

# STEP FORWARD



**VOLUNTEER**

## JOIN THE TEAM

**Creative?  
Fun-loving?  
Imaginative?  
Energetic?**

If this describes you, then Penn's Woods needs you for the Program Advisory Team 2000. Many Penn's Woods programs are the result of the Program Advisory Team in action. Team members are volunteers who develop, design and implement program events for girls all over Penn's Woods. This group will meet several times during the year to plan exciting programs for the new millennium. Call Nancy Eckhart at the council office 829-2631 or 1-800-432-9786.

## WANTED VOLUNTEER WEB MASTER

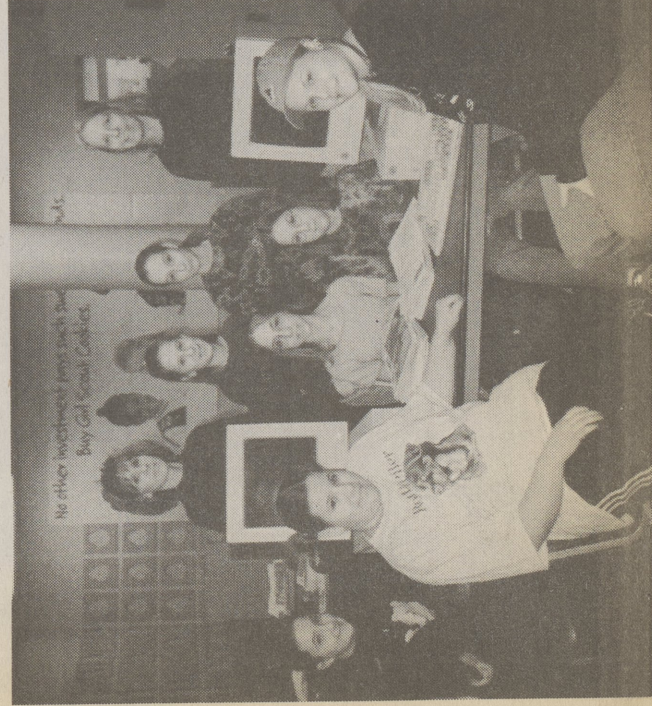
The Council's new WEB Site needs someone to help it up-dated and maintained. You should be proficient in HTML programming. You can work from home if you have internet access and Windows. Cadettes and Seniors - this could count toward an Interest Project. Contact Council for more information.

## HELP TODAY'S GIRLS BECOME TOMORROW'S LEADERS

Would you enjoy helping Cadettes and Seniors develop their leadership skills. We need several two-person teams to present the Program Aide Training Course in different areas of the council. A Program Aide is a trained girl who assists a Troop Leader throughout the year with troop activities. You need to be committed to the girl/adult partnership philosophy and be willing to devote one weekend a year to presenting this course to girls. Experienced Girl Scout trainers will teach you the course outline and assist you in your first presentation. For more information call Nancy Eckhart at the council office 829-2631 or 1-800-432-9786.

## CAMP LOUISE VOLUNTEER CORPS

Camp Louise needs you! Volunteers are needed to present outdoor education programs, serve as Site Directors and assist with ongoing camp needs. If you are someone who loves the outdoors, has time to give and wants to work with girls and leaders - then join the Camp Louise Volunteer Corps. Training is available. Contact Michele Richards at 570-759-8236 for more information.



## TENTS DOWN: October 9, 1999 TENTS UP: April 15, 2000

Camp Louise needs volunteers, Girl Scouts, families, friends and neighbors, to spend a day helping to make camp ready for the winter and spring camping seasons. Tasks range from taking down or putting up tents to mending fences to chopping firewood. A picnic lunch will be provided. Most tasks are geared for older girls and adults. It's a fun way to spend a day outdoors in a beautiful spot. For more information call Wendy Williams at the Council Office.

These volunteers are busy installing a doorway into the soon to come Outdoor Education Room in the Owl's Nest at Camp Louise. This was just one of the Tents Up projects completed at Camp Louise this spring.



## A WINNING NIGHT

Penn's Woods and Scranton Pocono Council Girl Scouts and their families had a great time at Girl Scout Night at Lackawanna Stadium in May. The evening kicked off with an on field parade of all the girls followed by a great game, an example of the Program Advisory Team at work. This winter, Penn's Woods will welcome the Penguins at the new Wilkes-Barre Arena.



## SERVICE PROJECTS AVAILABLE AT COUNCIL

Does your Troop want to do a service project for the Council? What about our Camp Louise? There is always something girls could help with at Council. Call Joyce Zevenyi, Office Manager, for information about Council Service Project opportunities.

