



POST PHOTOS/JIM PHILLIPS

In left photo, Todd Derhamer got in front of Ryan Marascio in a scramble for the ball. Chris Higdon, above, had his eye on the hoop as he outraced Mike Hazleton.

# Late 3-point play boosts Gordon to one-point win over Nutrition

two points with 11 seconds to go in the game. House of Nutrition had control of the ball when Gordon's Ben Thomas stole the

ball and drove to made the layup

to tie the game and was fouled. He then went to the foul line and hit the shot to win the game 47-46.

Thomas and Brad Fagula led the offense for Gordon Insurance with 22 and 23 points respec-

Jen McCall a former Lake-Leh-

man standout, was presented with the volleyball Coach's Award at

the College Misericordia Fall Ath-

A freshman with the women's

volleyball team, McCall played in

78 games for the Cougars. She

The Knights wrestled at Pleas-

ant Valley, Sunday, Oct. 14, and

placed two wrestlers. They were:

Midget: Ricky Bower, 76 lbs.,

Junior: Brian Goeringer, 96

On November 21, they wrestled

the YMCA Tournament at Penn

letic Awards Banquet.

Lake-Lehman

3rd place.

lbs., 1st place.

Gordon Insurance was down tively. Mike Wyberski added 2 points for the winners. House of Nutrition was led by Ronnie Shiner, 26 points, followed by Jeff Decker 9 points, Sean McAndrew 8 points and Jesse Swartwood 3

#### Eye Care Specialist 47 -Gilroy Real Estate 46

by one with less than 10 seconds to go and David Luksh hit the winning basket at the buzzer and a 47-46 victory. Leading scorers

has 247 receptions and 143 digs

while helping the Cougars to a 17-

11 record and a spot in the Penn-

sylvania Athletic Conference semi-

to an athlete who best demon-

strates leadership and dedication.

The Coach's Award is presented

for Eye Care Specialist were Housseni, while Robbie Justice Brendan Delaney, Luksh, Robert Monk and Chris Larson. The defense was led by Brendon Carr, Brandon Phillips, Jeff Kelly and John Ashley.

#### Wilkes-Barre Pallet 40 -Luzerne National Bank 31

Bobby Lenahan, Connor Lenahan and Ryan Konopki led the Wilkes-Barre Pallet to victory 40-31. Also contributing for the winners offense were Billy Barnes, Jesse Shrader and Kevan and Adam Tamanini also helped out the winners.

### Morgan Stanley Dean Witter 42 - Napa Auto Parts 34

Adam Singer led the way for the winners withy 23 points, followed by Adam King 9 points, Daryl Rogers 4 points and Michael McAndrew 2 points.

Note: Results were not turned in for all teams, that is the reason all teams do not have names and leading players listed.

# Taroli's 18 lead brokers to win

Daniel Taroli scored a game high 18 points and Chris Klaiss added 6 points to lead Salomon

Smith Barney to DYB a 26-16 win over The Fieldhouse **3-4 BOYS** 

in DYB 3rd/4th grade boys action. Also scoring for the winners were Chuck Youngman and Ryan Urzen with 2 points each. Ryan Duddy was the leading rebounder. The Fieldhouse was led by fine efforts from Michael Mazur, Paul Green and Bryce Shrake.

### Llewellyn & McKane Inc. 32 -WBRE-TV 10

Drew Morgantini and Kyle Arnaud scored 10 points each to lead Llewellyn & McCane to a 32-10 win over WBRE-TV. Also scoring for Llewellyn were Steven Dudascik with 4 points and Josh Young with 2 points. WBRE was led by Scott Daube with 6 points. The defense was led by Chris Wilson and Ryan Williams.

### PNC Bank 12 -Mellon Bank 11

Michael Kravitsky scored 4 points and Eddie Stredny hit the game-winning shot as PNC Bank edged Mellon Bank 12-11. Kyle Williams added 4 points, while Russell Jenkins played outstanding defense. Ryan Gregory led Mellon Bank with 4 points, while Josh Backes and Derek Martin also played well on offense. Ryan Phillips was the leading rebounder.

