well as dominated the boards to

have the Owls tied for first place

and the team to beat after four

weeks of play. Daube had a game

high 26 points, followed by Eric

Samanas 18, Mike Race 10, D.J.

Molino, three points and Nick

Samanas 1 point. The Owls de-

fense was led by Nick Samanas

and Dan Savage. The Physicians

were led by Matt Kelly 16 points

and Jared Nothstein with 10, while

the defense was led by Ryan

Harvey, Conor Judge and Eric

Dallas, PA

5-6 boys

(continued from page 9)

Applewood Golf Course 37 -**House of Nutrition 30**

Matt Wilson led all scores with a game high 28 points to even their record after four weeks. Mike LLoyd chipped in with six points while Josh Mounce led the defense. No information was furnished to DYB by the House of Nutrition coaching staff.

Temple Owls 58 -

The Fieldhouse 22 -

Dr. Jack Ellis 4

Wyo. Valley Physicians 37 Matt Daube led all scores as

Domzalski.

Katy Whalen paced all scorers with 14 points. Tiffany Gergel and Krystal Derhammer led a great

defensive effort The Fieldhouse. 5-6 GIRLS Caitie Hession

and Megan Baker played well on both ends of the court for Dr. Jack

Chatham Technologies 25 -TGIFridays 24

This game went back and forth for four quarters until Jodi Dickson scored the last of her sixteen points with time running out. Joanna Williamson and Jessica English also had key baskets for Chatham. Caitlyn McGuire, eight points, and Shoshana Gitlin, six points led TGI Fridays balanced scoring.

Rosen, Jenkins, & Greenwald - 15 Savage Eye Care Specialists 8

The high scoring team of Savage Eye Care Specialists was held in check by an excellent defensive effort turned in by Rebecca Clay and Melissa Evans. Alicia Dymond led RJ&G scoring with ten points. Tam Morris tossed in six points while Megan Savage hit double figures in rebounds.

HL Little League registration Jan. 20, 23

Harveys Lake Little League will hold registration Wednesday, Jan. 20 from 5:30 p.m. to 8 p.m. at the Lake-Noxen School, and Saturday, Jan. 23 from 10 a.m. to 12 noon at the Harveys Lake Recreation Center. First time players must bring a copy of their birth certificate. Fees are \$30 per child, \$40 per family. Any child age 5 by Aug. 1, 1998 may

For other information, call 639-5211.

7-8 girls -

(continued from page 9)

14 points, followe by Smith seven and a bucket apiece by Ringler, Wentko and Mikolosko. The Luzerne Bank was led by Blase 15 points, Williams seven and Dukas two points. Also playing a good defense for Luzerne National was Jessica Karasek

Penn State Seed 33 -Bk. Mt. Leader 29

Nicole Bostock led Penn State Seed to seven wins, 0 losses with 14 points and controlling the inside game. Seed started off the first quarter with balanced scoring, a bucket apiece by Shannon Thomas, Jaime Sulewski and Bostock, while Bk. Mt. Leader's Rachel Kukosky hit for seven points and a 7-6 Leader advantage after one quarter. Thomas led the way offensively with many assists, Melissa Novitski four points, Thomas three points and Bostock and Laura Star two points apiece, while Ashley Razawich and Stark led the defense holding Kukosky to six points and a 17-13 Penn State lead at the half. Penn Seed Bostock's was on fire in the third quarter as Thomas was working the inside game with Bostock eight points and four more inside points from Sulewski, while Thomas put in two points and a commanding 31-21 lead. The Leader was held to eight third quarter points, Kukosky five points including a three pointer, Jaime Youngblood two points and Kimberly Toussaint one point. The Leader's fourth quarter comeback attempt was led by Kukosky's four points and Youngblood four points, while the defense led by Amanda Coleman and Jonelle Dickson held Penn Seed's Bostock to a single basket, but coming up short and a Penn Seed victory. Penn Seed was led defensively by Bostock 14 points, Thomas seven,

Sulewski six, Novitsky four and Stark two points. Katie Tomek also contributed for Penn Seed. The Leader was led by Kukosky 22 points, Youngblood six and Toussaint one point. Julena Hains and Loni Piekanski also contributed for Back Mountain Leader.

