



The Back Mountain's Newspaper Since 1889



The Dallas Post

50 Cents

Vol. 110 No. 15

Dallas, Pennsylvania

April 14 thru April 20, 1999

SERVING THE COMMUNITIES OF THE DALLAS & LAKE-LEHMAN SCHOOL DISTRICTS

Library, community will miss Nancy Kozemchak

By KASIA McDONOUGH
Post Staff

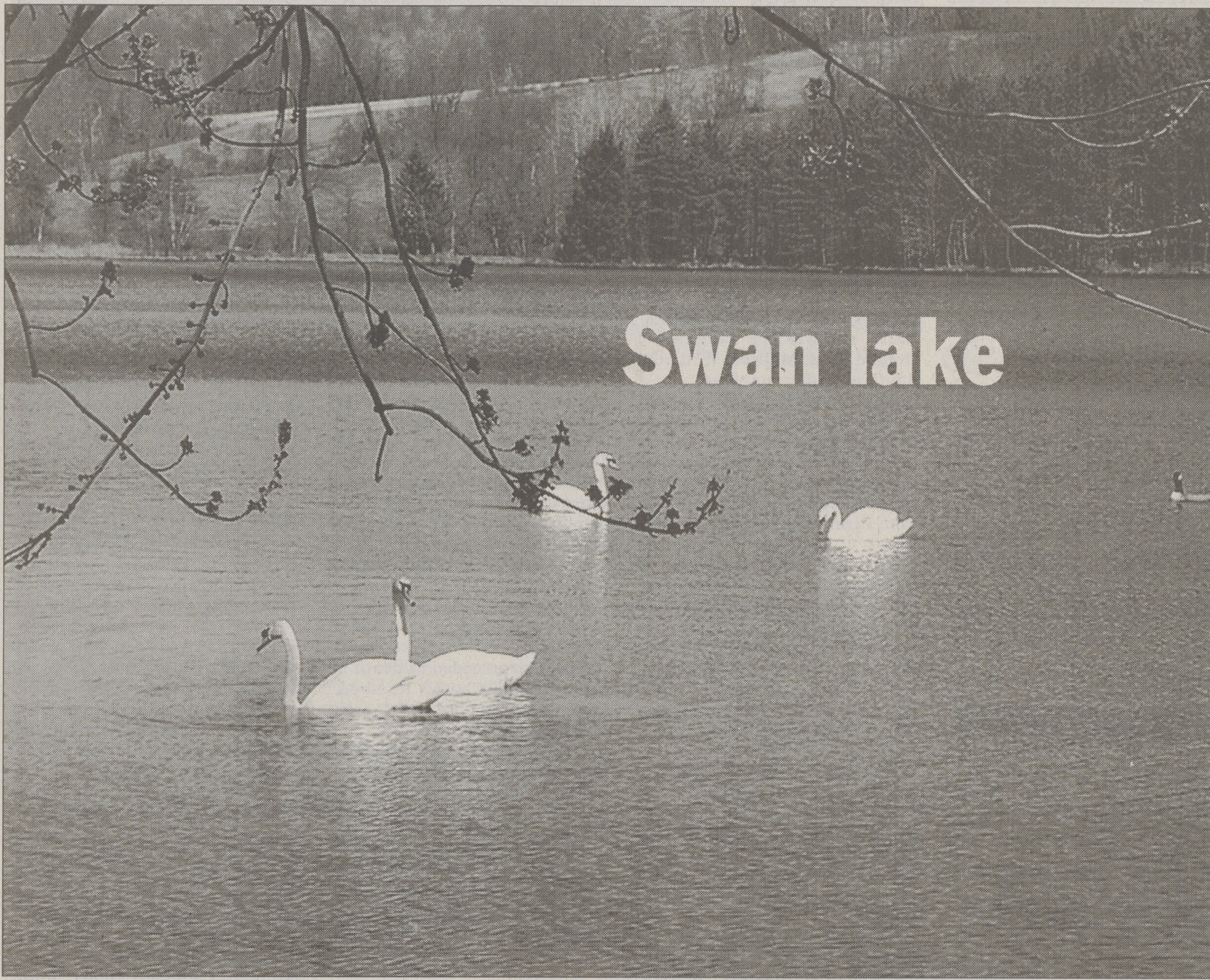
DALLAS - Bright rays of sunshine streaming through the windows at the Back Mountain Memorial Library were a small comfort to the staff mourning the loss of co-worker Nancy Kozemchak who passed away unexpectedly Saturday.



NANCY KOZEMCHAK

Nancy Kozemchak was employed at the library for 31 years. Initially hired to be the children's librarian, she was quickly given the responsibility of managing the library's financial records. "Nancy was interested in details and had all the professional skills needed to do that sort of work, so she became our business manager," said Marilyn Rudolph, Children's Librarian.

