# Lehman football

Dalley, a senior who will move from center to guard, senior Floyd McRoy at wingback and junior Travis McRoy at fullback.

Carl Sgarlat, a two-year starter on the offensive and defensive line, will likely

Gorgone. "He gave us experience on both sides of the ball." ankle in the team's first scrimmage. offensive and defensive line, will likely miss the season after suffering a broken

Patton and sophomore Irv Nulton at tailback. Travis McRoy and junior John Pitcavage will split time at backfield will be junior Rich

split end duties while Floyd McRoy and junior D.J. Harwill handle the

ris will be at wingback.

"We will have to mix things up offensively to be successful," explained Gorgone. "To do that, we need to establish our run-ning game. We have some big backs. They don't have blazing speed, but they can wear people down."

The running game will Bob Langan, Hodepend on the offensive line of junior center Dave DeLong, Dalley and senior Brent Stransky at guard, junior Matt Kehler and senior Palmer Edwards at tackle and junior Gregg Lake-Lehman coaches, from left, Mike Leskowsky, Bob Langan, Rich Gorgone, Scott Kerkowski.

"Our line is real big," said Gorgone.
"Matt Kehler is about 240 pounds, but we Continued on page 8

Sports Page is

	1998 LAKE -LE	HMAN	-LEHMAN FOOTBALL TEAM	ALL TE	MA
ĮŌ.	NAME	YEAR	田	WT.	POSITIONS
	Mack Newell	1	5'9"	165	WB/LB
7	D.J. Kapson	=======================================	6'2"	180	QB/S
8	Gregg Woronko	11	6'1"	210	TE/LB
0	Chris Navin	10	6'2"	190	QB/LB
2	Rich Patton	=======================================	5'10"	200	TB/LB
5	John Pitcavage	11	5'9r	185	FB/LB .
27	Irv Nulton	10	5'8"	180	TB/LB
32	Stan Cmura	==	5'9"	155	SE/HB
33	Travis McRoy	=======================================	5'10"	220	FB/DE
38	Tony Bilwin	=	5'8"	156	SE/HB
0	John Sharkus	10	6'2"	190	TE/LB
12/72	Seth Moyer	12	6'1"	220	TE/T
4	Willard Cilvik	10	5'9"	165	FB/LB
00	Brent Stransky	12	6'2"	200	G/DE
2	Dave DeLong	==	5'10"	180	C/DE
6	Jarrod Dalley	12	5'9"	195	C/LB
N	Randy Boice	==	6'2"	196	1/1
6	Carl Sgarlat	12	6'2"	220	1/1
67	Palmer Edwards	12	5'11"	205	G/DE
39	Steve Arnold	10	5'10"	205	G/T
70	Dave, Kovalik	10	6'2"	200	1/1
75	Matt Kehler	##	6'2"	240	1/1
30	Floyd McRoy	12	510"	175	WB/HB
31	Mike Fink	11	6'0"	185	WB/LB
32	Matt Gonzales	11	5'8"	130	SE/HB
36	D.J. Harris	11	6'1"	170	WB/S
8	Matt Morris	12	53"	180	SF/HB

## things up offensively to be "We will have to mix successful." Rich Gorgone Lake-Lehman coach Scott Healy 17 6, 3, 165 SE/S

By CHRIS BELL Post Correspondent

won the trict 2 "ago. Th

AA" championship a year is season, seven starters

and hope to continue the

upperclassmen know what it takes to win and work very hard. The new kids see how the veterans work and do the same."

Lehman returns four starters unteer "Our program is almost a circle," explained Lipski, who is assisted by Sandy Boyle and voltraditio coach Lynn Coury.

at forward including senior Leigh Ann Isaac, juniors Janelle Perlis and Melissa DeCesaris and sophomore Alyson Bevan. Isaac, a two-year starter, is a team tri-captain along with Jill

starter, returns on defense; team tri-captain along with Jill Marchakitus and Jen Johnstone. Marchakitus, a three-year

your concentration."
With league power Crestwood making the transition to Class AA, an already tough division Fourth row: Sandy Boyle, Katie Britt, Megan Tribendis, Bonnie Culver, Arlette Kline, Melissa DeCesaris, Rachel Kasper, Janel Janiczek, Terri Peiffer, Rachel Harrison, Jean Lipski. explained Lipski. "If you're wor-ried about being tired, you lose Lindsay Young, Jackie Faillace, Maureen White. Third row: Amy Donovan, Kora Cadwalder, Colleen Mahon, Gina Coombs, Kori Clark, Marielle Norke, Janelle Perlis, Neena Patton, Corin Smith, Jannel Bucha, Carrie Thorne Second row: Kim Noler, Lindsay Boris, Alyson Bevan, Kim Parsons, Kelly Wagner, Ellen Young,