Teams unbeaten in **WVW** League

Dallas Youth Basketball girl's 7th grade and 8th grade teams are undefeated after first half of play in the Wyoming Valley West League. Playing for the seventh grade team are Brooke Blase, Caitlin Dukas, Rosalyn Wentko, Lauren Suppon, Kristy Schmid, Kara Ringler, Jaime Youngblood, Katie Smith and Lauren Noreika. Playing for the eighth grade team are Shannon Thomas, Meredith Lacey, Jackie Hardwick, Halli Williams, Ashleigh King, Rachel Kukosky, Jonelle Dickson, Nicole Bostock and Kelly Brzozowski. Other teams participating in the seventh grade are Hanover, Wyoming Valley West (maroon & gold), Pittston Area, Lake-Lehman and Wyoming Area. Other teams participating in the eighth grade are Hanover Area, Wyoming Valley West (white & maroon), Nanticoke, Gate of Heaven and Lake-Lehman. Both teams are coached by Lew Thomas, Mark Lacey and Joe Noon. Both teams started off the second half with wins over Lake-Lehman, Sun., Jan. 10. The seventh grade team won 25-16 with leading scorers Wentko 12 points, followed by Ringler six points and Schmid four points. The eigth grade team won 37-19 with balanced scoring from Kukosky 11 points, Thomas seven points, Lacey six points, Hardwick five points, Brzozowski and King four points apiece.



DYB 5th grade unbeaten in tournament

Dallas Youth Basketball's 5th grade boy's team recently participated in the Dallas Youth Basketball 1998 Holiday Tournament and went undefeated beating Tunkhannock in the championship game 49-37. Pictured, first row, Ben Thomas, Adam King and Ronnie Shiner. Second row, Coach Bob Lenahan, Eric Domzalski, David Harding, Mike Race, Bobby Lenahan, Kyle Mahle, Coach Joe Noon and Coach Lew Thomas.



POST PHOTO/CHARLOTTE BARTIZEK

Crossin hits 500th point

Tim Crossin, Gate of Heaven sixth grader, recently scored his 500th point for the Gators basketball team. Shown with a commemorative ball, from left, Eileen Crossin, Tim Crossin and Tom Crossin.

Dough Co. 28 - E.M. Video 22 Brendan Delaney scored a game

high 14 points and Stephen Zubko added eight DYB points to lead the Dough Com-

3-4 BOYS over E.M. Video, 28-22. Brian Kerpovich, David Hanadel, and Paul Green added two points each for the Dough Co. For E.M. Video, Cliff Pisaneschi, scored four points and Bob Redenski two. Justin Rice and Michael O'Day

Sneaker King 22 -Llewellyn & McKane 16

led the defense.

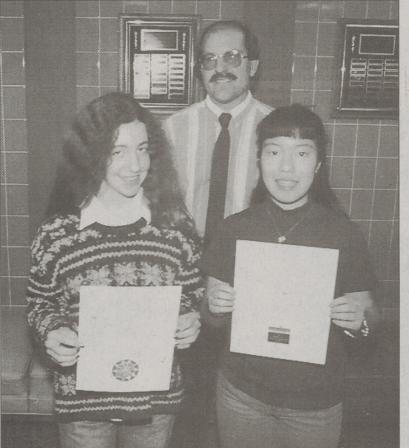
Doug Harding scored 11 points and Billy DeAngelo seven as Sneaker King topped Llewellyn & McKane 22-16. Joe Kaiser and John Thompson added two points each for the winners. Llewellyn was led by Kyle Arnaud with eight points, Alex Baltimore with six and Dan Anderson with two.

W-B Pallet Co. 33 -Fieldhouse 19

David Luksh and Connor Lenahan combined for 25 points to lead the W-B Pallet Co. to a 33-19 win over the Fieldhouse in the matchup of the league's two last unbeaten teams. Daniel Taroli added six points and Joe Bevevino two. For the Fieldhouse, Adam Singer scored 17 points and Chris Wilson two. Charles Youngman played outstanding defense.

Bk. Mt. Leader 48 -Central Clay 40

Guy Carpenter scored 23 points and Robert Monk added 15 as the Back Mt. Leader topped Central Clay 48-40. Devon Kornack and Chad Gelso added four points each while Kyle Hazleton led the defense. For Central Clay, Brad Fagula scored 36 points. Nick Barbose and Jason Darling added two points each while Adam Tamanini led the defense.



