# **DMS Penny Wars raises \$1,450**

Recently the Dallas Middle School Student Council held its annual Penny Wars contest. The money raised is donated to charities that the student council has selected. The students in eighth grade won the contest for a third year in a row. The middle school students raised \$1,450. The money was equally divided between the Matt Rondina Fund and the United Way of Wyoming Valley. Ms. Norine Amesbury, student council advisor, stated that this was the most successful Penny War event held.

#### Wiedlich earns 4.0 GPA at Misericordia

Carl Wiedlich, a major in physical therapy, has achieved a 4.0 grade point average for the Fall semester of his senior year at College Misericordia, Dallas. He is the son of Herbert J. Wiedlich of Kingston and Marilyn Johnson of Shavertown. Carl will continue for a fifth year at College Misericordia to obtain his graduate degree. He will pursue a clinical placement in January in Vestal, New York.

#### Kocher named to Who's Who

Karen Ann Kocher, a senior accounting major at Shippensburg University was recently named to the 1998 edition of Who's Who Among Students in American Universities and Colleges. She is a member of Alpha Omicron Pi fraternity, president of Institute of Management Accountants and is a member of Beta Gamma Sigma national honor fraternity. The 1994 graduate of Lake-Lehman High School is the daughter of Mr. and Mrs. Harold E. Kocher Jr., Pine Tree Rd., Dallas.

#### **Gina Storz graduates from Stroudsburg**

Gina Storz of Shavertown, received her B.S. degree from East Stroudsburg University at the Dec. 20, commencement exercises.

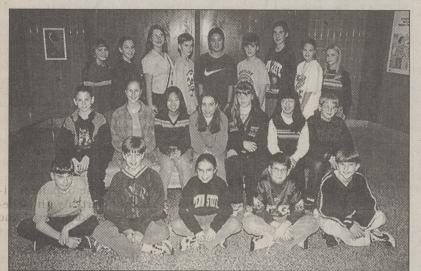
### Lopez-Medina graduates from Indiana U

Nicole Lopez-Medina, daughter of Dr. Agapito Lopez and Sandral Medina of 6 Downing Drive, Dallas, recently graduated from Indiana University of Pennsylvania's Academy of Culinary Arts. The Academy is located in Punxsutawney, Pa.

Lopez-Medina, a 1995 graduate of Dallas Senior High School, received a certificate for supervisory management, nutrition, and sanitation management while a student at the Academy. She also received a German wine certificate and an award for congeniality. Lopez-Medina, who graduated with honors, performed her externship in Carefree, AR at Boulders Resort.

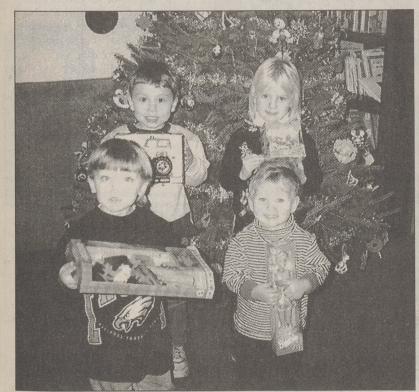
IUP's Academy of Culinary Arts recently received full accreditation by the American Culinary Federation Educational Institute Accrediting Commission, the maximum accreditation possible for new culinary programs in the United States.

