

DHS GUIDANCE NOTES

Financial Aid Night January 6

Parents don't forget Jan. 6 at 7 p.m. Dallas High School will host our second financial aid night and the focus will be the Free Application for Federal Student Aid more commonly known as (FAFSA). This is an important night and will help to insure your son/daughter's financial aid matters are in order for next fall.

While on the subject, let's talk more about financial aid. Where you go to college is the biggest factor in determining cost and how much financial aid you might need. Keep these general school cost trends in mind:

More expensive, less expensive, private, public, out of state, in-state, live on campus, live at home.

All schools offer cost and financial aid information in their catalogs and brochures. You'll need these details along with facts on your personal and/or family resources, to determine how to finance your education. There are three basic steps to use to take advantage of your financial aid opportunities. This week let's look at step one.

1. Complete the free application for Federal Student Aid (FAFSA)

Most students require financial aid to help pay college costs. The information you furnish on the FAFSA helps colleges determine the types and amount of financial aid you're eligible to receive through federal, state and college sources.

Send your completed FAFSA to be processed. Because funding in some programs is limited, apply as soon as possible after January 1 (for the fall term) to increase your chances of receiving all the aid for which you qualify.

Results will be sent to each of

the colleges you designate to receive the information.

You'll receive award letters from those schools indicating the type and amount of financial aid for which you qualify. Review each offer carefully before making your final decision.

The Guidance Department staff of Mr. Wolensky, Ms. Jones, Mrs. Brady, Mrs. Kryston, and Mrs. Warkevich wishes our students, faculty, administration and community a Happy and Prosperous New Year.

Congratulations to the following seniors who have been accepted to and will be attending the following school in the fall of 1999:

- Mary Ricci, Wilkes University
- Bequi Miller, College Misericordia
- Chris Schneider, University of Pittsburgh
- Tara Holly, King's College
- Robert Stevens, University of Pittsburgh
- Vanessa Velikis, Wilkes University

Seniors are asked to contact the guidance office of their acceptance to the college/university in which they will be attending.

Mr. Wolensky and Ms. Jones would like to thank all the guidance helpers for all their time and efforts in making the guidance office more efficient and user friendly. The guidance helpers are: Shannon Gaffney, Tamara Mead, Angela Dube, Tara Holly, Seth LaJeunesse, Lisa Misson, Virginia Sarti, Lewis Spurlin, Robert Stevens, Mary Ricci, Beth Rescheuer, Stephanie Potisek and Rich Samanas.



Tradition of caring continues

Tina Davis, Mary Kopetchne, and Lisa Shutz of the Lehman-Jackson Elementary PTA continue a worthy tradition over a quarter century old. Every year, just before Christmas the students at Lehman-Jackson help provide a more festive Christmas for needy families in the school district. All students Kindergarten through sixth grade are invited to bring canned goods and packaged food items that the PTA then assembles into Christmas baskets to help make the holidays a little brighter for some local area families. Current chairperson Tina Davis took over the program in 1997 from her mother, Sandra Traver, who headed the program for more than 25 years.

IN THE SERVICE

Army Pvt. Jason A. Ward has entered basic military training at Fort Benning, Columbus, GA.

During the training the soldier will receive instruction in drill and ceremonies, map reading, tactics, military customs and courtesies, physical fitness and first aid.

Ward is the son of Dana C. Ward of Harveys Lake and Mike Boyle of Bethlehem.

He graduated Lake-Lehman High School in 1998.

Joseph Kosior, son of Carol Carroll of Sweet Valley, enlisted in the Air Force's delayed enlistment program according to Staff Sgt.

Bryan McCleary, the local Air Force Recruiter.

Joe is a 1997 graduate of Lake-Lehman High School. He will be enlisted in the regular Air Force on September 2. Upon graduation from a six week basic training course at Lackland Air Force Base near San Antonio, Texas, he is scheduled to receive technical training as a munitions systems apprentice.

Joe will be earning credits toward an associate degree in applied sciences through the Community College of the Air Force while attending basic and technical training school.

Misericordia to offer sports management major in 1999

College Misericordia will offer a bachelor of science degree in sports management beginning with the fall, 1999 semester. Dr. Mary Glennon, RSM, vice-president of academic affairs, announced.

Sports management graduates will be prepared to work for health clubs, resorts, sports teams, camps, arenas, YMCAs, and YWCAs and commercial recreational facilities. The curriculum will include liberal arts courses, business courses and sports-related courses such as sports management and leadership, marketing and promotions, facilities planning and event management.

Misericordia's sports management program, the only four-year program of its kind offered in northeastern Pennsylvania, will be available as a major and a minor. In addition to Misericordia's liberal arts core requirements and sports management courses, the program will be based in the business curriculum.

Students will also participate in various internships which will assist them in preparation for employment opportunities.

For more information about the new sports management program at College Misericordia, call the Admissions Office at 1-800-852-7675 or e-mail at admiss@miseri.edu.

SCHOOL MENUS

The following school lunches are for the week of January 4 - 6. All lunches include milk.

DALLAS SCHOOLS

Elementary
MONDAY - Chicken Nuggets, cheesesteak hoagie, buttered noodles, green peas, chilled pears.
TUESDAY - Spaghetti w/meat sauce, garlic bread, cheesesteak hoagie, tossed salad, pineapple tidbits.
WEDNESDAY - Open face turkey sandwich, cheesesteak hoagie, mashed potatoes/gravy, green beans, chilled peaches.

