

DHS GUIDANCE NOTES

Time to update transcripts

SAT's will be given at the high school Sat., Nov. 1. Students should arrive by 8 a.m. They should bring two number two pencils, a calculator, their admission ticket and proper identification. Examples of proper identification are: driver's license with photo, valid passport with photo or a brief physical description of the student on school stationary (see your counselor if you need the latter form). Examples of unacceptable ID include social security cards, credit cards or a birth certificate.

No student may take the test without proper ID and an admission ticket. The test will begin promptly at 8:30 a.m. and end at 12:30 p.m.

The PTSA is sponsoring a coat drive for the needy in the Back Mountain Sat., Nov. 1 at the Dallas-Lehman football game.

Coats will be collected at the gate outside the stadium. Help us help the needy stay warm this winter by donating a coat.

A special thank you to Leigh Pawling for giving a presentation on Art as a Career as our October Speaker of the Month.

The PTSA will have a bake sale on Sat., Nov. 1 at the Dallas-Lehman football game. Support the PTSA by buying some sweet treats.

Any senior who has not yet had their senior conference should see their guidance counselor to schedule one.

Students need to update their transcripts in terms of extracurricular activities. Listed below are columns that indicate impressive and unimpressive extracurricular activities.

Impressive

1. Student newspaper
2. Student government
3. Choir or orchestra
4. Varsity sports
5. Community service activities
6. Eagle Scout
7. All state anything
8. Founder of your own business.
9. Volunteer fireman

Unimpressive

1. Science fiction club
2. Radical political organizations (if in doubt don't mention it)
3. Any impressive sounding activity you obviously have no interest in.
4. Rock band fan clubs

The following colleges will be visiting Dallas High School in the near future during Flex Period.
 Mon. Nov. 3, Luzerne County Community College
 Wed., Nov. 5, Lafayette College and Fairleigh Dickinson Univ.
 Thurs. Nov. 6, Seton Hill College
 Wed., Nov. 12, Shippensburg U.
 Fri., Nov. 14, Albright College



Enrichment program at Westmoreland

The student body of Westmoreland Elementary school recently enjoyed an enrichment program presented by Daniel Barash, a member of the Slim Goodbody Corporation. Mr. Barash presented two separate programs for the students. The older students participated in the program "Attention to Prevention" which highlighted dealing with peer pressure and alcohol, cigarette, and drug prevention. The second program, for the younger students, was a lively musical health show, which included the proper care of their bodies through good nutrition and exercise. Pictured from left: Colin Baird, Megan DeArmitt, Rebecca Slavoski, Daniel Barash, Tabitha Chlubicki, Chris Racoski, Mario Oliveri.

Lehman-Jackson students create artwork for calendar

At the beginning of every school year, the Lehman-Jackson Elementary PTA Calendars go out to all PTA members with a brand new cover. The PTA sponsors a Calendar Cover contest for all students in the 5th and 6th grade, and challenges them to try and come up with the most inventive Calendar cover-page in the school. The students try to convey some of the importance of the PTA in our school system, by utilizing the State PTA Theme of the year. The State Theme for 1997 is "Fitting The Pieces Together For Our Children." The winner not only gets to see his or her winning picture on the front of this year's PTA calendar but also gets awarded a \$50 bond. The calendar shows dates for many school functions, including all assemblies, parent-teacher conferences, vacations and all PTA sponsored activities.



W-B Academy visits Egypt

The Sixth Grade class at Wilkes-Barre Academy recently hosted a guest speaker for its World History Class unit on Egypt. Mrs. Louise Lentini of Dallas, an Egyptian enthusiast who has been to Egypt several times, took some time to share her knowledge and artifacts collection with students. Pictured in the photo from left, Chris Huntzinger, Jeffrey Lentini, Jennifer Lentini, Louise Lentini, Chris D'Anca, and Andy Balazs.

Lake-Lehman pre-school programs for 1997-1998

Mr. Robert Kunkle and Mr. Dave McLaughlin-Smith, Elementary Principals for the Lake-Lehman School District, announce the Pre-School Program for parents and pre-school (4-year-old) children for the 1997-1998 school year. The first installment of Lake-Lehman's Early Childhood/Pre-School Program is scheduled for Nov. 4, 5, and 6, 1997 and will feature "Reading Readiness: Activities and Strategies for Parents and Children".

Lake-Lehman School District teaching staff will conduct the Reading Readiness presentation. The presentation will include basic reading readiness skills to prepare 4-year-olds for a successful school career.

Parents will prepare one activity to use with their child at home. Separate activities including storytime, games, crafts, and

snack are scheduled for the children at each elementary school.

The schedule for this pre-school presentation is as follows:

Ross Elementary, Nov. 4th from 10 a.m. to 11:30 a.m.; Lake-Noxen, Nov. 5th from 9 a.m. to 10:30 a.m.; Lehman-Jackson, Nov. 6th from 9 a.m. to 10:30 a.m.

Please register for this first presentation by calling the neighboring elementary school office and letting us know how many adults and children will be attending. Telephone numbers are as follows: Ross Elementary, 477-5050 or 256-7897, Lake-Noxen, 639-1129 and Lehman-Jackson, 675-2165.

