Section 2

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# SportsWeek

# She's a diver, a hockey player, a track star, a scholar

## Stephanie Potisek is a peak performer

By JEFF FANECK Post Correspondent

SHAVERTOWN - How many of us can boast being three-sport athletes in high school? How about being first in their class? How many of us can claim both?

Stephanie Potisek of Shavertown is one of those rare individuals who proudly yet humbly can say she is both. Stephanie, a junior, is a member of the field hockey, diving, and track teams at Dallas High School.

Most of her elementary years were spent in Harrisburg where she lived for 11 years. There, Stephanie developed an interest in swimming and diving by participating in an Age Group program at the local high school. She then lived in Williamsport for two years before coming to Shavertown about four years ago.

For the past two seasons, Stephanie has been a midfielder on the Dallas field hockey team. Since the sport was not available where she lived before, she began playing just over two years ago. This past season, the Dallas junior helped the Mountaineer squad to yet another playoff appearance. For her efforts, she was recognized by The Times Leader in its Fall All-Star selections. She also earned honorable mention for the Wyoming Valley Conference All-Star Field Hockey Team by coaches and members of the me"I think I'll probably go into immunology research or engineering."

Stephanie Potisek

Almost immediately after field hockey season ends, Stephanie begins practice for the diving season. This is her third season as a member of the fledgling Dallas team. After qualifying for states last March by finishing second at the District 2 competition, she had three goals to accomplish this year. The first is to return to the

"I probably could have done better at states last year. Since it was my first time, I was pretty nervous," she said. "But I feel it was a good experience and it will probably help me this season."

Another goal is to execute a "twister" dive. This is done by rotating the body two and a half times around before reaching the surface of the water. Thus far she has not done it successfully, but is confident that she will.

"I'll keep trying it until I do it. One of my strengths is my determination," she said.

When Stephanie does get frustrated, she has people there to give her confidence including her parents, her coach, and her teammates. "Everyone has been very supportive, in all sports."

Stephanie has already achieved

her final goal; to earn a diving score of 200 at a meet this season. She received a score of 208.00 at a meet in December. The team is 3-2 in league play and she has won the diving event for Dallas at every meet so far. Just this past Saturday at the Wyoming Valley West Diving Invitational, she finished eight overall out of 40 divers.

Remaining steady is one of the keys to her success this season. "I think I've gotten much more consistent over the past year," she

Stephanie was honored by Fox 38 in December. She was named Athlete of the Week and appeared on The Fox 38 Sports Show which aired Dec. 21.

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STEPHANIE POTISEK As a diver

# Schoonover's layup gives Metro a W

Inter-Metro Industries 33 -**Eastern Penn Supply 31** 

Adam Schoonover hit the winning layup to give Inter-Metro 33-

21 win over Eastern Penn. John Yanik and Bruce Deeble played well for

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the victors. Eastern Penn was led by Andrew Gialanella and Jeremiah Taylor.

#### Luzerne National Bank 41 -Roseen, Jenkins 22

Sam Brown scored 18 points and Ryan Murray added 12 to lead Luzerne National Bank to a 41-22 victory over Rosenn, Jenkins, and Greenwald in Dallas Vouth Baskethall 5th /6th grade action. Elijah Miller, Cory Schultz, and Ryan Marascio scored 6 each for Rosenn, Jenkins and Greenwald.

#### American Legion 37 -Herbie's Autobody 36

American Legion edged Herbie's Autobody 37-36 behind the play of Chris Higdon, Joe Austin, and Curtis Montz. Herbie's was led by John McGeehan with 16 points, Frank Buzin with 11 and Tom Van Horn with 4 points.

#### Fieldhouse 37 -

Pace Physical Therapy 33

Matt Daube scored 10, Matt Wilson 8 and Jered Weinstock led the defense as the Fieldhouse topped Pace Physical Therapy 37-33. Kevin Domzalski scored 15 points and had 7 assists while Ryan Ward had 10 points for Pace Physical Therapy. Shane Gibbons was the leading rebounder.

