

SPORTS ROUNDUP

FOOTBALL

Dallas 48, Tunkhannock 14

The Mountaineers seemed quick to want to erase an opening week loss by providing fans with a lot to cheer about in Saturday's destruction of the Tunkhannock Tigers. Junior quarterback Chuck Suppon threw four touchdown passes as Dallas gained 380 yards of offense in the first half alone, mounting a 42-7 lead at intermission. Suppon's day included 172 yards through the air. Cory Gallant had a huge day on the ground, rushing for 131 yards in only playing the first half. He finished with two touchdowns, one rushing and one receiving. Receiver Jason Race caught touchdown passes of 14 and 33 yards from Suppon. Duane Short, Adam Harris, and Nick Harris had the remaining three touchdowns on short gains.

Lehman 14, West Scranton 8

The Black Knights opened its home season with a win over West Scranton Saturday afternoon. Sophomore Mike Mully's second interception of the game, on the final drive the Invaders had, preserved the victory. Junior quarterback Zack Ragukas went 10-18 passing for 98 yards and a touchdown pass. The TD pass came in the second quarter, an 8-yarder to Chris Navin. Later before the half, tailback Josh Kuwaye scored from one yard out. Kuwaye had 50 ground yards and 45 yards receiving in the game. West Scranton scored in the third quarter to cut the lead to 14-6 as the Knights blocked the extra point. A later safety provided the final scoring in the contest.

BOYS SOCCER

Dallas 8, Hazleton Area 2

Coming off an appearance in the state semifinals, the Mountaineers opened the season with a decisive home win over Hazleton Area on Wednesday of last week. Junior Ricky Branco had a hat trick to start the season, while Captain Josh Katyl found the net twice. Juniors Ryan Love, John Pambianco, and Tim Faneck each had one goal in the game.

Dallas 9, Tunkhannock 0

Ricky Branco's second consecutive hat trick highlighted a Dallas romp against Tunkhannock Friday. Branco added an assist as well. Ryan Love and Andrew George each scored twice. The defense was impressively solid. Keeper Nate Hoffman made six saves to earn the shutout. Paul Shiber and Tim Faneck each earned assists on two goals. Midfielders Adam Clay and Josh Katyl added goals.

FIELD HOCKEY

Dallas 4, GAR 3

Daisy Neiman scored all four goals as the Lady Mountaineers held off a game GAR squad Sept. 11. Dallas clawed back after GAR took an early 2-0 lead, then went ahead on Neiman's two goals after the break. GAR came back to tie at 3-3 with only two minutes remaining in the game, but Neiman found the goal shortly after and Dallas held on to win.

Lehman 8, Montrose 0

The Lady Knights cruised to victory as Lisa Wasser and Maureen White scored two goals each, while the Lehman defense kept Montrose from getting a clean

shot throughout the game. Alyson Bevan, Carla Chiampi, Amy Donovan and Colleen Mahon each scored.

Dallas 2, Coughlin 1

Senior Heather Shultz scored the game-winning goal with just over three minutes remaining to give Dallas a single-goal victory over Coughlin. Fellow senior Melonie Sappe made fourteen saves in goal to keep the Mountaineers undefeated in the early season.

Dallas 3, Meyers 0

Molly Savage scored two goals and had an assist to lead Dallas to the win over Meyers. Jackie Hardwick scored the remaining goal for Dallas. Kate Benedetti assisted on one of Savage's goals. Melanie Sappe had 3 saves in the shutout. The team improved its season record to 3-0 with the victory.

GOLF

Hoban 155, Lehman 156

The Argents of Bishop Hoban defeated Lake-Lehman's Black Knights by a single stroke in WVC golf action last week. No scores for the Knights were reported. No breakdown for Lehman scores were reported.

Meyers 171, Dallas 174

Meyers used consistent low scoring to defeat the Mountaineers in play during the week. Danny Laurenzi, Mike Fehlinger, and Pat Barnard all shot rounds of 43 to lead the Dallas cause.