Middle School
MONDAY - Cheesesteak hoagie, buttered noodles, green peas, chilled pears.

TUESDAY - Spaghetti w/meat sauce, garlic bread, tossed salad, pineapple tidbits.
WEDNESDAY - Open face turkey sandwich, mashed potatoes/gravy, green beans, chilled peaches.

LAKE-LEHMAN SCHOOLS

Elementary
MONDAY - Hamburger/roll or stromboli w/sauce, French fries, rosy applesauce.
TUESDAY - Nachos w/cheese sauce, roll or bbq turkey sandwich, golden corn, fresh orange.
WEDNESDAY - Hot dog/bun or hamburger gravy over mashed potatoes, buttered peas, Shape-Up.

Middle School
MONDAY - Hot dog bar, stromboli w/sauce, French fries, mixed fruit.
TUESDAY - Pasta bar. Open face roast pork sandwich, mashed potatoes/gravy, chilled pears.
WEDNESDAY - Oriental bar. Beef stew over noodles w/dinner roll, sweet peas, rosy applesauce.

High School
MONDAY - Cheesesteak bar. Stromboli w/sauce, French fries, mixed fruit.
TUESDAY - Baked potato bar. Chef's choice, winter blend, chilled pears.
WEDNESDAY - Chicken Fajita bar. Beef stew over noodles or rice w/dinner roll, sweet peas, rosy applesauce.

WEST SIDE TECH
 Breakfast
MONDAY - Fruit muffin, cereal, juice, fruit.
TUESDAY - Sausage/cheese or cereal, juice, pastry.
WEDNESDAY - Coffee cake, cereal, juice, pastry.

Lunch
MONDAY - Cheese steak hoagie/lettuce-tomato, chicken vegetable soup, chilled fruit.
TUESDAY - Pork bbq-sauce/roll, potato wedges, seasoned green beans, yellow cake/frosting.

WEDNESDAY - Pasta/meat sauce, mozzarella cheese, tossed salad/dressing, dinner roll, jello.



The Posts provide PSU scholarship

Dr. Mary Hines, Penn State Wilkes-Barre campus executive officer recently presented a certificate to Robert E. Post commemorating the Robert E. and Ruth W. Post Family Endowed Scholarship Fund. This scholarship fund will provide recognition and financial assistance to selected full-time undergraduate students enrolled or planning to enroll at Penn State Wilkes-Barre who manifest a promise of academic success and who have a proven financial need. Last year over 100 scholarships were awarded at the campus in Lehman to help finance a college education for eligible students. From left: Robert A. Fortinsky, Penn State Wilkes-Barre Advisory Board Chair; Dr. Mary Hines, Robert E. Post and Thomas R. Robinson, director of Development at Penn State Wilkes-Barre.



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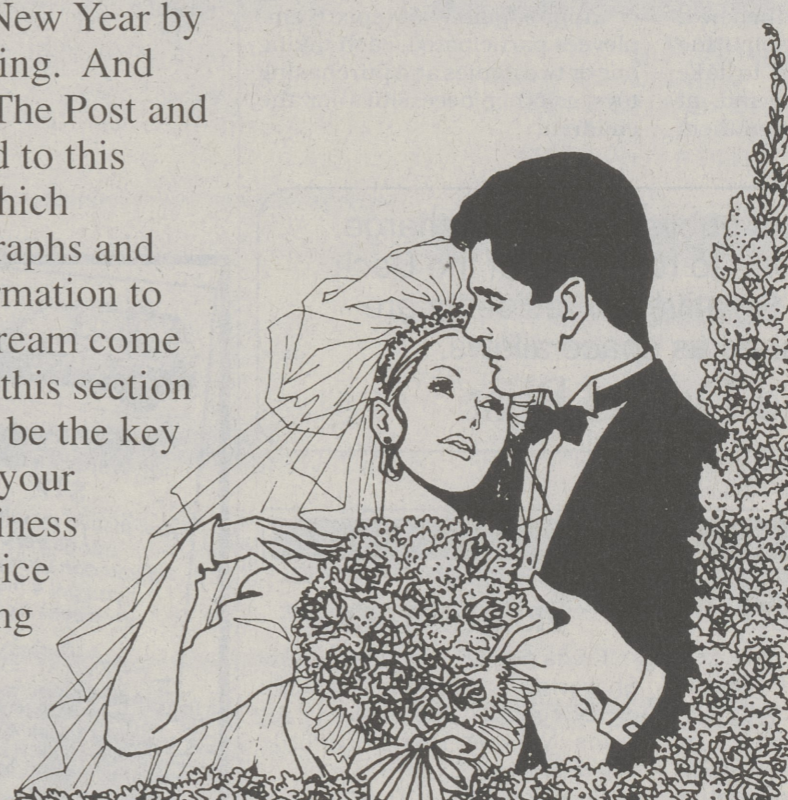
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"A Wedding to Remember"

Many people start their New Year by making plans for a wedding. And each January readers of The Post and The Journal look forward to this special feature section which includes articles, photographs and numerous pieces of information to make their wedding a "dream come true". Also important to this section is advertising which will be the key to drawing customers to your store. Promote your business and the professional service you provide by advertising in "A Wedding to Remember"



A Special Feature in
The Dallas Post

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AD DEADLINE: FRI., JANUARY 21
 (One day earlier if proof is needed)

For more information on "A Wedding To Remember", call

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