

## Dallas Middle School students earn Honors with Distinction

Dallas Middle School held an assembly to honor the outstanding academic students for the second marking period. Mr. Anthony Martinelli, Dallas Middle School principal, announced that 31 students achieved Honors with Distinction. To be eligible a student must have a 3.8. to 4.0 average. Pictured row 1: Chelsea Calhoun, Maria Gialanella, Brittany Prater, Rebecca Vodzak, and Jennifer Mines. Row 2: Jered Weinstock, Justin Orlandi, Michelle Luksh, Katherine Kupstas, Ryan Beberus, and Ashley Wolanski. Row 3: Christine Zavaskas, Nicholas Oschman, Samantha Griffith, Hillary Smith, Jeffrey Decker, Katelyn Fritzes, and Laura Morgan. Row 4: Diana Glicini, Samantha Decker, Megan Savage, Joseph Bednash, Megan Vodzak, Adam Snider, Christopher Baiamonte, Sara Vodzak, Cory Patton, and Sara Getz. Row 5: Ashleigh King, Meredith Lacey and Dustin Bednarz



## Wyoming Seminary Lower school releases honor roll

John H. Burbank, Jr., Dean of Wyoming Seminary's Lower School, has announced the honor roll for the second trimester of the 1999-2000 academic year.

Academic High Honor Roll:  
**Grade 6:** Sara Brown, Shavertown; Emily Conyngham, Huntington Mills; Kelly Dickinson, Shavertown; Laura Eckman, Shavertown; Ross Feinstein, Shavertown; Sofie Grossman, Shavertown; Alexandra Podbelski, Shavertown; Gabrielle Richterman, Dallas; Andrew Rogers, Trucksville.

**Grade 7:** Caitlin Delehanty, Shavertown; Andrew O'Hara, Dallas; Aaron Richterman, Dallas.

Academic Honor Roll:  
**Grade 6:** Howard Baird III, Dallas; Jacob Budin, Trucksville; Elizabeth Clark, Shavertown; Ashley Emershaw, Shavertown; Harold Flack, Dallas; Jillian Nataupsky, Shavertown; Alia Pyros, Shavertown; Erik Riley, Shavertown; Aaron Slaff, Dallas;

Stephanie Wallace, Dallas.

**Grade 7:** Rebekah Clay, Dallas; Jessie Conyngham, Dallas; Joseph DeMuro, Shavertown; Abigail Fried, Dallas; Shoshanna Gitlin, Dallas; Rebecca Howell, Dallas; David Janerich, Shavertown; Mark Koval, Dallas; Michael Lloyd, Shavertown; Emily Mendelssohn, Dallas; Dante Molino, Kingston Township; Tamra Morris, Dallas; Daniel Rittenburg, Shavertown; Nina Shah, Shavertown; Zoe Van Jura, Trucksville.

**Grade 8:** Nicole Allan, Shavertown; Caitlin Conyngham, Huntington Mills; Kyle Dagenais, Shavertown; Naveen Dasa; Shavertown; Elisabeth DiGiovanni, Shavertown; Justin Emershaw; Shavertown; Ryan Gower, Dallas; Brigitte Henry, Shavertown; Vincent Insalaco, Shavertown; Vincent Landers, Dallas; Katelynn Lawrence, Dallas; Whitney Pollock, Dallas.

## Dallas High School students announce college acceptances

The following Seniors will be attending these school in the Fall of 2000. Congratulations on your acceptances.

Jennifer Dassaro, Beaver College; Jennifer Dombroski, Susquehanna University; Sara Dymond, Kutztown University; Adam Eckels, Penn State University (Wilkes-Barre); Daniel Fauerbach, Penn State University (University Park); Leah Grundowski, L.C.C.C.; Kelly Harris, Bloomsburg University; Dave Jumper, Penn State University

(University Park); Bryn Haller, Tidewater; Anthony LaNunziata, L.C.C.C.; Kelly Larson, King's College; Sarah Nichol, Pennsylvania Culinary; Melissa Onufer, Lycoming College; Kellie Robacheski, Bloomsburg University; Kristin Rosencrance, Kutztown University; Michael Ruggery, Bloomsburg University; Gary Samuels, L.C.C.C.; Nicole Sidorek, L.C.C.C.; Damian Temperine, Shippensburg University; Heather Vodzak, Philadelphia University

## Dallas El parents can get break on Tuition Assistance Program

The Dallas Elementary PTO will hold an information session about planning and saving for college education on Wed., April 5. State Representative, Phyllis Mundy will be on hand to answer questions.