Tunkhannock 171, Dallas 175

The Mountaineers were again tough-luck losers in falling to Tunkhannock at the end of last week. Mike Fehlinger had a nice showing to finish with a round of 40. Kyle Tomek was close behind with his 43. Kevin Piekara was third lowest at 45, while Pat Barnard, and Jared Karalunas each contributed 46s in tying for fourth.

GIRLS VOLLEYBALL

Dallas 2, Coughlin 1

The Mountaineers opened their road season with a thrilling three-game match against Coughlin. After dropping the first game 15-13, the Mountaineers were able to adjust and rebound to capture the later two games by scores of 15-9 and 15-10. Amber Koes and April Piazza combined for 15 service points to star offensively.

Dallas 2, Meyers 0

A tight second game went in favor of host Dallas as it knocked off Meyers last week. After a relatively-comfortable first game of 15-7, the Mountaineers were challenged more fiercely in the second game but managed to hang on with a 16-14 game win. Kristen Vozzak had four big kills and Nancy Levinson two to help out defensively, while Ashley Toman (2), Samantha Oschman (1), and Amber Koes (1) each had aces in aiding the offensive cause.

Bishop Hoban 2, Lehman 0

Bishop Hoban defeated Lake-Lehman on Thursday by scores of 15-4, 15-4. No Black Knight statistics were available.

Lehman wins WVV tourney

Lake-Lehman's Lady Knights won the Wyoming Valley West volleyball tournament 2 games to 1. Nichole Seiwell had the winning ace point.



Lady Mounts top Coughlin

A goal by Heather Shultz off a feed from Molly Savage broke a 1-1 tie and Dallas held on to beat Coughlin 2-1 Sept. 6. Jamie Coleman opened the scoring on a penalty stroke midway through the first half. In top photo, Carrie Strasser moved in quickly as a Coughlin player tried to hit the ball away. At right, Molly Savage stayed ahead of the defender.

POST PHOTOS/JIM PHILLIPS



BMT Cyclones, from left, front row: Ryan Shannon. Second row: Harry Schall, Tim Ropel, David Zurek, Alex Slocum, Andrew Payne and Eric Fritzges. Third row: Colin Grube, Henry Messinger, Brad Johnson, coach Sandy Zurek, coach Laura Slocum, Michel Eckman, Sean MacDougall, and Derek Martin. Missing from photo: coach Sean Callahan.

Cyclones win Whitewater Cup

The Cyclones U-10 boys won their first game 8-0 against the Valley Fire from Plymouth in the Whitewater Cup Classic Tournament on Saturday, Sept. 3. To open the scoring, Michael Eckman put one over the goalie's head on a direct kick. Alex Slocum added the second goal on an assist from Eric Fritzges. Henry Messinger had two back-to-back goals, one on a corner kick to round out the first half. In second half play, Tim Ropel scored off an assist from David Zurek and Fritzges added 2 goals with help from Ropel. Sean MacDougall tipped in a shot from Slocum to end the first game. Doing a fine job were Ryan Shannon and Derek Martin.

In the second game against the Mountaintop Blitz, the Cyclones picked up their second win at 3-1. Zurek opened the scoring on an assist from Fritzges in the first half. In second half play, Slocum scored off a nice pass from Brad

Johnson and Zurek headed the ball into the goal off Harry Schall's corner kick to bring the score to three. Ryan Shannon did a superb job in goal for the Cyclones.

In game three, the Cyclones won over the Back Mountain Bombers at a score of 4-1. Martin and MacDougall split the job of goalie. Scoring in the first half were Andrew Payne from a pass off Slocum and Schall unassisted. In second half play, Colin Grube scored off Messinger and Ropel scored off Martin.

