis Elementary students, the summer break did not mean a vacation from maintaining their skills they mastered during the school year. More than 80 students from first to fifth grades met the reading requirements to be a summer reading superstar. Congratulations to all! Pictured are the fifth grade superstars. Front row: Anna Kammen, Laura Kerpovich, Josh Bloch. Back row: Mallory Kern, Alex Napierkowski, Hannah Grube, Laura Layton, Alexandria Dervin, Kristen O'Brien.

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Ice cream party for DES kids

The Dallas Elementary School surprised its students on September 1 with ice cream from Hillside Farms. Shown above is Mrs. Callahan's kindergarten class enjoying their treat. From left: Mrs. Callahan, Rudy Georgetti, Chloe Alles, Maria Fessler, Brenton Pannell, Nicole Giampietro, Brian Goode.

SCHOOL MENUS

The following school lunch menus are for the week of Sept. 28 - Oct. 4. All lunches include milk.

DALLAS SCHOOLS Elementary

MONDAY - Hot dog, hamburger or cheeseburger, green beans, apple slices

TUESDAY - Oven baked chicken w/dinner roll, hamburger or cheeseburger, mashed potatoes w/gravy, pineapple tidbits, cake

WEDNESDAY - Cheese ravioli w/dinner roll, hamburger or cheeseburger, tossed salad w/dressing, shape up

Middle

MONDAY - Chicken parmesan sandwich, green beans, appleslices

TUESDAY - Cheese steak bar, oven baked chicken w/dinner roll, mashed potatoes w/gravy, pineapple tidbits, cake

WEDNESDAY - Cheese ravioli w/tomato sauce & dinner roll, salad w/dressing, shape up

GATE OF HEAVEN Alternative

Grilled cheese, salad, bologna sandwich

THURSDAY - Macaroni & cheese, roll, peas, carrots, cookies

FRIDAY - Pizza Hut, salad, pudding, pops

LAKE-LEHMAN SCHOOLS

Lehman-Jackson Elementary

THURSDAY - Salad bar w/roll or

meat & cheese hoagie w/lettuce & tomato, buttered peas, appleslices

FRIDAY - Cheese pizza or bologna & cheese on roll, steamed broccoli, mixed fruit

MONDAY - Chicken nuggets w/sauce & roll or BBQ rib sandwich, parsley potatoes, pineapple tidbits

TUESDAY - Nachos w/cheese sauce & roll or meatball hoagie w/cheese, golden corn, chilled pears

WEDNESDAY - Hot dog on bun or ravioli w/tomato sauce & roll, tossed salad w/dressing, applesauce, pudding

Lake-Noxen Elementary

THURSDAY - Salad bar w/roll or cold cut hoagie, buttered peas, rosy applesauce

FRIDAY - Pepperoni pizza or sloppy joe on bun, steamed broccoli, mixed fruit

MONDAY - Chicken nuggets w/sauce & roll or BBQ rib sandwich, buttered peas, pineapple tidbits

TUESDAY - Nachos w/cheese sauce or meatball hoagie w/cheese, golden corn, chilled pears

WEDNESDAY - Hot dog on bun or ravioli w/tomato sauce & roll, tossed salad w/dressing, applesauce, pudding

Ross Elementary

THURSDAY - Chicken patty sandwich, buttered peas or salad bar w/roll, rosy applesauce

FRIDAY - Pepperoni pizza or egg salad sandwich, steamed broccoli, mixed fruit

Computer workshops at Penn State

The fall 2000 series of computer workshops at Penn State Wilkes-Barre offers training for everyone interested in more effective and efficient use of their computers. Offerings include courses in web development, Windows 98, Word, Excell, Access, and Powerpoint 2000. In addition, students can learn about Microsoft Outlook electronic mail and Visual BASIC 6.

