

Lehman-Jackson honor roll

Robert Kunkle, Principal. Lehman-Jackson Elementary School, announces the 6th Grade Honor Roll for the first marking period. The following students have achieved the "A" Honor Roll (92%-100%).

Alyson Baber, Kaitlyn Bendik, Ryan Bloom, Aliceson Boice, Brandon Burkhardt, Scott Carter, Chad Casterline, Rachel Chin, Julia Covert, Britt Evans, Helen Galazin, Christopher Grieves, David Harrison, Nick Horvath,

Megan Johnson, Eric Kurello, Shannon Lazo, Ashlee Leonard, Marissa Mahle, Ryan Malarkey, Julianna Malcolm, Chad May, Patrick McMahon, Janine Mitkus, Christopher Nelson, Skye Nickalls, Jessica Parsons, Caleb Piatt, Jill Priebe, Robert Schobert, Matthew Shiskowski, Sarah Sims, Robert Stanton, Tony Walaitis, Jessica Wysocki.

Also, Sara Yackoski, Mark Yanchik, Melissa Yavorchak, Lauren Zack, Lauren Zubey.

Lake-Noxen honor roll

David McLaughlin-Smith, Principal, Lake-Noxen Elementary School, Harveys Lake, announces the following sixth grade students have achieved the Honor Roll for the first marking period: Benjamin Baird, Kristin Berger, Savannah Coombs, Kenneth David, Susan Dobinick, Dennis Donovan, Carlee

Engelman, Christopher Farrey, David Hughes, Steven Ide, Jolene Kaminski, Shannon Prescott, Brian Rigez.

Also, Paul Rigez, Ryan Ruda, Amanda Sagan, Nicholas Schwartz, Anastasia Sorchik, Johanna Tripler and Jason Wagner.

DHS GUIDANCE NOTES

Helpful websites for finding financial aid

Looking for some useful websites? Here are a few to help you in your financial aid search:

- www.finaid.com
- www.collegeboard.com
- www.fastweb.com
- www.collegenet.com
- www.scholarstuff.com
- www.yahoo.com/education/financialaid/collegeaidoffices/

This Thursday, Nov. 19 our annual Education Fair will take place in the High School Gymnasium from 1:30 - 3:30 p.m. Over 40 representatives from colleges and universities, branches of the military and various trade schools will be on hand. Parents are invited!

Report cards for high school students were issued last Friday, Nov. 13. Look for the honor roll to appear in the upcoming weeks in our local papers.

A special thanks to physical therapist Kelly Moran and the Health Services Department at College Misericordia for their presentation on health careers as our career speaker feature for October. The program was both interesting and informative to our students. We'd love to have you back

for Career Day in May.

Mrs. Maria Plotkin, school librarian, is to be commended for being such a gracious hostess for our community programs in the library. Thank you Mrs. Plotkin.

Seniors: Check out the scholarship packet for new scholarships. The Big 33 scholarship information and applications have just arrived. Eligibility requirements are:

1. Senior enrolled in a public or accredited private school in Ohio or Pennsylvania.
2. Has attained a 2.0 cumulative grade point average.
3. Is planning to continue his/her education beyond high school in an accredited institution of higher education or technical school.

The Student of the Month Selection Committee Meeting will be on Monday, Nov. 23 at 8:15 a.m. in the Guidance Office. Students, faculty, administration and community members are encouraged to nominate our students who do good things for the school and community. Ballots are available in the Guidance Office and the Main Office.

Your Sports & News items are welcomed at The Post

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Painter

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ing landscapes and other decorative scenes. Although his paintings are professional quality, Ehret said he never stops practicing. "One man asked me how long I've been painting. I said I've been practicing for 30 years. You have to practice no matter what you do," he said.

And there is a market for his work. Ehret used to show and sell his paintings at many different craft shows. Now he only attends the Lehman Soccer Club Craft Show, which will be held Nov. 21.

His landscapes painted onto the bottom of iron skillets and old saws seem to be his most popular items, and his international Santas also fly off the shelves, especially during this holiday season.