#### Fahnestock 32 -

Dough Company 26

Tim Crossin had 14 points and Tom Hadzor 6 to lead Fahnestock to a 32-26 win over the Dough Company. A.J. Musto and Matt Eisenberger led the defense. The Dough Co. was led by Joe Wyberski with 12 points and Mitch Mitchell with 8. Michael Weaver led the defense.

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# KNIGHTS' NIGHT

Lake-Lehman beat Dallas 42-35 Monday to claim the first half Division 2 title. In action, top photo, Beth Carey (15) went up to block a shot by Kelly Spencer. Also shown, Katie Austin (11), Faith O'Dell (Lehman) and Jen Noon. Noon drove around Mandy Kehler, left photo, as Marissa Michaels (42) followed the play.

POST PHOTOS/RON BARTIZEK

## Lehman for new conference

Despite some reservations, Lake-Lehman will vote for the new Northeastern Pennsylvania Super Conference for football, said athletic director Rodger Bearde.

"We don't like the total thing," Bearde said, particularly the loss of the Old Shoe game against Dallas. "We like the league the way it is." But if the conference forms, Lehman will compete with schools of similar size, and that would help its chances to make the playoffs.

The idea is that no one gets an advantage," Bearde said, pointing out that there would be six Class AA schools in this area and another seven to the north. With 278 boys in grades 9-11, Lehman is about 20 under the level that would push them into AAA, in which Dallas competes. Bearde said the schools will be re-evaluated every two years, and if enrollment continues to grow Lehman could become a AAA school.

Dunmore, and AA school in Lackawanna County, has already said it would leave the Big 11 Conference because it was impossible to compete against much larger schools. "The small schools are the ones who benefit from the change," Bearde said.

School districts in the Wyoming Valley Conference will vote Jan. 15 on whether to join the new alignment, which affects only football. The Dallas school board voted unanimously to cast a nega-

#### Basketball free throw competition Jan. 17

The Dallas Knights of Columbus, Fr. John O'Leary Council #8224, will hold its annual basketball free throw competition Sat., Jan. 17 at the Gate of Heaven gym, from 1-3 p.m. All boys and girls ages 10-14 are invited to compete. There is no charge; prizes will be awarded in each age group. For more information, contact Barry Cawley at 696-5032 or Ed Raver Jr. at 331-4448.

# Dipietro takes 1-point win in OT

The game lived up to its billing, both teams were undefeated coming in. It was a hard fought con-

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test on both sides, with the lead changing several times. The game went

into overtime, then with 5 seconds left, Bobby Lenahan made a jumper to seal the victory. "They don't get any better than this. That was a great shot Bobby made!" said Dave Domzalski, coach of Central Clay. In the first quarter Diepietro's Bobby Lenahan scored 8 of his game high 17 points to give Dipietro, a 12-0 lead at the quarter's end. Central Clay's Eric Domzalski countered in the second quarter and sank 8 points to narrow the margin to 12-10 at the half. Central Clay outscored Dipietro 8-4 in the third quarter on the shooting of Eric Domzalski and Adam Singer to end the quarter 18-16, Central Clay. Domzalski got into foul trouble in the fourth quarter and Bobby Lenahan took over scoring 5 points to tie the game 21-21. The rest is history. Ann B. Dipietro's Ronnie Shiner, Conner Lenahan and David Hanadel played a fine defensive game. Central Clay was led by Domzalski's 16 points and great defensive play by Adam Singer, Brandon Rice and Ryan Konopki.

#### Dallas Rotary 29 -**American Legion 10**

Eddie Daris and Dallas Rotary's defense along with Ben Thomas's game high 17 points gave Dallas Rotary the win. Contributing for the offense for Rotary were Jeremy Weinstock and Jeffrey Decker with 6 points apiece. Robert Monk controlled the boards for Rotary while Robert Smith, John Thompson and Adam Besecker played a strong defensive game. American Legion was led by Robbie Tomko's 6 points, Sean McAndrew and Adam King, 2 points each.

