SCHOOL MENUS

The following school lunch menus are for the week of Jamauary 7 - 13. All lunches include milk.

DALLAS SCHOOLS Elementary Schools

THURSDAY - Egg, ham/cheese muffin, cheesesteak hoagie, tator tots, rosy applesauce, chilled juice.

FRIDAY - Pierogies w/roll, cheese sticks, chicken vegetable soup w/crackers, carrots, mixed fruit.

MONDAY - Dinosaur nuggets, Sloppy Joe/bun, potato wedges, corn, orange wedges. Dinosaur pretzel.

TUESDAY - Hot dog/bun, Sloppy Joe/bun, baked beans, sliced pears, potato chips.

WEDNESDAY - Cheese ravioli w/roll, Sloppy Joe/bun, tossed salad, chilled peaches, ice cream treat.

Middle School

THURSDAY - Egg, ham/cheese muffin or salad bar, tator tots, rosy applesauce, chilled juice.

FRIDAY - Pierogies w/roll, cheese sticks, chicken vegetable soup w/crackers, carrots, mixed fruit.

MONDAY - Dinosaur nuggets, potato wedges, corn, orange wedges, Dinosaur pretzel.

TUESDAY - Hot dog bar or Sloppy Joe/bun, baked beans, sliced pears, potato chips.

WEDNESDAY - Cheese ravioli w/roll, tossed salad, chilled peaches, ice cream treat.

GATE OF HEAVEN SCHOOL

THURSDAY - Hot ham/cheese w/bun, hash browns, green beans, pineapple.

FRIDAY - Pizza, salad, mixed fruit.

MONDAY - Hot dogs w/bun, French fries, baked beans, peaches.

TUESDAY - Tacos w/meat-lettuce-tomato-cheese, Spanish beans, pineapple.

WEDNESDAY - Chicken noodle soup/saltines, turkey sandwichlettuce, pears.

LAKE-LEHMAN SCHOOLS Elementary School

THURSDAY - Sundae Bar Day. Rotini w/meat sauce, roll or BBQ grilled chicken sandwich, tossed salad/dressing, fruited gelatin. FRIDAY - Grilled cheese sand-

wich or pork bbq/roll w/cheese cube, chicken noodle soup/crackers, freshveggies/dip, mixed fruit. MONDAY - Chicken patty sand-

wich or meatball hoagie w/cheese, tator tots, pineapple tidbits.

TUESDAY - Hot dog/bun or creamy macaroni w/cheese, din-

ner roll, stewed tomatoes, cherries w/cream.

WEDNESDAY - French toast sticks w/sausage or egg muffin w/cheese, hash browns, chilled OJ.

Middle School

THURSDAY - Deli bar. BBQ turkey sandwich, winter blend, fruited gelatin.

FRIDAY - Cheesesteak bar. Grilled cheese sandwich, tomato soup/crackers, baked beans, chilled peaches.

MONDAY - French fry bar. Hot ham/cheese croissant, potato wedges, Shape-Up.

TUESDAY - III Guys Pizza Day. Pizza bar w/choice of toppings or chicken patty sandwich, seasoned corn, orange smiles.

WEDNESDAY - Salad bar. Meatball hoagie w/cheese, parsley potatoes, fruit crisp.

High School

THURSDAY - Pasta bar. Open face turkey sandwich w/gravy, mashed potatoes/gravy, fruited gelatin.

FRIDAY - Pizza bar. Grilled cheese sandwich, tomato soup/ crackers, glazed carrots, chilled peaches.

MONDAY - Breakfast bar. Hot ham/cheese croissant, potato wedges, Shape-up.

TUESDAY - Mexican bar. Meatball hoagie w/cheese, seasoned corn, orange smiles.

WEDNESDAY - Hot dog bar. Ravioli w/meat sauce-roll, tossed salad/dressing, fruited gelatin.

WEST SIDE TECH Breakfast

THURSDAY - Waffles/syrup or cereal, juice, pastry.

FRIDAY - Banana bread, cereal, juice, fruit.

MONDAY - Raisin bars, cereal, juice, fruit. TUESDAY - Pancakes/syrup

or cereal, juice, pastry.

WEDNESDAY - Banana muffin, cereal, juice, fruit.

