

SCHOOL MENUS

The following lunch menus are for the week of May 21 - 27. All lunches include milk.

DALLAS SCHOOLS

THURSDAY - Select one: Hot turkey sandwich, Sloppy Joe, pizza, PB&J sandwich. Select up to two: Mashed potatoes/gravy, tender peas, jello.

FRIDAY - Select one: French toast sticks, Sloppy Joe, pizza, PB&J sandwich. Select up to two: Sausage patty, potato wedge, applesauce.

MONDAY - No school.
TUESDAY - Select one: Chicken nuggets, American hoagie, pizza, PB&J sandwich. Select up to two: Buttered noodles, tender peas, chilled fruit.

WEDNESDAY - Select one: Savory grilled chicken patty, American hoagie, pizza, PB&J sandwich. Select up to two: Homemade vegetable soup, oven baked fries, pudding.

GATE OF HEAVEN SCHOOL

THURSDAY - Shake & bake chicken w/roll, baked potato, corn, mixed fruit.

FRIDAY - Early dismissal. No lunch.

MONDAY - No school.
TUESDAY - Chicken fries w/roll, yellow beans, pears.

WEDNESDAY - Cheeseburger w/bun, potato rounds, corn, applesauce.

LAKE-LEHMAN SCHOOLS

Elementary
THURSDAY - Chicken nuggets w/roll-sauce or bbq rib sandwich, tator tots, pineapple tidbits.

FRIDAY - Cheese pizza or bologna/cheese sandwich, fresh veggies/dip, Mandarin oranges.

MONDAY - No school.
TUESDAY - Chicken nuggets w/roll-sauce or meatball hoagie w/cheese, sweet peas, chilled peaches.

WEDNESDAY - Lehman-Jackson: Zesty spaghetti w/meat sauce, garlic bread or hot dog/bun, tossed salad/dressing, cinnamon applesauce.

WEDNESDAY - Lake-Noxen: Ross: Cheeseburger/bun or Mexican boat w/cheese, lettuce-tomato, crispy tator tots, fresh red apple.

Middle School & High School
THURSDAY - Middle School: BBQ turkey/roll, sweet peas, cherries w/cream.

FRIDAY - High School: Chicken patty/roll, mixed vegetables, antipasto salad/dressing, pineapple tidbits.

MONDAY - No school.
TUESDAY - Ravioli w/meat sauce, roll, tossed salad/dressing, Mandarin oranges.

WEDNESDAY - Middle School: Grilled chicken sandwich, green beans, applesauce.

WEDNESDAY - High School: Hamburger or hot dogs, baked beans, pasta or macaroni salad, fresh fruit cup.

WEST SIDE TECH

Breakfast
THURSDAY - Pancakes/syrup or cereal, juice, pastry.

FRIDAY - Banana cake, cereal, juice, pastry.

MONDAY - No school.
TUESDAY - Fruit muffin, cereal, fruit, juice.

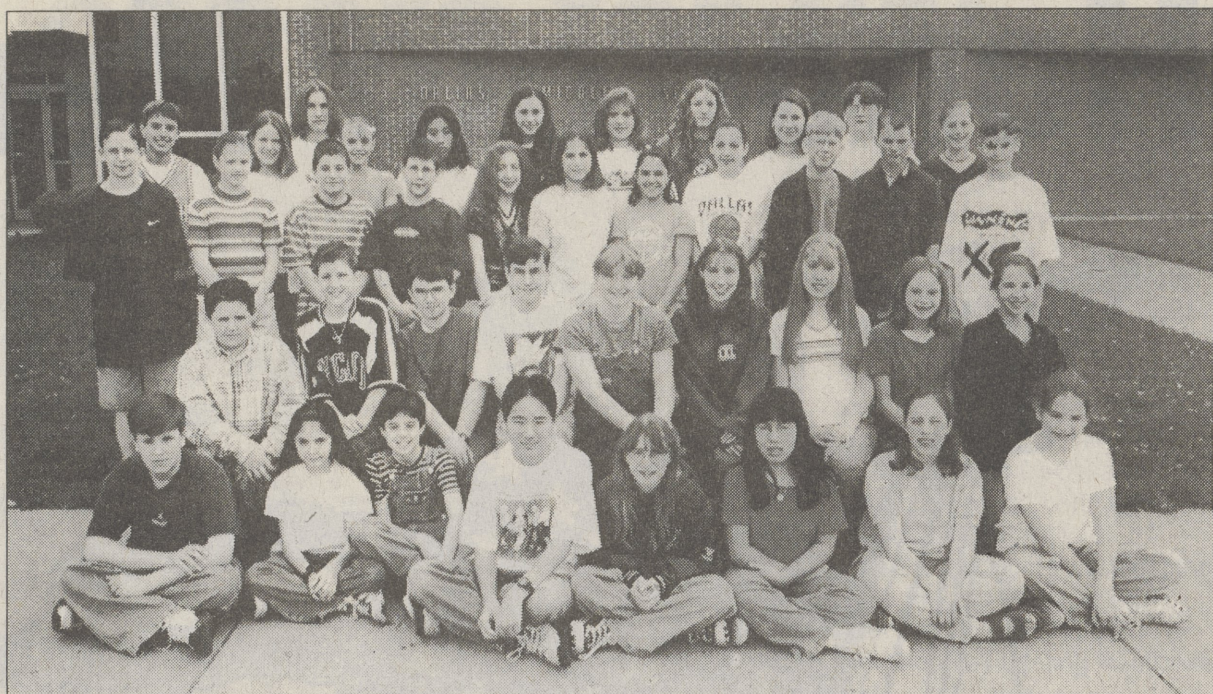
WEDNESDAY - Sausage w/cheese or cereal, juice, fruit, pastry.

