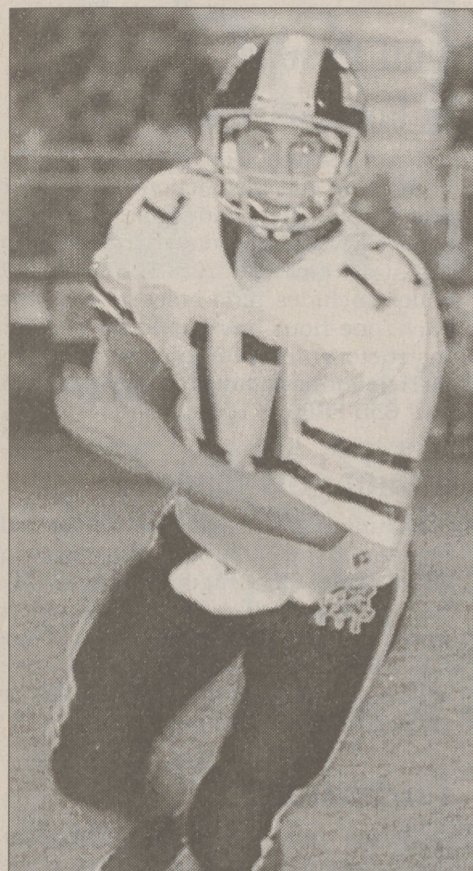


Sports Week

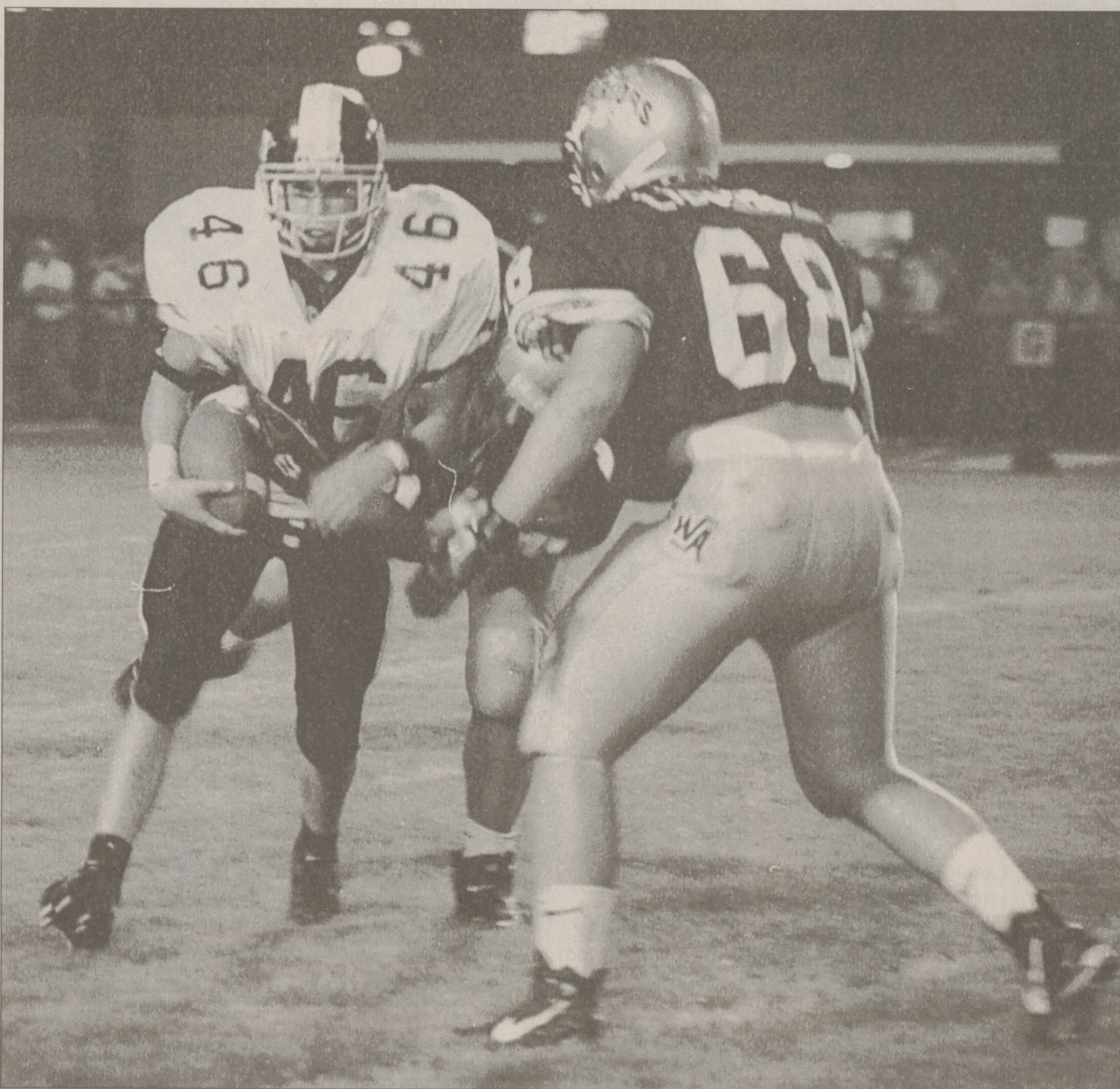
Section 2
September 15, 1999



Knights show heart

Lake-Lehman spotted Wyoming Area 13 points early in their game last Friday night, then reeled off 33 unanswered points to come away with a big win. Lehman got on the board with a 15-yard TD strike from D.J. Kapson to Gregg Woronko before the half, then scored four times in the second half. In photos, Kapson took off on a keeper, top left. Justin Brink looked for daylight, lower left. He ran twice for 11 yards and caught two passes for 42 yards. Josh Kuwaye, below, scored on a 49-yard run. He had 61 rushing yards in all. The Black Knights defense may have been the biggest factor, though, holding the Warriors to five first downs and 153 total yards, while causing six fumbles and intercepting three passes.

POST PHOTOS/JIM PHILLIPS



SPORTS SHORTS

Heffron on S'burg soccer squad

Erin Heffron of Dallas joins the Shippensburg University varsity soccer team in competition this fall. Heffron is a sophomore at the university and a graduate of Dallas Senior High School.

Craft fair for Dallas Soccer

The Dallas High School Soccer Club is sponsoring the annual Fall Craft Show on Sunday, Oct. 3, at the Dallas Senior High School from 10 a.m. to 4 p.m. More than 100 vendors from Pennsylvania and New Jersey will be represented selling various crafts including semi-precious gemstone jewelry, needlework, candles, ceramics, potpourri, quilts, stenciled lamp shades, woodcrafts, wreaths, handmade dolls and homemade candy. Soccer Club members will be selling lunch and baked goods throughout the day. Vendor space is still available. Call

