## Dallas opens childcare registration

The Child Care classes at Dallas Senior High School are preparing projects and activities for an afternoon session of Nursery School for three and four year olds. The school will begin on Monday, Oct. 18, and continue until May 19. Classes will be held three days a week on Monday, Wednesday and Friday.

The children will participate in group and individual activities, story hour, snacks, crafts, gym, music as well as free play. A calendar and additional informa-

tion will be provided at registra-

Parents of children who will be three or four years old before Sept. 30, 1999 may register their child at the senior high office between 9 a.m. and 12 p.m. through Sept. The children and parents must be residents of the Dallas School District. Enrollment is limited to 18 children, the program is free of charge. If there are any questions please contact the school office at 674-7208.

#### Dallas MS hosting Back-to-School Night

Dallas Middle School parents and guardians are invited to attend "Back-to-School Night" at the Dallas Middle School on Wednesday, Sept. 15, from 7-9 p.m. Parents will have an opportunity to meet their children's teachers and experience the programs offered at each grade level. Parents are to report directly to the auditorium.

The staff at the Dallas Middle School believes that effective parentteacher communication is essential in enhancing student success. All parents are urged to attend this initial meeting of the school year.

At the conclusion of the program, refreshments will be served.

#### Dallas HS planning Back-To-School Night

The Dallas High School will hold a Back to School Night on Thursday. Sept. 16 at 7 p.m. in the school auditorium. Parents are encouraged to attend.

#### SCHOOL MENUS

The following school lunch menus are for the week of Sept. 9 15. All lunches include milk.

#### DALLAS SCHOOLS

Elementary THURSDAY - Zesty spaghetti w/meat sauce & dinner roll, bbq rib sandwich, freshly tossed salad,

jello w/fruit. FRIDAY - Turkey club sandwich, bbq rib sandwich, fresh sliced vegetables w/dipping sauce,

apricot halves. MONDAY - Chicken nuggets w/roll, ham/cheese sandwich, golden buttered corn, cinnamon

sliced apples. TUESDAY - French bread pizza boat, ham/cheese sandwich, winter blend vegetables, pineapple

tidbits. WEDNESDAY Sauteed buttered pierogies w/butter, peanut butter celery, ham/cheese sandwich, steamed broccoli cuts,

#### Middle School

sweet raisins.

THURSDAY - Burger Bar. Zesty spaghetti w/meat sauce, dinner roll, tossed salad, flavored jello

FRIDAY - Pizza Topping Bar. Turkey club sandwich w/baconlettuce-tomato, fresh sliced vegetables w/dipping sauce, apricot

MONDAY - French Fry Bar. Hot ham/cheese on a croissant, golden buttered corn, cinnamon

sliced apples TUESDAY - Burger Bar. French bread pizza boat, winter blend

vegetables, pineapple tidibits. WEDNESDAY - Spicy Fajita

Bar. Sauteed buttered pierogies w/butter, peanut butter celery, steamed broccoli cuts, sweet rai-

#### High School

THURSDAY - Burger Bar. Zesty spaghetti w/meat sauce, dinner

FRIDAY - Pizza Topping Bar. Turkey club sandwich w/baconlettuce-tomato.

MONDAY - French Fry Bar. Hot ham/cheese on a croissant, golden buttered corn.

TUESDAY - Burger Bar. French bread pizza boat, winter blend vegetables.

WEDNESDAY - Spicy Chicken Fajita Bar. Sauteed buttered pierogies w/browned butter, streamed broccoli cuts.

## GATE OF HEAVEN SCHOOL

0

THURSDAY - Meatball hoagie w/cheese, salad/dressing, brown-

FRIDAY - Stuffed shells, carrots w/ranch dressing, watermelon.

**FALL SAT REVIEW** 

Classes begin Sunday, September 26

· Math & Verbal Preparation • 200 point average increases

Call about our Special SENIORS ONLY

Fall Programs and our PSAT Fall programs for juniors and sophmores.

Professional Tutoring Center

655-6766

### MONDAY - Hot dog/bun, French fries, cheese stix, fruited

TUESDAY - French toast stix w/sausage, applesauce, carrot stix, cookie.

WEDNESDAY - Taco saladmeat-cheese-lettuce-tomato, corn, cake.

