

Fieldhouse

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do that?"

Representatives from Foreman Burkavage said the district did not express an interest in making the facility co-ed. "We've been directed to make this a football fieldhouse," said David Sanders. "We can design anything; the question is what do you want it to be?"

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David Sanders
Foreman Burkavage

Various athletic programs could benefit by using the fieldhouse said John Litz, school board member. "The literature recognizes the value of resistance training for all sports, for both males and females," he said. "It's something many coaches and athletes could use."

New strength training and conditioning apparatus will be installed in the fieldhouse. "That

weight room equipment was purchased through a combination of district money and a donation from the football booster club," said Dr. Gilbert Griffiths, superintendent. "We've also done some renovating of the wellness center to better serve the needs of our other teams."

Providing a separate workout area for football players will increase access to existing training facilities for all student athletes said Frank Galicki, Dallas High School Principal. "Quite frankly, you'll find more teams utilizing

this space when the football players aren't in there," he said. "There will be more of a comfort zone and other students won't feel awkward about using the old weight room and wellness center."

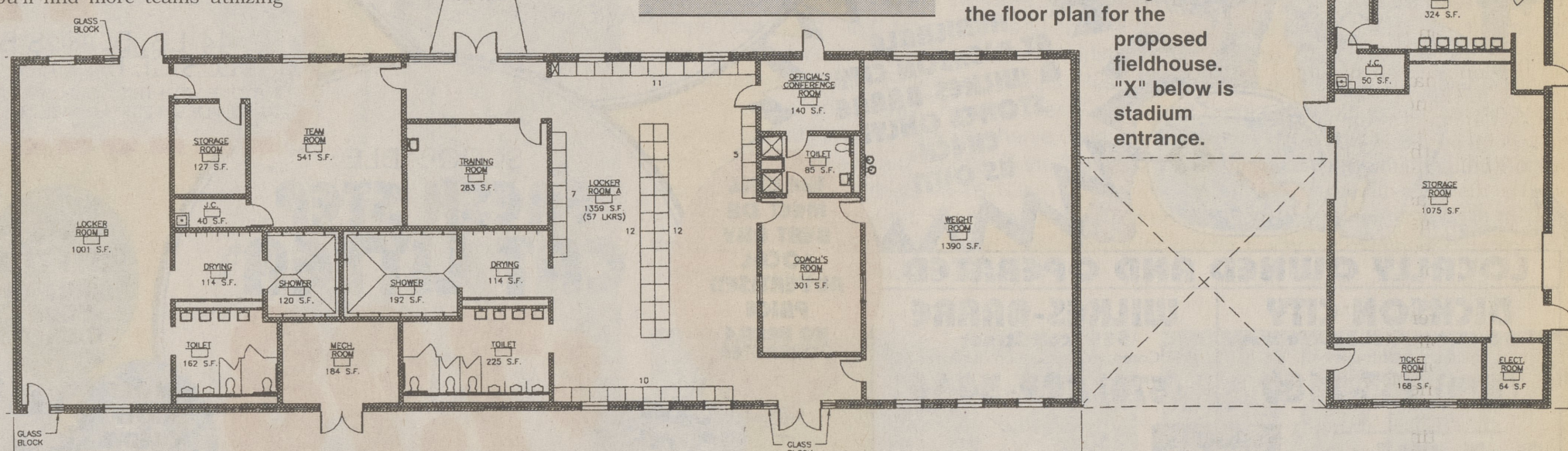
Future renovations at the high school and middle school may include additional fitness facilities. "We're looking at other projects including the possibility of a new gym at the high school and a pool at the middle school which would lend themselves to the kind of co-ed training center

we're talking about," said Griffiths. The scope and direction of these proposed improvements is uncertain and conditional upon the availability of funding. "We don't know what we're going to do there yet," said Kyle. "I don't want to see the district go ahead with a fieldhouse for the football team and not have anything for all the other athletes."

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Karen Kyle
School board member

Architect's drawing shows the floor plan for the proposed fieldhouse. "X" below is stadium entrance.



Blood drive

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day training course when two people from the Red Cross came here to school," said another student, Jonathon Lorah. "We helped at the blood drive before Christmas, too. When this is finished we have to write a reaction paper about what we did, how we felt about it and why we did it. Then we have to do a final presentation in April."

While they are too young to give blood, the juniors receive satisfaction from helping fulfill a vital need.

"I wanted to do this project because I'm not old enough to donate yet and it's a way that I can help out," said Natasha Holter. "My job is to label the bags and test tubes for the blood. During our training session I learned that every bit of the blood they collect is used. One bag of blood helps a lot of different people because they spin it to separate it into different parts."