Blanche at 696-3578.

BMT Wrestling Club signups

The Back Mountain Wrestling Club will be holding registrations for the 1999-2000 season on Tuesday, Sept. 21, at Lake-Lehman High School from 6-8:30 p.m. and on Thursday, Sept. 23, at Dallas Middle School from 6-8:30 p.m. Children from 6-12 of age (K-6th grades) are invited to register and must present a birth certificate. Any questions about the program you may call Danny White at 477-2003 or Chuck Kopetchne at 696-1351.

Youth basketball signups

Dallas Youth Basketball signups for boys and girls winter league play will be held Wednesday.

See SPORTS SHORTS, pg 10



POST PHOTO/JIM PHILLIPS

Running it down

Ryan Love outran Abington Heights player Eric Schanbacher in last week's game. Dallas went to Clarks Summit and came back with a hard-fought 1-0 victory.

SPORTS ROUNDUP

FIELD HOCKEY

Lake-Lehman 6, Berwick 1

The Black Knights jumped out to a 5-0 lead in the first half and cruised to victory. Janelle Perlis scored three times. Alyson Bevan netted two and Corin Smith added one goal. Bevan also picked up two assists. Lehman dominated every statistic, getting 16 corners to one, and 42 shots to five, none of which reached the goal.

Dallas 2, Coughlin 1

Jenn Noon scored unassisted in the first half and fed the winner to Sherri Kuderka with 10 minutes to play. Dallas had only 10 shots, while Coughlin had 17, but goalkeeper Melonie Sappe stopped 11 of them.