#### LAKE-LEHMAN SCHOOLS

Elementary THURSDAY - Chef's choice, open faced turkey sandwich w/ gravy, steamed broccoli, apple

FRIDAY - Hamburger/bun, macaroni/cheese w/roll, potato wedges, pineapple tidbits.

MONDAY- Hot dog/bun, chicken salad sandwich, French fries, cinnamon applesauce.

TUESDAY - Cheese steak hoagie, ravioli w/meat sauce, roll, tossed salad/dressing, cherries

WEDNESDAY - Soft taco w/ meat-cheese-tomato-lettuce, bbq turkey sandwich, candied carrots, fruited jello.

#### Middle & High School

THURSDAY - Turkey/gravy over mashed potatoes, dinner roll, sweet peas, fruit crisp.

FRIDAY - Hot ham/cheese croissant, baked beans, cinnamon appl

MONDAY - Stromboli w/sauce, crispy tator tots, Mandarin or-

TUESDAY - Turkey club sandwich, mixed vegetables, shape-

WEDNESDAY - Beef bbq sandwich, buttered broccoli, cherries

## WEST SIDE TECH

Breakfast

THURSDAY - French toast sticks/syrup or cereal, juice, pastry.

FRIDAY - Banana bread, cereal, juice, fruit.

MONDAY - Blueberry muffin, cereal, juice, fruit. TUESDAY - Waffles/syrup or

cereal, juice, pastry. WEDNESDAY - Sausage/ cheese, cereal, juice, pastry.

Lunch THURSDAY - Taco's/trimmings, seasoned corn, vegetable rice casserole, pumpkin bars.

FRIDAY - Pizza, tossed salad/ dressing, chilled fruit. MONDAY - Hamburg/ cheeseburg, lettuce-tomato, sea-

soned corn, soft pretzel. TUESDAY - Tuna/turkey hoagie-lettuce-tomato, chicken

rice soup/crackers, gingerbread. WEDNESDAY - Italian sausage/hard roll, mozzarella cheese, sauce, seasoned pasta, chilled



#### Dallas Elementary students are cool

Dallas Elementary students were welcomed back to school with a visit from Hillside Dairy. Students and teachers alike enjoyed this tasty treat. The ice cream was provided by the Dallas Elementary PTO. Mrs. Spears and Angela Kusma enjoy their frozen treats.

# 'Kids Klubs' begin Sept. 16

Children 18 months to 5 years will find something fun and educational at the 1999-00 season of KIDS KLUBS including: the original Mom & Me Club, Tumblebear Club, and Kinderarts Klub.

All programs are offered in 6week themed sessions beginning Sept. 16, in Trucksville, using the bright and kid-safe studios at Major Performing Arts Center. For brochures and to register, please call Judy Harvey, Childrens Program Director at 570-696-4755.

The original Mom & Me Club has enjoyed 10 years of success in the Wyoming Valley. It is professionally designed for children aged 18-36 months, is success oriented, exercises the whole body and mind, and is a well-rounded introduction to music, movement, and rhythm.

Tumblebear Club is designed

for children 24-42 months, with lots of tumbling fun, mat exercises and games. Kinderarts is a program for 3 1/2 to 5 year olds that is creative, imaginative, and unlike any other program locally, combining arts and crafts, activities in music, dance movement and theatre.

All Klubs are held daytime, and class size is limited. Also special classes for 3 and 4 year olds olds are available in dance and singing, titled "Toddler Dance" and "Tiny Tunes."

The Kids Klubs were designed and are taught by Judy Harvey, Recreation and Leisure Services professional. She is a mother of three who has over 15 years experience managing successful departments and programs for schools, colleges, camps, and re-

Tell our advertisers you saw them in The Dallas Post. They'll appreciate it, and so will we.

#### RELIGIOUS SERVICES

BACK MOUNTAIN HARVEST ASSEMBLY - 340 Carverton Rd., Trucksville. 696-1128. Pastor, Daniel S. Miller. Christian Education for all ages, 10:00 a.m. Worship 8:30 a.m. and 11:00 a.m. Wed., 7 p.m., "Genos" youth service. Midweek home groups; call for days and times. Weekday prayer 6:30-7:30 a.m. Visitors welcome.

DALLAS UNITED METHODIST CHURCH - 4 Parsonage St., Dallas. 675-0122. Rev. William D. Lewis, Pastor. Morning Worship 10:30 a.m., Sunday School at 9 a.m.

