

Williams, Wascalus earn college degrees

Matthew W. Williams, of Dallas, recently graduated from Mansfield University with a bachelor's degree in Business. Melissa Wascalus, of Hunlock Creek, earned a bachelor's degree in Art Education.

SCHOOL MENUS

The following school lunch menus are for the week of March 16-22. All lunches include milk.

DALLAS SCHOOLS

Elementary
THURSDAY - Fajitas w/flour tortilla, hamburger/cheeseburger, pasta salad, buttered corn, sweet raisins
FRIDAY - Grilled cheese sandwich, hamburger/cheeseburger, mixed vegetables, chilled applesauce
MONDAY - Stromboli w/sauce, deli sub, winter blend, chilled peaches
TUESDAY - Sauteed pierogies w/dinner roll, deli sub, steamed broccoli, blueberries w/cream
WEDNESDAY - Open face turkey sandwich, deli sub, tator tots, chilled pears, Jell-O

Middle School
THURSDAY - Homestyle bar, hamburger/cheeseburger, buttered corn, chilled pears
FRIDAY - Pasta bar, grilled cheese sandwich, mixed vegetables, chilled applesauce
MONDAY - Hot dog bar, stromboli w/sauce, steamed cauliflower, chilled peaches
TUESDAY - Mexican bar, sauteed pierogies w/dinner roll, steamed broccoli, blueberries w/cream
WEDNESDAY - Oriental bar, open face turkey sandwich, tator tots, chilled pears, Jell-O

High School
THURSDAY - Mexican bar, chef's choice, steamed broccoli, shape-up
FRIDAY - Mashed potato bar, beef stew over noodles, green beans, pudding
MONDAY - Cheese steak bar, stromboli w/sauce, mixed vegetables, chips
TUESDAY - Double burger bar, tacos w/meat, cheese, lettuce & tomato, golden corn, baked cookie
WEDNESDAY - Home style bar, sauteed pierogies w/dinner roll, steamed broccoli, Jell-O parfait, curly fries.

GATE OF HEAVEN SCHOOL
Alternative Lunch - any day - Pizza, macaroni salad, hot dog
THURSDAY - Pierogies, salad w/dressing, cake
FRIDAY - Grilled cheese, tomato soup w/fish crackers, pickles, shamrock pretzel
Alternative Lunch, any day - Grilled cheese, salad, chicken noodle soup
MONDAY - Hot dog w/bun, french fries, baked beans, Rice Krispie Treat
TUESDAY - Sausage/peppers, and cheese hoagie, applesauce, pudding
WEDNESDAY - Chicken nuggets w/honey, BBQ sauce, stuffed potato, green beans, cookie, ice cream .50¢

LAKE-LEHMAN SCHOOLS
Elementary
THURSDAY - Zesty spaghetti w/meatsauce and garlic bread, or

