

SCHOOL MENUS

The following school lunch menus are for the week of March 23-28. All lunches include milk.

DALLAS SCHOOLS

Elementary
THURSDAY - Tacos w/meat, cheese, lettuce & tomato, deli sub, golden corn, mixed fruit

FRIDAY - EARLY DISMISSAL, Chicken nuggets w/sauce & roll, deli sub, green beans, oranges

MONDAY - Hamburger/cheeseburger, hot dog on bun, buttered corn, chilled apricots

TUESDAY - Sweet and sour chicken over rice, hot dog on bun, mixed oriental vegetables, shape up

WEDNESDAY - Cheese steak hoagie, hot dog on bun, salad w/dressing, mixed fruit

Middle School

THURSDAY - Baked potato bar, tacos w/meat, cheese, lettuce & tomato, golden corn, rosy applesauce

FRIDAY - EARLY DISMISSAL - No lunch

MONDAY - French fry bar, hamburger/cheeseburger, buttered corn, chilled apricots

TUESDAY - Pasta bar, sweet & sour chicken over rice, mixed oriental vegetables, shape up

WEDNESDAY - Cheese steak bar, cheese ravioli w/tomato sauce & dinner roll, salad w/dressing, mixed fruit

High School

THURSDAY - Fajita bar, chicken parmesan w/spaghetti, salad w/dressing, peach walnut crisp

FRIDAY - EARLY DISMISSAL - No lunch

MONDAY - SCHOOLCLOSED
TUESDAY - Mexican bar, sweet & sour chicken over rice, steamed broccoli, shape up

WEDNESDAY - Hot dog bar, pork BBQ on roll, buttered corn, chips

GATE OF HEAVEN SCHOOL

Alternative Lunch - any day
 - Grilled cheese, salad, chicken noodle soup

THURSDAY - Spaghetti & meat sauce, salad, garlic bread stix, fruit roll up

FRIDAY - EARLY DISMISSAL - No lunch

Alternative Lunch, any day
 - Pizza, salad, bologna sandwich

MONDAY - Stuffed pizza stix w/sauce, salad, donut

TUESDAY - Hoagies w/lettuce, tomato, cheese, chips, pickles, fruit

WEDNESDAY - Macaroni & cheese, roll, salad, cookie, popcorn .50¢

LAKE-LEHMAN SCHOOLS

Elementary

THURSDAY - Ham & cheese sandwich or sliced turkey w/gravy and dinner roll, sweet peas, fruit crisp

FRIDAY - Pepperoni pizza or tuna hoagie w/lettuce, tomato,

glazed carrots, chilled pears

MONDAY - Cheesesteak hoagie or ham BBQ sandwich, french fries, rosy applesauce, chips

TUESDAY - Chicken nuggets w/sauce and roll, or sloppy joe on bun w/cheese cube, parsley potatoes, shape up

WEDNESDAY - Stromboli w/sauce or creamy macaroni and cheese w/dinner roll, winter blend, fresh orange

Middle School

THURSDAY - Baked potato bar, salisbury steak w/gravy, mashed potatoes w/gravy, green beans, pineapple tidbits

FRIDAY - Pizza bar, fish sandwich w/tartar sauce, tator tots, mixed fruit

MONDAY - Breakfast bar, chicken parmesan w/side of spaghetti, glazed carrots, mixed fruit

TUESDAY - Burger bar, turkey and gravy over mashed potatoes, green beans, chilled pears

WEDNESDAY - Mexican bar,

baked ziti w/meatsauce and garlic bread, tossed salad w/dressing, fruited gelatin

High School

THURSDAY - Double burger bar, turkey and gravy over mashed potatoes, green beans, pineapple tidbits

FRIDAY - Personal size pizza bar, sausage sandwich w/onions and peppers, fresh veggies w/dip, cinnamon applesauce

MONDAY - Burger bar, hot dog on bun w/side of chili, glazed carrots, peach cup, chips

TUESDAY - French fry bar, chicken cordon bleu sandwich, buttered peas, chilled pears

WEDNESDAY - Baked potato bar, ravioli w/sauce and roll, tossed salad w/dressing, fruited gelatin

WEST SIDE TECH

Breakfast

THURSDAY - Waffles w/syrup, or cereal, juice, fruit, pastry

FRIDAY - Gingerbread, cereal, juice, fruit

MONDAY - Banana cake, cereal, juice, fruit

TUESDAY - French toast sticks, syrup, cereal, juice, fruit

WEDNESDAY - Sausage/cheese, or cereal, juice, fruit, pastry

Lunch

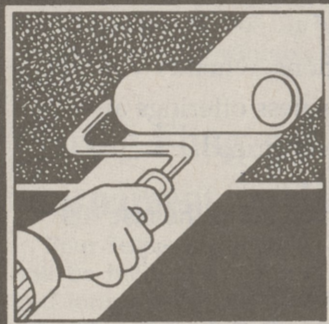
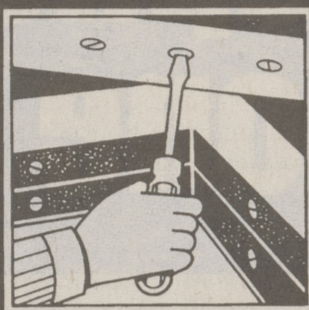
THURSDAY - Tuna/turkey hoagie, lettuce, tomato, pasta salad, orange wedges, gingerbread

FRIDAY - Pizza, tossed salad, fresh fruit, cinnamon swirl cake

MONDAY - Pierogies, sauteed onions, mini chef salad, roll, dressing, chilled fruit

TUESDAY - Chicken patty on roll, lettuce, tomato, chicken rice soup, crackers, apple, chocolate cake, frosting

WEDNESDAY - Pasta meat sauce, roll, tossed salad, dressing, chilled fruit



CLEAN UP FIX UP PAINT UP

BUILD A SOLID CUSTOMER FOUNDATION WITH AN AD IN THE DALLAS POST'S SPRING HOME IMPROVEMENT TAB

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Wednesday, April 12

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Thursday, April 6

Size:

5 Col by 13" SAU Tabloid

The Dallas Post

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