SCHOOL MENUS

The following school lunch menus are of the week of Sept. 10 - 16. All lunches include milk.

DALLAS SCHOOLS

THURSDAY - Grilled chicken patty or turkey hoagie. Select one or two: Oven baked fries, pineapple tidbits, blue jello.

FRIDAY - French toast sticks or turkey hoagie. Select one or two: Tator tots, orange juice, rosy applesauce.

MONDAY - Chicken nuggets w/ roll or Sloppy Joe. Select one or two: Steamed rice, celery sticks w/peanut butter, chilled pears.

TUESDAY- Cheese steak hoagie or Sloppy Joe/bun. Select one or two: Oven baked fries, green beans, vanilla pudding.

WEDNESDAY - Cheese ravioli w/meatballs or Sloppy Joe/bun. Select one or two: Tossed salad w/dressing, garlic bread, chilled peaches.

GATE OF HEAVEN SCHOOL

THURSDAY - Cheeseburger w/ bun, chips, pickles, fruit cocktail. FRIDAY - Pizza, salad, mixed

fruit MONDAY - Chicken fries w/

roll,corn, pears. TUESDAY - Pierogies w/roll,

peas, peaches. WEDNESDAY - Chicken croquettes w/roll, mashed potatoes/ gravy, green beans.

LAKE-LEHMAN SCHOOLS Elementary

THURSDAY - Rotini w/meat sauce, roll or BBQ chicken sandwich, tossed salad w/dressing, mixed fruit.

FRIDAY - Grilled cheese sandwich or Sloppy Joe on bun w/ cheese cube, glazed carrots, applesauce.

MONDAY-Chicken nuggets w/ sauce, roll or bologna/cheese sandwich, baked beans, orange smiles.

TUESDAY - Mexican boat w/ meat-cheese-lettuce-tomato or Chef's choice, seasoned corn, cherries w/cream.

WEDNESDAY-Breaded chicken w/roll or BBQ rib sandwich, mashed potatoes/gravy, plump raisins.

Middle School

SAT prep workshop at LCCC

The Luzerne County Community College Student Support Services Office will offer a Scholastic Aptitude Test I (SAT) Preparation Workshop.

The two session workshop will be held on Saturdays, Sept. 19 and 26 from 10 a.m.-2 p.m at the College's new Campus Center Room 115. Tuition for the workshop includes practice tests and a workbook.

DHS GUIDANCE NOTES

Senior conferences scheduled soon

A warm welcome back to all Dallas students from the Guidance Staff! Special thanks to parents and students who made the effort to visit us this summer and work out schedule problems. This made for a smooth opening of the school year.

THURSDAY - Chicken pattie/

fries w/roll, zesty spaghetti w/

meat sauce, garlic bread, tossed

salad w/dressing, cherries w/

creamy macaroni/cheese, winter

w/roll, chef's choice, French fries,

FRIDAY - Double burger bar,

MONDAY - Baked potato bar

TUESDAY - Oriental bar w/

WEDNESDAY - Chicken fajita

THURSDAY - Double burger

FRIDAY - Pizza bar, creamy

MONDAY - Baked potato bar

TUESDAY - Oriental bar w/

WEDNESDAY - Hamburger, hot

THURSDAY - Banana bread,

FRIDAY - Oatmeal cookies,

MONDAY - Pumpkin bar, ce-

TUESDAY - Sausage/cheese or

WEDNESDAY - Cereal, Dan-

THURSDAY - Grilled cheese,

FRIDAY - Pizza, salad/ranch

MONDAY - Sausage/roll-to-

TUESDAY - Taco's/trimmings,

WEDNESDAY - Pasta/meat

mato sauce-cheese, steamed

pasta, green beans, watermelon.

salsa, vegetable rice casserole,

yellow cake/frosting-sprinkles.

sauce, salad/dressing, roll, jello.

tomato rice soup/crackers, pasta

dressing, apple, gingerbread.

roll, chef's choice, French fries,

dogs, or BBQ chicken, pasta salad,

baked potato, fresh fruit.

WEST SIDE TECH

cereal, juice, fruit.

Breakfast

cereal, juice.