PRINCE OF PEACE EPISCOPAL CHURCH, Main St., Dallas. The Rev. Robert A. Nagy. Holy Eucharist 8 a.m. and 10 a.m.; Staffed nursery provided. 675-1723.

SHAVERTOWN UNITED METHODIST CHURCH - 163 N. Pioneer Ave., Shavertown. 675-3616. Pastors: Rev. Douglas and Janet Bryant Clark. Music Dir., John Vaida. Saturday Services: 5:30 p.m.; Sunday Services: 9 a.m., Family oriented Service; 11 a.m. Traditional Service in the Sancutary. Sunday Child Care Provided. Visitors expected. PHONE-A-PRAYER 675-4666.

ST. PAUL'S LUTHERAN CHURCH - 196 N. Main St., Shavertown. Sat. Worship 5:30 p.m.; Sunday Worship 8:30 a.m and 11 a.m. Sunday School 9:45 a.m. Phone 675-3859 or e-mail: stpaul@epix.net for more information. Everyone welcome! Rev. Charles H. Grube, Pastor.



# Lake-Lehman HS holding Back-to-School Night

Lake-Lehman High School will host Back to School Night on Monday, Sept. 13 from 7-9 p.m.

Parents will be following their child's schedule which will be divided into eight-10 minute intervals, beginning promptly at 7 p.m. with five minute period placed between each class to allow for travel. It is imperative that parents obtain their child's schedule in order to meet their teachers, and have the opportunity to receive an overview of the material that will be covered.

Two special sessions will also be held in the auditorium regarding Lake-Lehman's state mandated "senior projects". All seniors are required to complete a major project in order to graduate from high school and must present their experience to members of their faculty/community during a senior interview. The first information session will run from 8 p.m.-8:30 p.m. with the second session to follow immediately at 9 p.m. A brief description of the senior project will be presentedd followed by a question and answer period. Information packets will also be made available.

## Rayburn to perform at PSU

Mike Rayburn, winner of America's Best Acoustic Act for three years straight and the "1998 Entertainer of the Year" according to Campus Activities Today (CAT) magazine, will bring his unique blend of music and humor to Penn State Wilkes-Barre Thursday, Sept. 16 at noon in the student commons building.

Rayburn began his career in the college/coffee house circuit, blending comedy, music and truly masterful acoustic guitar. He has since released three albums on his own Dry River Records label. He describes his music as an "acoustic rock sound with strong folk and country influences."

Inspired by Rod Stewart, Bruce Springsteen, John Hiatt and Ronnie Van Zant, Rayburn terms his sound "popalternative." His newest album, Better Days, was recorded with his band The Gigantic Daughters of the West and he is currently discussing a record deal with a large independent la-

Penn State Wilkes-Barre's Cultural & Performing Arts programs are free and open to the public. For more information, call (570) 675-9284 or 675-2171.

#### Lehman-Jackson PTA hosting tea social

The Lehman-Jackson Elementary PTA will host their annual "Tea Night" on September 8 at 7 p.m. in the cafeteria.

The PTA invites all parents, grandparents and family members to come meet the current PTA Committee Chairpersons, ask questions and find out about our programs and activities for the 1999-2000

There are over 25 committees this year and volunteers are always being sought to help organize some of the PTA sponsored school functions such as assemblies, holiday programs, basketball and reading programs.

# New Visions Art Studio

Artist/Educator - Missy Turner Eneboe Pennsylvania Certified

Local & State Award Winning Students Student Lessons - Ages 6 to Adult

\* Drawing

\* Painting

★ Clay Sculpture

★ College Prep

**★** Murals \* House/Pet

Portraits ★ Carousel Art

Call for October Enrollment

Shavertown, PA

696-5515

# Don't leave home without The Post.



Order a school-year subscription to The Dallas Post. Your away-from-home student will get The Post

from September to May at these special rates:

In Pennsylvania, New York or New Jersey - \$15 All other states - \$17

Call to charge - We accept VISA/Mastercard

☐ Start a student subscription to: Mailing address -State \_\_\_ Zip \_ Ordered by: Name Mailing Address State— Zip City -Amount enclosed: \$ Send to: The Dallas Post, P.O. Box 366

Dallas, PA 18612