First row: Becky Keefe, Jenn Naugle, Leigh Isaac, Jill Marchakitus, Jen Johnstone, Colbey Smith,

Lake-Lehman field hockey

becomes even tougher this season. "We play 20 league games and the top four teams make the playoffs," said Lipski. "The top two advance to states. Our first goal is to be one of the top four to states

Lehman opened the season by blasting GAR 9-0 Sept. 5.

GENERAL NUTRITION CENTERS Midway Shopping Center, Wyoming • 287-3044 Hours: Monday - Saturday 10:00 - 9:00, Sunday 12:00 - 5:00 Ш П

MBE

Neela S. Patel Owner / Operator

OPENING SOON!

Products Vitamins & Herbs Essential Oils Diet **Another GNC at Narrows Shopping Center** Oct Sept 1998 LL Girls Volleyball (Next to Staples)
For Your Shopping Convenience 16 16 21 29 1 220 1 1 3 8 6 Nanticoke
Bishop O'Reilly
Hanover
Bishop Hoban
Abington Heights
G.A.R. Coughlin
Wyoming Area
Crestwood North Pocono WVW Hazleton West Side Tech Cosmetics Nutrition Energizers Natural Natural Sports



OPPING CENTER

Gentlemen's Salon

Ask for Details Today!

Get A GNC Gold Card & Save Money Today!

20% OFF Everything at GNC

# a strong conference ehman at the top of

1

Fall Sports Preview The Dallas Post September 9, 1998

If Lake-Lehman field hockey coach Jean Lipski is correct when she says success breeds suclhe rest of the Wyoming Conference had better be Knights were 15-3-1 and eir third consecutive Dis-Johnstone, a four-year starter, is back at midfield. Junior Rachel Kasper also returns in the

FIELD HOCKEY Lake-Lehman

Valley

got some very good returning players as well as some good young players who are battling for spots. We are pretty deep and we have enough versatility to give progress so far and with our en-thusiasm," said Lipski. "We've very pleased with our

us some options."

Lipski hopes to take advantage of the team's quickness and experience on the forward line, especially in the early going as the young defense comes to

"We are quick and very skilled," d Lipski. "We're solid up front.

building on defense where we will have several young players."

The team's other strength is its physical conditioning. "We work very hard on conditioning," The players know each other and work well together. We are re-

teams. Although its too early to tell, this team has great potential and has a realistic chance to get to states."

MAIL BOXES A Independently Owned And Operated Franchise **UPS Authorized Shipping Outlet** EIC

Nov 7	28	21	14	Oct 7	30	23	Sept 16	1998 La	62 Dallas Shopping Co
PA State Meet	District II Meet	Coaches Meet	Hanover	Dallas	Nanticoke	Wyoming Area	G.A.R.	1998 Lake-Lehman Cross Country	enter, 309 Memorial Hi
	AWAY	AWAY	HOME	AWAY	AWAY	AWAY	HOME	s Country	62 Dallas Shopping Center, 309 Memorial Highway, Dallas, PA 18612

-		
Tuesday	Monday & Friday  ★ \$2.00 Off Overnight Shipping  (UPS, FedEx, & Postal Express ONLY)	
nursday	★ 99¢ Color Copies (Limit 5) ★ 99¢ Faxes UNLIMITED	

DAILY SPECIALS!

★ 3¢ Copies UNLIMITED

★ Senior Citizens Discount

★ \$2.00 Off Shipping
(UPS & FedEx ONLY) ★ \$2.00 Off Rubber Stamp ★ 20% Off Lamination ★ 3¢ Copies UNLIMITED

TEL 717 674-2429 or 674-2430FAX 717 674-2431 8-6 M-F; 9:30-3 Sat.

We're The Biggest Because We Do It Right!



SHLPPING