Pictured, Amy Pack, Michael Shevock, guidance counselor; and Stephanie Yeung.

Amy Pack and Stephanie Yeung honored for volunteerism

Amy Pack, eighth grade, was named the Dallas Middle School volunteer of the year in the Prudential Spirit of Community Awards program recently. In addition, Stephanie Yeung, eighth grade received a Certificate of Merit for her volunteer community ser-

Sponsored by Prudential and the National Association of Secondary School Principals, the awards recognize outstanding community service. Pack is now eligible for the Pennsylvania youth volunteer of the year awards. Two State Honorees, one middle-level and one high-school student will each receive a \$1,000 award, a silver medallion, and travel to Washington, D.C., for recognition ceremonies with one parent or guardian in May. Other Honorees may receive bronze medallions or Certificates of Excellence.

At the Washington event, 10 National Volunteers of the Year will be named by a national panel of judges, each receiving an additional \$5,000, a gold medallion,

and a crystal trophy for his or her

Pack is being recognized for her volunteer work as a candystriper at the Meadows Nursing Home. Yeung is a candystriper at Nesbitt Memorial Hospital.

Anthony Martinelli, principal of the Dallas Middle School praised the students for the volunteer ser-

Martinelli said, "These young ladies have distinguished themselves through their volunteer service. Our school community is very proud of their efforts. They are also excellent students."

State Honorees will be named in February.

The Prudential Spirit of Community Awards are supported by the American Association of School Administrators, the Council of the Great City Schools, the National Middle School Association, the National School Boards Association, the National School Public Relations Association, National 4-H council and Girl Scouts of the U.S.A.

Gate of Heaven accepting kindergarten applications

Mrs. Mary C. Tigue, Principal, announces that registration for Kindergarten classes for the school year 1999-2000 will be held in the lobby of Gate of Heaven School on Tuesday, Wednesday and Thursday, Jan. 19, 20 and 21 from 9 -

Eligible students must be five years of age by Sept. 30, 1999 and present proof of all required immunizations. Parents are reminded that PA law now requires that all children entering school for the first time must show proof of three doses of Hepatitus vaccine at intervals prescribed by their family physician. Parents are also asked to have the child's social security number as well as copies of birth and baptismal cer-

A \$100 non-refundable registration fee is required at the time

of registration.

Gate of Heaven is a Catholic school under the auspices of the Diocese of Scranton and offers quality Catholic eduction for grades K-8 to the children of the Back Mountain and Tunkhannock areas in the parishes of Gate of Heaven, St. Therese's, Our Lady of Victory, St. Frances Cabrini, Blessed Sacrament and Nativity of the Blessed Virgin Mary.

Gate of Heaven School is fully accredited through the Commission on Elementary Schools, Middle States Association of Colleges and Schools having been reaccredited in April of 1998 for another 10 years.

Interested parents should contact the school office at 675-6566 for additional information or visit web site www.gateofheaven.dallas.pa.us

SCHOOL MENUS

The following school lunch menus are for the week of January 14 - 20. All lunches include milk.

DALLAS SCHOOLS **Elementary School**

THURSDAY - Chicken patty/ bun, Sloppy Joe/bun, ham/bean soup w/crackers, Shape Up. Butterscotch pudding.

FRIDAY-Breaded fish square/ bun, Sloppy Joe/bun, oven baked fries, veggies/dip, apricots.

MONDAY - Chicken nuggets w/roll, hot ham/cheese sandwich, potato wedges, broccoli, chilled

TUESDAY - Stromboli w/sauce, hot ham/cheese sandwich, beef noodle soup w/crackers, tator tots, apple crisp.

WEDNESDAY - BBQ rib sandwich, hot ham/cheese sandwich, oven baked fries, green beans, chilled peaches.

Middle School

THURSDAY - Sloppy Joe/bun, ham/bean soup w/crackers, Shape up, butterscotch pudding.

FRIDAY - Breaded fish square/ bun, oven baked fries, veggies/ dip, apricots.