Using patterns from books, Ehret, who is also handy in carpentry, makes wooden cutouts and paints intricate, detailed Santas from all over the world on them. One of his Santas from Norway is known as Juleimase.

Lake-Lehman Band Sponsors Craft Show and Sale

Saturday, Nov. 21
10 a.m. - 4 p.m.
Lake-Lehman High School
140 vendors, Chinese auction, 50/50 raffle, bake sale, food and refreshments

The colorful Santas come in two sizes and are perfect for the collector.

It's obvious you are in an artist's house at the Ehrets. In the kitchen there is a lovely four by three foot mural of a young woman standing in front of a barn. Ehret painted the scene right on the kitchen wall.

After the 1972 flood, a friend asked him to fix an old frame. He did so and then painted the black and white photo that was in the broken frame onto his wall.

He also painted a very large winter scene onto his living room



POST PHOTO/KYLIE SHAFERKOEETTER

Sheldon Ehret paints on most any surface, indoors and out.

He even painted a frame around it. "What does Mrs. Ehret think of all these paintings? She loves them. "He can do everything and he tries everything," said Mrs. Ehret. "I like his work. Unfortunately, we don't have room for all

of his paintings. He should have a gallery," she said.

Ehret gets many requests for paintings, but manages to maintain his fun as a hobby, not a job. "I've painted lots of things for people. But, I never keep track of time," he said.

Home birth

(continued from page 1)

downplay her role in the decision-making for a home birth. "My goal is to work with families to give them an option," says Heller. "I tell people what their options are." Heller cites several reasons why families choose home birth. Finances are a problem for some. Others prefer birth at home for religious or medical issues. Others prefer the comforts of home. "Each person has a different reason for choosing this," comments Heller.

Heller is a Certified Midwife who has 18 years experience. She has worked extensively with Amish and Old Order Mennonite families, many of whom have 12 children or more and prefer to give birth at home. She speaks of her role in terms of a facilitator, someone who enables families to have the kind of birth that they themselves desire. "What I do is not about me," she says.

Heller has delivered over 300 babies, including several in the Wilkes-Barre area. David Madeira, a chiropractor who lives at Harveys

"I didn't want the hospital experience again. I wanted it more personal."
Michele Geise
Dallas

Lake, and his wife Melanie enthusiastically remember the home births of their three children, Hannah, D.J., and Michaela. In addition, Madeira's sister, Denise Warner, also used Heller for birth at home.

"We had a mindset to have our children at home," says David Madeira. "It was really wonderful." Madeira says there was no more anxiety with a home birth than with any birth, and that the experience was emotionally rewarding. He does add, however, that "it's certainly not for everyone."

Susan and Brent Levin, of Tunkhannock, also chose home

birth for their son, Joshua. "I felt it was a lot more in tune with my whole experience," says Susan. "It was where I wanted, when I wanted, and how I wanted, and in the peacefulness of my own home."

Brent Levin, a chiropractor, also is comfortable with home birth. "We chose home birth," he adds, "because it was a much more intimate and meaningful experience that allowed us to connect with our baby in a different way."

The arrival of little Elijah Geise was slow and steady. Michele began labor on a Friday, but then stopped that night. Her labor resumed on Sunday. Heller waits until the mother feels as if she just has to push before saying push, reports Michele. When it was time, three pushes and he was out.

"She lets your husband catch the baby," says Michele.

For Michele, the biggest plus was that the midwife does not interfere with the labor. Her water was not broken to hurry labor, nor was there any pressure to

"finish."

Home birth benefited their older son, too. His mother wasn't away for so long in the hospital, but was home the whole time. In addition, although Garret stayed with his grandparents, it was easier for him to make the connection between mom's belly and the new baby.

At present, there are no midwives practicing in the Wilkes-Barre/Scranton area, although practitioners will travel here from Stroudsburg, Lewisburg, and the Allentown area. Madeira mentions that interested parents can contact the North American Midwife Registry in Iowa City for a listing of midwives.

"We had a mindset to have our children at home. It was really wonderful."
David Madeira
Harveys Lake

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