Sixty people signed up to donate at this collection. Donors must be over 17 years old, so most of the students involved were seniors. There were also teachers, staff and maintenance personnel.

"I wanted to donate just for the fact that I can help someone," said student donor Anthony LaNunziata. Mike Barlow added, "My mother is a regular donor and she kind of talked me into it. It's just a good thing to do."

The Red Cross appreciates the opportunity to reach new donors, as well as existing ones.

"The American Red Cross sponsors blood collections regularly at high schools and colleges," said Team Supervisor Jean Tommassello, R.N. "We like to get the young people used to the idea early. It helps to encourage them to continue as donors throughout their lives. We have a continual need for blood supplies with cancer patients using platelets and young children having surgery more frequently."

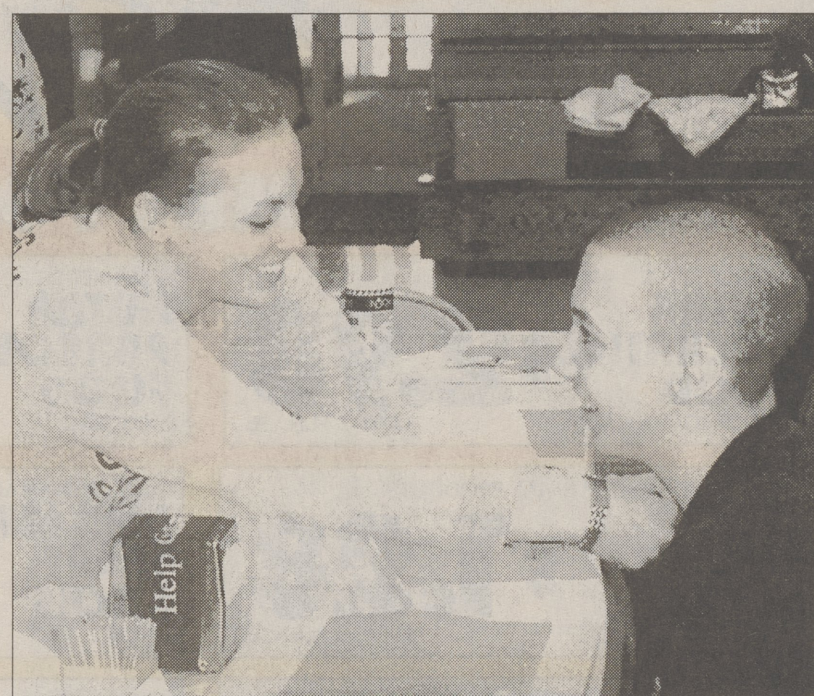
Volunteers are essential to the American Red Cross. A staff of paid professionals actually draw the blood and process it, but most other duties are handled by long time volunteers.

"I've been a volunteer at blood collections for 15 years," said Back Mountain resident Lil Kupstas. "I take the donors' temperature. They are not allowed to donate if they have a fever."

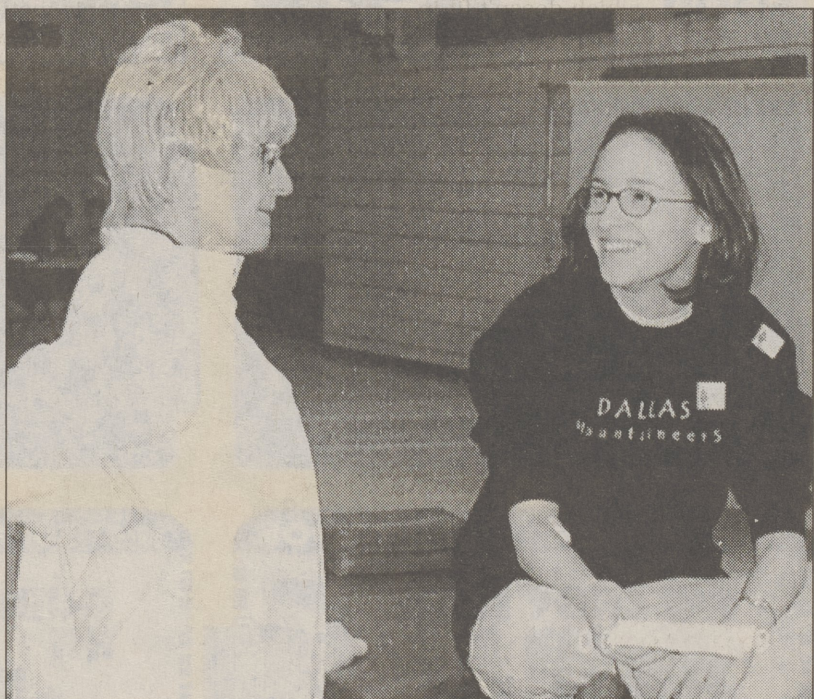
Cheryl Kirkwood, who is a senior and a member of the Student Council, said, "I'm just volunteering so I can help. I'm handing out blood donor pins and tee shirts that the Red Cross provided."