The Cyclones were defeated 2-3 by the Roni Jrs. in game 4. In the second half, Grube scored off a pass from Johnson and Zurek sneaked one in from Schall to make it 2-2. In the last minute the Roni's scored for the win. Despite the loss, the Cyclones took the Championship. Coaches for the Cyclones are Laura Slocum, Sandy Zurek, and Sean Callahan.

Our Lady of Victory golf tourney

Our Lady of Victory Church, Harveys Lake, will be holding their annual George Appel Memorial Golf Tournament on Friday, September 15, at Four Seasons Golf Club, Exeter.

Lunch will be at noon, with a 1 p.m. shotgun start. The format of play will be Captain and Crew. A trip to the Bahamas will be awarded for the first hole-in-one on hole number 8. The \$50 fee includes 18 holes, cart, lunch, social hour, barbecue dinner and prizes. To register, call the church office at 639-1535.

Lake-Lehman Football Club to meet

The Lake Lehman Football Club will meet Thursday, Sept. 14 at Grotto Pizza Harveys Lake at 7:30 p.m. The film from the West Scranton game will be shown after the meeting. Parents of football players and cheerleaders are asked to attend.

Health & FITNESS

Alternative health store opens

"Essence of Healing," a new alternative healing center, opened its doors in September offering therapies in alternative healing methods. An open house is planned for the community on October 7 from 11 a.m. to 6 p.m. There will be entertainment, refreshments and door prizes. All are welcome to come and visit the center.

Some of the healing methods offered at the center include Flower Essence consultations and remedies, Aura-Soma Colour healing products and consultations along with Aromatherapy Oils, Reiki, and Therapeutic Massage Techniques. In addition you can have your photograph taken by one of two special cameras that take pictures of your electromagnetic fields, or, Aura.

But, what is all this stuff?? First it is important to remember that the human body is a very complex and many-leveled being. Modern medicine approaches the body mostly as a bio-chemical machine. You feel bad, take a pill, it reacts chemically with the body and, hopefully, you feel better.

Yet, there is another level to the human body, namely: Energy, or if you will, an "electrical" being. Energy levels ebb and flow, moving through the body supplying energy for health and well being. Years ago intuitive people could see the colors of the human aura with their naked eye but kept it to themselves for fear of being labeled "mad" and sent to the "Looney bin." Now with modern technology we can actually photograph these energy fields and explore the meaning of the color in relation to the individual moods, health, and energy. What was once considered crazy is now researched and documented. Native Americans used herbal remedies for centuries and were scoffed at by modern medicine. Now we realize and accept the profound healing properties of herbs and they are sold in corner drug stores.

Flower Essences are remedies made from infusing water (a conduit of electricity) with the flower petals' essence, or bioelectric pattern. Originally invented by a medical doctor and homeopath in England in the 1930's, Dr. Edward Bach discovered the healing powers of this infusion for ad-

ressing traumas, and emotional problems. Later a woman named Mabelle Small Wright in Virginia discovered that they also affect the body's bioelectric system and can be used in this way to help channel energy into physical areas that are weak or healing.

Aura-Soma is a color system of rainbow colored oils. They allow you to use the dynamic, living energies of nature to help yourself in many ways: Rebalance and revitalize your energy and to feel more relaxed. Using the Colour bottles opens the window to your soul revealed in the bottles chosen during a consultation. These beautiful bottles are created from all natural oils and plant dyes, herbal extracts, essential oils, gems and crystals through a process that takes at least a year in producing.

Consultations in Aura-Soma will be available October 1 and "Essence of Healing" will join the ranks of only a few practitioners on the entire East Coast.

Therapeutic Massage, Aromatherapy & Reiki are hands on healing approaches. Massage assist the muscles in healing and can transfer energy to another person. Reiki is a very old Japanese healing modality that focuses on energy transference and movement in the body. Aromatherapy is the use of the sense of smell to compel the body towards healing.

