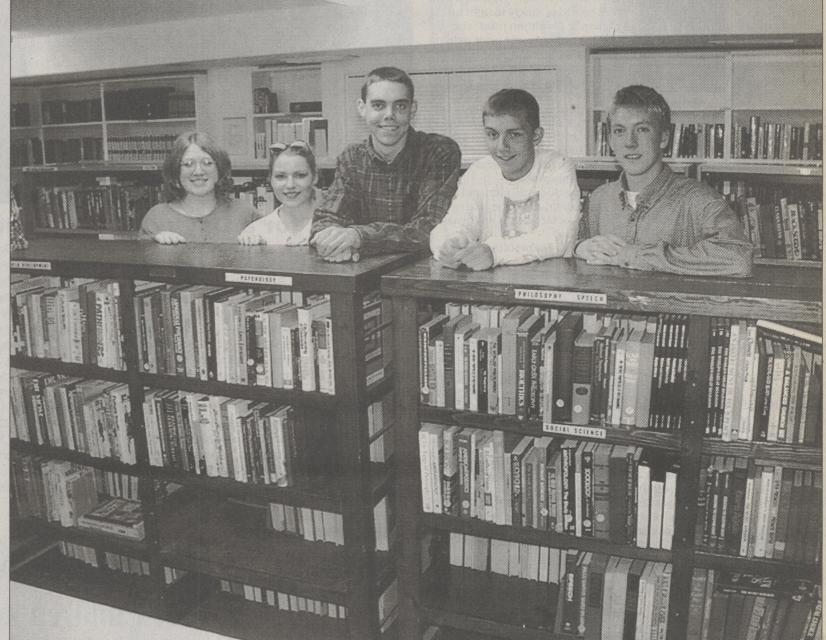


Reading made easy . . and inexpensive The "Slightly Read Bookshop" at the Back Mountain Memorial Llbrary is officially open, thanks to financial and elbow grease support from the community. Located in the basement of the new wing, the store is filled with hard cover and paperback books culled from the library's collection or donated by members of the public. In photo below, volunteers who helped sort and shelve books took a break for a photo. From left, Valerie Williams, Christina Royer,

Mike Milunic, Nick Long and Matt McMahon. Adult volunteers Edwin Johnson and Jo Besecker took a welldeserved rest also, lower left photo. At left, Paul Rodda and Ruth Tetschner posed beneath the sign that Rodda designed and had built with funds donated by the Dallas Rotary Club. The store is open Wednesdays from 1 to 8 p.m. and Saturdays from 10 a.m. to 5 p.m.





Health

Poll finds women are more savvy than men about health

By DR. JOANNA CAIN Professor and Chair of Obstetrics and Gynecology Penn State College of Medicine

Socrates said, "There is only one good, knowledge, and one evil, ignorance.'

When it comes to information about human health, women know plenty, according to a nationwide New York Times/CBS poll. Men, however, often can't tell one end of a thermometer from the other. They are dolts.

Sorry, guys. Why are women so savvy on

matters of health?

Probably because (1) they are the chief medical practitioners in their families, and (2) they are more likely to report their own medical problems to physicians.

woman has a medical problem, she does not attempt to remedy it until she has spoken with her physician and conducted her own research into the problem, the poll found. Most American women, too, get regular check-ups and try to avoid bad lifestyle habits such as smoking and inactivity.

In addition, American women have pointed opinions about how doctors should treat patients. In particular, they say, physicians

- Listen attentively. That means sitting down with the patient one on one and allowing her or him to report all symptoms and complaints.

- Communicate in an honest, straightforward manner. That means informing the patient about

When the typical American all diagnostic and treatment options, all side effects, all risks.

- Use understandable language (without condescending). That means talking in a friendly way across the backyard fence, in plain

- Pay just as much attention to women's problems as to men's. (Many women polled believe that physicians don't take women's problems as seriously as men's problems.)

Although the poll found that women focus on their health more often than men, women cope better with pain and other symptoms of a medical problem.

What does all of that information mean? What should be the

response to it? Probably it would be a good idea to research this issue further

Hr. Emergency

tific results to act upon. But, in the meantime, it would be a good idea if physicians evaluated their "office manner" with women and whether they do, in fact, take men's problem's more, seriously than women's.

so that everyone - doctor and

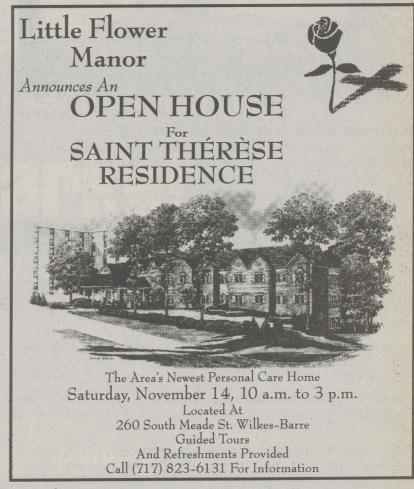
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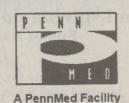
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