Special thanks go to the following people who helped fold and stuff 10,000 Parent Folders and stuff 750 Troop Packets with all the materials needed for the start of another exciting Girl Scout year. The following folks volunteered throughout the last week in July: Katie Blanchard, Megan Riley, Lauren Natus, Loni Plekanski, Laura Raczkowski, Amanda Pfluch and Assistant Leader Sherry Reilly - C/S Troop 665; Keilly Johnson, Holly Dobitas, Rachel Nichols, Krislyn Tredinnick, Laurel Berecky-Robinson and Leader, Ellen Robinson - C/S Troop 310, Mountaintop; Nikki Craze, Megan Craze, Amy Wentz and Leader, Sally Craze - C/S Troop 970, Luzerne; Kathleen Lawrence and Willie Craze.

Cadette/Senior Troop 310, Mountaintop spent a "Service Day" at the Council Office last spring. The girls entered registration information into the computer and made Thank You cards which Council uses to thank donors to the Annual Appeal.

# Girl SPORTS 2000

## GIRLSPORTS BUILDING WINNING TEAM

The outstanding win of the U. S. Women's Soccer Team this summer has focused unprecedented interest on women and girls' sports. A generation of female athletes has come of age since the implementation of Title IX, the 1972 federal law guaranteeing women equal opportunity to sports at schools receiving federal aid, and it shows.

Today, girls rule on the playing field as well as in the classroom. As millions of girls grow up playing team sports, they are discovering sport's powerful ability to inspire, lift the soul and teach some of life's essential lessons.

### What makes team sports for girls so special?

- Girls learn what a teammate really is. Teammates are more than "friends" or sympathetic companions; teammates share the same vision and help each other achieve success.
- Girls learn to compete. Girls learn that competition is not divisive but can be used to connect, knowing their best efforts help teammates improve. Opponents offer welcome challenges.
- Girls learn to lead. Sports involvement gives girls opportunities to develop and practice leadership skills.
- Girls learn to support each other. When girls learn to compete only over beauty and boys, it is hard for them to support each other as women. Team sports teach girls to share information, to mentor, and to truly support each other.
- Girls learn to take risks. Athletes are willing to take public risks. Even if they don't succeed, they learn and grow because they have "tried"
- Girls learn to ask for help. In this age of the "Superwoman Myth", team sports teach girls that they don't have to be "perfect" and that asking for help is OK.
- Girls learn to forgive themselves. Sports help girls focus on their next achievement instead of paralyzing themselves with apologies for past mistakes and follies.
- Girls learn that women are strong, successful and free. "Little girls need big girls to look up to," says basketball star Teresa Edwards. Today's female athletes give girls a vision of victory, support, friendship, respect, celebration, independence and strength.

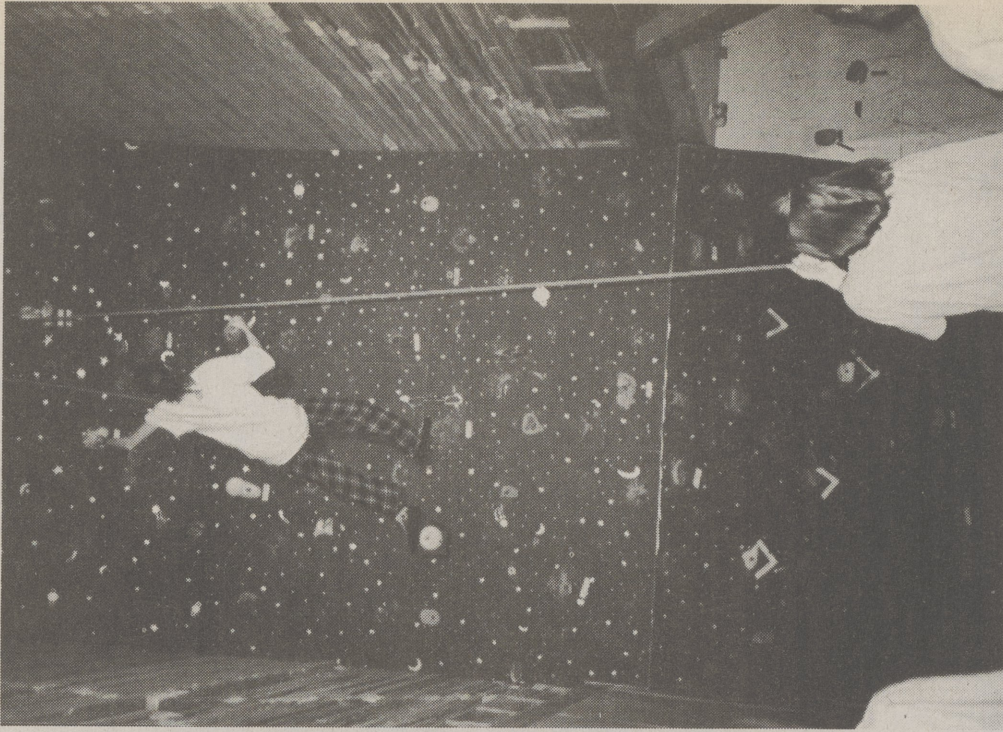
Girl Scouting has always known the importance of "team" for girls. Last year Girl Scouts of the USA launched its GirlsSports Program, designed to encourage girls to participate in sports. This initiative has annualized a national GirlsSports Wider Opportunity, a GirlsSport All Star Team of famous former Girl Scouts and a worldwide GirlsSport 2000, which challenged troops to create and stage an unbroken series of sports and fitness related events each day of 1999. Between January and June, approximately 40,000 girls in 152 Councils have participated in 1,300 events making GirlsSport 2000 the largest event ever of its kind for girls. Watch for more GirlsSport activities to come - one more way the Girl Scouts is helping girls grow strong.