IUP is a member of Pennsylvania's State System of Higher Educa-



### **Dallas middle outstanding students**

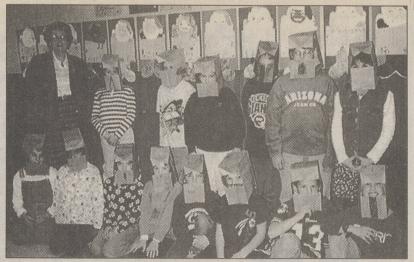
Recently an assembly was held at the Dallas Middle School to honor the outstanding academic students for the first marking period. Mr. Anthony Martinelli, Dallas Middle School principal, announced that 23 students achieved Honors With Distinction. To be eligible students must have a 3.8 to 4.0 average with no F or D grades. Seventh grade winners were Christian Cobleigh, Gabrielle Huh, Carolyn Thimot, Kristina Colladay, Matthew Katyl, Todd Kerestes, Adam Morgan, Corey Phillips, Rebecca Pincofski, and Stephanie Yeung. Eighth grade was represented by Maria Bednash, and Elizabeth Eby. Sixth grade recipients were Whitney Adams, Dustin Bednarz, Joseph Bednash, Beth Gammage. Ashleigh King, Meredith Lacey, Lauren Noreika, Jeffrey Pace, Jessica Roberts, Andrew Schweitzer and Katherine Smith. Row 1: Andrew Schweitzer, Dustin Bednarz, Beth Gammage, Joseph Bednash and Jeffrey Pace. Row 2: Matthew Katyl, Rebecca Pincofski, Gabrielle Huh, Carolyn Thimot, Kristina Colladay, Stephanie Yeung, and Adam Morgan. Row 3: Lauren Noreika, Meredith Lacey, Elizabeth Eby, Todd Kerestes, Corey Phillips, Christian Cobleigh, Maria Bednash, Ashleigh King and Katherine Smith. Absent: Whitney Adams and Jessica Roberts.



### **Small Wonders students donate toys**

Mrs. Kim Cool's four year old class at Small Wonders/Back Mountain Day Care School sponsored a Toys-for-Tots collection campaign. Thanks to the generosity of the children and their parents this year's toy drive was a great success. Pictured with a sample of the many toys collected are, from left, front, Joshua Shilanski, Claire Shook. Back, Timothy Rowlands, Nichole Snyder.

Send The Dallas Post to a friend. It makes a great gift. Call 675-5211 for information.



#### Students take a trip to the past

Mrs. Mary Nulton's third grade class at Dallas Elementary School recently traveled back in time to celebrate Christmas in the Middle Ages. Mrs. Nulton invited Dr. Kathleen Kemmerer of Penn State Hazleton, a specialist in British ligerature, to vist the class. Dr. Kemmerer explained the history, culture and society of the Middle Ages. The class listened to recordings from the Fairfax manuscript, a document containing songs and music from the period. Each child created a stained-glass-window art project and decorated a knight's helmet. The children learned about knights and chivalry and about the tradition of Wassail, tasting mulled cider. Dr. Kemmerer gave a dramatic reading of "Sir Gawain and the Green Knight," a story from the Anglo-Saxon period that tells about marvelous happenings at a Christmas feast in King Arthur's court. First row, Sarah Marianacci, Mia Esopi, Katie Crompton, Alyssa Miller, Matt Milne, Mike Panzetta, Brandon Yolacan, Jackie O'Brien; 2nd row, Mrs. Nulton, Alyssa Hillard, John Qualls, Jackie Lowe, Jared Daniels, Robert Monk, Megan Youells.

## SCHOOL MENUS

The following school menus are for the week of Jan. 5-7. All lunches include milk.

#### **DALLAS SCHOOLS**

MONDAY - Select one: Chicken nuggets, American hoagie, pizza, PB&J sandwich. Select one or two: Buttered noodles, green beans, chilled fruit.

TUESDAY - Select one: Cheeseburger, American hoagie, pizza. PB&J sandwich. Select one or two: Oven baked fries, vegetable soup/ crackers, brownie.

WEDNESDAY - Select one: Two turkey tacos w/lettuce-tomatocheese, American hoagie, pizza, PB&J sandwich. Select one or two: Steamed rice, corn, jello.

#### LAKE-LEHMAN SCHOOLS

MONDAY - Elementary: Italian dunkers w/sauce or bbq rib sandwich, crispy green beans, pineapple tidbits.

MONDAY - Secondary: Italian dunkers w/sauce, crispy green

beans, pineapple tidbits.