#### Wyo. Valley Prosthetics & Orthotics 34 - WBRE-TV 14.

Joe Kaiser, Eric Tucker, and Cliff Pisaneschi led a strong offensive attack and Peter Blanchard played solid defense as Wyoming Valley Prosthetics defeated WBRE-TV 34-14. WBRE-TV was led by Kevin Buckman on offense and D.J. Carey on defense.

## **GOH 6th grade girls win**

The 6th Grade Girls Basketball team opened its season with a 29-18 win over St. Al's of Wilkes Barre. Leading the scoring for the Lady Gators were Erin Tanner and Maggie Guntli with 8 points each, Carla Reino 4 points, Gina Martin 3, and Jennifer Bonetski, Laura Nieman, and Annie Onzik each with a basket. The Gators were led defensively by Kellie Casey, Reino, Tanner and Martin. The Gators will play Pope John Paul in their next game.



## Impact wins U-12 championship

Abington Impact NE Travel League U-12 Champs, kneeling, from left, Mike Dougherty, Billy Jones, Liv Thran, Pat Sotak, Eric Cava, Andy Bugno, Alex Hargrove, CJ Libassi and Danny Toye. Standing, from left, Ron Shiner, Mike Byrne, Assistant Coach Tom Byrne, Glenn Woodley, Abe Hunter, Steve Emanuelson, Coach Mike Hargrove, David Chiavacci, Nick Basalyga, Kurt Walsh and Assistant Coach Ed Bugno.

## **Harris** bags 10-point buck

Doug Harris, 12 years old, got a 10 pointer the first Saturday of buck season. Doug resides in Dallas with his parents and three brothers, Nick, Greg and Neil.



Send your sports reports by e-mail to: dalpost@aol.com

#### DYB the basket with five seconds left, **5-6 BOYS**

McCall wins Miseri Coach's Award

Eye Care Specialist was down

## Power wins U-12 championship

Power Back Mountain U-12 Champions, BMYSA Intramural League.

Seated, Chelsea Calhoun. From left, kneeling: Jennifer Walp, Michelle Luksh, Tara Shevock, Allison Baur. Standing: Casey Harrington, Brittany Prater, Kelly Murphy, Samantha Griffin, Alyse Miller, Janel Krisulevicz, Michelle Iveson, Annie Onzik, Megan Lipski. Back row, Coach Dennis Gochoel.

#### State Campus, Lehman. Those who placed were: Midget: Ricky Bower, 75 lbs., 4th place; Craig Roberts, 105 lbs., 4th place.

Junior: Grant Roberts, 75 lbs., 4th place; Brian Goeringer, 95 lbs., 3rd place.

Other Lehman wrestlers who placed were: Andy Josuweit, 95 lbs., 4th place; Matt Dragon, 110 lbs., 1st place; Scott Carter, 120 lbs., 3rd place.

# elementary wrestling meets Thursday

L-L Football Club

The Lake Lehman Football Club will meet on Thursday, Dec. 9 at Grotto Pizza, Harveys Lake at 7:30 p.m. Senior Parents are reminded that pictures for Action Plaques are due that night. All parents of football players and cheerleaders are encouraged to attend.

## Christmas tourney at Four Seasons

Four Seasons Golf Club, Exeter will be holding their annual Christmas Tournament on Sunday, Dec., 12 with tee times starting at 9 a.m. The format of play will be "Captain & Crew". The \$30 per person fee includes 18 holes, meal, beverages, visits from Santa on the course and a wrapped present under the tree for all players, Call 655-8869 to reserve a tee time for your foursome.

Reg.46500

The following school lunch menus are for the week of Dec. 9 -15. All lunches include milk.

SCHOOL MENUS

## DALLAS SCHOOLS

Elementary THURSDAY - Chefs Choice, Cheese steak hoagie, steamed broccoli, Shape-Up.

FRIDAY - Early dismissal. Chicken nuggets w/sauce, dinner roll, cheese steak hoagie, oven baked fries, apple in jello.

MONDAY - Hot dog/bun, American deli hoagie, potato wedges, chilled apricots.

TUESDAY - Chef's choice. American deli hoagie, green beans,

WEDNESDAY - Zesty spaghetti w/meat sauce, garlic bread, American deli hoagie, tossed salad/dressing, pineapple tidbits.