Lunch

THURSDAY - Chicken patty/ softbun-lettuce-tomato, macaroni salad, apple, royal brownie.

FRIDAY - Pizza, tossed salad/ ranch dressing, chilled fruit.

MONDAY - Chicken nuggets/ dipping sauce, seasoned pasta, roll, steamed vegetables, chilled fruit.

TUESDAY - Tuna or turkey hoagie-lettuce-tomato, pasta salad, apple, gingerbread.

WEDNESDAY - Grilled cheese, tomato soup/crackers, tossed salad/dressing, chilled fruit.



Mis program receives accredidation

The Radiography program at College Misericordia was recently recognized as an outstanding program by the profession's national accrediting agency. The Joint Review Committee on Education in Radiologic Technology (JRCERT) awarded the program the maximum accreditation period of eight years this fall, said Dr. Elaine Halesey, program director and associate professor of radiography. Since 1987, the program has received two of the committee's maximum awards of five years' accreditation, she said. Tara Dymond, a junior radiography student from Shavertown, practices venipuncture on an artificial arm as Robert Comello, assistant professor of radiography at Misericordia, observes. Venipuncture is one of many skills Misericordia radiography students develop as they complete their studies.



John Rosser receives PSU Faculty Outreach Award

The Penn State Wilkes-Barre Award for Faculty Outreach was recently given to John Rosser, a physics instructor at the Wilkes-Barre campus. This award was established by the External Affairs committee of the Penn State Wilkes-Barre Advisory Board to reward a full-time faculty member who, through outreach activities such as instructional programming applied research or outstanding service, has established a link between the University and individuals, organizations or communities.

Rosser, a former Penn State Wilkes-Barre student, holds an associate degree in Electrical Engineering and a Bachelor of Science degree in physics. He returned to the campus in 1990 to oversee operations of the Friedman Observatory and opens the facility to the public every Wednesday and Friday night (weather permitting). He hosts private and school groups by appointment and opens the observatory for special events such as comets, meteor showers and eclipses. When the comet Hale-Bopp passed in 1997, an estimated 500 people a night visited the campus. Rosser also has made learning astronomy fun for children attending Penn State Wilkes-Barre's Summer Youth Camps for the past three years:

A \$500 scholarship is designated in the winner's name to be awarded to a deserving student in the 1999-2000 year.

In addition, the winner's application from each campus will be submitted for the University's Penn State Award for Faculty Outreach which offers a \$1,000 cash gift.

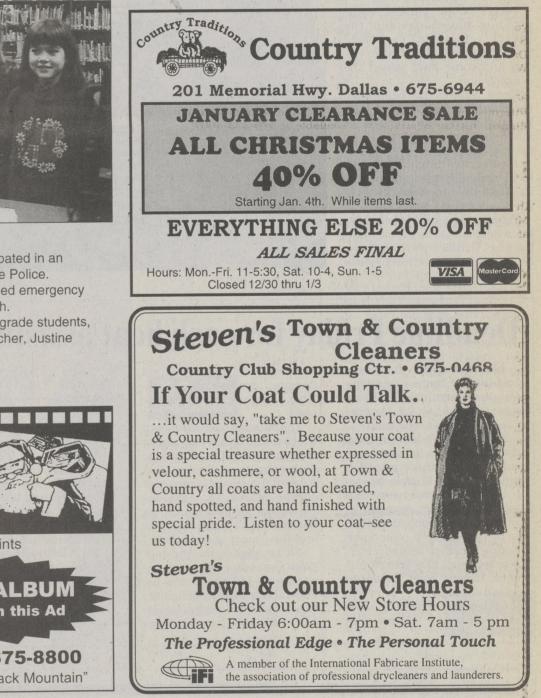
Wyoming Sem. Upper dean's list

Wyoming Seminary Dean David L. Davies has announced the Upper School Dean's List for the first trimester of the 1998-99 academic year. The following students are from the Back Mountain:

Dean's List with High Honors: Michael Davies, Dallas; Kyle Droppers, Dallas; Lloyd Droppers, Dallas; Emily Foran, Dallas; Nooshin Hosseini, Dallas; Irina Ivanova, Dallas; Krystin Kopen, Shavertown; Kourtney Koslosky, Shavertown;

