

## Hats off for reading at Lehman-Jackson

The Lehman-Jackson PTA recently launched its reading program with a "Hats Off For Reading" day for the students. Students at the elementary school were invited to wear their hats for the day to help celebrate the start of the RIF ("Reading is Fundamental") program.

PTA members volunteered their time to read books about hats and to help distribute more than 400 free books to the students. In addition to helping children understand that reading is fun and FUNdamental to success in life, this program encourages children to become lifelong readers by building self-esteem and involving the most important people in their lives - parents, teachers and other kids - in the learning process. UGI awarded a grant for books for the first graders and Offset Paperback vice president Joe Macarewicz generously donated many of the books for the program.

Sandra Brown, the RIF program Committee Chairperson and over 20 PTA volunteers helped make the book distribution a success. Lehman-Jackson readers from left, 1st row, Katie Boyd, Kevin Cope, Devin Fine,



Jeffrey Heath, Jacob Sedorchuk, Kyle-Ann Tunis, Winter Wenner, Jason Mucha; 2nd row, Brianna Rybka, Jessica Neare, Lauren Malarkey, Kayla Nice, Dorothy Wolfe, Brittney Rosencrans, Robert Jackson; 3rd row, Arthur Lockard, Amber Hartman, Danny Precone, Andrew Sabol, Robert Evans, Chad Carey, Molly McCoy, James Karlowicz, Allison Smith, Mrs. Dawe, Mrs. Wenner.

## SCHOOL MENUS

The following school lunch menus are for the week of December 3-9. All lunches include milk.

### Dallas Schools

#### Elementary Schools

**THURSDAY** - Tacos/meat-lettuce-tomato, or turkey hoagie, steamed rice, corn on the cob, fruit crisp.

**FRIDAY** - Breaded fish square/bun, or turkey hoagie, French fries, tender peas, mixed fruit.

**MONDAY** - Chicken nuggets, hamburger/bun, buttered noodles, orange wedges, jello.

**TUESDAY** - Egg-ham-cheese muffin, hamburger/bun, tator tots, rosy applesauce, chilled juice.

**WEDNESDAY** - Pork bbq/bun, hamburger/bun, chicken noodle soup/crackers, oven baked French fries, pineapple tidbits.

#### Middle School

**THURSDAY** - Taco bar or seasoned chicken patty/bun, steamed rice, corn on cob, fruit crisp.

**FRIDAY** - Breaded fish square/bun, French fries, tender peas, mixed fruit.

**MONDAY** - Hot dog w/chili sauce, buttered noodles, orange wedges, jello.

**TUESDAY** - Egg-ham-cheese muffin, tator tots or salad bar, rosy applesauce, chilled juice.

**WEDNESDAY** - Pork bbq/bun, chicken noodle soup/crackers, oven baked French fries, pineapple tidbits.

#### GATE OF HEAVEN SCHOOL

**THURSDAY** - Chicken nuggets w/roll, corn, fresh apples.

**FRIDAY** - Grilled cheese sandwich, chips, pickles, mixed fruit.

**MONDAY** - Hamburg/bun, curly fries, green beans, pineapple.

**TUESDAY** - Half Day. No lunch. 11:15 dismissal.

**WEDNESDAY** - Chicken fries, roll, corn, pears.

#### LAKE-LEHMAN SCHOOLS

##### Elementary Schools

**THURSDAY** - Hot dog/bun or turkey club sandwich, sweet peas, chilled peaches.

**FRIDAY** - French bread pizza or tuna hoagie w/lettuce-tomato, glazed carrots, chilled pears.

**MONDAY** - Cheesesteak hoagie or ham bbq sandwich, French fries, rosy applesauce.

**TUESDAY** - Chicken nuggets w/sauce, roll or Sloppy Joe/bun w/cheese cube, parsley potatoes, cherries w/cream.

**WEDNESDAY** - Stromboli w/ sauce or creamy macaroni/cheese w/dinner roll, winterblend, fresh orange.

#### Middle School

**THURSDAY** - Pasta bar. Beef bbq sandwich, potato wedges, fruited gelatin.

**FRIDAY** - Cheese steak bar. Grilled cheese sandwich, tomato soup/crackers, green beans, chilled peaches.

**MONDAY** - Breakfast bar. Sausage sandwich w/onions-peppers, sweet peas, cinnamon applesauce.

**TUESDAY** - Mexican bar. French bread pizza, glazed carrots, fruit crisp.

**WEDNESDAY** - Salad bar w/roll. Turkey/gravy over noodles w/roll, golden corn, mixed fruit.

#### High School

**THURSDAY** - Mexican bar. French bread pizza, glazed carrots, fruited gelatin.

**FRIDAY** - Cheesesteak bar. Fish sandwich w/tartar sauce, parsley potatoes, orange smiles.

**MONDAY** - Breakfast bar. Hot ham-cheese sandwich, sweet peas, cinnamon applesauce.

**TUESDAY** - Pasta bar. Turkey/gravy over noodles, golden

corn, mixed fruit.