TUESDAY - Elementary: Nachos w/cheese sauce or bologna/cheese sandwich, fresh vegetables, Shape Up. TUESDAY - Secondary: Meatball hoagies w/cheese, fresh veg-

etables, Shape Up.

WEDNESDAY - Elementary: Lasagna w/garlic bread or Sloppy Joe on bun, tossed salad/dressing, cherries w/cream.

WEDNESDAY - Secondary: Lasagna w/garlic bread, tossed salad/ dressing, cherries w/cream.

More than ever A Real Hometown Paper you can feel good about

The Dallas Post

"All I have to do is splash my face with

Splash all you like. You can even take

a cold shower. It may make you

make you a safe driver.

cleaner but it won't sober you up or

"I'm bigger so I can handle my liquor

Size is only one factor in how much

you can drink. Metabolism, amount of

how you handle liquor. Impairment can

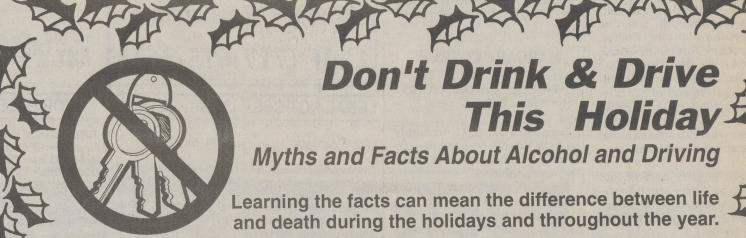
rest, and food intake all play a part in

cold water."

Fact:

better.

Fact:



Myth:

"Drinking coffee sobers me up."

Coffee cannot rid your system of alcohol. If just makes you a nervous wide awake drunk. Only time reverses impairment.

"I always stay away from the hard stuff.

Fact:

Alcohol is alcohol. Beer has the same effect as straight scotch. One 12ounce beer has as much alcohol as a 1.5 ounce shot of whiskey or a 4-5 ounce glass of wine.

### AAA Potomac's Holiday Fruit Punch

1/2 c. grapefruit juice

1 c. apple juice

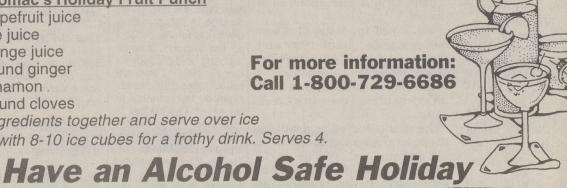
1/4 c. orange juice 1/2 t. ground ginger

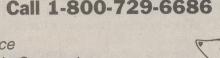
1/2 t. cinnamon Dash ground cloves

Mix all ingredients together and serve over ice or blend with 8-10 ice cubes for a frothy drink. Serves 4.

For more information: Call 1-800-729-6686

begin with the first drink.





# **Dallas Parcel**

Dallas-Harveys Lake Hwy. • 675-2800

Authorized Drop Off Center Hrs. Mon.-Thru Sat. 9 A.M. to 8:30 P.M. • Sun. 10 A.M. to 8:30 P.M.

Meadows Nursing Center Dallas • 675-8600

Pikes Creek Sand & Stone Inc. Pikes Creek

# 477-2919 **Metzgar Aluminum & General Contracting**

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# Union Beverage

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#### Luzerne Shopping Center Luzerne PA, 18709 578 Union St. Little People Day Care School

Mon.-Thurs 10-9 Fri.-Sat. 9-9

96 Huntsville Road, Dallas 675-6557 154 Third Ave., Kingston 288-4111 280 Hanover St., Wilkes-Barre 824-4141



## **Dallas Auto Parts**

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# PET CARE ASSOCIATES

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Located at the top of the hill in Kunkle, above Kunkle Motors Bill Haddle, Sharon M. Horn, D.V.M., Kristin K. Edwards, V.M.D. Assoc. Boarding • Grooming • Pet Supplies • Veterinary Services