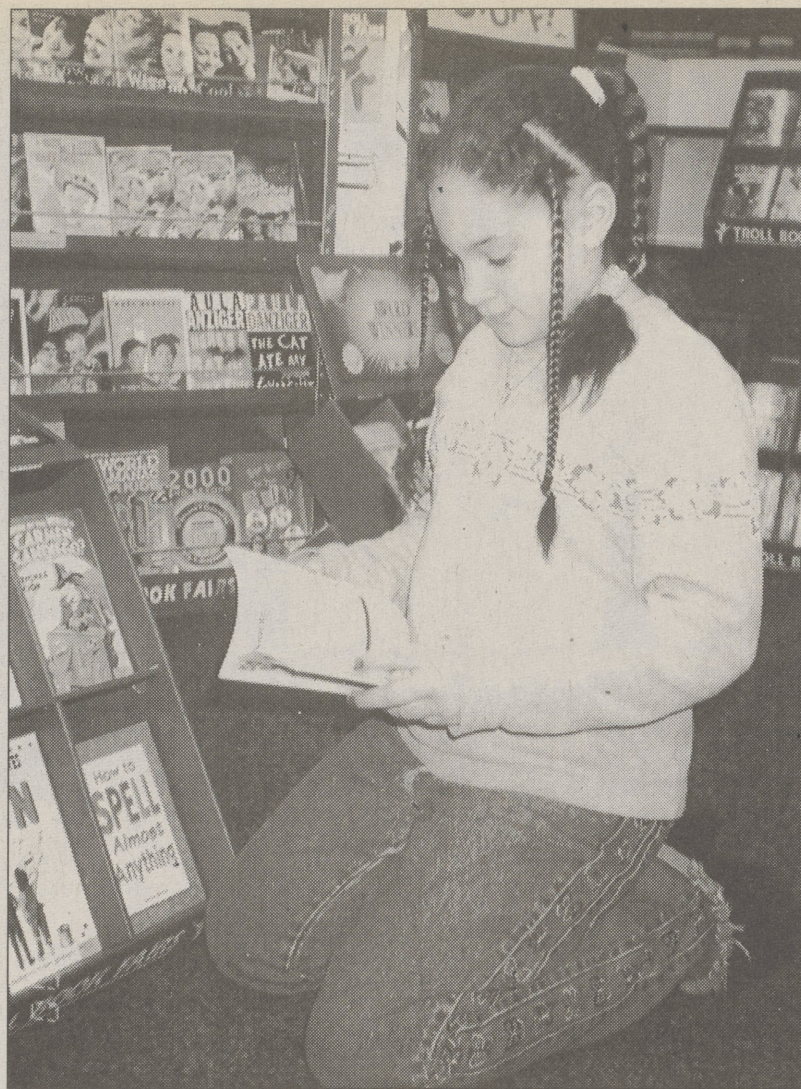
turkey club sandwich, tossed salad w/dressing, chilled peaches, pudding
FRIDAY - Early dismissal, Fish sticks w/dinner roll or hot dog on bun, french fries, mixed fruit
MONDAY - Cheeseburger on bun, or breaded chicken patty sandwich, potato rounds, pineapple tidbits
TUESDAY - French toast sticks and sausage, or egg muffin, crispy tator tots, chilled juice, sherbet
WEDNESDAY - Tacos w/meat, cheese, lettuce and tomato, or chicken salad sandwich, buttered corn, candied apple

Middle School
THURSDAY - Deli bar, open face turkey sandwich w/gravy, mashed potatoes w/gravy, pineapple tidbits, chips
FRIDAY - Early dismissal, Salad bar, fish sticks w/tartar sauce, tator tots, coleslaw, chilled pears
MONDAY - French fry bar, hot ham and cheese croissant, potato wedges, shape up
TUESDAY - Mexican bar, tuna hoagie w/lettuce and tomato, seasoned corn, orange smiles, pudding
WEDNESDAY - Salad bar, chicken cordon bleu sandwich, scalloped potatoes, apple walnut crisp

High School
THURSDAY - Pasta bar, open face turkey sandwich, mashed potatoes w/gravy, chilled peaches, ice cream
FRIDAY - Early Dismissal, Baked potato bar, hot dog on bun w/side of chili, sweet peas, candied apple
MONDAY - Cheesesteak bar, hot ham and cheese croissant, potato wedges, shape up
TUESDAY - Mexican bar, meatball hoagie w/cheese, seasoned corn, orange smiles
WEDNESDAY - Hot dog bar, oven baked chicken w/roll, scalloped potatoes, fruit crisp, cookie

WEST SIDE TECH
Breakfast
THURSDAY - Spice bars, cereal, juice, fruit
FRIDAY - In Service
MONDAY - Oatmeal cookies, cereal, juice, fruit
TUESDAY - Pancakes w/syrup, cereal, juice, fruit, pastry
WEDNESDAY - Sausage w/cheese, cereal, juice, fruit, pastry

Lunch
THURSDAY - Open face turkey sandwich, gravy, mashed potatoes, apple, yellow cake, frosting
FRIDAY - In service
MONDAY - Pork Rib B Que, sauce, soft bun, veg beef soup, crackers, chilled fruit
TUESDAY - Taco's w/trimmings, sharp cheese, tangy sauce, veg rice casserole, corn, brownie
WEDNESDAY - Cheeseburger on soft bun, lettuce, tomato, seasoned corn, macaroni salad, chilled fruit



Lehman-Jackson book fair a big hit

The Lehman-Jackson PTA recently held its annual book fair. This program, headed by PTA Chairpersons Claudia Niezgodka and Rose Payne, gave students in the elementary school an opportunity to purchase books and help the school library grow at the same time. This year's sponsor, the Troll Book Club, will donate books to the Elementary School Library. Donations are based on the amount of book sales. All proceeds from this event help fund the PTA sponsored reading programs.

Wycallis Elementary schedules events

Mary Barbara Gilligan, President of the Wycallis Elementary School P.T.O. announced an open board meeting will be held March 15, at 7 p.m. in the school cafeteria.