The Pennsylvania Tuition Account Program has agreed, for a limited time, to allow Dallas Elementary School families to open

TAP accounts (with an initial deposit of \$25) and pay an enrollment fee of just \$10 - a discount of \$40 off the regular fee. For every new account opened, TAP will donate \$20 to our school. To take advantage of this special offer, you must submit your TAP enrollment material by June 3, 2000.

TAP, administered by the

Pennsylvania Treasury Department, is a unique tax-advantaged program that allows families to purchase tomorrow's college tuition at today's lower prices. TAP accounts can be used at any accredited college, university, trade or technical school, anywhere in the nation.

Please consider this opportunity to begin planning for a

child's college education while helping our school. You should have received information about TAP in a packet sent home with your child. If you did not, please contact Karen Arnauld, 675-2751.

If you have any questions or need additional information contact the TAP Bureau directly at 1-800-440-4000.

## Lake-Lehman students will participate in anti-tobacco program

The Medical and Wellness Departments of the Lake-Lehman Middle Level and Senior High School have been awarded a grant to begin their STUN (Stop Tobacco Use Now) campaign. This program will begin on April 5, and coincides with National "Kick Butts" Day.

Letters will be written by Lake-Lehman middle level students and sent to the President of the United States. The students want the president and the public to know

that cigarette companies have not changed. Tobacco companies still advertise in youth magazines, promote cigarette sales at retail stores located near schools, and expose measures that make it difficult for kids to obtain cigarettes.

The eighth grade wellness classes will attend an assembly provided by the American Cancer Society, during which time a speaker with a laryngectomy (removal of the larynx) will discuss

his personal experiences concerning the use of tobacco.

Senior high school students will contact area businesses asking them to assist and support the "Teens Against Tobacco" goals.

An after-school program will be established to assist nicotine addicted teens as they endeavor to stop their use of tobacco. Elementary students in the Lake-Lehman School District will view an informational skit, performed by the high school task force,

regarding the dangers of tobacco use.

Lake-Lehman's certified school nurse, Regina Modrovsky, and Paulette Barney, health and wellness educator, will facilitate this program and can be reached during school hours at 675-7458 for any further information regarding the STUN program.

### SCHOOL MENUS

The following school lunch menus are for the week of March 30 - April 5. All lunches include milk.

#### DALLAS SCHOOLS

**Elementary**  
**THURSDAY** - Oven baked BBQ chicken w/dinner roll, hot dog on bun, curly fries, pineapple tidbits, baked cookie  
**FRIDAY** - Hot ham and cheese on roll, parsley potatoes, apple slices  
**MONDAY** - Hot dog bar, chicken parmesan sandwich, green beans, apple slices  
**TUESDAY** - Double burger bar, oven baked chicken w/dinner roll, mashed potatoes w/gravy, pineapple tidbits, cake  
**WEDNESDAY** - Mexican bar, cheese ravioli w/tomato sauce and dinner roll, salad w/dressing, shape up

**Middle School**  
**THURSDAY** - Burger bar, oven baked BBQ chicken w/dinner roll, curly fries, pineapple tidbits, baked cookie  
**FRIDAY** - Pizza bar, hot ham and cheese on croissant, parsley potatoes, apple slices  
**MONDAY** - Hot dog, hamburger or cheeseburger, green beans, apple slices  
**TUESDAY** - Oven baked chicken w/dinner roll, hamburger or cheeseburger, mashed potatoes w/gravy, pineapple tidbits, cake  
**WEDNESDAY** - Cheese ravioli w/dinner roll, hamburger or cheeseburger, tossed salad w/dressing, shape up

**High School**  
**THURSDAY** - Baked potato bar, cheese ravioli w/tomato sauce and dinner roll, salad w/dressing, fruited gelatin  
**FRIDAY** - Pasta bar, grilled cheese sandwich, tomato soup w/crackers, glazed carrots  
**MONDAY** - Hot dog bar, chicken parmesan sandwich, green beans, pudding