Lake-Lehman 11, Northwest Area 0

Janelle Perlis scored three goals and assisted on a fourth in just over ten minutes of action as the Black Knights notched a blowout victory over Northwest last Tuesday. Alyson Bevan finished with her second straight hat trick to start the season for Lehman also. Goalkeepers Janel Janiczek and Kori Clark each made one save to earn the split shutout. Meredith Edwards added three second half assists.

Lake-Lehman 1, Seminary 0

Terri Peiffer scored off an assist from Janelle Perlis just before the 15 minute mark of the second half as Lehman defeated the Blue Knights on their home field Sept. 10. Janel Janiczek recorded the shutout, stopping 12 shots. Lehman made the most of its shots, as Seminary outshot Lehman 13 to 5.

Dallas 8, Wallenpaupack 0

Senior Jennifer Noon put the ball in the net twice and assisted on four other scores as Dallas improved its record to 2-0. For the second straight game, Dallas held its opponent scoreless. Melonie Sappe and Erin Swepton combined to stop all six Wallenpaupack shots. Molly Savage scored the first goal of the game for Dallas and assisted on another.

Crestwood 2, Dallas 1 (OT)

Dallas played inspired hockey but eventually fell to league power Crestwood in sudden death overtime in a classic game played on Thursday. Molly Savage's third goal of the season tied the game at the end of the first half. The teams played a scoreless second half, which called for a sudden death overtime period to be played. Mountaineer goalie Melonie Sappe made 10 saves in the loss.

Dallas 8, Elk Lake 2

Jennifer Noon scored three goals and assisted on another as the Mountaineers again displayed some offensive potency. Brittany Bartolini added two more goals and three assists as Dallas took a 5-1 lead into the half. Sophomore Kate Benedetti scored the first goal of the game 3 minutes into play. Carrie Strasser and Sherri Kuderka also scored, with Kuderka's coming on a penalty stroke.

SOCCER

Lake-Lehman 4, Bishop Hoban 2

The Black Knights opened their season with a come-from-behind win at Bishop Hoban. After falling behind 2-0, Lehman rallied with four straight goals, three coming in the second half. Tony Van Scoy led the comeback with a pair of goals and an assist. Sophomore David Walters added the other two tallies, one coming on a penalty shot. Lehman outshot the Argents by a 30-4 margin.

Lake-Lehman 0, Valley West 0 (OT)

In a game between the two top teams in the Wyoming Valley Conference, 100 minutes of play was not enough to decide a winner as the game ended in a scoreless deadlock. The game featured 11 yellow cards and two red cards. Lehman goalie Russ Mosier made nine saves to earn the shutout.

Dallas 8, Bishop O'Reilly 1

Sophomore Ryan Love notched a hat trick and an assist in the Mountaineers' debut as they easily cruised to a blowout win over Bishop O'Reilly. Adam Clay contributed with an assist and a pair of goals. Senior captain Jesse Williams and sophomore Andrew George each scored once and assisted on one. Dallas outshot O'Reilly 27-7.

Dallas 1, Abington Heights 0

Dallas sophomore Tim Faneck got past two defenders and scored in the first half to lead Dallas to a tough victory at Abington Sept. 9. Dallas goalkeeper Nathan Hoffman made three saves and



Harveys Lake White Dragons entertain at senior facility

Residents of the Mountainside Manor assisted care facility in Dallas were treated to a demonstration of Chinese martial arts by the Harveys Lake White Dragon team. The White Dragon demo team consisted of students Eric Kytte, April K. Snyder, Michael Weisenbacher, Trevor Kupstas, Peg Thomas and was led by William Lamoreaux. The team demonstrated classical movements of Pai Lum system of martial arts. Residents also were shown Chinese strength cultivation exercise, punches, blocks and kicking routines, self defense, weaponry, and Tai Chi Chuan. The White Dragon studio volunteers are available to perform for charitable causes and local organizations. For more information call 333-5216 weeknights.

Send your sports reports by e-mail to: dalpost@aol.com

See ROUNDUP, pg 10