## SCHOOLMENUS

The following school lunch
menus are for the week of Decem－
ber 10 － 16 ．All lunches include
ber $10-16$ ．All lunch
milk．
Elementary
THURSDAY
parmesan，hamburger／bun
FRIDAY－Pierogies w／roll \＆
cheese stick，hamburger／bun，
pudding．
MONDAY－Chicken nuggets，
Sloppy Joe／bun，tator tots，whole
kernel corn，cherries w／cream．
TUESDAY－Seasoned chicken patty／bun，Sloppy Joe／bun，but－
ered noodles，green beans，chilled
WEDNESDAY－Beef cheddar roll，Sloppy Joe／bun，vegetable

Middle School
THURSDAY Chicke
rmesan，pasta，tossed salad
FRIDAY－Pierogies w／roll \＆ hocolate pudding． MONDAY－Sloppy Joe／bun ries w／cream．
TUESDAY－Seasoned chicken patty／bun，buttered nood WEDNESDAY－Beef ched oll，vegetable soup，oven bake rench fries，banana
GATE OF HEAVEN SCHOOL THURSDAY－Hot dogs／bun，

FRIDAY－Pierogies w／roll peas／carrots，mixed fruit． MONDAY－Stromboli，salad， TUESDAY－Chicken patties w／ un，potatorounds，lettuce，pears．
WEDNESDAY－Tacos－meat－ beans，pineapple．

## AKE－LEHMAN SCHOOLS

Elementary
THURSDAY－Hot dog／bun or veggies／dip，fruited gelatin fresh FRIDAY－Cheese pizza or fish sandwich w／tartar sauce，golden corn，mixed fruit．
MONDAY－Ch
MONDAY－Chicken nuggets w／sauce，roll or bologna／cheese
sandwich，sweet peas，chilled
TUESDAY－Tacos w／meat－
heese－lettuce tomato or chicken
mixed fruit．
WEDNESDA or sausage sandwich，baked
beans， eans，applesauc Middle Schoo THURSDAY－Sundae Bar Day rench fry bar．Rotini Bar Day sauce，dinner roll，tossed salad FRIDAY－Double burger bar Ham bbq sandwich，tator tots， Mandarin orange MONDAY－Cheesesteak bar Chicken patty sandwich，glaze
carrots，chilled pears． carrots，chilled pears．
TUESDAY－French fry bar．BLT sandwich，mixed vegetables，or－
ange smiles． WEDNESDAY－Chicken fajita par．Hamburg gravy over mashed

## High School

THURSDAY－Double burger oll，tossed salad／dressing，fruit
FRIDAY－Pizza bar．Grilled heese sandwich，tomato soup MONDAY－Pasta patty sandwich，glazed carrots chilled pears．
TUESDAY－Beeffajita bar．BL sandwich，mixed vegetables，or ange smiles．
WEDNESDAY
WEDNESDAY－Baked potato bar．Salisbury steak w／dinne
roll，mashed potatoes／gravy，cher rill，mashed wot
ream．
WEST SIDE TECH Breakfast
THURSDAY
cereal，juice，pastry
cereal，juice，pastry．
FRIDAY－Banana cake，cereal
MONDAY－Banana bread， TUESDAY－juice，fruit
TUES
cereal，juic－Hot ham／cheese
or cereal，juice，pastry．
WEDNESDAY－Pumpkin bar，

## Lunch

THURSDAY－Grilled cheese
ven ready potatoes，chilled eaches，soft pretzels． FRIDAY－Pizza，tossed salad／ ressing，pumpkin bars． MONDAY－Italian meatballs／
omato sauce，hard roll，steamed green beans，pudding．
TUESDAY－Pasta mozzarella cheese，roll，tossed salad，jello cake．
WEDNESDAY WEDNESDAY－Chicken patty－
lettuc－－tomato－soft bun，vegetable
soup／crckers，chilled fruit．

Your Sports \＆News items are welcomed at The Post

## Kodak Cold <br> MAX <br> Film

Kodak＇s maximum－versatility film for great pictures Use for－inside，outside，fast action or no action． Kodak Gold Max 400 film－ideal for compact cameras． Kodak Gold Max 800 film－ideal for zoom cameras．