## Middle School

THURSDAY -Pizza bar. Chef's choice, steamed broccoli, Shape-Up.

FRIDAY - Early dismissal. No lunch.

MONDAY - Hot dog bar. Meatball hoagie w/cheese, potato wedges, chilled apricots.

TUESDAY - Pasta bar. Chefs choice, green beans, chilled pears. WEDNESDAY - Mexican bar. Zesty spaghetti w/meat sauce, garlic bread, tossed salad/dressing, pineapple tidbits.

## **High School**

THURSDAY - Pizza bar. Chef's choice, steamed broccoli, Shape-

FRIDAY - Early dismissal. No lunch

MONDAY - Hot dog bar. Meatball hoagie w/cheese, potato wedges, ice cream. TUESDAY - Holiday buffet. Hot

turkey or sliced ham, stuffing, mashed potatoes/gravy, buttered corn, holiday cake WEDNESDAY - Mexican bar.

Zesty spaghetti w/meat sauce, garlic bread, tossed salad/dressing, pudding.

#### GATE OF HEAVEN SCHOOL THURSDAY - Stuffed pizza

sticks w/sauce, salad, cookie. FRIDAY - 11:15 Dismissal. MONDAY- Chicken fries, tator tots, cheese stix, pudding.

TUESDAY - Grilled cheese, tomato soup/crackers, jello.

WEDNESDAY - Spaghetti w/ meat sauce, bread stix, salad,

## LAKE-LEHMAN SCHOOLS

Elementary THURSDAY - Hot dog/bun, lasagna w/garlic bread, tossed salad, chilled pears.

FRIDAY - Cheese pizza, fish sticks w/tartar sauce, dinner roll, golden corn, mixed fruit.

MONDAY - Chicken nuggets w/sauce and roll, or bologna/

cheese sandwich, sweet peas, chilled pears.

TUESDAY - Tacos w/meatcheese-lettuce-tomato or tuna hoagie, golden corn, mixed fruit.

WEDNESDAY - Hot dog/bun or meatloaf w/gravy and roll, mashed potatoes/gravy, applesauce.

## Middle School

THURSDAY - French fry bar. Rotini w/meat sauce, roll, tossed salad w/dressing, peach cup.

FRIDAY- Double burger bar. Pork bbq sandwich, crispy tator tots, Mandarin oranges. MONDAY - Cheesesteak bar.

Chicken patty sandwich, glazed carrots, chilled pears. TUESDAY - French fry bar.

Pork bbq on roll, mixed vegetables, Mandarin oranges WEDNESDAY - Chicken fajita

bar. Salisbury steak w/dinner roll, mashed potatoes/gravy, fruited jello.

## **High School**

THURSDAY - Double burger bar. Chili w/crackers, or dinner roll, tossed salad/dressing, fruit

FRIDAY - Pizza bar. Grilled cheese sandwich, tomato soup/ crackers, crispy tator tots, Mandarin orange.

MONDAY - Pasta bar. Chicken patty sandwich, glazed carrots, chilled pears.

TUESDAY - Chicken fajita bar. Pork bbq on roll, mixed vegetables, peach cup.

WEDNESDAY - Baked potato bar. Salisbury steak w/dinner roll, mashed potatoes/gravy, mixed fruit.

#### WEST SIDE TECH Breakfast

THURSDAY - Waffles/syrupor cereal, juice, fruit, pastry. FRIDAY - Cereal, coffee cake, juice, fruit

MONDAY - Cereal pumpkin bars, juice, fruit. TUESDAY - French toast sticks

w/syrup or cereal, juice, fruit,

WEDNESDAY - Sausage/ cheese or cereal, juice, fruit, pastry

THURSDAY - Tuna/turkey hoagie-lettuce-tomato, chicken vegetable soup, pumpkin bars. FRIDAY - Pizza, fresh veggies/

creamy dip, fresh fruit. MONDAY - Chicken patty/soft

bun-lettuce-tomato, mashed potatoes, chilled fruit. TUESDAY Hamburg/ cheeseburg/soft bun-lettuce-to-

mato, vegetable beef soup w/rice-

crackers, chocolate cake. WEDNESDAY - Taco's-sharp cheese-tangy sauce, vegetable rice casserole, seasoned corn, jello/

whip cream.



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