

Funds available for those seeking drug/alcohol treatment

The Caron Foundation, a nationally recognized drug and alcohol treatment center is joining the effort with Luzerne County Agencies in making \$100,000 available to Luzerne County residents who do not have the insurance or the financial means to seek treatment.

Adults, adolescents, and families suffering from the affects of alcohol or drug addiction are eligible to seek funding to enter Caron's 28-day residential program.

Caron officials will work with members of the Luzerne County Single County Authority (SCA) - the local community agency responsible for administering programs for underprivileged - and they will be responsible for overseeing the use of the funds and helping to determine eligibility.

The funds will be available between July 1 and June 30, 1999 by contacting SCA who will evaluate the referral for inpatient rehabilitation appropriateness and financial appropriateness.



Meadows honors nurses aide grads

The Meadows Nursing Center, Dallas, recently held a recognition ceremony to honor graduates of the center's Nurses Aide Training Program who attained state certification by successfully completing a written and a practical skills test. Special pins were awarded to each participant by James Alaimo, Meadows Administrator; Diane Malonis, RN and Susan Bell, Director of Staff Development. A reception followed. First row, from left, Krista Somel, Ward Killian, Yvonne Misson, Susan Helfrich and Joan Baker, Nursing Assistants. Standing, Susan Bell, James Alaimo, Diane Malonis, Carol Leoni, RN, Director of Quality Assurance and Scott Moelder, Nursing Assistant.



Four Potato Stew to play Chicory House

The Chicory House and the Folklore Society are sponsoring a New England Contra dance on Sat., Oct. 10 starting at 8 p.m. The dance is held at St. Therese's Church, Pioneer Avenue, just off route 309 in Shavertown. The widely acclaimed New Jersey area group "Four Potato Stew" is the featured band. Admission to the dance is \$6 for adults and \$15 for families. Dancers are asked to wear soft-soled shoes and to bring a snack to share at intermission. Further information is available at 333-4007.

Low-cost flu shots to be given at Kirby Center

Each year, millions of Americans develop influenza, a potentially life-threatening lung disease that can lead to complications such as pneumonia. The American Lung Association and the Visiting Nurse Association will sponsor a flu vaccination clinic on Wed., Oct. 14 and Wed., Oct. 28 from 10 a.m. to 1 p.m. at the Kirby Health Center, 71 N. Franklin St., Wilkes-Barre PA.

Cost of the shot is \$10. For those who cannot afford the \$10 please contact the Lung Association regarding financial assistance provided through a grant from the

Kirby Memorial Health Center. Flu shots are reimbursable through Medicare Part B. Medicare cards must be brought to the clinic. You must be 18 years old or older to receive a flu shot at the clinic.

People at high risk should be vaccinated yearly against the flu, including anyone with a chronic lung disease, or anyone over 65 years old. In addition, caregivers who are in contact with high-risk persons should be vaccinated. For additional information call the American Lung Association at 823-2212.

Pharmacist will speak at Senior Center

Kelly Snyder, Pharm.D., will conduct a "Safe Medication Use" lecture for senior citizens and their caregivers on Thursday, Oct. 22 at 10 a.m. in the Dallas Senior Center, 22 Rice St., Dallas.

Dr. Snyder will discuss important ways to work with your physician and pharmacist to manage your prescription and over-the-counter medications. In addition, she will also help patients modify their habits to minimize the risk of an adverse drug reaction. Patients can bring their

medications to the session for discussion with Dr. Snyder. A question and answer session will follow.

Dr. Snyder is an assistant professor in the School of Pharmacy, Department of Pharmacy Medicine, at Wilkes University and is affiliated with Dallas Family Practice, an office of Wyoming Valley Health Care System's General Medical Services.

For more information on the program, please call Jean Levi, Dallas Senior Center, at 675-2179.

Jackson UM holds picnic

The Jackson U.M. Church members along with families and reinds, held thier church picnic on Sunday, Aug. 30 at the home of Helen Franklin, Jackson Church Rd., Jackson Twp. Helen was happy to have her daughter Carol there as Carol had been a patient in the Chestnut Hill Hospital, Philadelphia for near three weeks, and also for those who attended: Charles, Jane Ann and Scott James, Barney, Beatrice, Denise Newell, Dorothy Gmitter, Mary Gmitter, Richard, Debbie Lazovich, Carol Sutrynowicz, Michael Sutrynowicz, Sandy Newell, Terry Newell, Seth Kozak, Charlotte Weaver, Erin Smith, Bob, Darlene, Justin Taney, Dennis Bonning Jr., Millie Zarambo, Florence Turchin, Theresa, Matt, Mike Dubil.

See wildflowers and raptors October 10

A trip to see Fall Wildflowers and Raptors will be sponsored by the Greater Wyoming Valley Audubon Society, Sat., Oct. 10. This hilly, not rugged hike will be led by bob Wasilewski, (call 829-6230 for more information). Meet at Park and Ride across from the Blackman Plaza in Wilkes-Barre at 8 a.m. or at Five Mountains Market parking lot, Shickshinny at 8:30 a.m. Free and open to the public.

St. Therese's A & R to hold birthday tea

St. Therese's Altar and Rosary Society will hold its 41st Annual Birthday Tea in the church hall on Sun., Oct. 11 beginning with punch at 6 p.m. Entertainment will be "Men to Boyz", a singing group from Gate of Heaven. Reservations can be made with any society member or by calling Mary Petty at 696-2795, table coordinator.

SENIOR MENUS

Senior Citizens Centers sponsored by the Luzerne/Wyoming Counties Bureau for the Aging offer hot noon meals Monday through Friday to people 60 years of age or older. Donations from participants are gratefully accepted and needed in order to expand this program.

The following is the menu for the week of October 12. All meals include margarine, milk and coffee.

MONDAY - Centers closed in observance of Columbus Day.

TUESDAY - Meatball hoagie, oven brown potatoes, spinach, hoagie roll, fruit cocktail, lemon.

WEDNESDAY - Roast chicken w/Italian seasoning, oven roasted potatoes w/oregano, dinner roll, grape juice, Roman vegetable medley, lemon pudding.

THURSDAY - Baked haddock w/creole sauce, parsley boiled potatoes, vegetable medley, whole wheat bread, custard pie.

FRIDAY - Baked ham, cheese, fruited gelatin, three bean salad, Italian bread, birthday cake, mustard.

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