

Coaches

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turn offer support to the youngsters in their programs. That guidance is important as sports and other co-curricular activities require serious commitment from those who participate. "Today a good athlete is putting a lot of time in and it's easy to see the results. Just look at our band, for example, you can go out there any day in the summer and those kids are practicing," said Gorgone. "That's why our band is one of the best in the state."



JEAN LIPSKI

The rules governing high school athletics have changed, allowing coaches and athletes to work more closely for longer periods of time. "It used to be that a coach could not see the kids until the start of the season, but now there is all kinds of conditioning that goes on both before and after the season," said Gorgone. "You have to put the time in if you're going to keep up with the Joneses as it were."

"You have to get some sense of enjoyment from coaching or you shouldn't be doing it."

Ted Jackson
Dallas football coach

The same is true in all sports. The Lake-Lehman field hockey team, which won the state championship in 1996, takes advantage of opportunities to play indoor hockey at local arenas. "During the summer we do our weight training and running so that at the start of the season we are ready to get right into the swing of things," said Lipski. "Many of the girls also join winter teams, which play under a dome, as a way of developing their skills."

Lipski and many other coaches encourage these activities by volunteering their own time. "There is work that goes on all year and

everybody's salary reflects the actual coaching that happens during the season," she said. "But that is what it is all about; you give everything you've got to see these kids pursue a higher education and hopefully along the way they develop a love of sport that lasts a lifetime."

Lake-Lehman coaching salaries

Football	
Head Coach	\$6,239
Varsity Assistant	4,065
Varsity Assistant	4,065
Varsity Assistant	4,065
Jr. High Assistant	3,525
Jr. High Assistant	3,525
Total	25,484
Field Hockey	
Head Coach	2,984
Varsity Assistant	1,888
Jr. High Assistant	1,888
Jr. High Assistant	1,888
Total	8,648
Golf Coach	2,057
Cross Country	1,771
Girls Volleyball	
Head Coach	1,888
Boys' Soccer	
Head Coach	2,984
Varsity Assistant	1,888
Jr. High Assistant	1,888
Total	6,760
Cheerleading	
Advisor	1,888
Varsity Assistant	818
Varsity Assistant	818
Volunteer Assistant	
J.H. Volunteer Assistant	
Total	3,524
Wrestling	
Head Coach	5,960
Varsity Assistant	3,659
Jr. High Assistant	2,445
Jr. High Assistant	2,445
Volunteer Assistant	
Volunteer Assistant	
Total	14,509
Boys' Basketball	
Head Coach	5,960
Girls' Basketball	
Head Coach	5,960

Red Cross offers training program

The Wyoming Valley Chapter, American Red Cross has scheduled a volunteer training session for non-professional volunteers Monday, July 19 at 9:30 a.m. at the chapter house.

The training will instruct volunteers to assist at local blood collections. They will be trained to screen and assist the donor fill out the blood donor registration, and they will also learn how to label the donor bag.

Volunteers are extremely important to the operation of blood collections because they help reduce the cost of needed blood to patients in our local community.

If you have a few hours a month and would like to become a member of the Red Cross volunteer corps, please phone the Office of Volunteers (823-7161, ext. #25) your time would be greatly appreciated.

Boback to attend Gov's School

Karen "K.C." Boback is one of 64 students statewide chosen to attend the inaugural Pennsylvania Governor's School for Information Technology held at Drexel University. Her scholarship includes course work in a techno core as well as concentration tracks which will allow students to develop a specific area of interest.



KAREN BOBACK

K.C. is a graduate of Junior Leadership Wilkes-Barre. She was a 1998 participant in Free Enterprise Week held at Lycoming College, a 1999 participant at Model U.N. held at Johns Hopkins University, and a member of the 1999 Youth Salute program.

K.C. attends Wyoming Seminary as a Trustee Scholar. She is the daughter of Buz and Karen Boback, Harveys Lake.

Achievement Academy honors DMS student

The United States Achievement Academy announced that Christian Cobleigh, from Dallas has been named a United States National Award Winner in Science.



CHRISTIAN COBLEIGH

Christian, who attends Dallas Middle School was nominated for this national award by Mr. Flynn, a teacher at the school.

He is the son of Robert and Susan Cobleigh from Dallas. His grandparents are Mrs. Regina Carroll of Wilkes-Barre and Mr. and Mrs. Arthur Cobleigh also of Wilkes-Barre.



Shoemaker, Saylor win Jones awards

Recipients of the Red Jones Citizenship Leadership Award from left, Joanne Shoemaker, Red Jones and Sam Saylor.

Hoprich, Wilt earn degrees at Lycoming

Stephen Hoprich, the son of Mr. and Mrs. Stephen Hoprich of Sweet Valley has been named to the dean's list at Lycoming College. He is majoring in chemistry.

Heather Wilt, of Dallas, was also recognized as a dean's list student at Lycoming. She is the daughter of Mr. and Mrs. Jeffrey Boyd Wilt and a biology major.

Brown earns degree in business economics

Thomas C. Brown of Dallas earned a bachelor of science in business economics from Susquehanna University.

He is the son of Thomas Brown of Dallas and Martha Brown.

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Stanski appointed student delegate

Cathy Stanski of Shavertown was named District II Student Delegate to the annual session of the American Dental Hygienists Association. Stanski a student at LCCC, was also awarded a scholarship by the Northeast PA Dental Hygiene Association.

Back Mt. students on Lafayette dean's list

The following Back Mountain students have been named to the dean's list at Lafayette College: John James Reap, Mark Alan Coslett and Joseph Patrick Cosgrove, all of Shavertown.

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Outlet Free Methodist hosts Bible school

The Outlet Free Methodist Church is having Vacation Bible School August 16-20 from 6 p.m.-8 p.m. The program is "Putting on the Armor of God" from the "Adventures in Odyssey" series by "Focus on the Family". The program is for ages 3 to 12 (or at the end of 6th grade). The church is located n Outlet Road off of Rt. 118. Questions? Call 639-1311.

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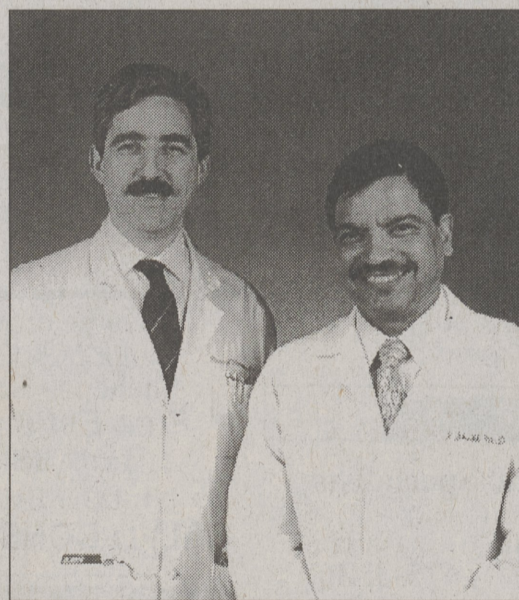
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