See NANCY, pg 8



Swan lake

POST PHOTO/CHARLOTTE BARTIZEK

A flock of swans has taken up residence at Shadyside Lake, off Rt. 309 in Kunkle. The beautiful creatures are fun to watch as they

feed, flipping bottoms up to reach plants on the bottom. A wary Canada goose swam over to take a closer look.

Kids keep half hour recesses

Board gives principals discretion on scheduling time

By KASIA McDONOUGH
Post Staff

DALLAS - The Dallas School Board agreed to establish a policy permitting 30 minutes of recess for elementary students that can be divided in two equal parts at the discretion of teachers and principals.

"The policy includes a 30-minute period which will stand as block of time designated for recess. The board is recommending the full 30 minute recess for days which permit outdoor activities and two 15-minute breaks for days on which inclement weather is a factor," said Dr. Gilbert Griffiths, Superintendent.

The district will continue to permit an additional free period of 15 minutes for students in first, second and third grades. Westmoreland Elementary currently offers the additional recess to all three grades, while Dallas Elementary has adopted a plan which allows the extra time for students in first and second grade.

Dallas Elementary gave the extra free time to students in the first three grades, in years past, but a change in policy which discourages young students from sharing the playground with fourth and fifth graders resulted in the elimination of the 15-minute recess for third graders.

Several teachers spoke about the need for students, especially the youngest learners, to have a recess from structured learning during the school day. "It is very important for young children to have an extra break later in the afternoon, because they eat lunch at 11:15 a.m. The second half of

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Fox that bit boy was rabid

The Pennsylvania State Game Commission said that rabies test results were positive on the fox that attacked and bit a child in Trucksville.

The young boy and his family are undergoing a series of rabies shots as a result of the vicious encounter. The incident occurred April 5, as the children were playing in the backyard of their Sunrise Estates home.

Anyone noticing suspicious behavior by an animal is encouraged to call the Game Commission, which investigates such reports. "We frequently receive calls from people who see a fox in the daytime but

that is not unusual. These animals are not strictly nocturnal; they will venture out during the day," said James Jolley, Game Commission officer. Drooling and running in a circular pattern are signs which warrant concern.

Jolley wants to reassure the community that attacks by rabid animals are not common in this area. "This is the first report we've had of human contact," he said. The Game Commission recommends that people use caution if they come into contact with a fox or any animal in the wild.

The Game Commission can be reached at 675-1143.

Family seeks better way to serve disabled

By KASIA McDONOUGH
Post Staff

JACKSON TWP. - The future is fraught with unknowns for an aging Back Mountain couple concerned about the welfare of their disabled daughter.

Ronald and Barbara Chvotzkin of Jackson Township face a serious plight. In addition to a diagnosis of mental illness, their daughter Heather suffers from anorexia and bulimia. She requires help and supervision for most daily activities.

"Our daughter needs someone to make sure she eats every meal and that she takes her medications," said Barbara Chvotzkin. "If she skips her meds, Heather

spirals backward to the point of hospitalization. It is like we have been caught in a revolving door for 10 years," said the frustrated mother.

Heather, who is 23 years old, currently lives at home but the family knows this is not a permanent solution. "She is very hard to handle," said Ronald Chvotzkin. "She likes the same things most girls her age enjoy. She likes her music and she loves to dance, but the existing programs don't offer her a chance to participate in those activities."