Kathleen McCarthy, principal of Wycallis Elementary School, announced the annual Project Night will be held on March 21, from 7 p.m. to 8:30 p.m. in the school gymnasium. Parents and friends are invited to view the displays of student work. All grades will be represented and fifth grade students will focus on science projects.

Parent Teacher Conferences for Wycallis Elementary School will be held on April 4. There will be no school for students

Misericordia will hold blood drive

College Misericordia in conjunction with the Wyoming Valley Chapter of the American Red Cross will be sponsoring a blood drive on Monday, March 27. The drive will be held in Merrick Hall. Collection hours will be from 11-5. The drive is open to the public. The Student Nurses' Association of PA coordinates and volunteers at these drives twice a year.

Those seventeen or older who weigh at least 105 lb., can donate. From registration to refreshments

requires only a little more than an hour of your time, and the actual donation only takes six to eight minutes. Many common prescription drugs are acceptable. If you have medical questions, please contact the nursing department at 1-800-432-8045. There is no longer an upper age limit for blood donors. For additional information or answers to any questions, please call the Wyoming Valley Chapter of the American Red Cross, at 823-7161 ext. 33 or 34.

LCCC schedules women's conference

"Four Voices Speak: Learning About Women from Women," will be held on Tuesday, March 28, from 8 a.m. to 1:45 p.m., at Luzerne County Community College.

This year's topic will include "Sexual Harassment: Crossing the Line," "How to Conquer Stress and Keep Smiling," "Breaking Down the Barriers in Career and Life," and "Humor as a Survival Technique."

Speakers will be Billie Jo Hack, education specialist, Victims Resource Center; Maria Fanning,

director of career services and cooperative education Keystone College; Attorney Michele Olshefski, Luzerne County assistant district attorney; and Anne Holmes, assistant professor, health and physical education, LCCC.

The women's conference is co-sponsored by the LCCC Career Planning and Placement department and the New Choice/New Options program.

All sessions are free and open to the public. For more information, call 740-0450.

DHS plans scheduling meetings

Parents of the next year's 10th, 11th and 12th grade students are invited to attend a scheduling meeting on Wednesday, March 15 at 7 p.m. in the high school auditorium.

A scheduling meeting will be held for the parents of incoming freshmen in the high school audi-

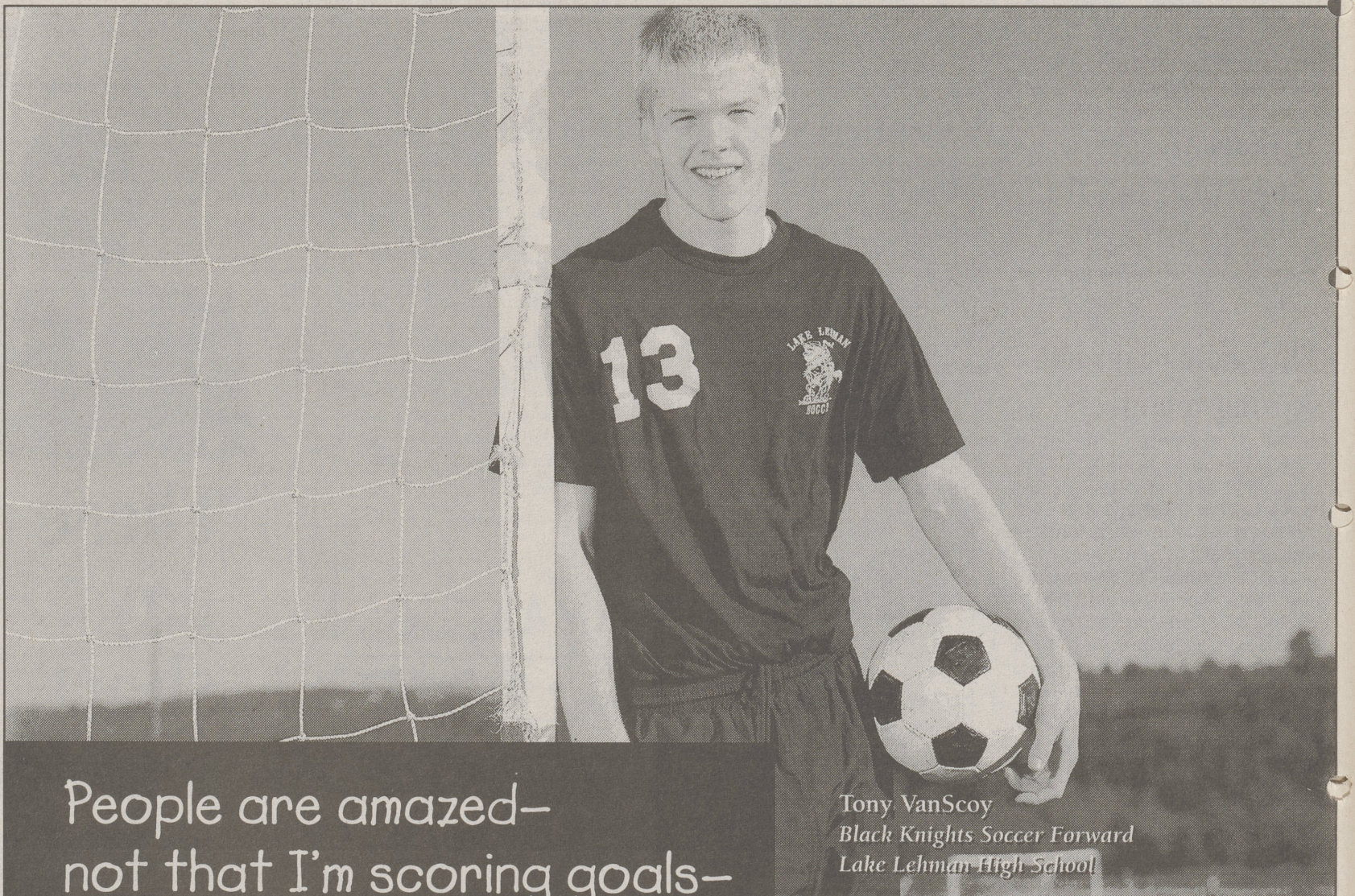
torium on Thursday, March 16, at 7 p.m.