Lunch
THURSDAY - Wafer steak on hoagie roll-lettuce-tomato, veg, beef soup/crackers, chilled fruit.

FRIDAY - Italian meatballs/sauce on hard roll, seasoned green beans, apple cinnamon cake.

MONDAY - No school.
TUESDAY - Hamburg/cheeseburger on soft bun-lettuce-tomato, chicken veg. soup/crackers, chilled peaches.

WEDNESDAY - Pork rib b que w/bbq sauce/soft bun, pasta salad, seasoned corn, vanilla cake/frosting, applesauce.



Dallas Middle outstanding students Pictured, row 1: Christian Cobleigh, Whitney Adams, Amanda Alles, Corey Phillips, Samantha Oschman, Stephanie Yeung, Megan Riley and Annie Savage. Row 2: Douglas Zaruta, Jeff Pace, John Gilligan, Brandon Pall, Kristina Colladay, Alyse Taddei, Mary Yanik, Kristen Allardyce, and Jill Krakosky. Row 3: Michael Yenason, Ashley King, Andrew Schweitzer, Joseph Bednash, Amy Pack, Laura Vanderhook, Stacie Amico, Meredith Lacey, Adam Morgan, Daniel Smith and Todd Kerestes. Row 4: Ryan Morgan, Lacey Cooper, Maria Bednash, Jamie Bozentka, Gabrielle Huh, Rachel Kukosky, Elizabeth Samanas, Sharon Adamavage, Elizabeth Eby, Jonathan Morgan and Rebecca Pincofski. Absent from photo: Matthew Katyl, and Michael Fehlinger.

Students honored for academic achievement

Recently an assembly was held at the Dallas Middle School to honor the outstanding academic students for the third marking period. Anthony Martinelli, Dallas Middle School principal, announced that 41 students achieved Honors with Distinction. To be eligible a student must have a 3.8 to 4.0 average with no F or D grades.

Sixth grade winners were

Whitney Adams, Amanda Alles, Joseph Bednash, Ashleigh King, Meredith Lacey, Jeffrey Pace, Andrew Schweitzer and Douglas Zaruta. Seventh grade recipients were Kristen Allardyce, Stacia Amico, Jamie Bozentka, Christian Cobleigh, Kristina Colladay, Lacey Cooper, Michael Fehlinger, John Gilligan, Gabrielle Huh, Matthew Katyl, Todd Kerestes, Jillian Krakosky, Rachel Kubosky,

Adam Morgan, Jonathan Morgan, Samantha Oschman, Amy Pack, Corey Phillips, Rebecca Pincofski, Megan Riley, Elisabeth Samanas, K. Annie Savage, Daniel Smith, Alyse Taddei, Laura Vanderhook, Mary Yanik, Michael Yenason, and Stephanie Yeung. Eighth grade was represented by Sharon Adamavage, Maria Bednash, Elizabeth Eby, Ryan Morgan and Brandon Pall.

Wyoming Seminary lists honor students

Upper School dean's list

Wyoming Seminary Dean David L. Davies, has announced the Upper School Dean's List for the second trimester of the 1997-98 academic year.