Lunch

real, juice, fruit.

cereal, juice, fruit.

ish, juice or oranges.

salad, chilled fruit.

bar, beef stew over noodles w/

roll, sweet peas, pineapple tid-

macaroni/cheese over stewed to-

matoes, winter blend, Shape-up.

w/roll, BBQ turkey/roll, mixed

vegetables, rosy applesauce.

roll, bbq turkey on roll, mixed

bar w/roll, beef stew over noodles

w/roll, sweet peas, pineapple tid-

vegetables, rosy appleauce.

cream.

bits.

bits.

fresh orange.

blend, Shape-up.

High School

fresh orange

Our focus for the year now turns to our seniors, the class of 1999. Very shortly, parents who responded to our letter this summer will be called to set up our senior conferences. During this time we will do a credit audit to insure everything is in order for graduation and talk about future plans including college. We hope to have all conferences scheduled within the next week or so.

...

Congratulations go out to Dallas students for their SAT scores during the 1997-98 school year. We are proud to announce that our combined score of 1034 was the best of all the public schools in Luzerne County and higher than the state average. We would also be remiss if we didn't tip our cap to our teachers who play a big part in our student's success. Our students and staff have done an exemplory job!

The Dallas High School Parent Teacher Student Organization will have its first meeting of the school year on Thursday, Sept. 10 at 7:30 p.m. in the high school cafeteria. The yearly calendar will be announced with the various pro-

Engineering review at PSU

tion.

lems.

tion, by July 1

Penn State Wilkes-Barre will offer the Engineer-In-Training (EIT) Review course beginning Monday, Sept. 28 from 6-9 p.m. at the campus in Lehman. The course is designed for individuals who have completed an engineering program and want a review before taking the Engineer-in-Training examination, held in April and October each year. The 78 hour credit-free course is taught by fulltime Penn State faculty and practicing registered engineers.

The program employs a comprehensive collection of questions and answers from past examinations, familiarizing participants with formats and procedures. It systematically reviews fundamental concepts in engineering economics, emphasizing the development of problem-solving skills. The content is also useful in pregrams offered in school, as well as community service projects available to our student body. Sign-up sheets will be available for volunteers for our programs. Parents, students, faculty and community members are all invited to attend.

The Dallas High School Guidance Department welcomes and looks forward to working with our new PTSO officers. They are: president, Sharon Barolini; vice president, Kathy Millington; secretary, Sherry Riley, and treasurer, Gail Gammage.

reminded to be at Our Lady of Victory Church at 7 p.m. on Sunday, Sept. 13.

The Riverside Rumble student volunteers are reminded to report to the Ramada Hotel at 8;45 a.m. on Sunday, Sept. 20.

The Student of the Month Program is off and running again this year. Community members are encouraged to nominate students for their efforts. Ballots are available in the main office and the Guidance Office. For further information on the Student of the Month Program, call Robyn Jones, Guidance Counselor at 674-7217.

The Guidance Department wishes the students and faculty an enjoyable school year.

tion for Professional Registration.

Since 1968, Penn State's com-

prehensive EIT review course has

ing over the material, reviewing

notes and solving homework prob-

Those who wish to register for

the April examinations must do

so by December 1 of the previous

year; for the October examina-

ister for the Engineer-In-Training

Review, call Emory Guffrovich at

Penn State Wilkes-Barre Continu-

For more information or to reg-

...

Wilkes University announces the appointment of Dr. Fred Sullivan of Lehman as associate

dean of the newly-formed College of Arts, Science and Professional Stud-

In May, Wilkes

designed by a Strategic Planning Committee to focus the University's strengths and improve the quality of education for its students.

School of Business, Society and

Dallas Elementary PTO meets Sept. 9

The Dallas Elementary School will hold its first General PTO meeting of the 1998/99 school year on Wednesday, Sept. 9 at 7 p.m. in the

Registration Sept. 14, 16 for Dallas High Nursery School

Registration for the Nursery

School for three and four year

olds at Dallas High School will be

held Monday, Sept. 14 through

Wednesday, Sept. 16 at 9 a.m. in

conjunction with the Child Devel-

opment and Parenting classes. A

morning session will be held from

8:10 a.m. to 9:30 a.m. and an

afternoon session will be held from

The program will begin the week

The Nursery School is held in

the high school office.

12:15 p.m. to 2:40 p.m.

end of January 1999. The program will resume mid-March 1999 and continue the remainder of the semester.

The preschoolers will participate in free play, story time, snack time and art and gym activities. Children must be Dallas School District residents and be three or four years old by September 30, 1998. Sessions will be held every Monday, Wednesday and Friday.

