

**SCHOOL MENUS**

The following school lunch menus are of the week of Sept. 10-16. All lunches include milk.

**DALLAS SCHOOLS**

**THURSDAY** - Grilled chicken patty or turkey hoagie. Select one or two: Oven baked fries, pineapple tidbits, blue jello.

**FRIDAY** - French toast sticks or turkey hoagie. Select one or two: Tator tots, orange juice, rosy applesauce.

**MONDAY** - Chicken nuggets w/roll or Sloppy Joe. Select one or two: Steamed rice, celery sticks w/peanut butter, chilled pears.

**TUESDAY** - Cheese steak hoagie or Sloppy Joe/bun. Select one or two: Oven baked fries, green beans, vanilla pudding.

**WEDNESDAY** - Cheese ravioli w/meatballs or Sloppy Joe/bun. Select one or two: Tossed salad w/dressing, garlic bread, chilled peaches.

**GATE OF HEAVEN SCHOOL**

**THURSDAY** - Cheeseburger w/bun, chips, pickles, fruit cocktail.

**FRIDAY** - Pizza, salad, mixed fruit.

**MONDAY** - Chicken fries w/roll, corn, pears.

**TUESDAY** - Pierogies w/roll, peas, peaches.

**WEDNESDAY** - Chicken croquettes w/roll, mashed potatoes/gravy, green beans.

**THURSDAY** - Rotini w/meat sauce, roll or BBQ chicken sandwich, tossed salad w/dressing, mixed fruit.

**FRIDAY** - Grilled cheese sandwich or Sloppy Joe on bun w/cheese cube, glazed carrots, applesauce.

**MONDAY** - Chicken nuggets w/sauce, roll or bologna/cheese sandwich, baked beans, orange smiles.

**TUESDAY** - Mexican boat w/meat-cheese-lettuce-tomato or Chef's choice, seasoned corn, cherries w/cream.

**WEDNESDAY** - Breaded chicken w/roll or BBQ rib sandwich, mashed potatoes/gravy, plump raisins.

**THURSDAY** - Grilled chicken patty or turkey hoagie. Select one or two: Oven baked fries, pineapple tidbits, blue jello.

**FRIDAY** - French toast sticks or turkey hoagie. Select one or two: Tator tots, orange juice, rosy applesauce.

**MONDAY** - Chicken nuggets w/roll or Sloppy Joe. Select one or two: Steamed rice, celery sticks w/peanut butter, chilled pears.

**TUESDAY** - Cheese steak hoagie or Sloppy Joe/bun. Select one or two: Oven baked fries, green beans, vanilla pudding.

**WEDNESDAY** - Cheese ravioli w/meatballs or Sloppy Joe/bun. Select one or two: Tossed salad w/dressing, garlic bread, chilled peaches.

**THURSDAY** - Rotini w/meat sauce, roll or BBQ chicken sandwich, tossed salad w/dressing, mixed fruit.

**FRIDAY** - Grilled cheese sandwich or Sloppy Joe on bun w/cheese cube, glazed carrots, applesauce.

**MONDAY** - Chicken fries w/roll, corn, pears.

**TUESDAY** - Pierogies w/roll, peas, peaches.

**WEDNESDAY** - Chicken croquettes w/roll, mashed potatoes/gravy, green beans.

**THURSDAY** - Grilled cheese, tomato rice soup/crackers, pasta salad, chilled fruit.

**FRIDAY** - Pizza, salad/franch dressing, apple, gingerbread.

**MONDAY** - Sausage/roll-tomato sauce-cheese, steamed pasta, green beans, watermelon.

**TUESDAY** - Taco's/trimmings, salsa, vegetable rice casserole, yellow cake/frosting-sprinkles.

**WEDNESDAY** - Pasta/meat sauce, salad/dressing, roll, jello.

**THURSDAY** - Grilled chicken patty or turkey hoagie. Select one or two: Oven baked fries, pineapple tidbits, blue jello.

**FRIDAY** - French toast sticks or turkey hoagie. Select one or two: Tator tots, orange juice, rosy applesauce.

**MONDAY** - Chicken nuggets w/roll or Sloppy Joe. Select one or two: Steamed rice, celery sticks w/peanut butter, chilled pears.

**TUESDAY** - Cheese steak hoagie or Sloppy Joe/bun. Select one or two: Oven baked fries, green beans, vanilla pudding.

**WEDNESDAY** - Cheese ravioli w/meatballs or Sloppy Joe/bun. Select one or two: Tossed salad w/dressing, garlic bread, chilled peaches.

**DHS GUIDANCE NOTES**

**Senior conferences scheduled soon**

A warm welcome back to all Dallas students from the Guidance Staff! Special thanks to parents and students who made the effort to visit us this summer and work out schedule problems. This made for a smooth opening of the school year.

Our focus for the year now turns to our seniors, the class of 1999. Very shortly, parents who responded to our letter this summer will be called to set up our senior conferences. During this time we will do a credit audit to insure everything is in order for graduation and talk about future plans including college. We hope to have all conferences scheduled within the next week or so.