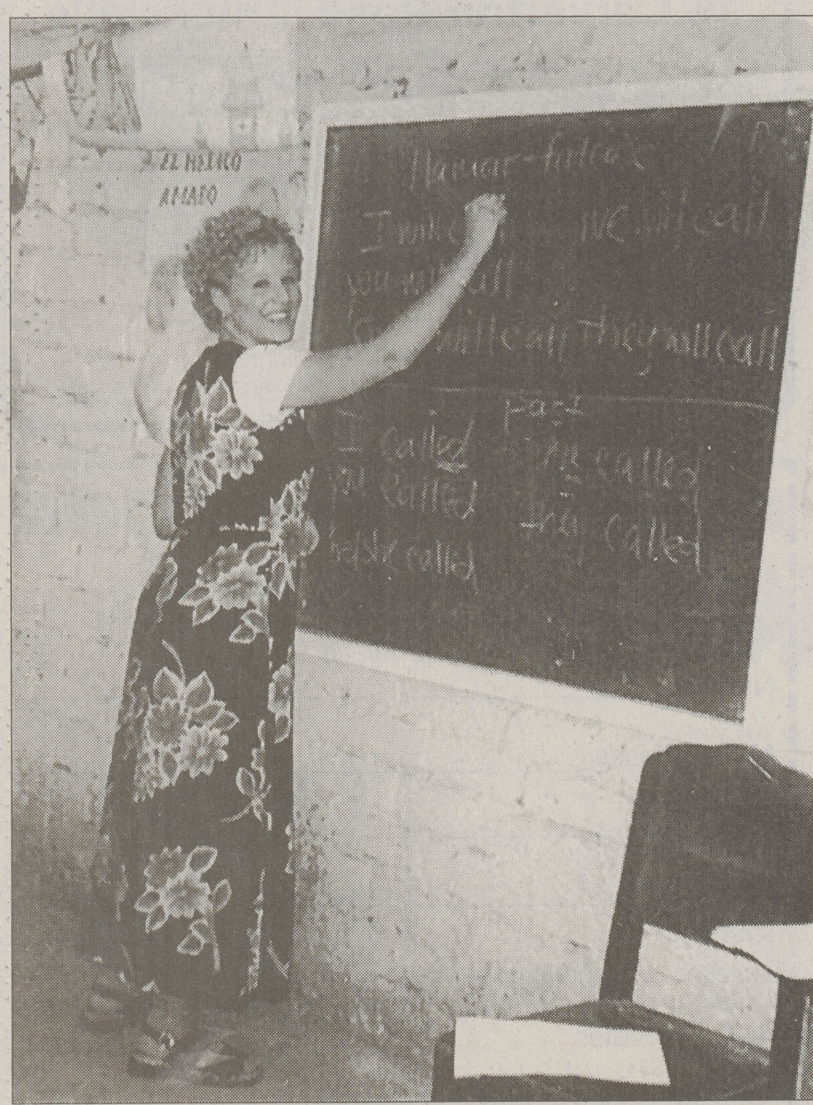
Several options are currently available to people who suffer from mental illnesses. Hospitals provide acute care and short stay accommodations for patients, but

are not equipped to treat individuals once they are released.

Several community organizations offer support programs which may include assisted living, counseling and recreational opportunities. "We have counselors who visit clients' homes to teach them a variety of life skills, anything from balancing a checkbook to taking the bus," said Pat Mentis of Step-by-Step. "We also run facility-based programs which would be the traditional group home setting where clients receive structure and support from the staff."

The Chvotzkin family has taken advantage of these programs.

See BETTER WAY, pg 2



Becqui Miller taught English at an American school in Trujillo, Peru.

Teen returns with new view of world

By MEIRA ZUCKER
Post Correspondent

TRUCKSVILLE - When the automobile Becqui Miller was riding in stopped, the station attendant grabbed a bucket and a funnel, filled the bucket with gasoline, and poured the measured fuel into the tank of the four-wheel-drive vehicle. Not your typical gas station for the Back Mountain, but quite common for Trujillo, Peru.

Becqui has just returned from a two-month missionary trip to Peru, during which she helped medical missionaries, entertained children during tent crusades, taught English classes, and got to meet a people and culture unlike her own.

Where Becqui visited, the people are impoverished and employment is limited. The residents live from moment to moment, and only hope to have enough money to be able to eat the following day.

Medical care in Peru is rudimentary and sparse. Worms and parasites infect most Peruvians. Becqui saw many children and adults with amputated limbs. She later learned that these amputations were due to complications from simple, easily-cured infections that were left untreated and developed into gangrene.

During the medical mission part of her trip, the doctors and staff saw more than 800 patients in two days. Becqui administered worm medicine to children and, donning a clown's outfit, entertained those waiting. In addition, with her knowledge of Spanish, Becqui interpreted for the doctors and clinic patients.

"It was hard to leave. I'd go back in a second."

Becqui Miller
Missionary to Peru

The foods of Peru shocked Becqui. A local specialty is fish soup, prepared by boiling the entire fish, with scales and guts intact, eyeballs floating to the top. Another favorite is cerviche, a marinated raw fish soup. Peruvians also enjoy goat meat with rotten egg sauce. As a guest, Becqui was obliged to try all offered food, so as not to offend her hosts.

Eating the local fare proved dangerous for her. She was sick for 40 of the 60 days there. To prevent dysentery, fruits and vegetables are often washed with Clorox bleach. American packages foods are prohibitively expensive; cereal is \$7 a box, and a package of Snickers bars is \$8.

Thousands of people crowded the tent crusades to hear the words of Sam and Evelyn Klinger, who encouraged the Peruvians to find Christ.

Becqui participated by amusing the children present, and helping work in the huge undertaking. Other days she ministered to homeless children, some of whom wore the same clothes for the entire five weeks that she visited them.

"It was so good to have her back," says Becqui's mother, Deborah Miller. When Becqui arrived in New York after her trip,

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