**WEDNESDAY** - Hot dog bar. Beef bbq sandwich, potato wedges, Shape-up.

#### WEST SIDE TECH

##### Breakfast

**THURSDAY** - Hot ham/cheese or cereal, juice, pastry.

**FRIDAY** - Muffin, cereal juice, fruit.

**MONDAY** - Gingerbread, cereal, juice, fruit.

**TUESDAY** - Pancakes w/syrup or cereal, juice, pastry.

**WEDNESDAY** - Oatmeal cookies, cereal, juice, fruit.

##### Lunch

**THURSDAY** - Pasta/meat sauce, tossed salad/dressing, roll, chilled fruit.

**FRIDAY** - Pizza, fresh veggies/Ranch dip, blueberry crumb cake.

**MONDAY** - Hamburg/cheeseburger/soft bun, lettuce-tomato, chicken vegetable soup/crackers, chilled fruit.

**TUESDAY** - Tacos/lettuce-tomato-sharp cheese-tangy sauce, seasoned corn, vegetable rice casserole, brownie.

**WEDNESDAY** - Chicken patty/roll, mashed potatoes/gravy, chilled fruit.

## Local college students to travel to Kenya for break

When Holly Baseski of Wyoming and Carey Mazzoni of Dallas, go on Thanksgiving break from Lafayette College in Easton, they'll probably be thinking about the end of the semester.

In January, during the interim session between fall and spring semesters, Baseski and 27 other students will travel to Kenya and Tanzania for 15 days to take a distinctive Lafayette course called "Modern Sub-Saharan Africa."

Many college students head for warm-weather destinations during their winter break, but for Mazzoni, her upcoming tropical trip will be anything but typical. Mazzoni and 23 other students will travel to the Caribbean for 18 days to study "Coral Reefs and Caves: The Geology of the Bahamas."

Baseski and her classmates will examine the complex interplay of economic and cultural transition, resource-management policies and sustainable development in Kenya and Tanzania, exploring the precarious balance between tradition and modern development in these two developing nations, along with their cultures, music, art, literature, economics and politics. They will spend time in Kenya's two principal cities, Nairobi, the capital and Mombasa, a major port on the Indian Ocean. Among their destinations in Tanzania will be Ngorongoro Crater conservation area, a major volcanic caldera with a unique ecosystem.

For Baseski, a junior who is

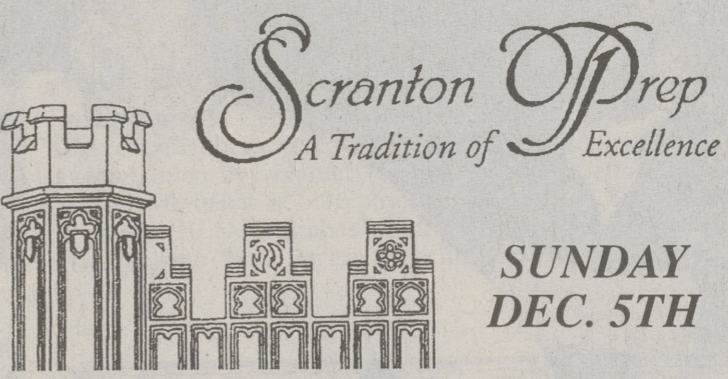
majoring in chemistry, the course is a unique opportunity to expand her horizons beyond her chosen field.

The course will be taught by Rexford A. Ahene, associate professor of economics and business and coordinator of Lafayette's Black Studies program and Roger W. Ruggles, associate professor of civil and environmental engineering.

Mazzoni, an economics and business major, and her classmates will study the physical, chemical, biological and geomorphic processes that produce and shape coral reefs and the environmental impacts of human activity on the reefs. They will be based at the Bahamian Field Station, San Salvador Island, a research and teaching facility that was once a U.S. Navy submarine-tracking compound. They will also go to North Andros Island, where they will study the formation of oolite tidal flats and sand dunes.

Baseski is a Marquis Scholar at the College. Selected from among the College's most promising applicants, Marquis Scholars receive a special financial aid package and additional benefits, including distinctive educational experiences, cultural activities in major U.S. and Canadian cities and on campus, and mentoring programs with faculty.

Each Marquis Scholar receives one free interim session abroad, which Baseski used last year on a similar travel experience.



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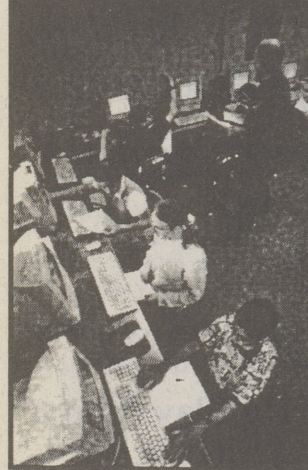
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