A full course on all Microsoft Office software applications is offered at Penn State Wilkes-Barre's off-campus location at IntellaCom on Route 315 in Wilkes-Barre on Wednesday evenings from 6-9 p.m. Also, Penn State Wilkes-

Barre is now an Authorized Testing Center for Microsoft Applications. The MOUS (Microsoft Office User Specialist) test is the most effective and recognizable proof of ability to use Microsoft Office software and desktop applications. Two levels of MOUS testing are being administered: Microsoft Office Proficient Specialist and Microsoft Office Expert Specialist. For a full schedule of courses and fees or to schedule MOUS testing, please contact Estella Killian at Penn State Wilkes-Barre's Center for Quality Continuing Education and Training at (570) 675-9117 or e-mail wbec@cde.psu.edu.

LCCC degree recipients

Luzerne County Community College recently awarded degrees to students who completed requirements for their field of study in August.

David William Frederick of Shavertown; Morag E. Michael, of Dallas; and Ronald Robert Shiner, of Dallas all earned an Associate degree in Applied Science; Thomas Watson of Dallas, earned an Associate in Science degree, and Warren S. Parrott of Hunlock Creek, earned a Certificate of Specialization.

gets w/sauce & roll, steamed broccoli w/cheese, pineapple tidbits

WEST SIDE TECH

Breakfast

MONDAY - Coffee cake, cereal, juice, fruit

TUESDAY - Sausage w/cheese, or cereal, juice, fruit, pastry

WEDNESDAY - French toast sticks w/syrup or cereal, juice, fruit, pastry

Lunch

THURSDAY - Grilled cheese, tomato soup, crackers, tossed salad w/dressing, jello, whipped cream

FRIDAY - Tuna, turkey hoagie w/lettuce, tomato, chicken noodle soup, crackers, brownie, apple

MONDAY - Italian meatballs w/sauce on hard roll, seasoned green beans, chilled fruit

TUESDAY - Cheese steak hoagie w/lettuce & tomato, macaroni salad, apple, yellow cake, frosting

WEDNESDAY - Tuna, turkey hoagie w/lettuce & tomato, vegetable beef soup w/crackers, pumpkin bars

MONDAY - BBQ rib sandwich, buttered peas or chef salad w/roll, pineapple tidbits

TUESDAY - Meatball hoagie w/cheese, golden corn or nachos w/cheese sauce & diced tomatoes, chilled pears

WEDNESDAY - Hot dog on bun w/tossed salad w/dressing or chicken salad sandwich, applesauce, pudding

High School

THURSDAY - French fry bar, chicken parmesan w/spagetti, bacon cheeseburger, fresh veggies w/dip, candied apples.

FRIDAY - Pizza bar, pork BBQ on roll, chicken nuggets w/sauce & roll, golden corn, shape up

MONDAY - Hot dog bar, stromboli w/sauce, chicken nuggets & roll, glazed carrots, chilled pears, chips

TUESDAY - French fry bar, chicken cordon bleu sandwich, BBQ rib sandwich, buttered peas, applesauce

WEDNESDAY - Burger bar, sauteed pierogies w/butter, chicken nug-

Lake-Lehman meetings Oct. 3, 10

Notice is hereby given that the Lake-Lehman School Board of Directors will hold their regular monthly Committee-of-the-Whole meeting on Tuesday, October 3, at 7 p.m. in the music room of the Lehman-Jackson Elementary School, Lehman. The next regular meeting for general purposes will be held on Tuesday, October 10, following a Committee-of-the-Whole meeting at 7 p.m. in the auditorium of the senior high school, Lehman.

Lehman-Jackson PTA invites participation

The Lehman-Jackson PTA board for the 2000-01 school year invites all parents and caregivers of elementary school students to take an active part in their children's education by joining the PTA during its annual membership drive the week of October 2.

The Lehman-Jackson PTA has had the honor of being recognized by the National PTA several times in the last decade with awards for "Most Outstanding Local PTA Unit".

'All politics is local'

Thomas "Tip" O'Neill
Former Speaker of the House

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