Mr. Galicki, high school principal; Mr. Paul Reinert, assistant principal; and the guidance counselors, Mr. Jack Wolensky and Ms. Robyn Jones, will be available both evenings for questions and recommendations.

Host families sought for Russian children

Seeking families interested in hosting a child from Russia for six weeks during the summer. Sponsored by Kidsave International, World Links Inc., and Russian Children's Charity, the child or children will reside in your home as part of your family while attending a summer day camp program in the Luzerne County area. The program has become an effective way in finding permanent adoptive homes for older children age six through eleven who might not otherwise be adopted. Hosting a child does not mean you must adopt the child but all children are available for adoption. If you are interested in hosting, volunteering to assist or require further information call Brunon or Barbara Kryger at 714-4722.

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People are amazed—
 not that I'm scoring goals—
 that I'm walking at all.
 Tony

Tony VanScoy
 Black Knights Soccer Forward
 Lake Lehman High School

"Last year, I was trying out for the state soccer team when I got a pins-and-needles feeling in my right foot. I saw a few doctors, but Mom had a feeling we should get another opinion.

She asked our next-door neighbor Dr. David Mariner—who's a vascular surgeon for Penn State Geisinger Wyoming Valley Medical Center—to take a look at me. He said I had a rare condition that causes severe blood clotting—popliteal entrapment—which could have led to the amputation of both my legs. Tests at the hospital confirmed it. A team of specialists operated on both my legs and gave me radiology treatments to reduce the blood clots. People think scoring goals in soccer is something. But, in my opinion, the doctors at Penn State Geisinger Wyoming Valley Medical Center are the real heroes."

Penn State Geisinger Wyoming Valley Medical Center

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Wycallis El students celebrate reading

The Wycallis Elementary School PTO presented an Enrichment Program entitled Celebrate Reading on Dr. Suess' Birthday to commemorate Read Across America Day. Pictured above are first row from left: Rebecca Stasik, C.J. Gardner, Danielle Shaver, Kara Augustine, Jerek Gensel and George Yanchuk. Back row: Garrett Hann, Adam Kamus, Terriann Silbernagel, Mr. Jim McCarthy, Ali Dervin, Hannah Grube, Michael Gross, and Mrs. Sue Slocum as the Cat in the Hat.

Tanglefoot to perform at College Misericordia

The acoustic folk music group Tanglefoot, of Ontario, Canada, will perform a special benefit concert at College Misericordia on Tuesday, March 28, at 7:30 p.m. in Walsh Auditorium in support of the College's new Women With Children Program. The band is well known in Canada, England and the eastern United States for their energetic music and outstanding songwriting. Tickets are \$17.50 for reserved seating, \$12 for general seating, and \$8 for students with ID. Call 674-6333 for tickets and reservations.