"The Student Council sponsors two blood collections each year," explained co-advisor Ruth Skammer. She and Sandy Sprau help the Student Council make the arrangements. "Our students always help out but, because they don't have the extra training, they are limited to escorting the donors and providing snacks. The students doing this for their Completion Project are helping the Red Cross because they are handling some of the jobs that the trained volunteers usually have to do. It cuts down on the number of people the Red Cross needs to provide," she said.

"This is just a really good community service project," added Mrs. Skammer.



Student Council member Cheryl Kirkwood pins a donor pin on Carl Wilcox.



American Red Cross nurse Mary Ann Nicolo chatted with student donor Morgan McOwen

Moyer

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voters are Republicans.

Moyer, who has lived in Kingston Twp. since moving there after the 1972 Agnes flood, knows firsthand about the problems caused by a lackluster local economy. Both of her children left the area after college for greener pastures elsewhere. Tim is an insurance representative in central PA, and Krystyn is a social worker in Maryland. "When you take two from four, it leaves a big void," Moyer said. One of her goals if elected will be to foster a stronger economy for the district, so young people will have more opportunities close to home. One important element, Moyer says, is to continue to reduce the corporate income tax.

Ecology is the second "e" in Moyer's platform. "If we don't save what we have now, we'll never be

"You learn something from everyone, then of course you form your own opinions."

Shirley Moyer
Republican candidate for state rep.

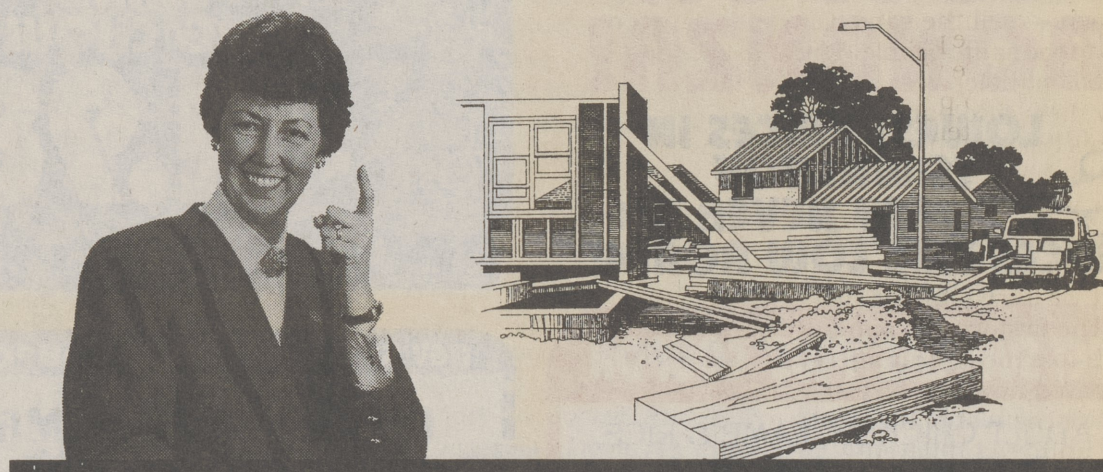
able to get it back," she says. She supports Gov. Ridge's Growing Greener initiatives, and brings a background as a founding member of the Anthracite Scenic Trails Association and past chairperson of the Kingston Twp. Recreation Board.

Moyer began her political education as an employee of former State Rep. Frank Coslett. "He's the one who got me involved in politics," she said. When Scott

Dietterick replaced Coslett, Moyer stayed on four more years. She is starting her seventh year as a Kingston Twp. Supervisor, where she has served on a variety of boards and commissions.

She also mentions State Sen. Charles D. Lemmond Jr. when asked about role models. "You learn something from everyone, then of course you form your own opinions," she said.

Moyer's announcement attracted a packed house of local Republican notables, including Coslett, Lemmond, county Republican chairperson Lynette Villano and six mayors of boroughs in the district. Dr. Richard Coslett, of Shavertown, is chairman of the Friends of Shirley Moyer Campaign, which boasts 10 honorary chairpersons and 12 town coordinators. Atty. Richard Hughes serves as treasurer.



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