**TUESDAY** - Double burger bar, oven baked chicken w/dinner roll, mashed potatoes w/gravy, golden corn  
**WEDNESDAY** - Mexican bar, cheese ravioli w/tomato sauce and dinner roll, salad w/dressing, Jell-O parfait

**GATE OF HEAVEN SCHOOL**  
**Alternative Lunch, any day** - Pizza, salad, tuna salad  
**THURSDAY** - Chicken croquettes, mashed potatoes  
**FRIDAY** - Pizza hut, salad, Rice Krispie Treat  
**Alternative Lunch, any day** - Hot dog w/bun, ravioli & sauce, salad  
**MONDAY** - Chicken noodle soup, saltines, turkey sandwich, pudding  
**TUESDAY** - Pierogies, carrots, peaches  
**WEDNESDAY** - Chicken fries, tator tots, carrots w/dressing, cookie, pretzels .50¢

**LAKE-LEHMAN SCHOOLS**  
**Elementary**  
**THURSDAY** - Hot dog on bun or lasagna w/garlic bread, tossed salad w/dressing, chilled peaches  
**FRIDAY** - Cheese pizza or BBQ turkey sandwich, golden corn, mixed fruit  
**MONDAY** - Chicken nuggets w/sauce and roll, or meatball hoagie w/cheese, potato wedges, pineapple tidbits  
**TUESDAY** - Nachos w/meat, cheese, sauce and roll, or BBQ rib sandwich, golden corn, mandarin oranges  
**WEDNESDAY** - French toast sticks w/sausage, or egg muffin, hash browns, chilled juice

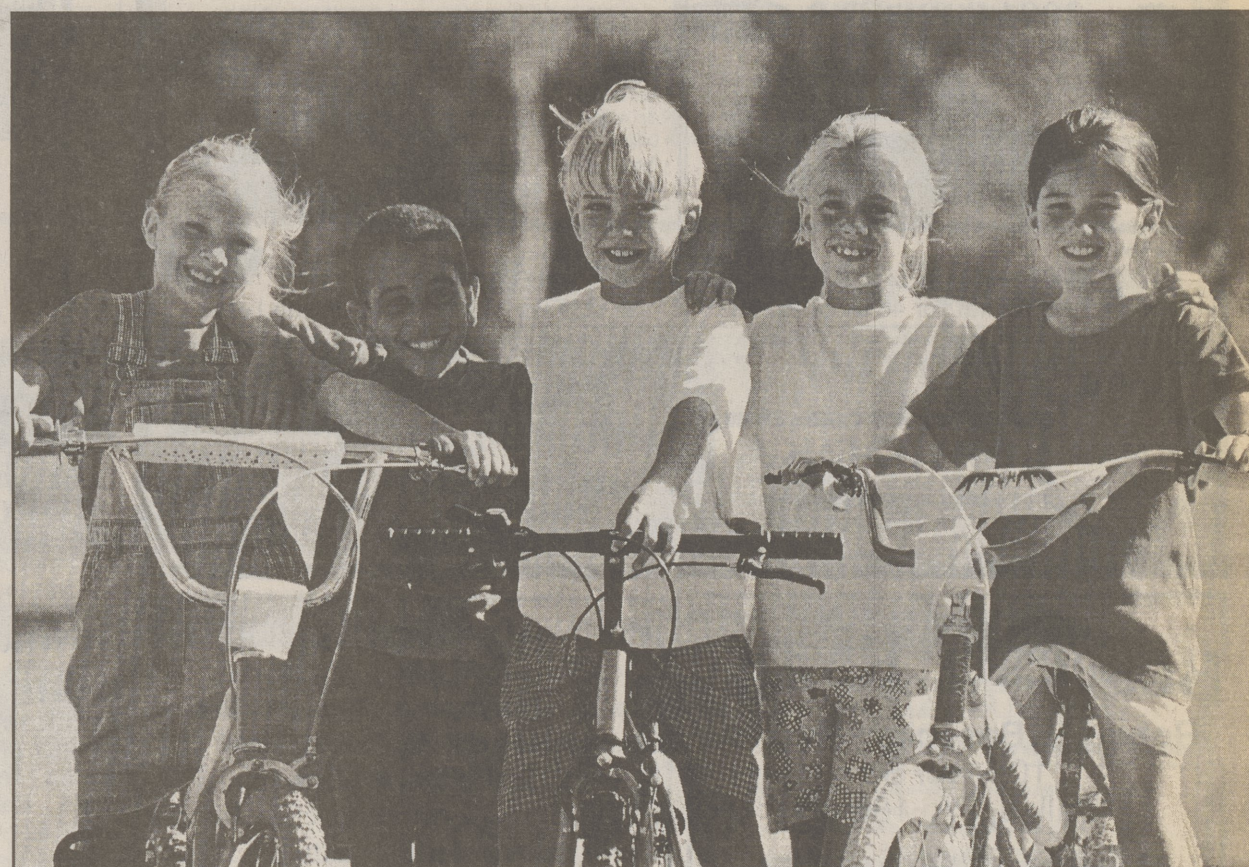
**Middle School**  
**THURSDAY** - Hot dog bar, french bread pizza, winter blend vegetables, mandarin oranges  
**FRIDAY** - French fry bar, hot ham and cheese croissant, parsley potatoes, chilled pears  
**MONDAY** - Breakfast bar, chicken patty sandwich, glazed carrots, chilled pears