There is no cost for the program. A calendar will be distributed upon registration.

'Back to School Night' at DMS

Dallas Middle School parents and guardians are invited to attend "Back-To-School Night" at the Dallas Middle School on Wednesday, Sept. 16 from 7-9 p.m. Parents will have an opportunity to meet their children's teachers and experience the programs offered at each grade level. Parents are to report directly to the auditorium.

The staff at the Dallas Middle School believes that effective parent-teacher communication is essential in enhancing student success. All parents are urged to attend this initial meeting of the school year.

At the conclusion of the program, refreshments will be served.

Sullivan named associate dean of new Wilkes U. department

Public Policy were combined to form the new College.

Sullivan is an associate professor of mathematics and computer science at Wilkes, received his undergraduate, master's and doctoral degrees in mathematics from Louisiana State University.

In addition to serving as associate dean and associate professor, Sullivan is the coordinator of the computer science laboratory at Wilkes

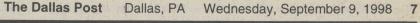
Sullivan has published a number of works on his current research - multitrajectory techniques in military simulation · which he's presented at military symposiums and conferences throughout the United States.

Sullivan will serve a two-year term and may apply for permanent status which will begin in the year 2000.

been preparing engineers for their ies professional licensure examina-University's Penn State's review programs Board of Trustare designed to refresh one's ees approved a knowledge, not to provide specific

DR. FRED SULLIVAN long-range plan exam-taking techniques. All programs require participants to spend some time out of class go-

> In accordance with this plan, the former School of Liberal Arts and Human Sciences; School of Science and Engineering; and the



of Oct. 12 and continue until the The students who volunteered for the "Homeless Supper" are

For further information on the workshop or to register, call LCCC at paring for the national Examina- ing Education, 675-9117. 740-0406.

Lehman-Jackson PTA to hold 'Tea Night'

The Lehman-Jackson Elementary PTA will be starting out the new school year with their annual "Tea Night" on September 9 at 7 p.m. in the cafeteria.

The PTA invites concerned parents, grandparents and family members to come meet the current PTA Committee chairpersons, ask questions and find out about our programs and activities for the 1998-99 school year.

There are over 25 committees this year and volunteers are always being sought to help organize some of the extra school functions such as assemblies, holiday programs, basketball and reading programs.

Join us for refreshments and desserts, and volunteer an hour or two for your child's education.

Dallas High Class of '78 reunion

"GET CONNEC To Home Theater Desig

Dallas High School Class of 1978 will hold its 20th class reunion on Saturday, Nov. 26, at the Irem Temple Country Club in Dallas from 6 to 11 p.m. The cost is \$40 per person. Letters will be mailed to classmates during the month of August with payment due no later than October 1. An Ice Breaker will be held at the Grotto at Harveys Lake on Friday, Nov. 25. Addresses are sought for the following classmates: Richard Albrecht, Jonathan Davis, Deanna Dennis, Cathy Ellsworth, Kerry Fischle, Charlene Furman, Kim Moore, Craig Moyer, Dorothy Shaver, Ellen Spar, James Stokes, Rebecca Surkala, Marilyn Vail, Paul Weber. Call Melissa Parry at 288-3215 or Kathy Samuels at 675-9862 with information.

The Dallas Post e-mail

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RK PRK

BET CONNECTED" Home Theater Design and Installation by ADD DESIGN & INSTALLATION SERVICES, Inc.	REFRACTIVE SURGERY REFRACTIVE SURGERY REARSIGNTEDNESS NEARSIGHTEDNESS ASTIGNATISM Laser vision correction could give you a new outlook on life. ATTENDOUR FREE SEMINAR
 Home Theater (Surround Sound) Design & Installation Multi-room Audio/Video DSS (Satellite) Installation Custom Programmed "All in One" Remote Controls 	Wednesday, September 16th • 6:00 p.m. at the office of Curtis Goodwin, O.D. 170 N. Memorial Highway Shavertown, PA 18708 Guest Speaker: Stephen E. Pascucci, M.D.
 Real-Time Analysis – to insure optimal sound quality with your equipment 	Medical Director Laser Center at Northeastern Eye Institute, Scranton, PA
(717) 383-6737	To Confirm Attendance Call 675-3627

school gymnasium. This will also be a Back to School night for all the parents of first grade students. Additional Back to School nights for second and third grade parents will be on Sept. 15 and for fourth and fifth grade parents on Sept. 17.

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