MONDAY- Hot ham/cheese sandwich, mashed potatoes/ gravy, candied carrots, mixed fruit. TUESDAY - Stromboli w/sauce,

WEDNESDAY - Lasagna w/garlic bread or corn dog, tossed salad/ dressing, fruit crisp.

THURSDAY - Baked potato bar. Pork BBQ sandwich, green beans, pineapple tidbits.

FRIDAY - Double burger bar. Sausage sandwich w/onions-peppers, fresh veggies w/dip, cinnamon applesauce.

MONDAY - Early dismissal. Breakfast bar. Grilled chicken sandwich, glazed carrots, chilled

TUESDAY - Burger bar. Turkey club sandwich, green beans, apple slices.

WEDNESDAY - Mexican bar. Beef-a-roni w/dinner roll, tossed salad/dressing, fruited gelatin.

High School

THURSDAY - Double burger bar. Turkey/gravy over mashed potatoes, green beans, pineapple tidbits, soft pretzel.

FRIDAY - Pizza bar. Sausage sandwich w/onions-peppers, fresh veggies/dip, cinnamon applesauce.

MONDAY - Burger bar. Grilled chicken sandwich, glazed carrots, chilled pears.

TUESDAY - French fry bar. Lasagna w/garlic bread, tossed beef noodle soup/crackers, tator tots, apple crisp.

WEDNESDAY - BBQ rib sandwich or salad bar, oven baked fries, green beans, chilled peaches.

GATE OF HEAVEN SCHOOL

THURSDAY - Sloppy Joe/bun, potato wedges, yellow beans, peaches

FRIDAY - Pierogies w/roll, peas, mixed fruit.

MONDAY - Dismissal 11:15. No lunch.

TUESDAY - Cheese steak w/ bun, onion rings, celery, pine-

WEDNESDAY - Hamburg w/ bun, potato rounds, carrots, pears.

LAKE-LEHMAN SCHOOLS Elementary

THURSDAY - Sundae bar day. Ravioli w/meat sauce, roll or deli sandwich/roll, tossd salad/dressing cinnamon applesauce.

FRIDAY - Pepperoni pizza or fish sandwich w/tartar sauce, winter blend, apple slices.

MONDAY - Early dismissal. Chicken nuggets w/sauce, roll or hot ham/cheese sandwich, green beans, orange smiles.

TUESDAY - Mexican boat w/ meat-cheese-lettuce-tomato or chef's choice, cookie, seasoned corn, pineapple tidbits.

salad/dressing, apple slices.

WEDNESDAY - III Guys Pizza Day. Pizza bar w/choice of toppings or chicken patty sandwich, golden corn, fruit crisp.

WEST SIDE TECH Breakfast

THURSDAY - Hot ham/cheese or cereal, juice, pastry. FRIDAY - Ginger bread, cereal,

juice, fruit. MONDAY - Banana bread, cereal, juice, fruit.

TUESDAY - French toast/syrup or cereal, juice, pastry. WEDNESDAY - Pumpkin bars,

cereal, juice, fruit.

Lunch THURSDAY - Taco's trimmings-

sharp cheese-tangy sauce, rice pilaf, seasoned corn, chocolate cake/frosting. FRIDAY - Pizza, fresh veggies/

ranch dressing, cinnamon apple coffee cake. MONDAY - Italian meat ballstomato sauce/hard roll, steamed

pasta, chilled fruit. TUESDAY - Pork bar bbq/soft bun-relish, oven ready potatoes,

blueberry crumb cake. WEDNESDAY - Pasta/meat sauce, tossed salad/dressing, roll, jello/whip cream.



Wings take U-10 championship

The Wings recently won the Back Mountain U-10 Girls Intramural Soccer championship. They scored a 2-1 overtime victory in the final game. It was a great team effort.

Pictured from left, 1st row, Tanya Heuer, Chelsea McHale, Molly Kalish, Carol Manzoni, Marie Foti, Stephanie Gonczol; 2nd row, Amanda Kotulski, Ellen Williams, Nicole Brezinski, Stephanie Pace. Alicia Evans, Marissa Harrison; 3rd row, asistant coach Bill Kalish. head coach Jeff Pace, assistant coach Bill Boyle. Absent from photo assistant coach Scott Heuer.

Q: Where do you find the most Back Mountain news, week after week? A: Only in The Dallas Post, the Back Mountain's newspaper since 1889.