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# Thomas scores 11 of team's 18 as E.M. Video tops III Guys

E.M. Video 18 -III Guy's Pizza 11

Shannon Thomas hit for 13 game high points in a defensive game to knock off the only unbeaten team after five weeks of play to go into a three-way tie for first place with III Guy's and Sneaker King. E.M. Video started the game off strong with Thomas scoring 4 points, while Sarah Pieczynski and Tiffany Gergel hit a bucket each to lead 8-0 after one. The second quarter Kristen Schmid hit a free throw while playing outstanding defense and controlling the boards, and E.M. led at the half 13-3. Meredith Lacey nailed a

field goal in the third quarter while E.M.'s Thomas had 3 to end the quarter 16-5. Meredith Lacey, Tam Morris and Rosalyn Wentko

scored DYB bucket each, 5-6 GIRLS with III Guy's falling short 18-11. E.M.

Video;'s defense was led by Nicole Martin, Lauren Norika, Samantha O'Brien and Shoshanna Gitlin.

#### Sneaker King 29 -

Star Rehabilitation 18 Sneaker King's Caitlin Dukas hit for the only bucket of the first quarter to end the period 2-0. Sydney Guelich hit for 5 in the second quarter including a last second 3 pointer at the buzzer to end the half 11-6. Jodi Dickson keyed the third quarter for Sneaker King with 6 big points to end the third 21-12. Nicole Allen hit for 4 of her 10 points in the fourth quarter, but Star fell short of the victory 29-18. Sneaker King was led by Sydney Guelich with 9 points, Jodi Dickson 8 points, Caitlin Dukas 7 points, and Alyssa Austin and Brooke Blase 2 points apiece. Also scoring for Star Rehabilitation were Ashleigh King with 6 points

and Samantha Decker with 2 points.

#### American Asphalt 23 -**Eastern Insurance 14**

American Asphalt's Jackie Hardwick and Lauren Suppon led the surge with 10 and 6 points respectively as they held Eastern Insurance to 14-2 at the half. Eastern Insurance's Hallie Williams got hot in the second half scoring 10, but falling short 23-14. Also scoring for American Asphalt were Alyssa Daniels, 3 points, Jamie Youngblood and Katie Smith a bucket each. surance.

#### SPORTS ROUNDUP

#### **BOYS BASKETBALL** GAR 74, Dallas 47

J.J. Smith led all scorers with 26 points in Dallas' 74-47 loss to GAR Jan. 9. Dallas let the game slip away in the final two periods being outscored 46-22. Jonathan Saba was the only other Dallas scorer to hit double digits with 10 points. Dallas also lost the Junior varsity game 64-38. The Mounts' record drops to 1-6.

#### Wyoming 52, Lehman 31

The Knights garnered 15 points of their total 31 points from the three-point line as Wyoming sank Lehman 52-31 Jan. 9. James Lyons sank one of those three pointers and ended the night with a team high 12 points. Bob Baird followed with six. The Knights fall to 1-5 in Division II.

#### Northwest 54, Lehman 30

Northwest held Lehman to scores in the single digits in each

quarter to whip Lehman 54-30 Jan. 7. Matt Morris was high for the Knights with 10 points and James Lyons dumped seven.

### GIRLS BASKETBALL

Lehman 58, Wyoming 43

Kelly Spencer, Darby Wolfe and Faith O'Dell combined for 39 points, 13 each, to lead Lehman to a 58-43 victory over Wyoming Jan. 8. Marissa Michaels added 10 for the spoilers including two three-pointers. The Lady Knights improve to 5-2 to create a tie with Meyers atop the Division II stand-

#### Dallas 52, GAR 40

Katie Austin and Stephanie Simonitis each netted 13 points apiece to lead Dallas to a 52-40 win over GAR Jan. 8. Erika Turner dropped nine for Dallas and Nicki Nackley added seven. Dallas improves to 3-4.

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