"Essence of Healing" was opened after many months of meetings, planning and plain old hard work by Janet D. Peterson a trained Flower Essence Practitioner with over 15 years experience in the field of Essences and energy work. J.D. Peterson also is a trained Aura-Soma Consultant based out of the Osho Academy in Sedona, Arizona. She also has training in Reiki and energy work among other alternative methods. She is joined in her work by her husband Chief Mike "Medicine Shield" Taffe and massage therapist Diane Pilosi.

The retail shop offers the purest Aromatherapy products, Flower Essences and AuraSoma Colored products, along with a selection of books on Essences, Colour and related topics. Stop in and visit, or call for a consultation appointment. Aura or Kirilian Photograph or massage. Gift certificates for services are available.

Essence of Healing

Alternative Healing Center

Across from Agway in Dallas
(570) 674-3310 • Fax (570) 674-3311
e-mail: mthaven@epix.net web site: jdpeterson.com

Offering:
Flower Essence Consultations and Remedies
Aura-Soma Colour Remedies and Cosmetics
(1 of the few places they can be found on the East Coast)

Consultations Available October 1st

AROMATHERAPY • THERAPUTIC MASSAGE
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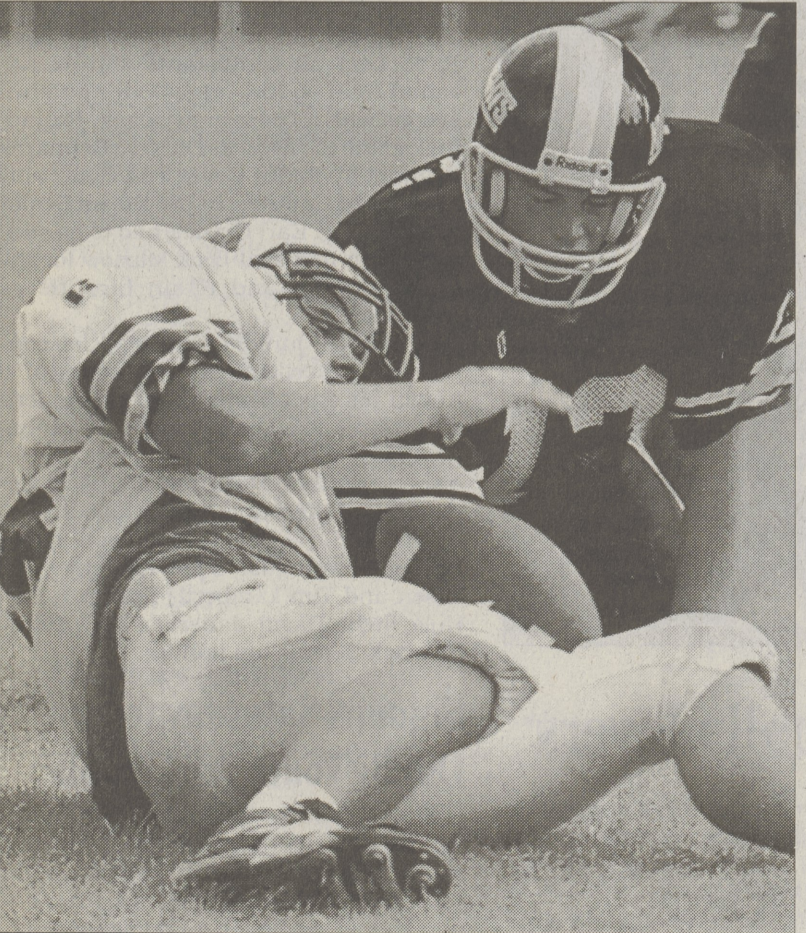
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Hours: Mon.-Thurs. 6am-8pm
Fri. 6am-7pm; Sat. 9am-5pm; Sun. 10am-2pm



POST PHOTO/JIM PHILLIPS

Mike Mully wrestled for a loose ball in the Lehman/West Scranton game. Mully had two interceptions on the day, including one that preserved the Black Knights' 14-8 win.