**TUESDAY** - Soft taco bar, BBQ turkey on roll, mixed vegetables, cinnamon applesauce  
**WEDNESDAY** - Po-Boy sandwich bar, baked chicken w/dinner roll, mashed potatoes w/gravy, fresh fruit

**High School**  
**THURSDAY** - Breakfast bar, french bread pizza, winter blend, mandarin oranges, deli bar  
**FRIDAY** - Cheesesteak bar, fish sandwich w/tartar sauce, creamy macaroni and cheese, french fries, mixed fruit  
**MONDAY** - Pasta bar, chicken patty sandwich, glazed carrots, chilled pears  
**TUESDAY** - Chicken fajita bar, Salisbury steak w/dinner roll, mashed potatoes w/gravy, peach cup  
**WEDNESDAY** - Mexican bar, BBQ turkey on roll, buttered beans, fruited gelatin, Deli Bar

**WEST SIDE TECH**  
**Breakfast**  
**THURSDAY** - Pancakes w/syrup, or cereal, juice, fruit pastry  
**FRIDAY** - Muffin, cereal, juice, fruit  
**MONDAY** - Banana cup cake, cereal, juice, fruit  
**TUESDAY** - French toast sticks with syrup, or cereal, juice, pastry  
**WEDNESDAY** - Sausage w/cheese, or cereal, juice, pastry

**Lunch**  
**THURSDAY** - Cheesesteak hoagie, lettuce, tomato, oven ready fries, jello cake, whipped cream  
**FRIDAY** - Italian meatballs with sauce, seas pasta, green beans, fruit bowl  
**MONDAY** - Chicken nuggets, dipping sauce, chicken rice soup, crackers, roll, chilled fruit, tossed salad  
**TUESDAY** - Sausage on roll, tomato sauce, mozzarella cheese, seasoned pasta, tandy cake  
**WEDNESDAY** - Pork Rib B Que, sauce, on roll, potato wedges, apple jello with whip cream



## Your Kids Come First.

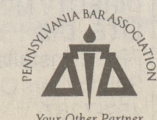
Recent changes in support laws in Pennsylvania may mean a change in your children's support arrangements. Whether you are seeking, receiving or paying support for your children, you owe it to them to know about these important changes.

Our new child support guide explains key facts about today's laws. For your free copy, call the Wilkes-Barre Law & Library Association at (570) 822-6712 or the Pennsylvania Bar Association at (888) 799-4557 or complete and mail the coupon below. If you would like a legal referral in your area, call the Wilkes-Barre Law & Library Association at (570) 822-6029.

YES, send me a FREE copy of the Child Support Guide.

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Send to: Wilkes-Barre Law & Library Association • Courthouse, Rm. 23 • Wilkes-Barre, PA 18711



A message in the public interest from the Pennsylvania Bar Association, Pennsylvania Bar Foundation, Pennsylvania Bar Trust and the Wilkes-Barre Law & Library Association.

**Q:** Where do you find the most Back Mountain news, week after week?  
**A:** Only in The Dallas Post, the Back Mountain's newspaper since 1889.