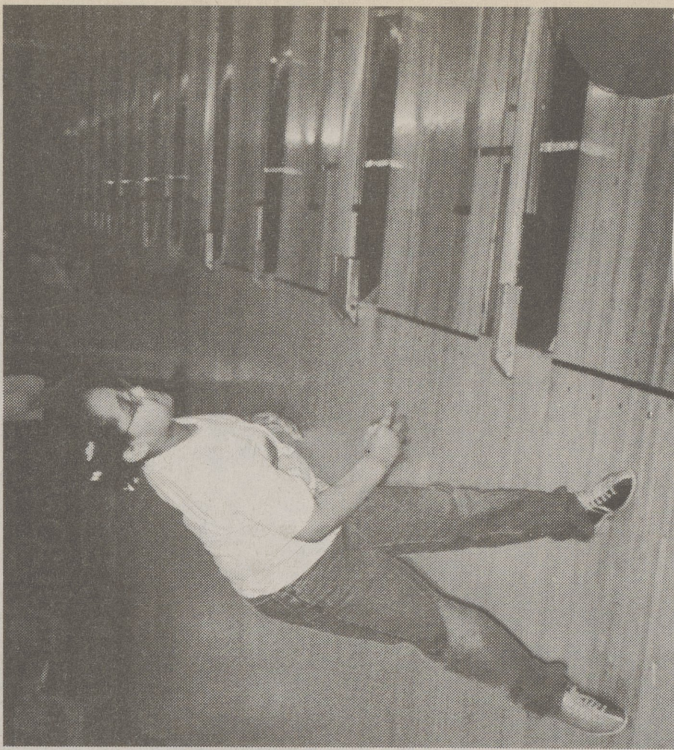
Service Unit 110 took a break from the winter weather and celebrated Girl Scout Week with a swimming party at the Tamaqua High School pool in March.

## SAY NO TO DRUGS PROGRAM RECEIVES AWARD

Penn's Woods Girl Scout Council recently received an "Unsung Heroes" Award from the Caron Foundation for the Council sponsored Tune In To Well Being: Say No To Drugs program. Penn's Woods, with funds from three special drug and alcohol education grants, made the Girl Scouts of the USA's Tune In To Well Being: Say No To Drugs program book available to every Brownie Girl Scout and Junior Girl Scout Troop. Leaders were also provided with a resource list they could use in planning troop drug and alcohol awareness activities. During a recently conducted interest survey of the Girl Scouts in Penn's Woods, 70% of Brownie Girl Scouts and 45% of Junior Girl Scouts wanted to know more about drug and alcohol abuse prevention. To date, 22 Troops with over 300 girls have completed the Tune In To Well Being: Say No To Drugs patch program. This program is part of the Girl Scout issues for Girls Series of programs designed to help girls understand and establish a meaningful set of values to guide their actions and make decisions for their lives. Funds for this project were provided by the Luzerne Wyoming County Drug and Alcohol Program, the Schuylkill County Drug and Alcohol Commission and the Mental Health/Mental Retardation Drug and Alcohol Services of Columbia, Montour, Snyder and Union Counties.



Kristen, Holland, Troop #239, Beaver Meadows, nears the top of the "Get A Grip" climbing wall. This is just one of many high adventure activities girls can experience in the Girl Scouts.



This Girl Scout, part of a Bowling Interest Group, concentrates as she watches her ball roll toward the pins. Girl Scouts from all over the Wilkes-Barre area are staying fit learning a new sport and making new Girl Scout friends. For information about joining the bowling group, call Jamie Kozenko at the Council office.

## DO YOU KNOW A GIRL WHO WANTS TO BE A GIRL SCOUT?

If a friend of yours joins the Girl Scouts because you tell her about all the fun you have in Girl Scouting, then this cool patch is yours. Your Leader can order it for you From the Sales Shop!