Also, Daniel Mariner, Shavertown; Michael Messersmith, Dallas; Timothy O'Donnell, Shavertown; Timothy Polin, Shavertown; Timothy Reddy, Shavertown; Benjamin Rogers, Trucskville; Jeffrey Ryan, Dallas; Neil Shah, Shavertown; Puja Talati, Dallas; Jaclyn Walkowiak, Dallas; Amanda Young, Dallas; Omar Zalatimo, Dallas; Devin Zatorski, Shavertown; Jill Zatorski, Shavertown. Dean's List: Alana Anzalone, Shavertown; Erica Lyn Benjamin, Noxen; Ryan Blaszczak, Shavertown; Emily Blaum, Shavertown; Karen Boback, Harveys Lake; Kristin Clay, Dallas; Daniel Davis, Lehman; Christine Dempsey, Trucksville; Leslie Dewees, Dallas; Julie Eckert, Dallas; Andrew Feinstein, Shavertown; Ashley Feldman, Shavertown; Kirk Frey, Dallas; Aaron Gitlin, Dallas; Shaudi Hosseini, Dallas.

Also, Melissa Howell, Dallas; Vikram Kheny, Dallas; Erica Koehl, Trucksville; Kristin Kolesar, Harveys Lake, Caitlin Lucchino, Shavertown; Phillip Oh, Dallas; Gricia Rado, Dallas; Farid Razavi, Dallas; Elizabeth Rosenthal, Shavertown; Hume McKim Ross, Dallas; Joshua Schraeder, Dallas; Jessica Sheehan, Harveys Lake; Brandon Sherlinski, Shavertown; Margaret Sordoni, Harveys Lake; Sapan Talati, Dallas.



1

	creamy macaroni w/cheese, di	in- salady dressing, ennied nate.	
		Answers to Super Crossword	ID program at Lake-Noxen Lake-Noxen Elementary students recently participate
	UNITOLIO LILLY CYCLIADES ELSA YAK WAX QUEEN FLY PUT	AHEM THONG WHAMS FLOG DENY RADIO HOTEL RILE MLIV UNITS INURE OMEN IMDANSON PUN BLEWMOON	identification program with the Pennsylvania State P All students received an ID booklet which contained information, safety tips, and an instant photograph.
•	MAMAIS CHAIINED OVAL GOD AURA WEEKIEND ENTER LOU TVIS PAGAIN SUIE OPA AVION HEBRIIDES	LOTIL MERES ETAH AMOLES VALTANT SLEEPS COTES MEN SNORE KALAT ENTE BETEL DRIVE RETE REE TRACTOR KOALA MET BYRDBATH VALES DRAIINS	Shown with Officer Joseph Lakkis, from left, 2nd gra Roxanne Erdman, Abigale Nalbone, Amanda Koche Martine.
	CORD AIMA MOTH EWES MILLS PRIEY solution 19	EASY PETAL KEIF SITALAS FIRED FARELADY TAL SITOLE SERIALS DOA IBID EXURB DARBY BUNT, ELIVER VICAR ISA ALLEE SEEEYOU DEWILEST BRUTES	
	9 3 6 6 23 9 6 9 3 27 7 / 7 / 16 3 / 7 2 13 28 16 29 12 24	LUNIE SUOPE ELIE HIISIIERRA PTA IDOLTALIK ARAG ERICA ROBIN AVON LATH SONAR CHILD LESE FEET TRUNK HOSES ERSE	FILM DEVELOPING
	and the second	Tutoring Center	OF PRINTS*
	1	T Review Course Prepare for Spring SAT's	*C-41 Processing 3x5 or 4x6 Prints
		Full Math & Verbal Convenient Sunday Sessions	system \$1.95 Value with the
•	655-6766 AT THE OBL	Free Parent & Student session, Jan. 31 Call Now to Register ATES OF ST. JOSEPH	DALLAS PHOTO SHOP • 67 "Your Processing Headquarters in the Back

rhe Dallas Post e-mail dalpost@aol.com

Send letters to the editor, story ideas, complaints, praise, advertising inquiries. But if you're sending press releases, please call the old-fashioned way — (717) 675-5211 — to make sure it's something we will use..