This program is intended for four-year-olds only.

It is kindly requested that you not bring younger brothers and sisters unless there is no alternative.

SCHOOL MENUS

The following school lunch menus are for the week of Oct. 30 - Nov. 5. All lunches include milk.

DALLAS SCHOOLS

THURSDAY - Select one: B.B.Q. chicken, cheeseburger, pizza, PB&J sandwich. Select one or two: Mashed potatoes/gravy, tender peas, low fat Rice Krispy Treat.

FRIDAY - Select one: French toast sticks, cheeseburger, pizza, PB&J sandwich. Select one or two: Orange juice, tator wedges, applesauce.

MONDAY - Select one: Chicken nuggets, Sloppy Joe, pizza, PB&J sandwich. Select one or two: Buttered noodles, carrot/celery sticks w/dipping sauce, chilled pineapple.

TUESDAY - Select one: Cheese steak, Sloppy Joe, pizza, PB&J sandwich. Select one or two: Oven baked French fries, homemade vegetable soup, chocolate pudding.

WEDNESDAY - Select one: Soft shell turkey taco, Sloppy Joe, pizza, PB&J sandwich. Select one or two: Steamed rice, lettuce/tomato cup, jello.

GATE OF HEAVEN SCHOOL

THURSDAY - Pizza Hut, salad, mixed fruit.

FRIDAY - Hmburg/bun, French fries, carrot/celery stix.

MONDAY - Hot dog/bun, French fries, baked beans, peaches.

TUESDAY - Ham/cheese on bun, hash browns, carrots, applesauce.

WEDNESDAY - Stuffed shells w/roll, green beans, fruit cocktail.

LAKE-LEHMAN SCHOOLS

(Lake-Lehman Schools also serve breakfast)

THURSDAY - Rotini w/meat sauce and roll or hot ham/cheese sandwich, tossed salad w/dressing, fruited gelatin.

FRIDAY - (Elementary) Sloppy Joe on bun or tuna pita w/lettuce-tomato, mashed potatoes, grapes, Halloween treat.

FRIDAY - (Secondary) Chicken nuggets w/roll, or fish sticks w/ tartar sauce and roll, mashed potatoes, crisp green peas, fruit cup.

MONDAY - Cheesesteak hoagie or chicken patty on roll, seasoned corn, fruit salad, ice cream treat.

TUESDAY - (Elementary) Sautered pierogies w/peanut butter celery or turkey hoagie w/lettuce-tomato, steamed broccoli, cinnamon applesauce.

TUESDAY - (Secondary) Potato bar or sautered pierogies w/peanut butter celery, steamed broccoli, cinnamon applesauce.

WEDNESDAY - (Elementary) Grilled chicken sandwich or taco w/meat-cheese-lettuce-tomato, French fries, Shape-up.

WEDNESDAY - (Secondary) Chicken parmesan sandwich or taco w/meat-cheese-lettuce-tomato, French fries, Shape-up.

WEST SIDE TECH

Breakfast
THURSDAY - Sausage/cheese, or cereal, juice, pastry.

FRIDAY - Cinnamon apple coffee cake, cereal, juice, fruit.

MONDAY - Fruit muffin, cereal, juice, banana.

TUESDAY - Waffles/syrup or cereal, juice, pastry.

WEDNESDAY - Coffee cake, ceereal, juice, peaches.

Lunch

THURSDAY - Beef rib b que/sauce or turkey patty/roll, vegetable rice casserole, seasoned corn, fruit.

FRIDAY - Grilled cheese, tomato rice soup/crackers, orange wedges, Halloween cake.

MONDAY - Cheese steak hoagie, lettuce/tomato, steamed pasta, chilled fruit.

TUESDAY - Pierogies sautered w/onions, mini chef salad, roll, applesauce, ginger bread/orange glaze.

WEDNESDAY - Pasta/meat sauce, salad/dressing, roll, chilled fruit.

Dallas students walk in Walktoberfest

Recently members of the Dallas Middle School Student Council, and student body participated in the American Diabetes Association's Walktoberfest. The students raised money for the association by walking around Harveys Lake. Participants were encouraged to raise funds through sponsorships from neighbors, family and businesses. Mr. Robert Burns Jr., co-chairperson for the recent event, addressed the council regarding the disease. Ms. Norine Amesbury, student council advisor, reported that the walk was a great success and over \$600 was raised for the American Diabetes Association. Pictured are council officer: front row, Angela Recchia, Amy Pack, John Pambianco, Jill O'Brien, and Rae Walter. Back row: Mr. Robert Burns Jr.

Kenney is student worker of month

Jessica Kenney of Dallas a senior at Susquehanna University, was selected as the Computing Services Student Worker of the Month for September. Kenney is employed as the general manager in charge of four computer labs at the university. In addition to supervising the student lab managers and lab monitors, she also works as a computing services technician. Besides her work in computing services, Kenney is also a member of Psi Chi, a national psychology honor society, and the psychology club at Susquehanna University.

A 1994 graduate of Lake-Lehman High School, Kenney is a psychology and sociology major and is the daughter of Shaun Kenney of Harveys Lake and Debra O'Mitty, of Florida.

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