Dean's List with High Honors: Janessa Bernstein, Harveys Lake; Karen Boback, Harveys Lake; Michael Davies, Dallas; Lloyd Droppers, Dallas; Emily Foran, Dallas; Kirk Frey, Dallas; Kourtney Koslosky, Shavertown; Michael Messersmith, Dallas; Carolyn Miller, Tunkhannock; Timothy O'Donnell, Shavertown;

Farid Razavi, Dallas; Timothy Reddy, Shavertown; Patrick Rosenthal, Shavertown; Neil Shah, Shavertown; Jaelyn Walkowiak, Dallas; Amanda Young, Dallas; Omar Zalatio, Dallas; Devin Zatorski, Shavertown.

Dean's List: Charlene Aquilina, Shavertown; Nathan Bohlander, Dallas; Jonathan Bradbury, Shavertown; Daniel Davis, Lehman; Christine Dempsey, Trucksville; Kyle Droppers, Dallas; Ashley Feldman, Shavertown; Thomas

Graham, Shavertown; Shaudi Hosseini, Dallas; Kristin Kolesar, Harveys Lake; Amy Lloyd, Dallas; Caitlin Lucchino, Shavertown; Bryan Maculloch, Dallas; Veronica McRipley, Dallas; Bonnie Mendelssohn, Dallas; Trenton Miller, Hunlock Creek; Jessica Moseman, Shavertown; Matthew O'Donnell, Shavertown; Phillip Oh, Dallas; Brian Pietraccini, Dallas; Stefanie Pollock, Shavertown; Paul Santarelli, Dallas; Sapan Talati, Dallas; Aria Vaida, Shavertown.

Lower School dean's list

Dean of Wyoming Seminary's Lower School, John H. Burbank, Jr., has announced the Academic High Honor Roll and the Academic Honor Roll for the second trimester of the 1997-98 academic year.

Academic High Honor Roll
Grade 5: Caitlin Delehanty, Shavertown; Abigail Fried, Dallas; Rebecca Howell, Dallas; Michael Lloyd, Shavertown; Andrew O'Hara, Dallas; Aaron Richterman, Dallas; Whitney Rozelle, Dallas; Jillian Seeley, Shavertown; Garrett Speace, Shavertown.

Grade 6: Brigitte Henry, Shavertown; Vincent Insalaco, Shavertown; Katelynn Lawrence, Dallas; James Michael Saba, Dallas.

Grade 7: Leah Budin, Trucksville; Eric Feinstein, Shavertown; Lindsay Foltz, Harveys Lake; Jor-

dan Koslosky, Shavertown; Samantha Lloyd, Shavertown; Kavita Pillai, Trucksville.

Grade 8: Andrew Feinstein, Shavertown; Krystin Kopen, Shavertown; Timothy Polin, Shavertown; Benjamin Rogers, Trucksville; Jessica Sheehan, Harveys Lake; Puja Talati, Dallas; Jill Zatorski, Shavertown.

Academic Honor Roll
Grade 5: Jessie Conyngham, Dallas; Joseph DeMuro, Shavertown; Alex Flack, Dallas; Jamie Flack, Dallas; Perry Freifeld, Dallas; David Janerich, Shavertown; Emily Mendelssohn, Dallas; Zachary Polin, Shavertown; Thomas vanArsdale, Shavertown.

Grade 6: Nicole Allan, Shavertown; Caitlin Conyngham, Huntington Mills; Naveen Dasa, Shavertown; Tyler Droppers, Dallas; Justin Emershaw, Shavertown;

Ryan Gower, Dallas; Christina Hobbs, Shavertown; Colin Madigan, Shavertown; Rana Razavi, Dallas.

Grade 7: Christopher Bowes, Shavertown; Rebecca Conyngham, Dallas; Christopher Eckman, Dallas; Sarah Kullian, Shavertown; David Lucchino, Shavertown; Mansee Patel, Shavertown; Ryan Riley, Shavertown; Lindsay Romanowski, Shavertown; Sean Smith, Shavertown; Lindsey Walkowiak, Dallas; Abigail Wasserott, Dallas;

Grade 8: Alexis Anselmi, Dallas; Ryan Blaszcak, Shavertown; Daniel Blidner, Shavertown; Simone Bras, Tunkhannock; Andrew Freifeld, Dallas; Aaron Gitlin, Dallas; Mary Jane Gower, Lehman; Jaclyn Gower, Dallas; Nooshin Hosseini, Dallas; Graydon Speace, Shavertown.

Lehman-Jackson PTA holds Arts and Science Fair

The Lehman-Jackson Elementary School in conjunction with the Parent Teacher Association sponsored its annual Art and Science Fair on Tues. May 19.

Grades K-6th assisted with the transformation that changed the halls and walls of Lehman to a scene from a tropical rainforest.