## Dallas Middle to hold Holiday Concerts

On December 15， 16 and 17，the Dallas Midale School will ＂Holiday Conthers＂will founds of the season．The annual choruses performing traditional as well sc cont bands and holiday favorites．Over 400 students will contemporary these concerts．
The sixth grade will be performing their concert on December 15；the seventh grade on the December16 and the eighth on December 17．The concerts will begin at 7：30 p．m．in the Dallas Middle School Auditorium and are free and open to the public．Pictured are the 1998－1999 Dallas Midale School Dempsicers．From left，seated，Sarah Vodzak，Brian Jempsey，Dan Piccillo，Paul MicCue，Lacey Cooper and McGuire Mgiood．Standing，Jared Besecker，Caitlin Jamie Bozentka，Jason Alfano，Mitch Mitchell and Jeff Pace． Back row，Michael Pawlik，band director．

## L－L Band＇s holiday concert Dec． 13

## The Award Winning Lake－Lehman under the direction of Edward aA

 at 3 p．m．at the high school．Members of the band are from 7 th to to 12 th grade．The members just finished a very successful marching compe－tition season and are ready to entertain you with seasonal music There will be traditional and spiritual pieces．The Jr．and Sr．High There will be traditional and spiritual pieces．The Jr．and Sr．High off their talents．Each choral group will sing four selections．At the end of the concert there will be a finale featuring the band and chorus nembers doing a number together．The Lake－Lehman Band and the performers in both groups are selected to compete in districts states

DHS Band＇s holiday concert Dec． 13
The Dallas High School Concert Band，Jazz Band，Select Chorus and
ull Chorus will present its annual holiday performance at the High School auditorium on Sunday，Dec．13，at $3 \mathrm{p} . \mathrm{m}$ ． The program will be traditional holiday and seasonal music and
carols under the direction of Todd Hunter，Geoffry Dent and Ms．Cassie Palfey．The performance is free and open to the public． The Dallas Band Booster Organization will also have a holday


Christmas Golf Tournament at Four Seasons Golf Club，Exeter
Sunday，Dec．13th Includes 18 holes，meal，beverages and a wrapped present under the Christmas ree for all players．Santa will be visiting all players on Refreshment Sleigh（cart）．
Captaind Crew Format．
Call 655－8892 to Register Your Foursome．wwu．usnetway．comfifourseasonsgoff


Now on sale at गhomas

Back Mountain Shopping Center Shavertown

DHS GUIDANCENOTES
PSAT results are now available

Congratulations to our Novem ber Students of the Month：
Jacob Burke－Creative Stu－

## Justin Achiever Brian M

 Brian Miller－Citizen Student Marcus Sowcik－School SpiritThere will be a PTSO Steering
Committee Meeting on Wednes－ day，Dec．16，at 8：15 a．m．in the Guidance Office．
Community members are en couraged to nominate our stu－
dents for Student of the Month． denlots can be obtained in the Guidance Office and the Main

Seniors check out the scholar ship packet
portunities．
PSt restr avabe in That your sen PSAT results are available in $\begin{gathered}\text { Thank you Senator Charles } \\ \text { he Guidance Office for students }\end{gathered}$ Lemmond and the dentist office of $\begin{array}{ll}\text { o take home．Each student will } & \text { Dr．Watkins and Dr．Medura for } \\ \text { ecieve a Student Score Report } \\ \text { being our November Student of }\end{array}$ orm and a test booklet．Parents
re recommended to review the SAT test results with your sor
and／or daughter．Students are ncouraged to go through the en－ ire test and compare your an－
wers．Keep the test for future wers．Keep the test for future the PSAT＇s in the privacy of your
home prior to the SAT＇s can act as abreparation for sharpening you test questions．
Pennsylvania Free Enterprise Week nomination forms are avail－ interested juniors． The camp offers working with
students from across the state ludents from across the state mate of our country．Leadership skills and team work skills are ncorporated throughout the
camp．See Ms Jones for futher camp．See Ms．Jones for further the Month sponsors．
at Lake－Lehman
Christmas Toy Bingo at Lake－Lerman The freshman class at Lake－Lehman High School will hoid a
Christmas Toy Bingo for children ages 3－10 in the high school．
cafeteria．All prizes will be toys，and Santa Claus will pay a visit． Freshman class members will be calling the games．Admission ments，including a holiday bake sale，will be available．

Dallas yearbooks are now available
The 1998 Dallas Yearbooks are available to students who placed
orders earlier this year．Alumni may pick up their yearbooks from 9 a．m．-3 p．m．daily in the high school main office．Receipts are helpful， ut not necessary．A limited number of extra copies are also available Payment is due in full upon receipt of the book


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and services！
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