Congratulations go out to Dallas students for their SAT scores during the 1997-98 school year. We are proud to announce that our combined score of 1034 was the best of all the public schools in Luzerne County and higher than the state average. We would also be remiss if we didn't tip our cap to our teachers who play a big part in our student's success. Our students and staff have done an exemplary job!

The Dallas High School Parent Teacher Student Organization will have its first meeting of the school year on Thursday, Sept. 10 at 7:30 p.m. in the high school cafeteria. The yearly calendar will be announced with the various programs offered in school, as well as community service projects available to our student body. Sign-up sheets will be available for volunteers for our programs. Parents, students, faculty and community members are all invited to attend.

**Engineering review at PSU**

Penn State Wilkes-Barre will offer the Engineer-In-Training (EIT) Review course beginning Monday, Sept. 28 from 6-9 p.m. at the campus in Lehman. The course is designed for individuals who have completed an engineering program and want a review before taking the Engineer-in-Training examination, held in April and October each year. The 78 hour credit-free course is taught by fulltime Penn State faculty and practicing registered engineers.

The program employs a comprehensive collection of questions and answers from past examinations, familiarizing participants with formats and procedures. It systematically reviews fundamental concepts in engineering economics, emphasizing the development of problem-solving skills. The content is also useful in preparing for the national Examination for Professional Registration.

Since 1968, Penn State's comprehensive EIT review course has been preparing engineers for their professional licensure examination.

Penn State's review programs are designed to refresh one's knowledge, not to provide specific exam-taking techniques. All programs require participants to spend some time out of class going over the material, reviewing notes and solving homework problems.

Those who wish to register for the April examinations must do so by December 1 of the previous year; for the October examination, by July 1.

For more information or to register for the Engineer-In-Training Review, call Emory Guffrovich at Penn State Wilkes-Barre Continuing Education, 675-9117.

The Riverside Rumble student volunteers are reminded to report to the Ramada Hotel at 8:45 a.m. on Sunday, Sept. 20.

The Student of the Month Program is off and running again this year. Community members are encouraged to nominate students for their efforts. Ballots are available in the main office and the Guidance Office. For further information on the Student of the Month Program, call Robyn Jones, Guidance Counselor at 674-7217.

**'Back to School Night' at DMS**

Dallas Middle School parents and guardians are invited to attend "Back-To-School Night" at the Dallas Middle School on Wednesday, Sept. 16 from 7-9 p.m. Parents will have an opportunity to meet their children's teachers and experience the programs offered at each grade level. Parents are to report directly to the auditorium.

The staff at the Dallas Middle School believes that effective parent-teacher communication is essential in enhancing student success. All parents are urged to attend this initial meeting of the school year.

At the conclusion of the program, refreshments will be served.

**Sullivan named associate dean of new Wilkes U. department**

Wilkes University announces the appointment of Dr. Fred Sullivan of Lehman as associate dean of the newly-formed College of Arts, Science and Professional Studies.

In May, Wilkes University's Board of Trustees approved a long-range plan designed by a Strategic Planning Committee to focus the University's strengths and improve the quality of education for its students.

In accordance with this plan, the former School of Liberal Arts and Human Sciences; School of Science and Engineering; and the School of Business, Society and Public Policy were combined to form the new College.

Sullivan is an associate professor of mathematics and computer science at Wilkes, received his undergraduate, master's and doctoral degrees in mathematics from Louisiana State University.

In addition to serving as associate dean and associate professor, Sullivan is the coordinator of the computer science laboratory at Wilkes.

Sullivan has published a number of works on his current research - multitrajectory techniques in military simulation - which he's presented at military symposiums and conferences throughout the United States.

Sullivan will serve a two-year term and may apply for permanent status which will begin in the year 2000.

**Registration Sept. 14, 16 for Dallas High Nursery School**

Registration for the Nursery School for three and four year olds at Dallas High School will be held Monday, Sept. 14 through Wednesday, Sept. 16 at 9 a.m. in the high school office.

The Nursery School is held in conjunction with the Child Development and Parenting classes. A morning session will be held from 8:10 a.m. to 9:30 a.m. and an afternoon session will be held from 12:15 p.m. to 2:40 p.m.

The program will begin the week of Oct. 12 and continue until the end of January 1999. The program will resume mid-March 1999 and continue the remainder of the semester.

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**Dallas Elementary PTO meets Sept. 9**

The Dallas Elementary School will hold its first General PTO meeting of the 1998/99 school year on Wednesday, Sept. 9 at 7 p.m. in the school gymnasium. This will also be a Back to School night for all the parents of first grade students. Additional Back to School nights for second and third grade parents will be on Sept. 15 and for fourth and fifth grade parents on Sept. 17.

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**ATTEND OUR FREE SEMINAR**

Wednesday, September 16th • 6:00 p.m.

at the office of **Curtis Goodwin, O.D.** 170 N. Memorial Highway Shavertown, PA 18708

Guest Speaker: **Stephen E. Pascucci, M.D.** Medical Director Laser Center at Northeastern Eye Institute, Scranton, PA

To Confirm Attendance Call 675-3627

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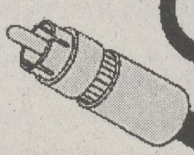
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