Complete with sights and sounds from the heart of a jungle, the art work displayed included an aquarium filled with tropical fish, trees filled with jungle animals and even a life size alligator roaming the front lobby of the elementary school.

Coordinated by elementary art teachers, Susan Roesse, this outstanding program owes its success to an energetic group of PTA

volunteers, headed by Victoria Grzybowski.

Grades 4-6 put their imaginations to the test with projects ranging from "crystal growing" to a "bed of nails."

Environmentally minded students tried their hand at things like a natural water filtration system, checking the cleanliness of our air, and making homemade paper.

Will solar energy power a Ferris Wheel? Will an egg bounce?

How can you build a lamp with a lemon? The answers to all these questions were found as students and parents alike observed and participated in what promised to be an enlightening night at Lehman-Jackson.

Jennifer Noon will represent DHS at leadership seminar

Jennifer Noon, a sophomore at Dallas High School will represent the school at the 20th annual Central Pennsylvania Leadership Seminar of Hugh O'Brian Youth Leadership (HOBY). Every high school in Central Pennsylvania has been invited to send one student ambassador to the four-day event held May 14-17, at Lebanon Valley College, located in Annville, PA.



JENNIFER NOON

The seminar's purpose is to recognize and develop leadership potential in outstanding sophomores. It provides a structured and intense setting for young people to interact with recognized local, state and national leaders of business, education, the arts, government and the professions on the theme of "America's Incentive System." In addition, the seminar will help to foster a better understanding of the business

world and emerging global marketplace, and encourage these young leaders to strengthen their own leadership skills by sharing their seminar experiences with others in their own communities. HOBY was founded by movie and stage actor Hugh O'Brian (Wyatt Earp of the popular 50's TV series) in 1958 after he visited with Dr. Albert Schweitzer in Africa. Today there are 90 HOBY leadership seminars in all 50 states, sponsored totally by contributions of local corporations, businesses, and civic organizations. Students attending the seminar pay nothing for this experience. Each seminar site will select one boy and one girl to attend the 1998 World Leadership Congress, a 10-day, all expense paid seminar at George Washington University in Washington, D.C.

The Central PA Seminar has been recognized by the Hugh O'Brian Youth Leadership for the past seven years as one of the outstanding seminar sites in the country.

Back Mountain students receive degrees from PSU

Associate and baccalaureate degrees were conferred on more than 60 students at Penn State Wilkes-Barre's commencement exercises May 16.

They include winter 1997 and spring 1998 graduates. Graduates from the Back Mountain include:

Spring 1998 Graduates:
Baccalaureate Degree in Surveying: Charles Gmitter, Hunlock Creek; Mark Molesky, Harveys Lake.

Baccalaureate Degree in Forest Science: Thomas O'Donnell, Dallas.

Associate Degree in Electrical

Engineering Technology: Joseph Gionta, Dallas; Priscilla Rodko, Shickshinny, Wendy Van Horn, Shavertown.

Associate Degree in Mechanical Engineering Technology: Leonard Crawford, Sweet Valley.

Associate Degree in Surveying Technology: Jon Szalankiewicz, Shawanese.

Associate Degree in Telecommunications Technology: Wendy VanHorn, Shavertown.

Fall 1997 Graduates:
Associate Degree in Surveying Technology: Joshua Longmore, Noxen; Joseph Scavone, Sweet Valley.

Westmoreland gets visitors

Andrew McCann, published author, visited fifth grade classes at Westmoreland on Thurs., May 14 to talk about his craft, writing. He was recently a featured author at the Tudor Book shop and grew up in Wyoming Valley.

Don Seastead, Weatherman on Channel 28 distributed books to first grade students at Westmoreland Elementary school as part of the Reading is Fundamental or R.I.F. program. Andrea Belavage, P.T.O. officer, arranged this program.

The monthly Chat with the Principal is scheduled for Wed., May

27 from 8 to 8:45 a.m. at Westmoreland Elementary School.

The Westmoreland P.T.O. will be installed on Wed., May 20 at 7 p.m. Parents and friends are invited to attend. The evening will also feature a display of student projects from all grades, Kindergarten through Grade 5.

Kathleen McCarthy, principal, urges all parents and interested members of the community to come to support the P.T.O. and to see the excellent work of Westmoreland students.

If you missed *The Post* - you missed the news!

DO IT FOR LESS

At \$230 per credit, summer courses at Keystone College are a lot less expensive than at most other local institutions. Take a summer session or two at Keystone College and still have **time and money** left for the rest of your summer plans.

Summer Session I: Starts June 8, 1998
Summer Session II: Starts July 13, 1998

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